

# Ca-Doped Nanocrystals for Upconversion Luminescence Modulation and Their Application in Fluorescent Microspheres

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**Abstract:** This paper successfully synthesized  $\text{NaGdF}_4:18\% \text{Yb}^{3+}/2\% \text{Er}^{3+}/x\% \text{Ca}^{2+}@\text{NaYF}_4$  upconversion nanoparticles (UCNPs) with strong visible fluorescence using a solvothermal method. The upconversion luminescence intensity can be regulated by  $\text{Ca}^{2+}$  doping. Under 980 nm infrared excitation (at room temperature), the luminescence intensity gradually increases as the  $\text{Ca}^{2+}$  doping concentration increases from 0 mol% to 30 mol%. The intensity reaches its maximum at a doping concentration of 30 mol%, and then decreases gradually. Fluorescence spectra indicate that the emissions originate from two green light peaks at 540 nm and 520 nm. Transmission electron microscopy (TEM) was used to characterize the morphology of the samples, revealing that the synthesized  $\text{NaGdF}_4:18\% \text{Yb}^{3+}/2\% \text{Er}^{3+}/x\% \text{Ca}^{2+}@\text{NaYF}_4$  upconversion nanocrystals have a hexagonal phase, uniform morphology, good particle dispersion, and an average particle size of approximately 60 nm. Based on these findings, nanocrystals with a 30 mol% doping concentration were selected for further processing and coating to enhance the luminescence intensity.

**Keywords:** Upconversion luminescence; Core shell nanocrystals;  $\text{Ca}^{2+}$  doping; coating

## 1. Introduction

Upconversion (UC) materials are luminescent materials that can absorb low-energy light and emit high-energy light. In 1959, Halsted<sup>[1]</sup> observed green emission at 525 nm when polycrystalline ZnS was excited by 960 nm infrared light. In 1966, Auzel accidentally discovered during the study of tungstate-based sodium glasses that when  $\text{Yb}^{3+}$  ions were doped into the material, the visible light emission intensity from  $\text{Er}^{3+}$ ,  $\text{Tm}^{3+}$ , and  $\text{Ho}^{3+}$  ions increased by about two orders of magnitude when excited by infrared light. This phenomenon, where lower-energy photons are absorbed to emit higher-energy photons, is known as UC luminescence, also referred to as the anti-Stokes effect<sup>[2-10]</sup>. Due to the unique genetic characteristics of cancer, it remains an unresolved challenge in the medical field. Traditional treatments often have side effects and limited efficacy. In contrast, UC nanomaterials can effectively reduce the damage caused by conventional treatments to the biological system, enhance the targeted delivery of drugs, and help eliminate cancerous cells. C-S type UCNPs, due to their unique advantages, are commonly used in photothermal therapy, drug delivery, and photodynamic therapy<sup>[11-20]</sup>.

Rare-earth UC nanomaterials, due to their unique optical properties, hold broad application prospects in fields such as imaging, probes, and particularly biomedicine. However, due to current research limitations, the luminescence efficiency of rare-earth UCNPs remains relatively low, which significantly hinders the development of UC luminescent materials. Therefore, enhancing the luminescence efficiency of UC materials has become one of the key issues to address in current research<sup>[21-33]</sup>.

In this study, a series of core-shell structured  $\text{NaGdF}_4:18\% \text{Yb}^{3+}/2\% \text{Er}^{3+}/x\% \text{Ca}^{2+}@\text{NaYF}_4$  fluorescent nanoparticles were prepared using a solvothermal method. During the experiment, the doping level of  $\text{Ca}^{2+}$  was varied to adjust the luminescence intensity of the UCNPs  $\text{NaGdF}_4:\text{Yb}^{3+}/\text{Er}^{3+}/\text{Ca}^{2+}@\text{NaYF}_4$ . By introducing  $\text{Ca}^{2+}$  as a dopant into the UCNPs lattice, it was found that as the  $\text{Ca}^{2+}$  concentration gradually increased, the UC luminescence intensity of the UCNPs was significantly enhanced, reaching its maximum at a doping concentration of 30 mol%. This enhancement is likely attributed to the change in the local crystal field symmetry of  $\text{NaGdF}_4$  and the improvement in the nanocrystals' crystallinity.

## 2. Experimental

### 2.1. Materials and characteristics

The rare earth oxides used in this experiment all have a purity of 99.99%. A corresponding amount of rare earth oxide was dissolved in hydrochloric acid, and deionized water was added to adjust the solution to the required concentration, preparing rare earth chlorides GdCl<sub>3</sub> (Yb, Er, Ca, Y) aqueous solutions. Oleic acid (OA) (90%), octadecene (ODE) (90%), NaOH (98%), NH<sub>4</sub>F (98%), methanol (99%), polyethylene glycol (90%), ethanol (90%), and cyclohexane (90%) were all purchased from Sigma-Aldrich and used as starting materials without further purification.

### 2.2. Experimental Steps

#### 2.2.1. Synthesis of NaGdF<sub>4</sub>:Yb<sup>3+</sup>/Er<sup>3+</sup>/Ca<sup>2+</sup> Core Structure

NaGdF<sub>4</sub>:Yb<sup>3+</sup>/Er<sup>3+</sup>/xCa<sup>2+</sup> nanoparticles were synthesized using a conventional solvothermal method. GdCl<sub>3</sub> aqueous solution (x mmol = percentage \* 0.2 mmol), YbCl<sub>3</sub> aqueous solution (0.036 mmol), ErCl<sub>3</sub> aqueous solution (0.004 mmol), and CaCl<sub>2</sub> (y mmol = percentage \* 0.2 mmol) were added to a 50 mL two-neck round-bottom flask (A), which also contained 12 mL of octadecene (ODE) and 4 mL of oleic acid (OA). The resulting mixture was heated to 160°C and stirred continuously to remove residual water and oxygen. Simultaneously, a 5 mL methanol solution of NH<sub>4</sub>F (1.5 mmol) and NaOH (1 mmol) was added to another flask (B) containing 4 mL of OA and 4 mL of ODE. This mixture was stirred at 50°C for 30 min, then heated to 90°C and stirred for an additional 60 min. After the methanol had evaporated from the reaction mixture, the solutions from flask A and flask B were combined and stirred for 30 min. The mixture was then allowed to cool naturally to room temperature for storage.

#### 2.2.2. Synthesis of NaYF<sub>4</sub> Shell

NaYF<sub>4</sub> nanoparticles were synthesized using a conventional solvothermal method. YCl<sub>3</sub> aqueous solution (0.2 mmol) was added to a 50 mL two-neck round-bottom flask (A) containing 12 mL of octadecene (ODE) and 4 mL of oleic acid (OA). The resulting mixture was heated to 160°C and stirred continuously to remove residual water and oxygen. Meanwhile, in another flask (B) containing 4 mL of OA and 4 mL of ODE, a 5 mL methanol solution of NH<sub>4</sub>F (1.5 mmol) and NaOH (1 mmol) was added. This mixture was stirred at 50°C for 30 min, then heated to 90°C and stirred for an additional 60 min. Once the methanol had evaporated from the reaction mixture, the solutions from flask A and flask B were combined and stirred for 30 min. The mixture was then allowed to cool naturally to room temperature for storage.

#### 2.2.3. Synthesis of NaGdF<sub>4</sub>:Yb<sup>3+</sup>/Er<sup>3+</sup>/Ca<sub>2+</sub>@NaYF<sub>4</sub> Core-Shell Nano Structure

The synthesized NaGdF<sub>4</sub>:Yb<sup>3+</sup>/Er<sup>3+</sup>/Ca<sup>2+</sup> core and NaYF<sub>4</sub> shell were added to a 50 mL flask containing 15 mL of octadecene (ODE) and 15 mL of oleic acid (OA). Argon gas was continuously bubbled into the flask to isolate the reaction from air. The mixture was stirred and heated to 160°C, maintaining this temperature for 30 min to remove water and oxygen from the solution, resulting in a uniform and clear yellow solution. Afterward, the temperature was increased to 210°C and maintained for an appropriate time to ensure the complete removal of residual water. Finally, the solution was rapidly heated (within 15 min) to 310 °C and kept at this temperature for 120 min.

After the reaction, the temperature controller was turned off, and a brown transparent mixture was obtained. The mixture was cooled to room temperature under an argon atmosphere. Anhydrous ethanol was then added in a volume ratio of approximately 1:1. The mixture was centrifuged at 10,000 rpm for 5 min, and the brown product was collected. The product was washed three times with cyclohexane and anhydrous ethanol. Finally, the product was dispersed in 8 mL of cyclohexane and stored for further use.

#### 2.2.4. Preparation of UCNPs Coated with Polystyrene (PS) Spheres

Select the nanocrystals with a doping concentration of 30 mol%, and perform oleic acid removal treatment on the synthesized NaGdF<sub>4</sub>:Yb<sup>3+</sup>/Er<sup>3+</sup>/Ca<sup>2+</sup>@NaYF<sub>4</sub>. In a mixture of 5 μL of polystyrene microsphere dispersion and 200 μL of butanol, add 300-600 μL of the solution containing the ligand-free nanoparticles. The mixture was left to stand at room temperature for 120 min. Then, centrifuge at 6000 rpm for 5 min, wash the product with deionized water, and disperse the final composite in deionized water for further use.

### 2.3. Description

A series of  $\text{NaGdF}_4:18\%\text{Yb}^{3+}/2\%\text{Er}^{3+}/\text{Ca}^{2+}@ \text{NaYF}_4$  core-shell nanoparticles with different  $\text{Ca}^{2+}$  doping concentrations were synthesized. Clearly, the introduction of  $\text{Ca}^{2+}$  doping significantly enhanced the luminescence of the UC fluorescent nanoparticles, and the change in emission intensity with increasing  $\text{Ca}^{2+}$  concentration was visibly noticeable. As the  $\text{Ca}^{2+}$  doping concentration increased from 0 to 30 mol%, the luminescence intensity of the UCNPs began to increase. However, when the  $\text{Ca}^{2+}$  doping concentration was further increased to 40 mol%, the emission intensity of the UC fluorescent nanoparticles started to decrease.

### 2.4. Characterization of Nanoparticles

The size and morphology of  $\text{NaGdF}_4:18\%\text{Yb}^{3+}/2\%\text{Er}^{3+}/\text{Ca}^{2+}@ \text{NaYF}_4$  core-shell nanoparticles with a doping concentration of 30 mol%  $\text{Ca}^{2+}$ , where the luminescence intensity reached its maximum value, were measured using a Hitachi H-7650c Transmission Electron Microscope (TEM) operating at 80 kV. The emission spectra of the nanoparticles with different  $\text{Ca}^{2+}$  doping concentrations were measured using a Hitachi F-2700 spectrophotometer. A 980 nm laser was used as the excitation source, and the emission spectra were recorded in the range of 300 to 700 nm. Up-conversion luminescence images were captured using a camera. All the experiments were conducted at room temperature.

## 3. Results and discussion

### 3.1. Upconversion Luminescence of $\text{NaGdF}_4$ Nanoparticles

This study investigates the synthesis of luminescent  $\text{NaGdF}_4$  nanocrystals using a solvothermal method. The doping agents play a crucial role in controlling the luminescence intensity of the  $\text{NaGdF}_4$  nanoparticles.

Under excitation by a 980 nm laser, the UC luminescence intensity of  $\text{NaGdF}_4:18\%\text{Yb}^{3+}/2\%\text{Er}^{3+}/x\text{Ca}^{2+}@ \text{NaYF}_4$  nanocrystals was measured using a Hitachi FL2700 spectrophotometer, with other relevant parameters controlled. As shown in Figures 1(a-b), the UC luminescence spectrum of  $\text{NaGdF}_4:18\%\text{Yb}^{3+}/2\%\text{Er}^{3+}/\text{Ca}^{2+}@ \text{NaYF}_4$  nanocrystals is primarily composed of two emission bands. From Figure 2, it can be seen that in the  $\text{Yb}^{3+}$ -doped nanocrystals, the emission process of  $\text{Er}^{3+}$  ions occurs through energy transfer between  $\text{Yb}^{3+}$  and  $\text{Er}^{3+}$  ions. First,  $\text{Yb}^{3+}$  ions absorb the 980 nm laser, transitioning from the  $^2\text{F}_{7/2}$  to the  $^2\text{F}_{5/2}$  state. Then,  $\text{Yb}^{3+}$  ions transfer their excited energy to nearby  $\text{Er}^{3+}$  ions via non-radiative relaxation or energy transfer. After absorbing this energy, the  $\text{Er}^{3+}$  ions release photons through a series of radiative transitions, producing light at specific wavelengths. The green emission peak centered at 520 nm corresponds to the  $\text{Er}^{3+} \ ^2\text{H}_{11/2} \rightarrow \ ^4\text{I}_{15/2}$  electronic transition, and the strong green emission peak centered at 540 nm is associated with the  $\text{Er}^{3+} \ ^4\text{S}_{3/2} \rightarrow \ ^4\text{I}_{15/2}$  electronic transition. Additionally, the red emission peak centered at 653 nm corresponds to the  $\text{Er}^{3+} \ ^4\text{F}_{9/2} \rightarrow \ ^4\text{I}_{15/2}$  electronic transition, although it is very weak. As shown in Figure 1(a), this red emission is only detectable at the highest emission intensity.

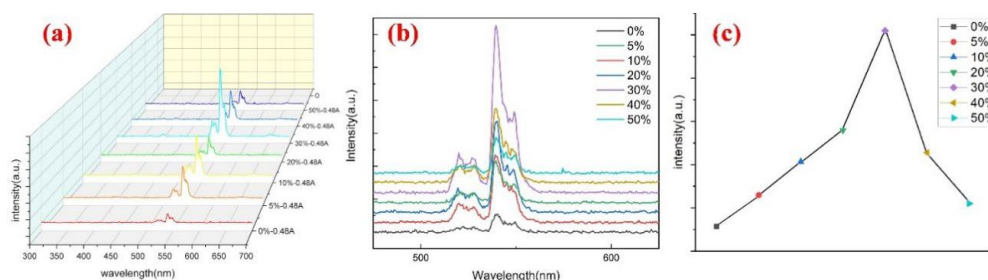


Figure 1: (a-b) UC fluorescence spectra of  $\text{NaYF}_4:\text{Ca}^{2+}/18\%\text{Yb}^{3+}/2\%\text{Er}^{3+}@ \text{NaGdF}_4$  nanoparticles (the doping concentration of  $\text{Ca}^{2+}$  is 0, 5, 10, 20, 30, 40, 50 mol%) under 980 nm laser excitation (at the same nanoparticle concentration) at room temperature. (c) Peak comparison of  $\text{NaYF}_4:\text{Ca}^{2+}/18\%\text{Yb}^{3+}/2\%\text{Er}^{3+}@ \text{NaGdF}_4$  nanoparticles (the doping concentration of  $\text{Ca}^{2+}$  is 0, 5, 10, 20, 30, 40, 50 mol%) at the 540 nm emission wavelength.

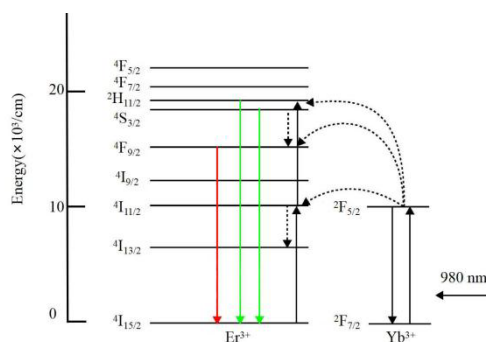


Figure 2: Energy level diagram of  $Er^{3+}$  ions.

As can be clearly observed in Figure 1(c), under excitation by the near-infrared 980 nm laser, the emission intensity of the  $Ca^{2+}$ -doped nanocrystals is higher than that of the undoped nanocrystals. Furthermore, as the doping concentration of  $Ca^{2+}$  increases, the emission intensity is further enhanced. The highest brightness is achieved when the  $Ca^{2+}$  doping concentration reaches 30%. However, after the doping concentration reaches 30%, further increases in the doping concentration result in a decrease in the luminescence intensity. To make this effect more intuitive and easier to observe, a camera was used to capture images of the  $NaGdF_4:18\%Yb^{3+}/2\%Er^{3+}/x\%Ca^{2+}@NaYF_4$  nanoparticles with  $Ca^{2+}$  doping concentrations ranging from 0% to 50%. These images are shown in Figure 3 .

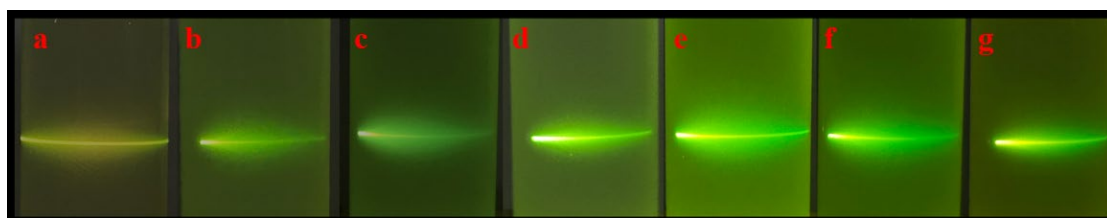


Figure 3: The luminescent images of  $NaGdF_4:18\%Yb^{3+}/2\%Er^{3+}/x\%Ca^{2+}@NaYF_4$  nanocrystals dispersed in cyclohexane solution under 980 nm laser irradiation (with the same nanoparticle concentration) are shown below. Panels (a-g) represent the doping concentrations of  $Ca^{2+}$  at 0%, 5%, 10%, 20%, 30%, 40%, and 50% respectively.

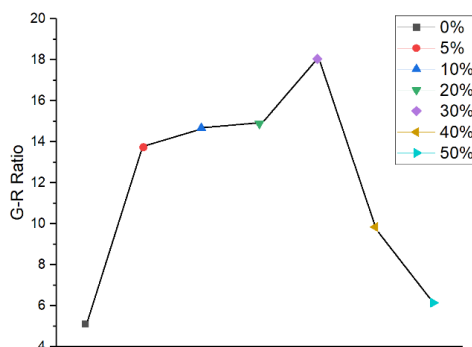


Figure 4: Effect of  $Ca^{2+}$  ion doping concentration on the green-red emission intensity ratio.

Figure 4 shows the relationship between the integral green-red emission intensity and the  $Ca^{2+}$  doping concentration. From Figure 4, it is clear that the green-red luminescence intensity ratio changes with the increasing concentration of  $Ca^{2+}$  ions. As the  $Ca^{2+}$  doping concentration increases, the overall trend of the green-red emission intensity first increases and then decreases. The green-red emission intensity ratio reaches its maximum when the  $Ca^{2+}$  doping concentration is 30%.

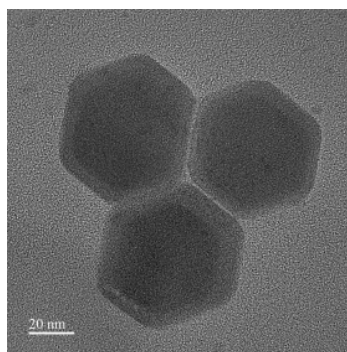


Figure 5: TEM image of  $\text{NaGdF}_4:18\%\text{Yb}^{3+}/2\%\text{Er}^{3+}/30\%\text{Ca}^{2+}@NaYF_4$  nanocrystals.

To reveal the morphology and size of the synthesized  $\text{NaGdF}_4$  nanocrystals, transmission electron microscopy (TEM) and high-resolution TEM (HRTEM) were used for characterization. The UC fluorescent nanoparticles with the highest luminescence intensity (i.e.,  $x = 30\%$ ) were selected for observation, as shown in Figure 5. From the TEM images, it can be seen that the  $\text{NaGdF}_4:18\%\text{Yb}^{3+}/2\%\text{Er}^{3+}/x\%\text{Ca}^{2+}@NaYF_4$  nanocrystals exhibit a nearly hexagonal phase, with a monodispersed and uniform structure, demonstrating good crystallinity. The average size of the core is approximately 50 nm, while after the coating of the shell, the average particle size increases to around 60 nm.

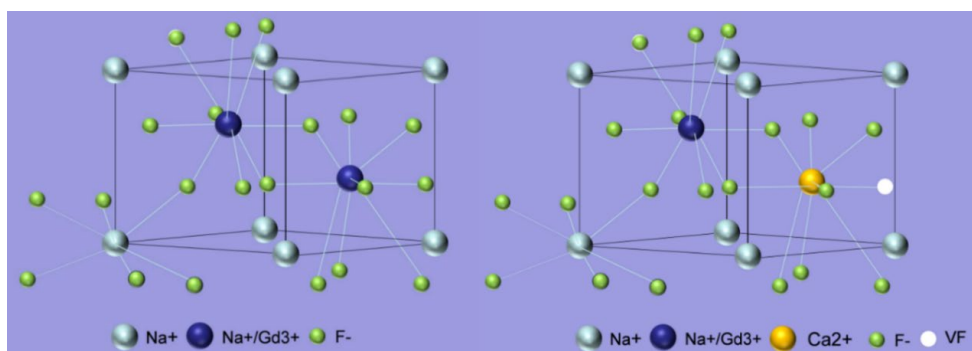


Figure 6: Crystal structure of  $\text{NaGdF}_4: \text{Yb}^{3+}/\text{Er}^{3+}/ \text{Ca}^{2+}@NaYF_4$ .

From the crystal structure perspective,  $\beta\text{-NaGdF}_4$  is an unordered crystal where  $\text{Na}^+$  and  $\text{Gd}^{3+}$  cations are randomly distributed at the same lattice positions, resulting in multiple active sites for the doped  $\text{Ln}^{3+}$  ions. As shown in Figure 6, when  $\text{Ca}^{2+}$  ions are introduced into the  $\text{NaGdF}_4$  host, they substitute for  $\text{Gd}^{3+}$  ions in the lattice. To balance the charge, an additional  $\text{F}^-$  ion is introduced. This modification of the  $\text{NaGdF}_4$  crystal structure caused by  $\text{Ca}^{2+}$  doping further diversifies the active sites for the  $\text{Ln}^{3+}$  ions. The doping of  $\text{Ca}^{2+}$  ions into the  $\text{NaGdF}_4$  lattice reduces the symmetry of the local crystal field around the  $\text{Er}^{3+}$  ions, thereby increasing the probability of electronic transitions, which ultimately changes the luminescence intensity. At low concentrations of  $\text{Ca}^{2+}$  doping,  $\text{Ca}^{2+}$  ions tend to substitute for  $\text{Gd}^{3+}$  ions in the lattice, leading to lattice contraction. This contraction reduces the symmetry of the local crystal field around  $\text{Er}^{3+}$  ions, which increases the luminescence intensity. The presence of  $\text{Yb}^{3+}$  and  $\text{Er}^{3+}$  ions at multiple independent sites within the host increases the energy transfer process from  $\text{Yb}^{3+}$  to  $\text{Er}^{3+}$ , significantly enhancing the probability of highly efficient resonance or near-resonance processes, resulting in a substantial enhancement of the UC luminescence in the  $\text{Ca}^{2+}$ -doped samples. On the other hand, it has been established that the UC emission of  $\text{Ln}^{3+}$  doped materials depends on the 4f intra-configurational transition probability, which is significantly influenced by the local crystal field environment of the  $\text{Ln}^{3+}$  ions. A lower crystal symmetry typically favors higher UC efficiency, as the mixing of the f-states of  $\text{Ln}^{3+}$  ions with higher electronic configurations becomes more pronounced, effectively breaking the forbidden 4f-4f transitions. The formation of  $\text{F}^-$  vacancies in the host (due to the substitution of  $\text{Gd}^{3+}$  by  $\text{Ca}^{2+}$ ) reduces the symmetry of the local crystal field around  $\text{Yb}^{3+}$  and  $\text{Er}^{3+}$  ions, which helps break the forbidden transitions of  $\text{Ln}^{3+}$  ions and enhances  $\text{Er}^{3+}$  UC luminescence. However, when the  $\text{Ca}^{2+}$  doping concentration exceeds 30%, the luminescence intensity begins to decrease. This is likely because, at concentrations higher than 30%, an increasing number of  $\text{Ca}^{2+}$  ions occupy interstitial sites in the lattice, leading to an increase in the symmetry of the lattice. As a result, the symmetry of the local crystal field around  $\text{Er}^{3+}$  ions also gradually increases, which ultimately leads to a reduction in the luminescence intensity. Additionally, the continuous introduction of  $\text{Ca}^{2+}$  also brings an excess of  $\text{F}^-$  ions,

which may cause fluorescence quenching. Furthermore, the higher doping concentration leads to an increase in surface-adsorbed groups, which also contributes to the reduction in luminescence intensity.

### 3.2. The Effect of Coating Nanocrystals with Polystyrene (PS) Microspheres

Nanocrystal coating can enhance the chemical stability of polystyrene (PS) spheres under various environmental conditions. The coating layer improves the hydrophilic or hydrophobic properties of the PS surface and enhances its resistance to ultraviolet radiation and oxidation. Additionally, it imparts specific functionalities such as catalytic activity, adsorption capacity, or optical properties, thereby broadening its applications in fields like electronics and optics. Figure 7 illustrates the coating effect:

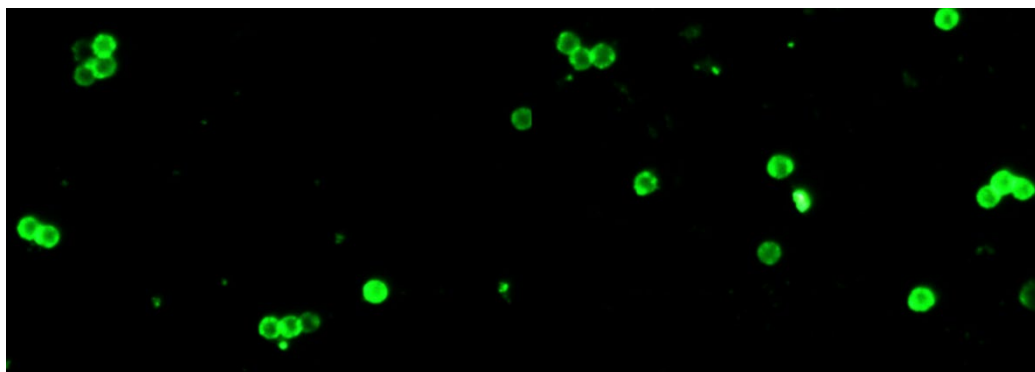


Figure 7: Effect of UCNPs Coating on PS Spheres.

Figure 8 shows the fluorescence spectra of UCNPs and UCNPs coated with PS microspheres under 980 nm near-infrared laser excitation. It is observed that the emission intensity is significantly enhanced after the UCNPs are coated with PS microspheres. The increase in emission intensity makes the sensor more sensitive to temperature changes, allowing it to detect even small temperature variations, thus enabling more precise temperature measurements. The higher emission intensity can effectively enhance the signal strength, reduce the relative influence of background noise, and improve the signal-to-noise ratio, making the measurement results more reliable. The enhanced fluorescence intensity also improves the sensor's performance across different temperature ranges, ensuring stable operation even in high or low-temperature environments.

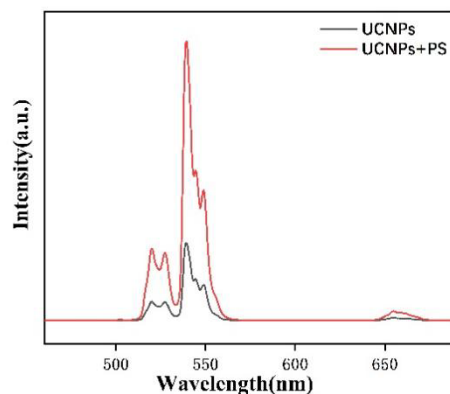


Figure 8: UC Emission Spectra of UCNPs and UCNPs+PS under 980 nm Excitation.

## 4. Conclusion

In summary, this experiment successfully synthesized a series of  $\text{Ca}^{2+}$ -doped  $\text{NaGdF}_4$  UC nanocrystals using a solvothermal method, based on the core-shell structure of  $\text{NaGdF}_4:\text{Yb}^{3+}/\text{Er}^{3+}@/\text{NaYF}_4$ .

Under the same single-wavelength infrared light source (980 nm) excitation power density, the luminescence intensity of  $\text{Ca}^{2+}$ -doped  $\text{NaGdF}_4:18\%\text{Yb}^{3+}/2\%\text{Er}^{3+}/x\%\text{Ca}^{2+}@/\text{NaYF}_4$  was significantly enhanced compared to the undoped C-S-type UCNPs. By adjusting the doping concentration of  $\text{Ca}^{2+}$ , the luminescence intensity of the nanocrystals was observed. Experimental observations showed that when the  $\text{Ca}^{2+}$  doping concentration reached 30%, the luminescence was the strongest, both visually and in the

captured images. Moreover, the room-temperature UC fluorescence spectrum (under 980 nm laser diode excitation, with the same nanoparticle concentration) further confirmed that the fluorescence performance at a doping concentration of 30% was approximately 10 times stronger than that of the undoped nanocrystals. TEM imaging was performed on the UC nanocrystals with the highest luminescence intensity (i.e., with 30% Ca<sup>2+</sup> doping), and the particle morphology was found to be uniform. The experimental results suggest that the introduction of Ca<sup>2+</sup> altered the crystal structure, which in turn led to the change in luminescence intensity. To further enhance the sensitivity, signal-to-noise ratio, and measurement range of UCNP-based temperature sensors, an exploration of the coating of the nanocrystals with PS spheres was conducted. By improving the luminescence intensity, the application of these nanocrystals in temperature sensors was significantly enhanced, meeting stricter technical requirements. This makes them widely applicable in fields such as biomedical monitoring, industrial monitoring, and environmental sensing.

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