

# Analysis of Jiangxi Folk Dance Form from the Perspective of Dance Ecology

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**Abstract:** From the perspective of dance ecology, this paper analyzes and studies the dance form of Jiangxi folk dance, and also puts forward some constructive research and discussion. This paper studies the dance domain of folk dance in Jiangxi dance from the perspective of "Dance Ecology". By using the rigorous and scientific theoretical concepts in the book, it carries out detailed movements on the dance domain of front and back, crotch and foot, knee and knee trembling. Depictions with dance. It also uses the original research angle of this book to try to study these dance domains from the perspective of natural environment and social environment, explore the formation process of these dance domains, and conclude the importance of protecting and inheriting Jiangxi folk dance. It is the "root" of our Jiangxi red dance culture, the spiritual temperament of our Jiangxi people that is different from others, and our exclusive non-material wealth.

**Keywords:** Dance ecology, Jiangxi folk dance, Dance domain, Dance form

## 1. The Characteristics of the External Form of Jiangxi Folk Dance

### 1.1. The Dance Movements

Jiangxi folk dance is created by laborers in the process of labor in Jiangxi region. Its dance movements have obvious labor characteristics. The movements of Jiangxi folk dance have the following characteristics, first, the posture of Jiangxi folk dance is introverted and steady, the body center of gravity sinks, the movements are simple and simple, and there is a sense of ups and downs. At the same time, the arm movement is strong, and the dance pace is flexible [1]. In addition, in Jiangxi folk dance, people's movements show the characteristics of "twist, circle, tilt and song". Secondly, Jiangxi folk dance has specific provisions on its head, neck, waist and cross-section movements. Dance movements have both the characteristics of farming culture and traditional culture.

### 1.2. The Dance Posture

The movement posture of Jiangxi folk dance specifically includes the posture of the hands and the posture of the feet. "The movement posture of Jiangxi folk dance can be summarized as: stem, twist, clumsy, lean, swing, stamp, push and shake. At the same time, the posture of Jiangxi folk dance is similar to that of Chinese classical dance in terms of the softness of curves and the vigor and upright momentum. The chest posture of Jiangxi folk dance includes chest crossing position, supporting position, side bending position, side booth position, etc., while the foot posture of Jiangxi folk dance is mostly natural posture, generally including the posture of forward step, eight character position, side bow step position, etc., and the gait of Jiangxi folk dance is natural, simple and flexible [2].

### 1.3. The Dance Body Form

Jiangxi folk dance form into coordinating body posture and disharmony, uncoordinated folk dance such as Yongxin shield posture, the dance will dance, acrobatics and martial arts, and music together, dance action, bold and tough, unique and magnificent dance formation, built the Titanic battle, embodies the distinctive national features, the dancing posture while not harmonious [3]. But dance moves stiffness, strong coordinating body of Jiangxi folk dance is stretching and contraction, and stretching and contraction of these two features embodies the different folk culture, the contraction of Jiangxi folk dance is the embodiment of farming culture, the extension is the concrete embodiment of totem culture, coordinating body of Jiangxi folk culture and the use of fixed dance center as the starting point of dance,

In the process of dance performance, the body swings from side to side into a small circle, and the dance movements have the characteristics of coordination and softness [4].

## **2. The Factors of the Formation of Folk Dances in Jiangxi Province**

### ***2.1. The Culture of Religious Sacrifice***

The religious sacrificial dance in Jiangxi folk dance reflects the religious sacrificial culture in Jiangxi area. For example, the source of Nuo dance in Nuo ceremony and the Nuo sacrifice in ancient Jiangxi. The purpose of dance is to dispel ghosts and eliminate diseases. The Nuo dance in the entertainment gods is formed on the basis of absorbing the contents of folk novels, legends and operas, which has strong entertainment and storytelling [5]. Moreover, the Buddhist dance and Taoist dance in Jiangxi folk dance are popular, which reflects the religious culture in Jiangxi area.

### ***2.2. The Life Culture***

The tea-picking dance in southern Jiangxi is the representative of Jiangxi folk dance life dance. Jiangxi area takes agriculture as the main development mode, and farming culture has had an important impact on folk dance. Most Jiangxi folk dances express the affirmation of labor objects and labor results. And praise, and many folk dance dance movements are formed from the artistic processing on the basis of people's labor movements, with a strong flavor of life, reflecting the life style and spiritual pursuit of Jiangxi working people.

### ***2.3. The Festival Culture***

The promotion of Jiangxi festival culture and the promotion of Confucianism "filial piety is the first", the festival culture is mainly based on Jiangxi folk lantern dances. Most of the dance movements of this dance imitate the movements, habits and shapes of animals or plants. In addition, the lantern dance is the main activity in the traditional festivals of Jiangxi, which reflects the festival culture of Jiangxi.

### ***2.4. The Revolutionary Culture***

Jiangxi is an important revolutionary base in China, which is of great significance to the victory of the Chinese revolution. With the development of the Chinese revolution, Jiangxi folk dance has been affected by the revolution, showing distinct political characteristics and reflecting the revolutionary culture of our country. The most representative is the song and dance of the Soviet area, which is a dance that serves the proletariat, originates and lives, and is full of true feelings, And the song and dance in the Soviet area has strong entertainment and publicity, close to people's life, and can meet the cultural needs of the masses.

## **3. The Influence of Local Folk Culture on Jiangxi Folk Dance**

### ***3.1. The Influence on Dance Music and Dance Costumes***

The dance music and dance costumes of Jiangxi folk dance are closely related to Jiangxi folk culture. First, Jiangxi folk culture affects the music of Jiangxi folk dance. For example, the music of tea picking dance in southern Jiangxi is affected by folk culture. At the beginning, the music of tea picking dance is the folk song sung in the mountains of Jiangxi. Later, with the development of Jiangxi art, the folk song developed into the "four seasons tea" sung from the first month to the twelfth month, After the introduction of "four seasons tea" into Jiangxi tea picking dance, its musical characteristics have changed. In the form of expression, it adds accompaniment of various musical instruments, and absorbs the expression of modern music. On the basis of inheriting local characteristics, Jiangxi folk dance music reflects the distinct spirit of the times; Secondly, Jiangxi folk dance costumes are influenced by Jiangxi folk customs. In the folk dance performance, most of the actresses wear flowers on their heads, aprons and handkerchiefs, while the male actors wear straw sandals and long cloth socks, showing the image of the working people and reflecting the agricultural culture of Jiangxi.

### **3.2. The Influence on Dance Movements**

Jiangxi folk dance movements are formed by the artistic refinement of movements by Jiangxi laborers on the basis of feeling the beauty of labor production. They have strong interest and strong local flavor. The short steps used at the time are artistically processed to make the short steps more plump, and the single sleeve in the tea-picking dance performance is evolved from the belt used when picking tea, and the dance movements in Jiangxi folk dances are unrestrained and unrestrained. The elegant, graceful and quiet dance posture is influenced by the classical music and dance in Jiangxi, while the Jiangxi folk dances in the revolutionary era are rough and bold, showing a majestic fighting momentum. Most of the movements of Jiangxi folk dances come from the daily life of working people., deeply influenced by the folk culture of Jiangxi region.

### **3.3. The Influence on Dance Purpose and Dance Function**

Purpose of Jiangxi folk dance dance and dance function and the folk culture of Jiangxi region have a direct connection, influenced by traditional ritual culture and Wu culture, folk dance in Jiangxi province began to sacrifice performances, pray, good children protection, and later, due to the region of Jiangxi province labor people's faces enormous labor intensity in labor, Jiangxi folk dance gradually began to be used to express the joy of harvest and relieve the hardship of labor. Later, with the development of economy and the continuous improvement of people's living standards, Jiangxi folk dance became a way of entertainment for the working people in the idle time of farming, and folk dance was mainly used for people's entertainment and important festivals.

## **4. The Theoretical Value and Practical Significance of Dance Ecology to Jiangxi Folk Dance**

### **4.1. The Theoretical Value**

Culture is the product of the social environment acting on the natural environment, to protect each culture is to protect the entire ecological environment, to comply with the development of the ecological environment is to protect the ecological environment with half the effort. For the scientific development of an art form, the first thing to do is to enrich and build a strong theoretical system, conduct a complete and detailed evaluation of its historical data, value, form, connotation, etc., and on this basis form a support for its correct and effective development. way method. The theoretical construction of Jiangxi folk dance should be preconceived before the practice and performance form, and form a theoretical network system with theoretical value and practical significance from the perspective of diversification. On the one hand, from the microscopic level, we should start from the perspective of art ontology and study the artistic characteristics and historical origins of Jiangxi folk dance. The data database and theoretical research system thus constructed can support a better solid foundation for Jiangxi folk dance and build on the past. On the other hand, starting from the theory of the inheritance and protection mechanism of dance culture, it is very important for its own development to discuss how to place Jiangxi folk dance in a convenient, fast, easy to circulate and prosperous environment.

### **4.2. The Practical Significance**

#### **4.2.1. The Innovation of Creation Idea Is the Basis for the Innovation of Jiangxi Folk Dance Creation Stage**

Innovating the stage according to the characteristics and trends of the times is the main way to create and practice Jiangxi folk dance. Stage innovation can continuously promote the development of Jiangxi folk dance, make it conform to the development trend of the times, and meet people's changing aesthetic needs. In order to meet the development needs of the new era, Jiangxi folk dance creators must innovate their own creative concepts, which requires creators to always pay attention to social development trends and changes in people's aesthetic needs, and to form their own based on this. To innovate the traditional creative ideas of Jiangxi and explore the expression form of Jiangxi folk dance under the new situation, so as to make Jiangxi folk dance glow with strong vigor and vitality in the process of the development of the times, and it will continue to develop vigorously.

#### **4.2.2. To Improve the Originality of Jiangxi Folk Dance Movements Is an Important Part of Stage Innovation**

In order to realize the stage innovation of Jiangxi folk dance creation, creators should improve the

originality of Jiangxi folk dance movements as much as possible. First, creators of Jiangxi folk dances should avoid imitation and plagiarism as much as possible, so that Jiangxi folk dances can reflect strong originality. Second, the creators of Jiangxi folk dances must deeply excavate the inner spirit contained in the dance movements when creating, so that the spirit and aesthetics shown in the dance movements can match the aesthetic needs of the audience, and at the same time, they must ensure the dance to a certain extent. The originality of the action. Third, although the creation of Jiangxi folk dance is based on the real life of society, the creators cannot blindly follow and imitate when creating, which will only make the creation of Jiangxi folk dance lose its own characteristics and improve the original form of dance movements. It is a potential requirement that every creator should consciously abide by.

#### ***4.2.3. To Enhance the Dramaticness of Jiangxi Folk Dance by Constructing Stories and Characters***

With the continuous development of Jiangxi folk dance, building stories and characters to enhance the drama of Jiangxi folk dance has become an important way to create contemporary Jiangxi folk dance. From the beginning of the Anti-Japanese War to the development of contemporary society, many stories of heroic characters have accompanied the younger generation of children to grow up. With the progress and development of society, Jiangxi folk stories should be more widely circulated, so as to encourage young people not to forget History, hard work, and unremitting efforts to achieve the great rejuvenation of the Chinese nation.

## **5. Conclusion**

Jiangxi region contains rich folk culture, which has a great influence on the life of local people. Folk dance is created by the people of Jiangxi in their lives, which reflects the folk culture of Jiangxi region. Movements, dance costumes and dance venues all have a greater impact. Jiangxi local folk culture is closely related to Jiangxi folk dance. Studying the influence of local folk culture on Jiangxi folk dance is not only conducive to deeply excavating the folk culture contained in Jiangxi folk dance, promoting the inheritance and dissemination of folk culture, but also to the influence of Jiangxi folk dance. Further development has profound practical significance.

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