

# Research on Resource Guarantee of Social Sports Specialty for Community Sports Development

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**ABSTRACT.** *Through using the method of documentation to analyze the development problems of community sports, this paper finds that school physical education cultivates excellent talents, provides infrastructure and lays a solid foundation for the development of community sports. That school physical education provides resource guarantee for community sports is the further popularization and development of national fitness campaign, the socialization of school physical education and the improvement of the practical social value of school physical education. School physical education is an inevitable demand, an important guarantee, an important way and an effective guarantee to alleviate and improve the deficiency of social sports resources.*

**KEYWORDS:** *School physical education; Community sports; Resource guarantee; Ways*

## 1. Introduction

Sports is composed of athletic sports, school physical education and social sports. For a long time, China's physical education has been impacted by the concept of winning gold medals, which results in a clear imbalance in the development of social sports and athletic sports in China. China's social sports have serious drawbacks, such as deficiency of resources and imperfect organization and development system, which lead to the lagging development of social sports and have become the main factor affecting China's entry into the world sports power [1].

The development of community sports, which needs a long transition period, can not be achieved overnight. Therefore, in the process of the development of community sports, we should learn about the reasons for promoting the development of community sports so as to better promote the development of community sports. The development of community sports, apart from relying on the power of the government, which can provide sufficient funds, can also be achieved through individual investment. Another important factor is the development of school

physical education. Community sports is the embodiment of the further development of school physical education.

## **2. The Relationship between School Physical Education and Community Sports**

### ***2.1 School Physical Education Cultivates Excellent Talents for the Development of Community Sports.***

Colleges and universities are the key places to cultivate talents in all aspects of construction in China, and they have provided a batch of talents with excellent professional skills, good psychological quality and good health for the society. The cultural life of sports in universities, whose benefit can not be ignored, is of great significance to college students. School physical education will benefit college students in their whole life. Through analyzing the development situation of community sports in different provinces and cities in China, it is found that only 3% of the administrative staff of community sports are professionals, 22.1% of them are part-time workers and the others are retirees. Through the analysis of these data, it can be seen that many administrative staff of China's community sports are amateurs, and most of them are retirees. Qualified talents are greatly in short. In view of the limitations in the development of community sports, school physical education can make up for the shortcomings and provide a batch of personnel with strong management ability for community sports. These people are of good sports attainment and can lead the development of community sports.

### ***2.2 School Physical Education Provides Infrastructure for the Development of Community Sports.***

In the process of developing community sports, the investment of sports facilities is very important. In particular, the development of material basis of community sports has a great impact on residents' physical exercise. Many residents are dissatisfied with the existing sports facilities, which has a negative impact on the development of community sports. According to relevant investigation, research and analysis, China's sports resources are mainly in schools and institutions, whose sports system venues accounted for 23.4% of the total sports venues. Chinese residents do not have formal sports facilities in places where they exercise, nor do they have formal places for sports.

### ***2.3 School Physical Education Publicizes Sports Knowledge and Fitness Awareness, Which Lays a Solid Foundation for the Development of Community Sports.***

China is a big country with a large population, a vast territory and greatly varied levels of economic and cultural development in various regions. Many people do not have a good understanding of community sports and can not actively participate in

community sports activities. Many residents do not have a good sense of health, which leads to the unhealthy development of community sports. School physical education provides technical support and talents for the development of community sports, and is the most direct driving force for the development of community sports. Only by integrating school physical education and community sports in the process of development can a good sports culture be established, making China's education and sports promote each other.

#### ***2.4 Problems in the Development of Community Sports and School Physical Education***

The development of community sports in China is still in the preliminary stage. Many sports facilities can not keep up with the development of community sports. The ages of community residents participating in community sports activities are uneven. Most of them are middle-aged and old people and young people seldom participate in community sports, which leads to the imbalance of population age structure in the development of community sports.

In schools, teaching staff of PE are very powerful but few of them participate in community sports work. PE Teachers are very experienced in sports activities and can provide guidance for community sports. However, there is a low proportion of school talents in community sports.

### **3. Deficiency of Resources is an Important Factor That Causes the Lagging Development of Community Sports in China.**

Community sports is the unit structure of social sports. The current situation of community sports development will directly reflect the overall situation of social sports development. At present, the main factors affecting the development of community sports in China lie in the deficiency of relevant resources, which are reflected in the following aspects.

#### ***3.1 Shortage of Material Resources***

Material resources of sports mainly include: sports venues, equipment and related ancillary facilities. At present, the main factor affecting the organization and development of community sports is the serious deficiency of sports venues. Due to the influence of economic interests, the design and layout of the landscape of the community are often overemphasized while the development and construction of sports fitness venues are neglected in the planning and construction of the community. There are also serious deficiencies in the maintenance of fitness equipment, rather serious phenomenon of equipment damage and relatively low utilization rate. Some community fitness equipment either are idle or become residents' tools for drying clothes and storing things. Thus, the deficiency of community sports resources caused by objective conditions or human activities has

become a practical problem to be solved urgently [2].

### ***3.2 The Deficiency of Human Resources is the Main Cause of the Disordered Development of Community Sports.***

Community is the most basic administrative organization in China, which is responsible for solving the complicated affairs or contradictions in residents' daily life. Due to the constraints of the posts, there are hardly any full-time personnel in charge of community sports affairs. Therefore, the deficiency of human resources has resulted in the lack of necessary organization and regulation in the development of community sports. At present, the development of community sports activities in China has obvious spontaneity. Residents carry out relevant fitness activities according to their own fitness needs. However, this spontaneous behavior often presents a state of disorder and weak succession due to lack of necessary assistance, help and guidance. At the same time, due to the lack of organization and appeal of relevant personnel, the majority of residents often go out of the community to participate in square sports or park sports when participating in fitness activities. Due to the deficiency of human resources of community sports, it can not fully meet the residents' desire for sports, and the national fitness campaign is limited to a certain extent. At the same time, it will also have a serious impact on the fitness activities in harmonious communities [3].

### ***3.3 The Serious Deficiency of Institutional Resources is the Primary Factor Affecting the Sustainable Development of Community Sports.***

The so-called system is the rules or norms that all social members should abide by, and it has an important regulative effect in the behavior of all members. As the basic form of social sports, community sports development must follow relevant rules. However, there are obvious deficiencies in the establishment of the development system of community sports in China, which are mainly reflected in two aspects. First of all, the rules of development is imperfect. In addition, the planning of the development is imperfect. It has resulted in serious constraints and obstacles for the development of national fitness campaign and the construction of harmonious communities.

## **4. Analysis of the Necessity of Providing Resources Guarantee for Community Sports by School Physical Education under New Situation**

### ***4.1 School Physical Education Provides Resource Aid to Community Sports and Meets the Needs of Social Development.***

Compared with community sports, school physical education has more perfect sports venues, complete teaching facilities, high-quality faculty and a large number of students. These prominent resource advantages allow school physical education

to meet the necessary requirements to provide resources for the development of community sports. Along with the continuous innovation of school physical education system, it has become the mainstream trend of school physical education development to prevent interference of examination-oriented education and strong competitiveness of sports, to avoid narrow teaching concept, to strengthen contact and communication with social sports, and to comprehensively improve its social practical value [4]. Therefore, in order to fully cater to the development of the national fitness campaign, school physical education should follow the principle of adapting and satisfying the development needs of the national fitness campaign and promote and guarantee the development of community sports by outputting its own resources, which can better the concept of school physical education and make it more practical. At the same time, it can effectively promote the in-depth popularization and development of national fitness campaign.

#### ***4.2 The Combination of School Physical Education with Community Sports is the Guarantee for the Socialized Development of School Physical Education.***

Although school physical education has dual attributes of social sports and competitive sports, viewed from the mainstream of its development, social sports is the destination of its development. The main reasons are as follows. Firstly, students have acquired certain sports skills through school physical education, and its effectiveness needs to be tested in the practice of social sports. Secondly, various talents needed for the development of social sports need to be trained and sent by school physical education. Thirdly, there are only a very small number of students who have received school physical education will take up competitive sports, and the majority of them will engage in social sports in the future. In order to realize its practical value and promote the further development of school physical education, school physical education is required to perfect the combination, exchange and integration between school physical education and social sports [5]. Therefore, realizing the resource guarantee of school physical education for community physical education development is not only an important way of contact and integration between school physical education and social sports but also an important guarantee for the realization of the socialization development goals of the schools.

#### ***4.3 Establishing the Output of School Physical Education Resources and Participating in Community Sports Practice***

The view of practice in Marxism holds that practice is the only criterion for testing truth. As for school physical education, the only criterion to test its teaching effect is its social practical value, which is reflected in the practice of participating in social sports. So active participation in social sports activities has become an indispensable part of the development process of school physical education. Therefore, it is highly urgent and necessary to effectively solve the deficiency of community sports resources by applying scientific and effective means. School

physical education can effectively connect with community physical education through the output of resources. In the process of resource output, school physical education can effectively combine with community sports. In the segments like organization and design, the concept of social sports can be deeply rooted in the mind of the teachers and students, and then in the process of teaching activities, their shortcomings will be corrected and their missing points will be added so as to lay a solid foundation for the establishment of socialized teaching development model [6].

#### ***4.4 Realizing the Resources Guarantee of School Physical Education to Community Sports***

The development of community sports, because of the deficiency of resources, has been greatly restricted. At the same time, it is also the most real reflection of the current situation of China's social sports resources. Along with the adjustment of China's sports development strategy, more and more attention has been paid to the development of social sports, whose value has been fully affirmed, and residents' awareness of social sports is rising. However, the obvious deficiency of resources in the development of community sports has become a "stubborn disease" that affects and restricts itself in China. In view of this, it is the obligations and responsibilities of school physical education, which is closely related to social sports, to actively mobilize, develop and integrate the relevant sports resources and provide necessary resources assistance for the development of social sports in the new situation. Through the output of related resources, school physical education not only helps to realize the integration of social sports elements and guarantee the realization of its socialized development goals, but also effectively alleviates the contradiction between development and security caused by the deficiency of resources in community sports to a certain extent, and improves the unfavourable situation of the lagging development of community sports caused by weak guarantee of resources. Therefore, school physical education has dual social effects for the development of itself and community sports.

### **5. Conclusion**

Seen from the surface, school physical education has obvious advantages in resources. While considered from the internal aspect, community sports contain abundant potential resources, which are indispensable support and guarantee for the development of school physical education. Under the background of promoting the popularization and development of national fitness campaign and establishing the goal of socialization of school physical education, it is a brand-new requirement for the school physical education to strengthen the resource assistance to the development of community sports, establish the channels of resource exchange and realize the resource sharing between them.

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