

Innovation of Teaching Ideological and Political Courses in Colleges and Universities in Normal Epidemic Prevention and Control

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Abstract: *The sudden outbreak of the epidemic has a serious impact on people's production life and the development of education, but education, as an important element of talent training, needs to actively use information technology to carry out teaching work. The ideological and political education courses in colleges and universities, as an important channel of ideological guidance teaching, need to improve the existing problems in online education at this stage, innovate and reform the teaching mode, enrich the teaching content, mobilize students to participate actively, and realize the efficient and high quality teaching work.*

Keywords: *Epidemic Prevention and Control; Colleges; Ideological and political education*

This paper discusses the innovation of ideological and political education in colleges and universities in epidemic prevention and control as the core. Firstly, we briefly analyze the problems of ideological and political education in colleges and universities at the present stage, and then analyze the teaching innovation from three aspects: teaching concept, teaching content and teaching methods, so as to provide reference for the development of education work.

1. Problems of Teaching Ideological and Political Courses in Universities Occur in Epidemic Prevention and Control

Because of the epidemic, colleges and universities cannot open normally, teaching can only be carried out through online teaching, but because of the lack of classroom constraints there are many problems with online teaching, mainly in the following aspects: first, because teaching is mostly carried out through the classroom, teachers can fully understand the students' participation in the classroom, online teaching is a new type of Although the university carries out online teaching according to the normal time and students enter the online class, when the teacher sees the students online, he/she thinks the students are participating in learning, but he/she cannot know the real state of students' participation in class, some students just enter the online class, but they do not seriously participate in knowledge learning, or even do things not related to the class. In addition, because online teaching is a new teaching mode, it is a new challenge for teachers to carry out online teaching work that can attract students and motivate them to participate in online classes. The application of most teaching modes through online teaching is somewhat restricted, resulting in most students feeling that online teaching is boring and tedious, so they are reluctant to participate in online learning. At the same time, there are also some teachers who are not skilled in the application of online teaching mode and cannot effectively carry out teaching work in the actual teaching process, which leads to the poor development of ideological and political and Political Science teaching work and loses its practical effect. In view of the problems in the teaching work of the ideological and political class in the epidemic prevention and control, colleges and universities need to actively innovate classroom teaching to attract students and make them actively participate in the classroom, so as to ensure the efficient and high quality teaching work of ideological and political courses in the epidemic prevention and control environment.

2. Innovate Teaching Concept

The epidemic has a great impact on people's mental state, life philosophy and life concept in the world. In this context, colleges and universities should actively respond to the current situation, turn danger into opportunity, take the initiative to build, and change from the previous passive form of

acceptance to active acceptance of new technologies, and the development of college ideological and political courses should deepen the reform of the teaching mode, solidify the teaching results, and promote the scientific and systematic nature of the concept innovation in extraordinary times. First of all, the reason of the epidemic has a serious impact on the normal development of ideological and political teaching work, and the teaching work is transformed from the previous physical space to virtual space. The large-scale teaching work breaks the traditional concept of "education space" by squeezing. Compared with other courses, ideological and political education, as an important channel for values guidance education, is more flexible and diverse in teaching methods and contents [1]. During this period, ideological and political teachers should focus on considering how to effectively complete teaching in the virtual teaching space to ensure teaching quality and teaching effect. In nearly two years of online teaching teachers have also gradually accumulated experience, breaking the shackles of classroom and teachers, laying the foundation for ideological and political education content innovation and form reform in colleges and universities. For the normalized development of epidemic prevention and control, it is necessary to develop college ideological and political emergency education strategies through institutionalized forms to meet the requirements of different forms of consciousness for college ideological and political education, integrate online teaching and offline teaching with each other, redefine the concept of ideological and political education classroom time and space, and continuously explore the ideological and political classroom holographic technology. In addition, during the period of epidemic prevention and control, ideological and political education courses need to be used as a precursor to other courses to promote the popularization and practice of curricular thinking and politics. During this period, ideological and political education teachers should fully play the role of "anchor", and the role change can promote teachers of different ages to master the application of information technology. However, the survey found that some teachers simply moved offline teaching contents when carrying out online ideological and political education, and did not apply online teaching concepts and related technologies. During the epidemic prevention and control period, to carry out online education, the ideological and political science teachers need to change their old stereotypical image, strengthen their own "Netflix" role, take students as the center of teaching live in a "Netflix" way, fully understand the actual theoretical needs of students, adapt to them constantly, and solve students' concerns. In addition, they should be able to fully satisfy and solve the problems and theories that students are concerned about, so as to achieve role reinvention. At the same time, teachers need to learn the strategies and techniques of "Netflix" to attract audience, improve offline and online mixed teaching skills, master new technologies of smart classroom and online meeting, meet the flexible needs of students' learning styles and time and space, and uphold the principle of moral education in teaching, and promote students' independent learning with new technologies and devices in English. Once again, the sudden outbreak of the epidemic poses a huge threat to the health and safety of the public, and will put pressure on our ideological work. At this stage, there are still Western countries that smear and stigmatize China without bottom line, and even adopt economic sanctions, threats of force, and technological suppression. . As an important position for ideological education guidance and imparting knowledge, colleges and universities need to give full play to the role of ideological and political education courses, take the ideological classroom as an important carrier and important channel for consciousness work, assume the responsibility of guiding and educating students, and infiltrate the Party history through online education to make students establish correct ideological concepts and firm their political positions [2]. Finally, under the epidemic prevention, the online ideological and political education work in colleges and universities achieves the unity of teaching innovation and teaching effect enhancement. If the side effects produced by the epidemic are fully utilized, it constitutes a long-term teaching system on and offline, which plays an active role in thought leadership, emergency teaching and teaching mode innovation and reform in the special period. Teachers need to transform the full classroom into a micro classroom, research classroom, and individual classroom, and strengthen their emergency response teaching skills to achieve seamless and skilled switching between online and offline during the epidemic rebound.

3. Innovate Teaching Content

In the environment of epidemic prevention and control, in order to ensure the effective development of the political education work in colleges and universities, we need to actively innovate the teaching contents, effectively integrate theoretical reconstruction and value guidance, and provide new materials, new opportunities and new cases for the development of political education work. First of all, the development of online ideological education in colleges and universities should focus on safety education and life and health. As the main channel of ideological and political education courses in colleges and universities, they should strengthen the construction of China and the harmonious

development of man and nature, actively undertake the mission of safety and life health education, use the actual cases happened in the context of the new crown epidemic as teaching materials, and reconstruct the education system of morality, value and ability. To motivate students to correct the value of life, to cherish life, and to respect it, and to revere the natural world. To motivate students to form the ethics of protection, respect, and equality, and to respect life, treat it equally, and protect nature. As educators and guides, teachers need to develop a cherished, optimistic and resilient attitude themselves, consciously identify problems with their own physical and mental health, and actively adjust them. And to strengthen physical exercise, enhance their immunity, strong will, independent development, and be able to develop healthily in the midst of crisis. In addition, in the context of the new era, the development of young people needs to remain of one mind and one heart with the ideals and beliefs of the theme of the times, assume historical responsibility, hone hard, motivate and study diligently, and grow and shine healthily in the era of struggle. In the epidemic outbreak, many post-90s health care workers and volunteers came forward to show the responsibility of the post-90s through their own practical actions. Therefore, teachers in the ideological education of colleges and universities can actively apply actual cases to show students the positive and sunny image of youth in the new era, and enhance students' ideological awareness by setting up role models who can give full play to their values in the future campus and social life and dedicate themselves to socialist construction [3]. First, ideological and political education needs to actively clarify students' beliefs of serving the motherland and having high aspirations, prompting them to dedicate themselves to the country and the people, integrate their small selves into the big national selves, and share the same fate and pace with the people and the times. Second, to guide students to develop the spirit of relentless struggle and hard work, to encourage them to do every little thing, to sharpen their consciousness and forge their character. Third, to strengthen the formation of students' spirit of responsibility and rising to difficulties, so as to realize the enhancement of students' sense of social responsibility. Finally, the education of Chinese spirit needs to be strengthened. The development of the nation needs the spirit as support, and the greatness of the country needs the indomitable spirit. The red gene and excellent culture need to be infiltrated in the ideological and political education of colleges and universities on the college line. At present, because of the lack of attention and teaching design in the actual teaching, the spirit education stays at the case level, with insufficient systematization and insufficient education. Ideological and political education teachers in colleges and universities need to actively apply cases that reflect national cohesion in the context of epidemic prevention and control to highlight the spirit of sincere unity of our great nation and encourage every student to go forward and move forward. Teachers should take the generation and development of revolutionary spirit as a clue to strengthen spiritual education, and permeate the spirit of struggle, unity and dream in their teaching. At the same time, establish practical teaching system and online teaching system of ideological and political education in colleges and universities, so that students can fully feel the spirit of China.

4. Innovate Teaching Methods

During the epidemic prevention and control period, online teaching becomes the basic guarantee of "stop teaching and learning". In order to realize the effective implementation of online ideological and political education courses in colleges and universities, we need to fully integrate the traditional advantages of offline teaching with the advantages of online information technology to achieve teaching innovation. First of all, offline teaching can create a lively classroom atmosphere and mobilize students' enthusiasm to participate in the course through the interaction between teachers and students, but there are more parameters in the offline classroom, so it is impossible to carry out random tests, carry out targeted teaching work according to students' personalities and effectively answer students' doubts. Online teaching of course also has certain problems, through online teaching can automatically save teaching videos, can prompt teachers to prepare lessons carefully, through the Internet to build a community, easy to communicate between teachers and students at any time and anywhere, to achieve the "student-centered" teaching concept, to meet the needs of different students. However, some students are resistant to and panic about online learning, and some teachers only transfer the offline teaching mode to online teaching, which leads to a lack of rituals in teaching work and low recognition of online teaching work by teachers and students, and increases the difficulty of classroom management, which requires students to actively participate in class and depends on students' self-control ability. Therefore, the innovation of ideological and political education content in colleges and universities should deeply integrate the advantages of online and offline teaching, promote the innovation and reform of teaching mode, and make technical, ideological and theoretical preparations [4]. In addition, students need to be given enough care through online teaching as well as interaction. The online teaching process needs to give timely responses to students' realistic and major theoretical concerns and

give full play to the ideological education role of ideological education courses in colleges and universities. For example, during the epidemic prevention and control period, the U.S. played the "epidemic politics card" which, if not guided and clarified in time, would lead some students to agree with the rumors. Therefore, teachers need to explain clearly, through theoretical analysis and classical exposition, the sinister intentions of the U.S. in attacking and discrediting China, and guide students to have a correct understanding of the epidemic issue. At the same time, teachers need to take advantage of the interactivity and readiness of online teaching, through questionnaires and other means, to understand students' cognitive conflicts and confusion in a timely manner, and provide targeted explanations to eliminate the impact of erroneous ideas on students' physical and mental health growth.

5. Conclusion

In summary, the epidemic has lasted intermittently for two years, and in the face of the impact of the epidemic on the development of teaching and learning, it is necessary to give full play to the role of ideological and political education courses and play a pioneering role in the development of other courses. At present, online teaching has become the main teaching mode under the epidemic prevention and control. For the sudden improvement of teaching mode, in order to ensure the effective development of ideological and political education work, it is necessary to innovate the teaching of ideological and political education courses, starting from the teaching concept, teaching content and teaching methods, enriching the content, innovating the mode, strengthening political guidance, and prompting students to establish correct ideological concepts.

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