

Reflection and reconstruction of practical teaching mode of Ideological and political course in Colleges and Universities

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Abstract: *Ideological and political education is the intuitive and concentrated embodiment of Building Morality and cultivating people. Strengthening ideological and political education in Colleges and universities is the objective requirement of promoting quality education. Reflect on the practical teaching mode of Ideological and political course in Colleges and universities, summarize its gains and losses, and then innovate the ideological and political education system in Colleges and universities, create the ideological and political atmosphere, expand the scope of Ideological and political education, reform the teaching mode, realize the reconstruction of the teaching mode of Ideological and political course, and carry out the work of Building Morality and cultivating people for students more efficiently and smoothly. Contemporary high-efficiency ideological and political courses generally have some problems, such as weak pertinence of Ideological and political education, contempt of Ideological and political education and educational model. By cultivating students' media literacy, emphasizing students' self-education, and realizing the reconstruction of high-efficiency ideological and Political Courses under the joint action of teachers and students, the teaching model of Ideological and political courses can be innovated and the effectiveness can be significantly improved.*

Keywords: *ideological and political education, reconstruction*

Ideological and political education is the soul project of Building Morality and cultivating people. It aims to pursue the stability of the country and embody the deepest spiritual pursuit of the Chinese nation. College students are the backbone of the new era and the booster of the times. Therefore, ideological and political education can greatly shape their sound and excellent personality and realize the all-round development of students' comprehensive quality. Therefore, as the main position of Building Morality and cultivating people, how to innovate and reform the teaching mode, cultivate healthy and correct ideological and political consciousness for college students, and explore a new reconstruction path of Ideological and political curriculum has become an important topic facing colleges and universities.

1. Current situation of practical teaching of Ideological and political course in Colleges and Universities

At present, some ideological and political teachers are not deeply aware of the importance of Ideological and political education. They did not deeply implement the requirements of colleges and universities for high-quality ideological and political education system, ignored the guidance of students' ideological values and the quality training of personality, and their teaching attitude was not rigorous enough. The students' desire for learning is not very strong and their enthusiasm for learning is low due to the boring influence of Ideological and political textbooks. The direction of quality education is mainly to change the traditional teaching methods and ideas with teachers as the main body, guide students' ideological values effectively, and make ideological education become the help for students' future development. However, at this stage, there are still the following problems in the ideological and Political Curriculum in Colleges and Universities.

1.1 Single teaching mode and insufficient enthusiasm of students

Contemporary college students generally lack curriculum learning habits and are difficult to invest more energy in Ideological and political learning. In addition, due to their psychological characteristics, it is difficult for students to enter the learning state effectively. The main reasons for this phenomenon include the boring of Ideological and political course itself, the singleness of teachers' teaching mode and

so on. In order to promote the reconstruction of Ideological and political course, teachers need to change their teaching ideas in time, break away from the simple stage of concept explanation, pay attention to in-depth exploration and stimulate students' interest in learning.

1.2 Curriculum ideological and political education is not targeted

Ideological and political curriculum plays an extremely important role in Ideological and political education. However, due to the limitations of teachers' teaching ideas, the guidance of Ideological and political education is weakened. The ideological and political education in the ideological and political course is less targeted, which is mainly reflected in that the ideological and political education is more inclined to instill theoretical knowledge and lacks effectiveness, which directly leads to the lack of pertinence and systematicness of students' Ideological and political education, and the overall effect of Ideological and Political Education is poor.

1.3 Utilitarianism of Higher Education

Contemporary higher education generally presents utilitarianism, and ideological and political education also weakens in this process, which is mainly reflected in the arrival of information network globalization, which not only makes values diversified, but also makes some non-Marxist views popular. These concepts have created a certain obstacle to teachers' performance of their duties. Many ideological and political teachers gradually forget their original intention and are eager for quick success and instant benefit under the impact of these ideas, Greedy for pleasure and putting the pursuit of interests in the first place, utilitarian ideas continue to impact the traditional national value orientation of society. Even some ideological and political teachers violate the socialist core values in order to seek interests, which leads to a crisis of teacher trust in the information age. They sit back and enjoy their success and don't want to make progress. As a guide for students, if this is the case for a long time, there will be a deeper national crisis.

2. Principles of reconstructing the practical teaching mode of Ideological and political course in Colleges and Universities

Under the background of a new era, students should not only have rich theoretical knowledge, but also have noble moral sentiment and ideological and political consciousness, which requires strengthening students' Ideological Education in order to cultivate students' Ideological and political consciousness and have good moral quality. In essence, ideological and political education tends to be a kind of quality-oriented cultural education, which is a kind of shaping students' national values. Therefore, the reconstruction of Ideological and political education model in Colleges and universities in the new era needs to abide by the following principles: the first is the principle of popularity. Ideological and political education is not only the "professional" education of Ideological and political courses, but also a kind of "mass education" for all staff. It faces not only the students in Ideological and political courses, but also the teachers and students of the whole school. It is necessary to make every staff in the school deeply realize the importance of Ideological and political education and improve their ideological and political awareness. Therefore, the reconstruction of Ideological and political education model in Colleges and universities first needs to adhere to the principle of popularity. Although some students do not have enough understanding or foundation for ideological and political knowledge, they still need to make every student understand and accept it. The second is the social principle. Ideological and political education is to make students have a certain understanding of the country and make every student deeply aware of the important relationship between man and the country. Therefore, ideological and political education should pay attention to the relationship between students, society and the country, and cultivate useful talents for the country according to the actual needs of the country. The third is the principle of sustainability. Ideological and political education cannot be completed overnight, but only through long-term ideological indoctrination. Therefore, the current reconstruction of Ideological and political curriculum can not only be based on the school environment, but also need to build an education system that can meet the lifelong education of students and the sustainable development of the country with a long-term vision and in the direction of sustainable development. Besides, let ideological and political education continue. The last is the practical principle. Ideological and political education is not only the education of theoretical knowledge, but also the application of learning to achieve the "unity of practice and knowledge", which means that the curriculum of Ideological and political education must be acceptable to students and "grounded", and pay attention to the popularization of ideological and political

knowledge, ideological and political publicity or relevant publicity lectures in the curriculum, Let students master theoretical knowledge and apply it to practice, so as to achieve the high unity of Ideological and political education and students' self-education.

3. Reconstruction Path of practical teaching mode of Ideological and political course in Colleges and Universities

Combined with the profound connotation of the ideological and political work system, through its reflection and summary, to build a perfect and high-quality ideological and political education system in Colleges and universities, colleges and universities need to continue to adhere to the work policy of changing according to events, advancing according to the times and changing according to the situation, so as to comprehensively improve the effectiveness of Ideological and political education.

3.1 Cultivating students' media quality

Ideological and political education in college curriculum cannot blindly abide by the traditional way of ideological transmission. The times are changing, and the way of Ideological and political education should also produce appropriate changes. It is necessary to create a new teaching method on the basis of absorbing the essence of traditional education, introduce the concept of "media quality" into practical teaching, and start from the aspects of ideology, morality, study style and consciousness, Lead students into a new era and a new world, and let them be familiar with the network environment. Secondly, ideological and political education in Colleges and universities should pay attention to the combination of students' theory and real life, such as students' learning concepts, learning problems and psychological problems. It can also provide students with some articles and examples of Ideological and political education, and provide students with correct values guidance and ideological and political education guidance. Then, teachers can also communicate with students in private, pass them correct and positive learning ideas, so that they can clearly understand the significance of Ideological and political education, so as to better realize the ideological and political education for students. The birth of the Internet provides a larger and wider channel for the ideological and political construction of college courses. However, at the same time, it also increases the amount of information. Under the huge impact of information, the information becomes mixed, which increases the difficulty of students' Ideological and political education to a great extent. Therefore, colleges and universities can build a campus communication platform focusing on Ideological and political education and students' Ideological and political education. Schools can regularly push some ideological and political education articles on the platform. Students can also comment on their views on Ideological and political education below, and find out the deficiencies in Ideological and political education through the organic interaction between schools and students. Specifically, this campus interaction platform can be either the WeChat official account or the Post Bar Forum. It ensures that students' minds will not be biased by targeted and personalized education.

3.2 Emphasize students' Self-education

College curriculum teachers should pay more attention to the cultivation of College Students' self-learning consciousness, and comprehensively improve the comprehensive quality of contemporary college students through students' self-learning and self-reflection. The second is to guide students to actively absorb the connotation of Ideological and political education according to their own situation, timely find the deviation of their own ideas and concepts, constantly improve themselves in the process, stimulate students' self-learning consciousness and learning enthusiasm, and prevent students from having great resistance because colleges and universities place too much emphasis on Ideological and political construction. Thirdly, we regularly organize some excellent professors to give on-site lectures in the school, strengthen the enthusiasm and initiative of contemporary college students to participate in Ideological and political construction activities, display their personal talents and enrich their life experience.

3.3 Changing traditional educational ideas

College Ideological and political teachers should first be correctly aware of the learning characteristics, age characteristics and personality characteristics of contemporary students, and then take targeted ideological and political education strategies. Secondly, we should have the courage to break

through the traditional educational model and concept, and actively explore an educational path in line with the psychological characteristics of contemporary college students. Then change the traditional teachers as the main body, unilaterally instill and preach the way of education, use a variety of educational interaction platforms to mobilize students' learning enthusiasm, timely receive students' feedback on learning and life problems, and let students turn passivity into initiative. Finally, ideological and political teachers in Colleges and universities should actively listen to students' opinions, correctly communicate with students on an equal basis, understand the real needs of students in their hearts, stimulate students' inner desire for knowledge, break the traditional way of Ideological and political education in which teachers are superior through "equal" ideological education, and make ideological and political education more acceptable to students, Then stimulate students' awareness of self-education.

3.4 Agenda design enhanced guidance

Agenda setting belongs to the concept of communication, which refers to setting different topics to affect the content or order of content that people pay attention to. When carrying out ideological and political education, colleges and universities can use agenda design to create a hot topic in the classroom and let students actively discuss it at the bottom. For example, what do students think of the four years of college? What are the views on the domestic education situation and so on, which can greatly stimulate students' desire for exploration. Teachers can also join the discussion to see the students' different views, and guide the students' comment direction through comments and replies, so that the students' topic discussion direction is always correct and virtually guide the students' values. Practice has proved that this method has a strong educational effect and can quickly realize the transformation of ideological and political methods.

3.5 Schools, teachers and students form a joint force

Both ideological and political education and higher education will have a great impact on students' future development. Promoting the development of higher education is also inseparable from the joint efforts of schools, teachers and students. This requires teachers and schools to take effective measures to realize the organic integration of curriculum thought and politics and higher education. Therefore, colleges and universities should adhere to integration, integration and harmony, and form a joint force around these three core contents. First, the Party committee in the university should pay attention to the construction of curriculum ideological and political education, systematically construct the ideological and political education system from the macro level, and complete the top-level design and overall coordination of the implementation mechanism of Ideological and political education, Ensure that all elements within the curriculum ideological and political construction system form a huge joint force in the work, so as to lay a solid foundation for the construction of the ideological and political education system.

4. Conclusion

In the context of the new era, if colleges and universities want to realize the reconstruction of curriculum ideological and political education, they should pay attention to the deep integration of Ideological and political education and curriculum teaching, greatly improve the effectiveness of Ideological and political education by means of careful ideological guidance, strengthening the construction of teachers' team and using the Internet, implement ideological and political education to all stages of students and play the main role of students, Promote the comprehensive growth of students' body and mind.

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