

# Problems and Strategies of Moral Education Deficiency in College Wushu Education

**Mao Wende**

*Hunan Institute of Engineering, Hunan 411104, China*

**ABSTRACT.** *At present, the Wushu education in most colleges pays more attention to the improvement of special skills, and moral education is ignored to some extent, which has also become a weak link in Wushu education in colleges. The lack of moral education in Wushu teaching in some colleges is very serious. This article first discusses the importance of moral education, and attempts to propose strategies to address the lack of moral education in Wushu education in colleges.*

**KEYWORDS:** *College wushu education; Lack of moral education; Strategies*

## **1. The importance of moral education in college Wushu education**

### ***1.1 Conducive to the Inheritance and Development of China's Excellent Traditional Culture***

Chinese martial arts are rich in content and extensive, and they are the crystallization of the wisdom of the entire nation and the precious heritage of the Chinese nation. As the essence of Chinese culture, its national spirit includes the love of the motherland's culture, the love of the national traditional sports, and the extensive knowledge of the traditional culture of the motherland [1]. Wushu practitioners should show the splendid history of the Chinese nation over 5,000 years through martial arts sports. Through the martial arts movement, they can establish the healthy image of the Chinese nation, inspire the nation's pride and enthusiasm, promote the development of China's socialist construction, increase China's prestige in the world, and live in harmony with people and cultures of all countries in the world. College students are the reserve army of Chinese Wushu. Wushu education can strengthen students' awareness of maintaining Chinese traditional culture.

### ***1.2 Helps to Develop students' Perseverance***

Now many college students are the only children in the family and have been loved at home since childhood. This has caused some students to have weak willpower, lose confidence and lose heart when they encounter a little difficulty or control in their studies or life. The spirit of Wushu such as “Wu Zhijian” and “Ten years sharpening a sword” contained in the moral content of Wushu will undoubtedly serve as a vigilant and encouraging role for them. For students, the future society is full of various challenges. There must be many difficulties and obstacles on the way forward. Without a persistent spirit to support them, it will be difficult to achieve success. Therefore, to carry forward Wude’s perseverance spirit in the life and study of students will definitely benefit them.

### ***1.3 Help Students to Establish Correct Outlook on Life and Values***

The drastic changes in the structure of contemporary society have made individualism, hedonism, and worship of money popular in society, which has seriously eroded the souls of young people. The basic content of martial arts includes “Wu Zhizheng” and “Wu Liqian”. While practicing the skills, the practitioners pay more attention to the cultivation of morality, both self-cultivation and mind-building. This guides students to strengthen moral cultivation in Wudhu teaching provides entry points. Teachers should enable students to fully understand and absorb the spirit of martial arts while learning the knowledge of Wushu culture, and educate them to reflect their own value in achieving the prosperity and prosperity of the country, so as to raise the value of their lives to a higher level. Through the education thoughts of respecting teachers, being open-minded, and being kind to others, teachers can cultivate students’ sense of social morality, enable students to show courtesy and humility among people, and achieve harmony between people.

## **2. Lack of Moral Education in College Wushu Education**

### ***2.1 Lack of Moral Education in Wushu Teaching Materials***

At present, domestic colleges have not set up a special course of Wushu moral education. Therefore, no corresponding textbooks have been compiled, and there are few books about Wudhu ethics and etiquette, so there are not many materials for students to refer to. Students do not have a special course of Wushu education, and lack of special teaching materials as guidance, they do not realize the importance of Wushu, which affects the development of Wudhu education in Colleges.

### ***2.2 Students’ Lack of Understanding of Wushu Morality***

At present, college students are reserve forces for the development of Wushu. Most of them are about 18-23 years old. This stage is a period of rapid development of moral character. If they are affected by unhealthy or even wrong ideas and things

from the outside world, and they cannot be guided and educated in a timely and correct manner, they will easily develop a lot of bad habits, which will lead to false negative outlooks on life, selfish and narrow values, etc.[2]. This requires colleges to increase their Wudhu moral education to students, to help them get rid of established bad views and bad behavior habits, to let them recognize the true Wushu morals, and to urge them to correct their wrong ideas.

### ***2.3 The Teaching of Wushu Only Focuses on the Teaching of Technology and Ignores the Moral Education***

Moral education is a prerequisite for the practice and teaching of Wushu. In the current style of Wushu teaching, colleges only pay attention to the teaching of martial arts, and set up a large number of routine sports, sanda and other professional technical courses, but ignore the education of martial arts. It can be seen from the interview, the cause of the above results are now classroom teaching time is limited, in order to complete the teaching task within the prescribed period of time, teachers will put more time on learning Wushu. Therefore, moral education is mainly carried out in the classroom when teaching martial arts, there is no dedicated time. However, only if moral education persists for a long time can its results show up, which must be paid attention to.

### ***2.4 The teacher's Own Moral Cultivation is Not Perfect***

On the one hand, the school does not pay enough attention to Wushu moral cultivation and lacks training for teachers. On the other hand, the teachers themselves do not attach enough importance to and awareness of Wushu moral cultivation. In teaching, although some teachers often mention Wushu moral and talk about various etiquettes, failing to pay attention to their etiquette and personal habits will adversely affect students, so that they can not really understand the meaning of morality. The influence of teachers' personal cultivation on students plays a vital role, and their performances in words and deeds, work and life, behavior habits, and dealing with others will have a direct impact on students. Therefore, we must strengthen students' moral education. First, we must improve teachers' moral literacy.

## **3. Strategies to Improve the Lack of Moral Education in College Wushu Education**

### ***3.1 Add Theoretical Courses for Wushu Moral Education***

The college Wushu curriculum is based on the curriculum of practical courses and supplemented by theoretical courses. The theoretical class mainly introduces the technical style, characteristics or development origin of various boxing techniques, and does not specifically target the theoretical content of martial arts

education [3]. Therefore, it is suggested that the curriculum scope of theoretical courses should be widened, and special martial arts education courses should be set up to systematically teach martial arts thoughts and content, so that students can understand the connotation of martial arts, guide students to self-knowledge and self-reflection, and encourage students to make moral cultivation an important task for learning.

### ***3.2 Infiltrate Martial Arts Education into the Teaching of Wuhan Technology***

When teachers teach Wushu techniques, they should start with regulating students' behaviors. For example, strictly enforce the etiquette norms of martial arts in all aspects of teaching, greet each other with a boxing fist salute before and after class. In this way, students' behaviors are strictly required. Secondly, improve technical requirements and cultivate students' will quality that is not afraid of hardship or fatigue. Only with a tenacious will can we continuously improve the technical standards and cultivate students' strong will quality.

### ***3.3 Strengthen the Construction of Campus Martial Arts Communities, Promote Martial Arts Culture, and Promote the Inheritance of Chinese Martial Arts***

Promote students' interest in martial arts through community building, so that more students can participate in the practice of martial arts. While learning wushu skills, through the exchange, discussion and competition among students, students can not only fully understand the style and characteristics of Wushu skills, but also encourage students to learn the essence of Wushu Morality, understand China's traditional culture knowledge, inspire students to love Wushu and love the motherland, and contribute to the development of Chinese Wushu.

## **References**

- [1] He Zhen (2017).The significance and Countermeasures of strengthening the moral education in Wushu Teaching in Colleges and universities. Articles for sports and science and technology, no.22, pp.66-67
- [2] Yang Shanshan (2017). Research on the morality education of martial arts students in Colleges and universities. Sports, no.17, pp.07-108
- [3] Wang Qianjing (2019). The current situation and Countermeasures of the development of martial arts culture and education in Colleges and universities.Sports fashion, no. 2, pp.149-150.