

# Analysis on the Reform Path of College Dance Teaching in the Internet Era

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**ABSTRACT.** *Nowadays, with the rapid development of Internet in China and even in the world, mobile Internet technology promotes the reform of college education, especially the teaching of dance major. This paper analyzes in detail the main problems existing in college dance teaching in China and the impact of the Internet era on college dance teaching, and then puts forward the main path of college dance teaching reform in the Internet era.*

**KEYWORDS:** *Internet era, University, Dance teaching, Reform path*

## 1. Introduction

At present, people have entered the Internet era. In the new era, the traditional dance teaching mode in Colleges and universities has exposed more and more deficiencies, which can not meet the actual needs of social development. At the present stage, the University Dance Teachers in our country have not widely used the Internet, and the new teaching mode and teaching method have not been fully mature, which makes it difficult to improve the teaching quality, hinder the stable development of university dance teaching, and can not cultivate a large number of high-quality dance professionals.

## 2. The Main Problems of Dance Teaching in China's Universities

### 2.1 Backward Teaching Mode

At present, many university dance teachers in our country pay attention to students' skills and movement training in the teaching process. In this process, the teacher is the leader. Due to the relatively fixed movement and knowledge, students lack of self creative thinking in dance art. And the traditional teaching mode is teachers as the main body, in teaching students can only passively accept, lack of enthusiasm to participate, over time, students will gradually lose interest in dance, will also eliminate the enthusiasm of students to learn dance. Compared with the European and American countries, dance teaching in China started late, and the

development speed is not fast. From the original to the present, the traditional teaching mode has been adopted, which is far from meeting the needs of modern teaching. In order to promote its own development, dance teaching in Colleges and universities in China needs to further improve and innovate the traditional teaching mode.

### ***2.2 It is Difficult to Combine Theoretical Learning with Dance Skills***

College students majoring in dance are usually art graduates. These students often do not have a solid cultural foundation and do not have enough theoretical knowledge. And many university dance teachers pay attention to the standard training of students' dance posture and dance movements. Even if they teach theoretical knowledge, they are only implemented in practical training, which makes it difficult for students to master a lot of dance theoretical knowledge. Because of the influence of teachers and historical background, some colleges and universities attach importance to theoretical teaching and ignore skill teaching, so they can not combine the two. Specifically speaking, whether we pay attention to theory and ignore skill teaching, or attach importance to skill teaching but ignore theoretical teaching, we can not really realize the combination of theory teaching and skill teaching, and can not effectively improve the level of dance teaching.

### **3. The Influence of Internet Era on College Dance Teaching**

Under the background of the Internet, the development of dance has been accelerated. The wide application and development of mobile Internet technology, to a large extent, directly affects university education. It injects a lot of fresh blood into dance teaching, provides various new teaching methods and teaching modes, and makes students' learning methods and learning habits have great changes, and speeds up the teaching reform. In the Internet era, university teaching has many functions, including knowledge sharing, knowledge application and knowledge acquisition. For college dance teaching, in the Internet age, college dance teachers can achieve innovation in many aspects, such as: dance teaching methods and curriculum, etc., change the traditional teaching concept, extend teaching ideas, not only can make the teaching content more substantial, teaching methods can also use new media to promote reform. Therefore, in the Internet era, college dance teaching must make rational use of the Internet and thinking, so as to make dance teaching content more diversified, and constantly change and optimize the existing dance teaching methods. And teachers can use the Internet to timely understand the latest development of dance major, turn the latest professional information into teaching resources, fully reflect in teaching practice, and provide a large number of targeted and contemporary teaching content to students [2]. In addition, in terms of teaching methods, teachers can encourage students to adopt new media, no matter where or when they can learn; use advanced Internet software to carry out new teaching modes, such as micro class, MOOC, etc., to change traditional teaching methods and improve teaching quality. At the present stage, the problem that our college dance

teachers need to explore is how to make full use of the Internet to obtain good teaching effect.

#### **4. The Main Path of College Dance Teaching Reform Based on the Internet Era**

Based on the Internet era, University dance teachers must promote dance teaching reform, make rational use of Internet technology, establish a sound network teaching platform, and promote the dissemination of teaching information through the Internet.

##### ***4.1 Reasonable Use of Internet Technology to Establish Network Teaching Platform***

The Internet has a variety of identities, not only as a medium, but also as a platform and carrier. Based on the Internet era, it is necessary to make rational use of Internet technology to establish a perfect network teaching platform, so that students can learn efficiently and intelligently. For example: at present, many college students in our country have one smart phone, and some students even have two. They also have various social software, mainly including microblog and wechat [3]. With the rapid development of mobile Internet, dance teaching can establish new media teaching platform by using social software. The official account of official WeChat dance is related to the WeChat official account. The college dance instructor uses social software to establish the WeChat public number related to dance teaching. The professional dance instructor operates and manages the information and contents in the WeChat official account. The teacher takes the students to communicate with [4] in the WeChat public address. Dance teaching website can also be established. Both teachers and students can share dance information or dance videos on the website. Students can register their accounts first, and then they can enter the website to further extend and consolidate their knowledge of dance. Specifically speaking, the network teaching platform based on the Internet should have a number of functions, mainly as follows: first, the network teaching function. Teachers use the platform for online teaching, students can break through the limitations of time and space, and can learn at any time and anywhere. Second, information communication function. Through the network platform, students can always maintain real-time communication and interaction. For schools, it is necessary to pay attention to the integration of teaching and communication when establishing network teaching platform. At the same time, we need to seriously consider how to ensure the network teaching platform to achieve good teaching effect.

##### ***4.2 Scientific Use of the Internet to Promote the Dissemination of Teaching Information***

At present, the problem of traditional dance teaching mode in China is that it is difficult to spread teaching information. Then, the main reason for this situation is

that dance display and teaching are inseparable from the implementation of real people, but the lack of strong support of new media, this information dissemination will inevitably encounter various problems. However, the use of new media, no doubt, can provide more possibilities for the rapid display of dance work, significantly speed up the dissemination of teaching information, and ensure the quality of transmission. For example, when explaining “thousand hand Guanyin”, in fact, most teachers and students use the Internet and television to learn about it. It is also because of the broadcast of various media that many people, dance professional learners and educators really understand the dance for the first time, so as to promote more people to learn dance [5]. Therefore, from a certain point of view, “thousand hand Guanyin” is an important model of using new media to spread dance teaching resources. Nowadays, with more and more people using mobile intelligent terminals, dance teaching information can be obtained in a very short period of time, which is certainly conducive to the development of dance teaching practice activities. It can not only make students contact more Eastern and Western dance, but also promote the development of students and improve the level of college dance teaching. It is also the core of college dance teaching reform.

#### ***4.3 Adopting Flipped Classroom Teaching Mode***

From the perspective of flipped classroom, it has advanced information technology, which can make students have a broad learning space, constantly increase the time they spend learning dance, stimulate students' enthusiasm for learning dance and attract their attention. In the Internet age, whether it is to update knowledge or accumulate knowledge, its speed is far faster than people's learning speed. Flipped classroom attaches importance to autonomous learning and personalized learning, and attaches importance to the strengthening of students' independent inquiry ability and independent thinking ability. For a long time, China has advocated that learners are the main body of education and teaching. We must pay attention to the learning process and teaching. Teachers only play the role of participants and collaborators in the classroom, so we should pay attention to the interaction between students and teachers and students. Flipped classroom teaching mode is in line with the current teaching concept. Students are no longer passive acceptance, but become active learning. Teachers realize the flipped mode of the whole process of teaching, including three aspects: first, design before class; second, guidance in class; third, after-school guidance. Teaching methods change from single to diversified, which can fully play the important role of the Internet. Dance teaching is no longer limited by time and space, but also can make traditional folk dance colorful. By searching relevant books and the Internet, we can introduce common dance movements to learners. In this way, we can not only teach dance skills, but also promote the spread of excellent traditional Chinese culture [6]. The use of multimedia technology for dance teaching to provide an auxiliary role, the development of a new teaching mode, the use of various forms of teaching methods, can not use the traditional indoctrination teaching method, should adopt different forms to ask students to actively look for relevant information, such as: group discussion and exhibition activities, and make use of their spare time to seriously

sum up the learning experience of dance. In this way, students can better play their own subjectivity, which is conducive to improving the quality of dance teaching. Dance belongs to body language, and the important carrier of the channel is human body. It is very important to apply scientific software in dance teaching. Changing the previous dance teaching mode, students can actively participate in dance learning, so that they can practice many times, so as to promote the interaction between dance teaching and learning, and quickly solve various problems encountered in dance learning in peacetime. Students have higher dance literacy. In the classroom, changing the role of teachers and students, students as the main body of classroom teaching, so that students in the learning process can give full play to their personal initiative, in order to mobilize the enthusiasm of students to learn dance. In this classroom environment, more and more university dance teachers recognize the flipped classroom teaching mode.

#### ***4.4 Establish a Comprehensive Educational Resources Database Information System***

In the Internet age, in order to promote the deepening reform of college dance teaching, we need to establish the relevant database. The purpose of establishing the database is to make the University store a lot of dance teaching data needed. As university dance teachers and students, when accessing databases, they have to get and use the required information from a large number of databases. Therefore, by constantly improving the existing database, they can provide important [7] for visitors. Therefore, after the establishment of the database, it is necessary to arrange scientific personnel to maintain and optimize the database regularly or irregularly. Generally speaking, we must pay attention to the following points in the actual construction of database: first, knowledge acquisition. In the process of knowledge acquisition, there must be rich ways to obtain dance education resources. Specifically, universities must use the Internet to establish a resource sharing system with other universities, carefully collect different types of dance education resources on the Internet, and then carefully screen out the valuable resources. In addition, universities can purchase different types of commercial sex education resource databases established by formal software development enterprises. To ensure that the database system is very perfect, universities must also realize the sharing of educational resources, encourage university dance teachers to actively develop different types of educational resources as much as possible, and increase the promotion efforts to make rational use of various dance teaching resources [8]. At the same time, teachers can try to accumulate different types of dance teaching resources and put them into the database to actively update the characteristic education database. Second, knowledge classification. In terms of knowledge classification, universities need to catalog different types of dance teaching information, which is conducive to the system visitors to accurately retrieve and quickly store. In the knowledge classification, we must carefully follow the relevant classification standards, such as: network courses and media materials, etc.

## 5. Conclusion

In a word, based on the Internet era, college dance teaching must pay attention to reform, and make rational use of the advantages of information technology, so that the Internet can provide services for college dance teaching. For college dance teachers, they can't be immutable in their teaching. They need to keep pace with the times and clearly realize that the traditional teaching mode is backward and has been eliminated by the society. In order to improve the teaching level of college dance, it is very important to establish a network teaching platform and database with the help of the Internet, which is particularly important.

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