

Research on the Countermeasures of Student Management in Higher Vocational Colleges under the Normalization of Epidemic Prevention and Control

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Abstract: *The sudden epidemic has brought certain challenges to the management of the school. Under the normal situation of epidemic prevention and control, we should strengthen the practical content of student management in higher vocational colleges, so that students in higher vocational colleges can maintain a good learning state in effective management as much as possible, combine the epidemic prevention and control management with students' actual learning, and pay attention to students' study life, physical health and mental health. This can do a good job in guiding students' mood, guide students to form correct values, and reflect the people-oriented student management model. We should guide students to participate in the whole process and form a student management mode of all-around management, which excavates the value of student management to the greatest extent.*

Keywords: *Epidemic Prevention and Control Normality; Higher Vocational Colleges; Student Management; Countermeasure*

1. Introduction

With the gradual change of the global epidemic development trend, the domestic epidemic prevention and control has entered a normalized development stage. Due to the impact of the epidemic, students in higher vocational colleges still have some problems in psychological learning more or less. The background of epidemic prevention and control under the normal situation has brought new thinking to the management of students in higher vocational colleges. While the teaching order is gradually restored, it is also necessary to do a good job in the prevention and control and student management, which puts forward higher requirements for the daily management of students. In the context of the normalization of epidemic prevention and control, it is necessary to take students as the main body of management to master the corresponding laws of education and management, and combine the prevention and control management with the actual learning of students, and with the education of students, so as to strengthen the effectiveness of management.

2. Analysis on the situation of student management in higher vocational colleges with the normalization of epidemic prevention and control

2.1. Management object "particularity"

In higher vocational colleges, the vast majority of students are "after 00". Students are a group of people who grew up in the information and network environment. Students have active thoughts and strong personalities, and students can easily accept new things. [1]However, teachers must clearly recognize that there are differences between students in higher vocational education and students in ordinary universities. The school system of higher vocational colleges is usually three years, and the time for learning and education in schools is relatively short. Therefore, the overall quality of students is not high, students' learning autonomy is not strong, and they also lack the self-discipline ability to abide by the school rules. There is a certain lag in understanding and implementing the rules and regulations of daily epidemic prevention and control management on campus. Therefore, students often violate the relevant provisions of the school epidemic prevention and control, which has brought great security risks and adverse effects to the epidemic prevention and control work on campus.

2.2. Informatization of student work

In order to quickly and better analyze the dynamic data information and scientific logic of student epidemic prevention and control management, more and more vocational colleges have adopted the information-based student management mode to achieve the input and effective management of student data information by building a platform or software suitable for epidemic prevention and control. The data information can be updated at any time, realizing the monitoring of various management work of students and the information management of epidemic prevention and control, which requires higher and higher information level of management staff. Some older student management staff are limited by the traditional work mode, and students have a slow problem in learning the epidemic prevention and control management system platform, which has a great impact on the efficiency and effectiveness of student management under the epidemic prevention and control conditions.

2.3. Not paying enough attention to students' mental health

At the beginning of the epidemic, the Ministry of Education put forward a request for colleges and universities to delay the start of school. In order to achieve "non-stop teaching" and "non-stop teaching", teachers and students can use online classes at home for teaching and learning.[2] After the epidemic has been controlled, when the university begins to return to school and resume classes, according to the requirements of epidemic prevention and control, schools in all places will adopt a semi-closed management mode. Teachers and students will not leave the school gate, and off-campus personnel will not enter the school gate before making an appointment and registering for temperature detection. Due to the influence of closed home and semi-closed campus environment, as well as their own situation, some students reported some emotional and psychological problems of different degrees, such as anxiety, depression, boredom and depression. There are also some students who suffer from bad behaviors such as insomnia, weariness of study, fidgeting, making trouble without reason, and some students who want to commit suicide. Therefore, in the current university, we urgently need to pay attention to the psychological problems of students, and guide them.

3. Countermeasures for student management in higher vocational colleges under the background of normalization of epidemic prevention and control

3.1. Building a perfect and scientific management platform

Based on the current difficulties of student management in higher vocational colleges under the background of normalization of epidemic prevention and control, it is necessary to establish and improve the scientific management system, build a high-quality management platform, and make full use of big data network technology to monitor students' daily management, including students' attendance activities at school entrance and exit, sports track, etc. In this way, information management can be realized, and in case of emergencies, timely adjustment and control can be carried out according to the corresponding emergency plan, to revise and improve the emergency plan[3].

At the same time, we should do a good job in epidemic prevention and control management at three important nodes in the campus. First, after the winter and summer holidays, when students can return to school from different regions, they should conduct self-physical examination during the journey, and timely track the daily health status and action track of students from other places on the way back to school. The second is to observe the health of the freshmen after their arrival according to the school regulations. Third, when students come home from school at the end of the semester, students should complete the procedures for leaving school, especially those living in high, medium and high epidemic areas. Students should keep abreast of the latest epidemic prevention policies, so that students can leave school safely when they leave school and when they return home.

3.2. Strengthening the protection of students' mental health

Under the condition of normalization of epidemic prevention and control, the cultivation of sound personality and healthy psychological quality for students in higher vocational colleges is also a long-term important project for university moral education and education. It can also provide psychological support for students during the epidemic and psychological help for students in the post-epidemic period. Under the background of epidemic prevention and control, it is necessary to cultivate the sense of responsibility of students in higher vocational colleges, strengthen their feelings

of home country, let students set the example of heroes of the epidemic, and learn the spirit of the epidemic to improve their confidence in the epidemic. Since the outbreak of the epidemic, many students have suffered serious psychological problems due to their inability to start school normally. Students are faced with many uncertain factors, and many students have anxiety, insomnia and worry about gains and losses. Therefore, it is necessary to take strict precautions against "post-epidemic syndrome", improve the psychological warning mechanism, and raise the awareness of students' psychological problems arising from their studies, employment, parent-child relationship and other aspects, in order to strengthen the ideological guidance, academic employment guidance, psychological counseling and humanistic care for students.

The school should also do a good job in helping the people who are greatly affected by the epidemic, prevent individual and group safety incidents, so that students can better establish a correct outlook on life, world outlook and values. After the school opened, a comprehensive psychological survey was carried out on the students in the school, and on this basis, a survey on the mental health of the students in the school under the normalized epidemic situation was carried out. In case of any abnormality, a file shall be established and tracked according to the principle of "one person, one file". The school should do a good job of interviewing and psychological counseling for key students, and make work records and leave traces. The propaganda and education of mental health should be carried out at multiple levels, from multiple angles and with multiple scenes.

In addition, higher vocational colleges should also establish a psychological guidance studio, establish a campus psychological service hotline, and open online counseling on the school psychological network. These are all to help students get timely help in the face of disease, and provide a qualified psychological guidance teacher to provide "one-to-one" free guidance to students. Through network tests, questionnaires and other means, identify possible mental problems or possible mental problems, and realize "early detection", "early intervention" and "early treatment", so as to reduce students' psychological burden, their physical and mental burden, and prevent dormitory conflicts. Especially for those students who live in the high-ranking areas or families with financial difficulties, students need to carry out timely psychological crisis intervention and help students solve psychological problems. In order to fully and accurately grasp the students' psychological status, we must investigate the students' psychological status after the school starts. Through the combination of online and offline, we should do a good job in the ideological and political work of college students, conduct heart-to-heart conversations with key students in batches one by one and keep records of the conversation. The ideological and political education work is the most important part. We can work with the teachers of the ideological and political theory course of the school to master the ideological dynamics of students. In the process of communication between the counselor and students, we can solve all possible problems, carry out correct cognitive education for students, and help teachers understand all the situations of student management under the current normal situation of epidemic prevention and control.

3.3. Strengthening the cooperation between vocational colleges and enterprises to ensure the employment of students

Under the impact of this epidemic, China's social and economic growth has slowed down, social consumption has declined, imports and exports have decreased, many companies are closed down and laid off, and the employment situation of students is not optimistic. However, the characteristics and orientation of vocational colleges and universities is to provide all kinds of technical talents with good professional quality for the society. In the process of employment and entrepreneurship education, the graduates of vocational schools can smoothly integrate with the society, realize their self-worth and meet the needs of social daily production activities, which is the basic purpose of vocational schools.

During this period, higher vocational colleges should actively provide students with internship, employment, entrepreneurship practice and training. Higher vocational colleges should also continue to expand the scope of the combination of production and learning, expand the scope of school-enterprise cooperation, and expand the depth of enterprise collaborative training of talents. At the same time, the school can also take advantage of the alumni 'contacts in the past, the government employment service department and other relevant resources, and actively establish extensive cooperative relations with large enterprises or companies in the corresponding industries, so that these large companies can provide graduates with a social practice base, thus improving students' social practice ability and employment competitiveness.

While doing a good job in the prevention and control of campus epidemic, the school can also

organize some student innovation and entrepreneurship activity competitions in campus activities, invite recruiters of some famous enterprises in the industry, some outstanding people who have successfully started businesses or alumni to hold some knowledge lectures on employment for students. In the course of the lecture, students can also be provided with some post-meeting exchange opportunities, so that students have more opportunities to discuss their employment and career experience with some celebrities.

3.4. Adopting hierarchical management

In the management of students in higher vocational colleges, the way of hierarchical management is adopted to strengthen the comprehensive management efficiency of students, change the management methods, and realize multi-level open management. In terms of management content, more attention should be paid to persuasion education actively encouraged by students. In the aspect of promoting the hierarchical management mode, realize the dual development of the student management mode, and actively play the active management role of students and counselors. Classified management can be carried out for higher vocational students of different grades and different characteristics, so that students of different levels can actively cooperate with the requirements of various educators, divide the overall student management into small parts, and make it easier to carry out student management, as well as give play to the subjective initiative of student workers of different majors and grades. For students with poor quality, it is necessary to focus on individual education and management. The management work should grasp the core content of hierarchical management and promote the comprehensive development of hierarchical management of students in higher vocational colleges step by step. Combining the overall interests of students with the interests of student workers has improved students' awareness of self-management and better promoted the all-round development of students in higher vocational colleges.

4. Conclusion

To sum up, in the context of epidemic prevention and control, student management in higher vocational colleges needs to grasp the needs of epidemic prevention and control, the effective management measures and methods in the context of normalization. We should think about the problems existing in the current management work from the perspective of students, change the thinking of student management work in time, and do a good job in student logistics. Only by publicizing health education knowledge, doing a good job in classified management, and responding to changes with changelessness, can students really learn and live better under the background of normalization of epidemic prevention and control.

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