

## **Analysis of medical students' humanistic care path based on the perspective of ideological and political education work**

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**ABSTARCT.** *With the continuous acceleration of the social development process, more and more attention has been paid to the development of ideological and political education for medical students. Strengthening humanistic care as a means of work for the effective improvement of college students' ideological and political education. Since the 19th National Congress of the Communist Party of China, it has gradually deepened the humanistic care reform of ideological and political education in China's colleges and universities. Based on the combination of ideological and political education work of medical students, this paper interprets the connotation of humanistic care, discusses the meaning of medical students' humanistic care in the field of ideological and political education work, and summarizes the lack of attribution of humanistic care among ideological and political education students. The path of medical students' humanistic care in the field of ideological and political education.*

**KEYWORDS:** *ideological and political education; work horizon; humanistic care*

### **1. Interpretation of humanistic care connotation**

#### **1.1 Humanistic care connotation and core**

The concept of humanistic care affirms people's own value and humanity,

and requires people to have the right to freedom and equality, and to be able to get the liberation of individuality, so that people's rational thinking is respected, and humanistic care will put people's inner spiritual world into the world. In the first place<sup>[1]</sup>. Its main connotation can be divided into three levels, namely, the personal ideals of human beings, the personal values of human beings and the personal life of human beings. Human care in personal life is the most basic pursuit of mankind. Only by ensuring basic humanistic care can the higher ideals of life be satisfied.

### ***1.2 Ideological and political education work perspective medical students humanistic care significance***

(1) The call of the medical students in the era of ideological and political education. After the self-party put forward the concept of "humanistic care"<sup>[2]</sup>, it greatly enriched the political connotation of ideological and political education in colleges and universities, thus strengthening and improving the key guiding significance of medical students' ideological and political education. In addition, as far as the medical students themselves are concerned, they are heading for work, carrying the sacred duty of saving lives and helping the sick and saving people. The service is targeted at people. Therefore, medical students must receive comprehensive humane care education before they go to work. Let them fear life, be good at communication, and care for patients.

(2) Cultivate the realistic needs of contemporary college students' humanistic spirit. We need to put the cultivation of humanistic spirit of college students and humanities education in a prominent position in university education. For most modern medical colleges, the humanistic spirit is a combination of comprehensive, academic and humanistic integration. Medical students must become a qualified medical worker. In addition to a solid grasp of professional knowledge, they also need to strengthen the cultivation of humanistic care.

(3) Medical students have an urgent need for comprehensive development. In the future, medical students shoulder the social responsibility of "health and life." Therefore, medical colleges should improve the professional skills of medical students, and also carry out targeted materials that are of great concern to medical students according to the characteristics of medical students. Modern humanistic

care, such as the needs of the spiritual level, helps them solve practical difficulties, resolves ideological concerns, and guides them to grow into talents<sup>[3]</sup>.

## **2. the ideological and political education medical students lack of humanistic care attribution**

Under the guidance of the scientific development concept, the ideological and political education of medical schools has always adhered to the people-oriented achievements, but at the same time there are many key issues that cannot be ignored. Therefore, humanistic care is largely lost.

### ***2.1 Ideological and political education, Chinese medical students lack humanistic care theory***

The study of medical students' humanistic care, an important part of the research on ideological and political education in medical colleges, requires a complete and operational theoretical system to guide our practice. The main deficiencies are mainly as follows: First, the theoretical depth of scientific research on medical students' humanistic care in ideological and political education is not enough. The concept of not keeping pace with the times and leading to humanistic care cannot be exerted in the ideological and political education of medical students under the new situation. The role it should have. Second,<sup>[4]</sup> there is still a lack of systematic and pertinent research on medical students' humanistic care theory. What is currently being carried out is more research on humanistic care at the practical level, and there is still a lack of guidance on humanistic care at a certain theoretical level.

### ***2.2 The status of the subject and object of ideological and political education has not been balanced***

The main body of ideological and political education in medical colleges is the implementer of the work, and the object is the majority of medical students<sup>[5]</sup>. Due to the influence of the previous social environment, in the goal orientation of ideological and political education, ideological and political workers are doing a good job in the ideological and political education of the medical students

themselves in terms of the stability, development and contribution of the university students. There is still a certain degree of neglect in the development and development, that is, the neglect of humanistic care is lacking to a certain extent, which in turn affects the effectiveness of ideological and political education to a certain extent.

### ***2.3 The effectiveness of ideological and political education needs to be enhanced***

The practical effect of ideological and political education of medical students is the starting point of the ideological and political education of medical students, and it is also the foothold. It runs through the whole system of ideological and political education in medical colleges<sup>[6]</sup>. In the ideological and political education of medical students, they are sometimes busy with specific transactional work, but they have not invested enough in the thinking and implementation of the ideological and political education innovation measures with accumulation, influence and development, which in turn leads to the ideological and political education of medical students. It is still not obvious that there is still a lack of substantial energy input for medical students' humanistic care.

## **3. The path of medical students' humanistic care in the field of ideological and political education**

### ***3.1 Establish a "people-oriented" concept to implement comprehensive quality education***

Ideological and political education must be strong and solid, and must fully mobilize and exert people's subjective initiative. To achieve the "student-oriented" work philosophy, ideological and political workers are required to regard medical students as the starting point for ideological and political education. Under the guidance of good school spirit and academic style in medical colleges, we must pay full attention to the development of the personality of medical students, fully mobilize their enthusiasm and creativity, so that they can establish a correct world outlook and outlook on life, and form a good ideological and moral quality. In addition, the education of medical students cannot be limited to professional

knowledge education. It is necessary to pay attention to the integration of medical education and humanities education, focus on improving the humanistic quality and comprehensive quality of medical students, and internalize the consciousness of "care for life" into the conscious action of medical students. Really understand the goodness of medicine.

### ***3.2 Emphasizing classroom teaching and vigorously promoting medical ethics education***

Education is the foundation, and moral education is the first. Classroom teaching in medical colleges is the main channel for carrying out moral education for college students, especially for medical students, cultivating humanistic spirit and realizing humanistic care. We know that only when medical students are trained in medical ethics, medical students can better implement humanistic care for patients after they are employed. Therefore, in order to enable medical students to develop a "patient-centered" concept, classroom teaching is required. Always follow the medical ethics education. It is necessary to combine the characteristics of college students in the new era, improve the medical education curriculum system, improve the teaching methods of classroom teaching, increase the content of the ideological and political workers, and at the same time teach the teachers themselves to temper the character and practice the medical ethics education into the classroom teaching. Make medical students think and learn.

### ***3.3 Solidly carry out practical activities to improve the personality of medical students***

The good personality quality of medical students needs to be summarized and improved in practice. At present, the practical opportunities offered by medical colleges to students are mostly summer social practice activities, and the needs of medical students to participate in social practice are still not met. It is necessary to create more practical platforms, continuously expand the practice space of humanities education, and strengthen daily social practice and public welfare services, such as carrying out daily investigations including doctor-patient relationship and regular volunteering volunteer activities in the form of research

groups. Let the medical students' personality and quality be honed in these melting pots. Learn what you can't learn in books. Through his own practice and sentiment, he internalizes the knowledge he has learned, gradually improves his humanistic qualities, and improves his personality quality.

### ***3.4 Improve the ideological and political work mechanism to ensure that humanistic care is implemented***

The scientific and rational work mechanism of ideological and political education is fully guaranteed by the humanistic care of medical students in ideological and political education. Medical students' ideological and political departments constantly improve the pertinence and effectiveness of medical students' ideological and political education by improving the employment services of college students, mental health guidance, ideological and political team building, evaluation of ideological and political education effectiveness, and creation of new strategies for students' ideological and political management. At the same time, create favorable conditions, cultivate the physical and mental health and sound personality of medical students, and guide medical students to create a good mentality and mental outlook to study, live and work, and promote the efficient and scientific development of ideological and political education in medical colleges. Baowang humanity care is implemented.

## **4. Conclusion**

*Since entering the new era, China has had better requirements for the ideological education of humanistic care. In the course of work, it has only moved in line with the scientific development concept. Constantly highlighting the main body, optimizing education, and effectively combining explicit education with implicit education, can create a humanistic teaching environment, make humanistic care education keep up with the times, and have better in ideological and political education Play.*

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