

Discussion on the Penetration of Moral Education into Wushu Education of Colleges and Universities

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ABSTRACT. *The college students are a backbone force for China's social and economic development and their healthy growth directly relates to national revitalization and prosperity. Based on the new era, the Wushu education of colleges and universities should focus on the actual ideological, political and moral development of college students and at the same time the moral education should be constantly strengthened. In this paper, the moral education function of Wushu is briefly introduced and then the methods for the penetration of moral education into Wushu education of colleges and universities are studied.*

Keywords: *Wushu of colleges and universities; Wushu education; Wushu morality; moral education*

1. Moral education function of Wushu

Wushu is an important integral part of China's excellent traditional culture. China's Wushu culture is profound and colorful. Either from culture or skills, it has a very strong moral education function. The moral education function of Wushu is mainly manifested by Wushu morality. The Wushu morality refers to the code of conduct for Wushu practitioners and also their moral criterion followed in the social activity as well as moral character. The representative types of Wushu morality include "Honoring teachers and esteeming truth", "Filial piety and justice", "Helping those in distress and aiding those in peril", "Getting rid of the cruel and pacifying the good people" and "Repaying the country with supreme loyalty".

Wushu morality is developmental as it has different connotations in different periods. Based on the new era, Wushu morality is manifested as loving the country; treating people with respect and respecting the teachers; being ready to help others for a just cause, hating injustice like poison and not using his strength to bully the weak; practising hard, being free from arrogance and impetuosity and indomitable and so on. The contemporary college students should earnestly study and deeply understand the Wushu morality in the new era to regulate their own behaviors and thus improve their own ideological levels, political accomplishments and moral qualities.

2. Main methods for the penetration of moral education into Wushu education of colleges and universities

2.1 Penetration of teaching materials - optimize the Wushu teaching materials

The Wushu teaching materials are an important carrier for the teachers to carry out the Wushu education activities. Currently, the lack of Wushu teaching materials as well as the deficiency of moral education content in existing Wushu teaching materials lead to a problem among the contemporary colleges students, i.e. “More brawn than brain“. In other words, many college students only improve the physical quality after studying the Wushu, but their ideological levels, political accomplishments and moral qualities are not yet obviously improved. Based on this, the colleges and universities should organize the teachers to rearrange the existing comprehensive Wushu teaching materials and Wushu teaching materials. By taking “Wushu morality“ as the entry point, the teachers should increase the content concerning the growth experience of Wushu masters and the creation course of Wushu events to let the college students deeply understand Wushu’s role in promoting the ideological level, political accomplishment and moral quality. In the specific practice, the colleges and universities can compile such teaching materials as *Wushu and Wushu Morality*, *Education of Wushu Morality for College Students* and *Wushu Morality and Social and Economic Development* according to the actual physical and mental development of students as well as the study reality of Wushu

morality education. The compilation work of teaching materials is mainly in the charge of expert teams to ensure the scientificity and rigorousness of teaching materials in content.

2.2 Penetration of teaching methods - innovate the Wushu teaching methods

In the current Wushu education of colleges and universities, the teachers usually impart the theoretical knowledge and skills of Wushu to students by explanation method and demonstration method. Many years' practice in Wushu education shows that these two methods indeed can effectively accomplish the teaching tasks. However, the moral education emphasizes the influence and transformation of students' subjective world. If the teachers only take the explanation method and demonstration method in the education process, it is hard to accomplish the teaching tasks obviously. Based on this, the teachers should take such methods as multimedia teaching method, inquiry teaching method and competition teaching method to enhance the moral education function of Wushu. By taking the multimedia teaching method for an example, the teachers can intuitively show the representative figures of Wushu morality and the classical stories to the students by means of multimedia. The rich text, picture, animation and video can obviously strengthen the students' cognition and understanding for Wushu morality. Then by taking the inquiry teaching method for another example, the teachers can arrange some Wushu examples and problems for students in the teaching process to let the students initiatively inquire the moral education content by such means as reading, observation, testing, thinking and discussion.

2.3 Penetration of teaching assessment - attach importance to the moral education assessment in students' Wushu study

In the current Wushu teaching of colleges and universities, the teachers always lay particular stress on the assessment of theoretical knowledge and skills of Wushu in the Wushu study of students but pay little attention to their moral development. However, the vigorous development of China's society and economy in the new era

raises a very high requirement for the ideological level, political accomplishment and moral quality of contemporary students. Therefore, to cultivate the qualified personnel in line with social and economic development, the colleges and universities should attach importance to the assessment of moral education in the Wushu study of students. In the specific work, the students' Wushu etiquette (like hold fist salute and instrument salute), Wushu thoughts (like being positive and optimistic, bearing hardships and standing hard work and striving for excellence) and Wushu behaviors (like respecting teachers, keeping training, uniting schoolmates and taking pleasure in helping people) should be taken as an important content for the assessment of students' Wushu study.

2.4 Penetration of educational environment - create a Wushu education environment favorable for the moral education of students

The colleges and universities can vigorously promote the knowledge about Wushu morality among the students by using such platforms as blackboard newspaper, bulletin board, electronic screen, campus radio and campus network. As for the students who show excellent performance in Wushu morality, the schools also can propagandize and praise them in public among all the students through the above platforms. Based on the vigorous development trend of current new media technology, the colleges and universities can actively educate the students on Wushu morality via WeChat and microblog. The specific method is that: periodically issue the information on Wushu morality (text, picture or video) to the students via WeChat and microblog, request the students to read and discuss this information and encourage the students to forward and collect this information.

3. Conclusion

The demand of current society for talented personnel is no longer limited to their professional knowledge and skills but their ideological, political and moral development. Wushu has taken a very important position in the physical education of colleges and universities for a long time. Based on the demand of current society

for college students' ideology, politics and morality, the colleges and universities should highlight the moral education function of Wushu education, take the principle of "fostering character and civic virtue" as a key link and make the moral education work penetrate the whole process of Wushu education and teaching to realize whole-process and all-round education and create a new development pattern for Wushu education of colleges and universities.

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