

# Discussion on the Combination of Orff Teaching Method and Solfeggio Teaching

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**Abstract:** *Solfeggio is an important subject to cultivate students' music foundation. This paper focuses on the application of Orff music teaching method in solfeggio teaching, and explains the positive role of Orff music teaching method in cultivating students' musical creativity, comprehensive quality of music and initiative in music learning. On this basis, this paper analysis the relationship between human instinct and music learning in Orff's music teaching method and puts forward the application strategies of music rhythm training, game simulation teaching and music situation teaching in the process of solfeggio teaching, so as to enhance the scientificity and effectiveness of solfeggio teaching.*

**Keywords:** *Orff music teaching method; Solfeggio training ears; Music teaching*

## 1. Introduction

Music is an improvement comprehensive quality and development is of great significance as an essential part of the teaching of basic subjects, in music teaching, the teacher because of wrong ideas of teaching ignore sightsinging practice ear training on students' music learning, only by the teachers to teach music to all students, lack of students' music participation, training links.<sup>[1]</sup>As a result, students not really improve their visual, auditory and singing abilities in music. Orff music teaching method adheres to the teaching concept of "original nature", integrates language and movement into music teaching, gives students the opportunity to create and perform music alone, stimulates students' music creation ability and learning potential, and helps students to achieve the perfection and development of their own music literacy.

## 2. Solfeggio teaching in Orff's teaching method

### 2.1. Orff teaching method

Karl Orff (1895-1982), a famous music educator and composer, spent his whole life constantly exploring different music styles and looking for the artistic expression form he wanted -- the music education behavior mode combining language, music, dance and rhythm. And one of the founders of Orff Academy.

### 2.2. Solfeggio training in Orff teaching method

In Orff's teaching method, each method revolves around the content training of solfeggio training, such as rhythm training, listening training and multi-voice training. Therefore, in solfeggio teaching, content of Orff teaching method can be added according to the children's own situation, so as to carry more effective learning.<sup>[2]</sup>

Orff advocate the original nature of music education, starts from the language of music education to the "original nature" reflect incisively and vividly, return once state, inspire a rhythm of instinct, to sightsinging ears sightsinging practice learning is more a test with the eyes, ears, from reading began to import, training coordination degree of the eyes and ears, that are more likely to adapt to this pattern.

Body movement is a form of human communication, and emotional expression is the most original way, orff joined the body movements in music learning, not only will the body as a musical instrument, through the film, makes it sound, these actions as "momentum", through the training can learn through the whole body feel the rhythm, rhythm of the rhythm.

### **3. The application value of Orff music teaching method in solfeggio teaching**

Orff's music teaching method BRINGS OUT THE old AND BRINGS forth the new teaching method, adopts the teaching method which conforms to the modern development trend and has the innovative significance, which can cultivate the students' creativity and fully expand the students' thinking. Through continuous practice, students' collective cooperative thinking and coordination ability can also be further exercised, which plays a very important role in enhancing students' creative ability. Emphasis on rhythm teaching and game teaching, to create a relaxed and interesting learning atmosphere for students, is conducive to improve the enthusiasm of students to learn solfeggio and practice ears. Orff music teaching method is to let students follow the rhythm of music, make body movements happily, and then integrate into the relaxed and pleasant music. <sup>[3]</sup>This teaching method is conducive to stimulate students' musical imagination thinking and innovative thinking. The goal of music teaching is no longer to learn music skills alone, but to stimulate students' motivation to learn music, improve students' ability of music application, and cultivate students' musical artistic accomplishment. In the music class, teachers can stimulate students' creativity and imagination by introducing Orff music teaching method and conducting improvisation activities on site. Improvisation does not require students to complete a piece of music independently on the spot, but allows students to stimulate musical thinking in the process of improvisation and promote their overall growth. Orff music teaching method can effectively improve students' art appreciation ability, stimulate students' interest in music, and let them truly feel the importance of learning music. Therefore, the author believes that it is necessary to comprehensively and fully study how to apply Orff music teaching method in solfeggio teaching, so as to effectively improve students' art appreciation and learning ability. Through classroom practice, music rhythm training and game activities, Orff music teaching method fully arouses students' interest in solfeggio training and ear learning, so as to make students actively integrate into the music teaching classroom. Orff music teaching method emphasizes on stimulating students' initiative in learning solfeggio and practicing ears. Firstly, students can be organized to carry out impromptu performance activities to arouse their interest in learning; Secondly, return to the people, take students as the main body, guide students to make natural body rhythm on the basis of feeling the speed and rhythm of music; Thirdly, teachers should give full play to the role of guidance and organization. In addition to doing a good job in music teaching, teachers should also strengthen communication and exchange with students, guide students to explore music problems, emphasize the importance of music practice, and encourage students to verify theories through practice. In order to optimize the music teaching environment, teachers can use video, pictures, PPT and other teaching tools to vividly present music teaching knowledge to students, bring students a beautiful auditory experience, so that students' interest in learning solfeggio and ear practice can be greatly stimulated, and the classroom attention is highly focused. Therefore, teachers should pay attention to the creation of teaching situation, create a good teaching atmosphere, guide students to conduct in-depth thinking and active communication, in-depth understanding and comprehensive grasp of solfeggio training knowledge content. Teachers should pay attention to the combination of music and real life when developing music teaching. The teaching idea of Orff's music teaching method has a profound influence on both teachers' teaching and students' learning. Therefore, teachers should be fully aware of the advantages of this teaching method in solfeggio teaching and apply it to classroom teaching, so as to improve the effect of music teaching.

### **4. The Orff music teaching method in solfeggio ear teaching application strategy**

#### ***4.1. Pay attention to the music foundation of students and carry out Orff monophonic rhythm training method***

When teachers teach music to students, they find that many students' basic knowledge of music is still not perfect, mainly manifested as students' lack of judgment on simple music rhythm, which causes great trouble to students' music learning. In order to solve this problem in music teaching, teachers can adopt the scientific music teaching method of "rhythm solitudes" in Orff's music teaching method to help students improve their judgment and reaction of music rhythm, and make students' solfeggio training more effective. <sup>[4]</sup>Or, I'm in class, for example, rhythm training, I'll give students pat a piece of music rhythm, give students enough time to memory, then I will let the students start the solitaire type training, let the students in turn against me before beating rhythm of the music, in this process, I can find students music memory and judgment ability of high and low, at the same time, when students have problems, I can also make corrections in time to make rhythm training more targeted and effective.

When there was no problem with the basic monophonic rhythm training, I increased the difficulty of the training and asked the students to improvise after my beat to test their understanding and flexible response ability to the beat. In the process of monophonic rhythm training, students can not only get familiar with unfamiliar music beats again, but also stimulate students' music learning potential and creative ability. Students can strengthen their own music memory ability and strain ability through the imitation and innovation of teachers' rhythm. With the help of Orff's music teaching method, teachers give students solfeggio training, which makes students' music classroom learning effective. At the same time, students participating in the interactive link of music teaching can improve students' concentration in class, make students devote themselves to music training, and realize the improvement and strengthening of their own music ability.

#### ***4.2. Pay attention to the training of students' coordination, and lead the students to perform multi-part performance***

Orff's music teaching method integrates language and movement into music, which puts forward higher requirements for students' music learning. It not only requires students to master the basic rhythm, but also needs to rely on their own language and movement to complete the multi-voice rhythm training. In the multi-part rhythm training, Orff gesticulates the simple diatonic patterns in order to strengthen students' memory and facilitate their future music training.<sup>[5]</sup>In the multi-part rhythm training, students can change the simple ostatin patterns into the unconscious activities in the multi-part rhythm training through the continuous repetition of gesture training, which can give students more time and energy to memorize the more complex parts and reduce the difficulty of the multi-part rhythm training. In addition, language is also a part of the multi-part rhythm training. Students are required to sing the lyrics and tunes at different speeds during the multi-part rhythm training to highlight the key points of the rhythm of each part. For example, when I was in multi-tone rhythm, undertake to the student training, I let the students read through the mouth each time multi-tone rhythm, beat the first part, with his hand slapping the second part, the third part allows students to take the form of stamping, students should highlight the differences of each part and when singing through the lyrics and melody pat different weight shows the characteristics of each parts. In specific teaching, teachers should design relatively simple two-part training for students to give students more time and energy to memorize the movements of three-part. At the same time, the changes of multi-part rhythm training should not be too complex, so as to reduce the difficulty of multi-part rhythm training for students. Students in teachers under the guidance of multi-tone rhythm training, can improve the students' music quality and body coordination, strengthen the student to understand and grasp music rhythm, students can also get in the multi-tone rhythm training, music "audio-visual" comprehensive practice, help a further perfection of strengthening their own music ability.

#### ***4.3. Pay attention to comprehensive music appreciation and train students' sensitivity to music listening***

Music teaching as a comprehensive quality discipline, its learning content and requirements for students to master not only music knowledge, at the same time, students need to achieve the common development and improvement of "audio-visual singing" three aspects of ability. Teachers in the past teaching, to student's lack of focus on music listening practice, rarely in music teaching to separate teaching of students' listening practice, lead to the students' ability of music appreciation is not ideal, the teachers in the present music teaching, updating teaching ideas should actively change, realize the important role of listening music for students learning, Select effective teaching methods to help students improve their music appreciation ability and improve their music literacy. Orff music teaching method provides a variety of effective methods for students' listening training. Teachers can fully draw lessons from these methods in teaching and carry out effective teaching training for students. Orff music training for "open", he thinks the students' analysis ability, auditory memory and music understanding and comprehension ability is the main purpose of the music listening practice, teachers for the students to find suitable teaching materials for students with appreciation, the purpose is to improve the students' music perception, so that the students can get different ideas in music appreciation emotional comprehension, Improve students' ability of emotional expression. In terms of music materials appreciated by students, Orff insisted on the concept of openness. He believed that both basic music elements and complex music systems, as long as they are helpful to students' music listening training, can be included in the scope of music listening teaching. For example, during music listening training, I play different types of music fragments to students and tell them the basic background of music creation, so that students can perceive the thoughts and feelings expressed by

music, as well as the rhythm and style of music through their own judgment, appreciation and understanding. At the same time, when selecting music for students to appreciate, the scope should not be too limited. Music works from home and abroad can be selected for students, so as to broaden students' horizons of music and broaden their scope of music appreciation. The TEACHER conducts THE listening TRAINING TO the students through the different styles of music works, can make the students' music appreciation ability further enhance, which is of great benefit to the students' music learning.

#### **4.4. Scientifically set up the teaching situation to stimulate students' instinct to express music emotion**

Orff's music teaching method pays attention to setting up the teaching situation scientifically and tries to create a harmonious, beautiful and inspiring learning environment for students. When developing solfeggio training music teaching, teachers should combine with students' characteristics and thoughts and feelings, create appropriate and matching music situation, and provide a more appropriate situation basis for students to carry out performance activities. In addition, teachers should fully explain the content of the situation to students, so that students can understand the relationship between the situation and music, mobilize the enthusiasm of students in the music class, so that students can fully integrate into the teaching situation. Students can be incorporated in the music situation, through the way of role playing in this can avoid to let the students free music situation, appear disjointed situation teaching and practical teaching situation, also will not cause the student to learn, understand will not increase the difficulty, but can let students know more comprehensive, more profound memory music theory knowledge. In this process, students can easily integrate into the situation, better grasp the emotional change during singing, more directly feel the emotion of the music, and also enable other students to constantly deepen their understanding of the emotion of the song while watching the performance. Through role playing, creating a relaxed and cheerful music class can make students feel the melody and beauty of music personally, so as to enhance their interest in solfeggio and ear learning.

## **5. Conclusion**

As a world-renowned music teaching system, Orff music teaching method is of great significance to promote the development of music education. Orff's music teaching method emphasizes the enlightenment of music education from human nature. The introduction of Orff music teaching method in solfeggio teaching process can improve students' cognitive level of music learning and create a good music learning experience for students by effectively integrating music with body language and movements. Orff music teaching method greatly improves students' interest in solfeggio and ear practice by means of game activities, story explanation and rap, which is conducive to deepening students' cognition of music. However, in the actual process of music teaching, teachers should abide by the principle of specific analysis of specific problems and not copy Orff's music teaching method, but understand the important ideas of Orff's music teaching method deeply, so as to give full play to the educational value of Orff's music teaching method scientifically.

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