

College Students Backbones' Training Mode Research

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ABSTRACT. *College students backbones are the special groups, who are the main helpers of colleges and universities in educating people and also are the connection between teachers and students. Therefore, it is important for colleges and universities to train talents backbones, which is not only the important means to improve the ability of teaching management but also is the main means to promote colleges and universities' stable development. Based on the analysis of the value and significance of the backbone training of college students, the author focused on the training mode of the college students backbones in the new period, which hoped to promote the improvement of the talents training ability of colleges and universities.*

KEYWORDS: *Colleges and universities; College studentsbackbones; Training; Meaning; Mode*

1. Introduction

In contemporary colleges and universities, the colleges students backbone (referring to student party members, activists, members of student unions and the backbones of societies) is a group that plays special roles. They are widely distributed and active in the teaching front line, daily life, and event organization in colleges and universities, who play an important role in orientation, demonstration, service, calling, management, etc. It is an important part of the student work force, and it is also the main coordinator, organizer and performer of various tasks in colleges and universities [1]. To do a good job of training the college students backbones and to play a role in communication and bridge between the school and students, teachers and students, students and students well, not only ensured the smooth development of school work, but also ensured the need to train builders and successors of socialist roads with Chinese characteristics.

2. The Value and Significance of Training the College Studentsbackbones

2.1 It is Conducive to Reserve Talents Training in the New Period

In the new era, the international situation is treacherous, and the bad domestic forces are about to move. At present, the contemporary young people's social values are showing a trend of diversification. Problems such as the collapse of ideals and beliefs and the lack of self-confidence on the road are widespread. College studentsbackbones are a special group of students, who have a significant role in student work. To constantly improve their comprehensive quality, especially political and theoretical quality can help them establish core socialist values and become young Marxists, firm believers and strong builders of socialism with Chinese characteristics. Thus it can cultivate reserve forces for the development of the country and cultivate reserve forces and vital forces for the great rejuvenation of the Chinese nation.

2.2 It is Conducive to the Model-Driven Forceformation in Universities

Compared with ordinary school students, then college students backbones can get more exercise opportunities in handling student work, organizational activities, and other work practices. Therefore, they have completed the cultivation of their own leadership, organization, and communication skills, which has promoted their own comprehensive literacy. Since the college students backbones have high prestige in the student groups, their correct behaviors will form a typical demonstration and positive impact on more students groups, which is leading role, is conducive to the formation of a good school spirit and will help drive more students' common progress.

2.3 It Is conducive to Colleges and Universities'smooth Development of Various Tasks

In the context of education reform, the teaching reform of colleges and universities is also proceeding in an orderly manner. However, as we all know, colleges and universities' teaching resources are limited. Therefore, to thoroughly realize the "people-oriented" in college education has to use student backbone bridge effects. To play its active role thoroughly in teaching organization and student development, that is helping achieve the effective sinking of various teaching resources and upload students' ideological wills, learning dynamics, and inner aspirations. As to continuously serve the collective and others, they have not only improved their own ability, but also become a positive factor to promote the development of the school [2].

3. The College Students Backbones'training Goals

3.1 Improving Thecollege Students Backbones' Political and Theoretical Quality.

As the college student work's direct organizer, service provider and leader, and the backbones are active in the student group for a long time. Only by taking correct political positions and ideological theories as guidance, and taking actions consistent with the harmonious development of the college and society can we create a positive influence. So the college students backbone's training must take political literacy as the fundamental starting point and entry point. We should strive to create a group of pioneer young people with a firm political stand, strict political discipline, political acumen and political discrimination through various ways. We should promote the students'patriotic consciousness and work enthusiasm so that they could take the initiative to assume the historical mission of socialist modernization and the great rejuvenation of the Chinese nation, and we are full of confidence about our future.

3.2 Improving the College Studentsbackbones'working Ability

Improving the college students'management ability is the most direct goal in the college students backbones' training. Only by doing a good training job can we effectively improve the college students'ability to deal with problems, which can make them better adapt to students' work, achieve their self-abilities promotion and serve others better. College students'core work ability covered all aspects, such as the observation ability, analysis skills and judgment ability, which is the basement of making decisions. The ability to communicate, to organize, to coordinate, and to cooperate is the embodiment of the collective spirit and is a magic weapon to achieve multiplication of work efficiency in teamwork. Management, service, and guidance is the key to standing on a higher level to improve the leadership level of college students, and to inspire their work potential. In addition, innovative ability and pioneering spirit are the core competencies emphasized in talent training in the new era.

3.3 Strengthening Thecollege Students Backbones'style Image

To strengthen college students backbones'style image needs continuously improving the cultural literacy and college students backbone's ideological and moral level. Only those college students backbones with good morals, good moral sentiment and spiritual appearance can have credibility and can play their typical exemplary role thoroughly. For this reason, colleges must distinguish between majors and minors, and colleges should not affect the students backbones' learning because of the student work development. They should be encouraged to extensively study classic works, learn new theories, new technologies, and make the ancient and the modern compatible, and inclusively enhance their culture breadth, depth, and height, which can develop noble sentiments such as enthusiasm and modesty, unity and cooperation, fairness and justice, helping and others.

4. College Studentsbackbones'training Mode Research

4.1 Adopting a New Backbone Training Mode to Build a Three-Dimensional Theoretical Learning System

Emphasizing the importance of compulsory courses in the cultivation of college students backbones and clarifying the academic achievement standards of college students backbones, especially public basic education and classroom ideological and political education, can make students backbones establish correct values in the study of Marxist theory, stand firmly on political stance, and build a high degree of political confidence [3]. We must strengthen college students backbones'extracurricular learning, such as organizing the development of

extracurricular political theory education, inviting political experts and scholars to give lectures, providing special education counselling and training, and conducting hot-spot political interpretations, etc., to stimulate college students' backbone's enthusiasm of learning fully and to deepen their work, learning and social awareness. In addition, the college students' backbone should be encouraged to carry out self-study anytime, anywhere, and learn theoretical and cultural knowledge, new working methods, psychological debugging methods, etc., so as to enrich their knowledge reserves, which make them versatile in student work. Special attention must be paid to the mental health education of college students' backbone, which is the key to becoming a good student cadre. Colleges can cooperate with social organizations to set up psychological counseling rooms and psychological communication platforms for college students' backbone to strengthen the relationship between teachers and students' backbone. The exchange and cooperation between the backbone and the students' backbone, so as to better promote the comprehensive quality of the college students' backbone.

4.2 Establishing Students' Backbone's Practice Platform to Comprehensively Improve the College Students' Backbone's Comprehensive Quality.

The ability must be continuously improved in practice in order to strengthen college students' backbone cultivation, and colleges should pay more attention to providing diverse platforms for college students' backbone with rich campus and social practices. For example, penetration the front line of society to understand the national and international conditions of our country, to guide them correctly to handle various problems in work and life, and to exercise in actual work^[4]. In the Internet era, colleges should strengthen their ties with other colleges, social organizations, and institutions, and actively promote the establishment of backbone exchange websites and practice parks for college students in order to create a broader platform for the cultivation of college students.

4.3 Establishing a Long-Term Mechanism to Create an Environment Conducive to College Students' Backbone's Development.

The college students' backbone cultivation is a long-term and persistent work. Therefore, in order to improve the level of backbone training, it is necessary to establish a long-term mechanism. Through tracking cultivation, encouraging constraints, training guarantee and effective assessment create a comprehensive and standardized backbone mechanism. In addition, we must continue to innovate the backbone training mode, actively explore new backbone training methods, and serve talents with the time to stimulate college students' backbone's creativity and enthusiasm, which make them courageous to practice, and harvest more work experience.

5. Conclusion

The college students' backbone is an important force in China's talent reserve, which is of great significance for school construction and national development. We must increase the emphasis on the cultivation of college students' backbone to innovate the cultivation method of college students' backbone, and strive to build a high-quality college students' backbone team.

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