

# Investigation and Research on the Present Situation of Flower Ball Cheerleading in Primary and Middle Schools in Linyi City

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**ABSTRACT.** *The flower ball cheerleading is to improve the students' physical health level, to improve their athletic skills and cultivate their cooperative consciousness and competitive spirit, this paper investigates the teaching situation of flower ball cheerleading by means of literature, expert interview, questionnaire survey, mathematical Statistics and logical analysis, and concludes: The faculty strength is weak, the site facilities are not perfect, the school leader has not paid enough attention to the flower ball, the teacher professional training is not timely.*

**KEYWORDS:** *Cheerleading teaching; Questionnaire survey; Reasonable suggestions*

## **1.preface**

Cheerleading is a new sport in sports, originally cheering for American football, but now it has become a sports all over the world. Introduced into our country in 2002, because it is full of sunshine, fashion and team spirit of mass sports.

The development of flower ball cheerleading in Hedong District of Linyi City is in its infancy. In order to reduce the development gap between Hedong District and Linyi City and even Shandong Province, it is very important to investigate and analyze the present situation of Flower Ball cheerleading in Hedong District. It is hoped that through this study, the development of flower ball cheerleading in primary and secondary schools in Hedong area can be further improved, and the popularization and development of flower ball cheerleading in Hedong district can be realized as soon as possible.

Through the analysis and research on the present situation of flower ball cheerleading in primary and secondary schools in Hedong area of Linyi City, we can deeply understand the present situation of flower ball cheerleading in Hedong area and the main factors affecting its development, and make countermeasures according to the actual situation of flower ball cheerleading in Hedong area, so as to provide theoretical basis for the development of flower ball cheerleading in primary and secondary schools in Hedong District.

## **2. The main contents of the study**

### ***2.1 subjects of study***

The present situation of flower ball cheerleading among primary and middle school students in Hedong District and the investigation and study of 10 teachers and 180 students in primary and secondary schools in Hedong District were carried out. A survey was conducted from 8 schools in Hedong District (High School: seventh Middle School, 54 Middle School, Junior Middle School: Yimin Experimental Middle School, second Middle School, 24 Middle School: experimental Primary School, Central Road Primary School, Phoenix Primary School)

### ***2.2 Research methods***

#### ***2.2.1 Documentation method***

In the course of the research, I consulted the relevant materials of Linyi University Library, and consulted more than 20 articles about flower ball cheerleading in China through China knowledge Network, and made use of Baidu and other search engines to find out the contents of flower ball cheerleading, understand the current development situation and development trend of flower ball cheerleading, and make a basis for the topic selection and theoretical analysis of this paper.

#### ***2.2.2 Expert interview***

Through face-to-face or telephone interviews with cheerleading teachers in primary and secondary schools in Linyi University and primary and secondary school cheerleaders in Hedong District, and the discussion of flower ball cheerleading in primary and secondary schools in Hedong District, some data on the present situation of cheerleading sports in Hedong District are obtained.

### 2.2.3 Questionnaire survey method

According to the content of this study, following the basic principles of questionnaire design, designing the questionnaire, consulting experts many times to finalize the questionnaire, in order to ensure the effectiveness of the questionnaire, some experts, scholars and respondents of Linyi University are requested to evaluate and revise the questionnaire, analyze and prove the validity of the questionnaire. The questionnaire was sent to 10 physical education teachers and 180 students in Hedong District. The questionnaire was randomly distributed to physical education teachers and students, 10 copies by teachers and 180 copies by students.

*Table 1 Questionnaire Distribution and Recovery*

Survey respondent	Number of issues	Recycling number	Valid number	Recovery rate(%)	Efficient(%)
teacher	10	10	10	100	100
student	180	170	155	94.4	91.1

When 10 samples were distributed to teachers, the recovery rate and effective rate were 100%. 170 samples were recovered by students, the effective number was 155, the recovery rate was 94.4%, and the effective rate was 91.1%.

### 2.2.3 Mathematical Statistics Act

The data obtained were analyzed by Excel, and the data were statistically processed by using the conventional statistical method to analyze the data of primary and middle school students in Hedong District to take part in the cheerleading training and competition of flower ball cheerleading, and to carry on the statistical processing to the data by using the conventional statistical method.

### 2.2.4 Logic analysis method

According to the content of the questionnaire and the results of the interview, the logical analysis is carried out according to the knowledge learned and the literature consulted.

### **3 The current situation of flower ball cheer leading in primary and middle schools in Hedong District**

#### ***3.1 The present situation of the teachers in the middle and secondary schools in the east of the river***

##### *3.1.1 Analysis of the situation of primary and middle school and primary school teachers in the East District of the*

Hedong primary and secondary schools by the school cheerleading teachers, some schools have not cheerleading teachers.

##### *3.1.2 The gender age of the teachers in primary and secondary schools in the east of the river*

In the gender ratio of male and female teachers among teachers, in the original school cheerleading major, the proportion of boys is less than that of girls, most girls will choose to use their own major to apply for teachers, boys are not necessarily.

##### *3.1.3 Analysis of professional situation of cheerleading teachers in primary and middle schools in Hedong District*

According to the survey, the reason why the cheerleading teachers are less is because the flower ball is late in the Hedong District, and the cheerleading training is very rare. Most of the teachers are not very professional, even the aerobics profession and Cheerleading is similar, but it is not really understanding the cheerleading, which will bring inconvenience to the future development.

##### *3.1.4 Analysis of the academic qualifications of cheerleading teachers in the primary and middle schools in Hedong District*

The Hedong District Flower Ball Cheerleading Teacher has 6 undergraduate degrees, but there are 2 undergraduate degrees and 2 graduate students. Most of the education of Huadong District's Huaqi Lala teachers is undergraduate, and the rest of the teachers should be trained to improve their business ability and professional knowledge.

##### *3.1.5 Hedong District flower ball cheerleading teacher professional training time and frequency*

In the professional training of primary and secondary school teachers in Hedong District, only a few people participate in professional training every year. Some teachers have not participated in the training at one time. If they do not participate in

the training, there is no way to know the situation outside, and they cannot access the latest developments. Their majors cannot Improvement, schools and students are also not developed.

### ***3.2 Hedong District primary and secondary school flower ball cheerleading students learning situation***

#### *3.2.1 Analysis of the ratio of male to female students in cheerleading in primary and middle schools in Hedong District*

There is a significant difference between the male and female students in the love of the flower ball and the ball. Female students practicing flower ball cheerleading is conducive to the normal development of adolescents. The well-proportioned, light and slim body shape is the most basic quality of flower ball cheerleading, so in the ordinary exercise process, we often do some sports that can shape the body.

#### *3.2.2 The professional situation and age of primary and secondary school students in Hedong District*

The beginning of many students is not cheerleading, it is a different profession, Ding, martial arts, Taekwondo, etc. and then transferred to the professional cheerleading. But some students also learn from the beginning: dance, cheerleading, learning time is short and long.

### ***3.3 Venue facilities***

#### *3.3.1 Table of the situation of primary and secondary schools in Hedong District*

In the high school, junior high school, and elementary school in Hedong District, most of the schools are conducted outdoors, while there is one school with a special venue and one school with a comprehensive venue. It is a venue used by other professionals.

#### *3.3.2 Analysis of audio equipment*

Seventh Middle School: audio, multimedia, player, TV; fifty-four middle schools: audio, player; Yimin Experimental Middle School: audio, multimedia, player; second middle school: audio, player; Four middle schools: audio, multimedia, player; experimental primary school: audio, player, television; central host primary school: audio, player, television, multimedia; Phoenix Ridge Primary School: audio, player can be seen from above Audio and player are a must, and other devices vary from school to school.

#### **4 Conclusion**

1. There are relatively few cheerleading teachers in Hedong District of Linyi City. There are many schools that do not have a flower ball teacher. Without teachers, the school flower ball cheerleading can't be carried out, and students can't learn. So we have to recruit a lot of cheerleading teachers to supplement the missing position.

2. The venues of primary and secondary schools in Hedong District are not perfect, the facilities are not complete, and the basic audio equipment and equipment are also quite lacking. Students without facilities are not protected during the practice and are easily injured.

3. Teacher professional training is not timely. Teacher training is an improvement of one's own ability and a channel for understanding the latest news. If you don't participate in the training, there is no way to know the outside situation, you can't get the latest news, your professional skills can't be improved, and the school's cheerleading development and students' cheerleading ability can't be further improved.

4. Male students are too small compared to female students, and the ratio of male to female teachers is similar. Most male students choose too little flower balls.

#### **5. suggestions**

1) Strengthening the construction of the cheerleading faculty team, the work of the cheering exercise is inseparable from the excellent coaching team. The primary and secondary schools need to strengthen the construction of the cheerleading faculty team. Only the cheerleading faculty team The construction work keeps up, which is the basis for promoting the development of la la sports. By going to the school to recruit to supplement the shortage and lack of cheerleading faculty, if you can timely add to the team of cheerleading coaches in primary and secondary schools, it will undoubtedly greatly improve the professional sports of cheerleading. Sex.

2) Promote the construction of students' practice site facilities. Flower ball cheerleading requires good teaching and training places and related teaching facilities. This is an important condition for ensuring the development of flower ball cheerleading. It is also a good training effect and competition. Important conditions for the results.

3) Actively organize teachers to carry out professional training, and actively, timely and organized, planned, and various forms of professional training for teachers to improve their professional skills and help teachers solve various problems in the training.

4) Change the ratio of male and female teachers and students. In cheerleading, the ratio of male to female teachers is similar to that of students. There are more girls, and boys are a few of the girls. When recruiting, they can improve the male.

The number of teachers recruited, the school has male teachers, so when students choose to spend the ball, the proportion of boys will also increase.

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