

Research on Chinese Football Competition System and Training System

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ABSTRACT. *Our country's football competition system and training system have been initially established, the level of each component has been improved to a certain extent, and the functions have been reflected to a certain extent. However, its constituent elements still exist: the competition goals are not unified, the organizational structure is not reasonable, the competition system is not perfect, the competition resources are not rich enough, and the rules and regulations are not perfect. Therefore, the establishment of a complete and relatively stable competition and training system is an urgent problem to be solved at the current stage of the development of football in my country. This article draws on the successful experience of the world's football power competition and training system layout, according to the growth law and football training law of the world's outstanding football players, combined with my country's national conditions and the current development of football, proposes a Chinese football competition and training system plan and professional team training. Process structure and youth football training outline. The full implementation of the competition system and training system will play an important role in the development of football in my country, especially the popularization and improvement of youth football.*

KEYWORDS: *Chinese football, Competition system, Training system*

1. Introduction

Football competition is the only way to train football players to become talents. Since the application and proficiency of many basic technologies can only be achieved through competition, it can also be said that football competition is a necessary means and way to train football players. The outstanding contradiction facing the current football competition in our country is that there are too few competition types and games, the stability and consistency of the competition system, and the failure to establish a one-stop competition system from elementary school to middle school and middle school to university. As a result, coaches and athletes have better exercise opportunities. The level of scientific football training and athletes' competitive ability is low. In order to promote the sustainable and healthy development of football games, we objectively require us to build a reasonable and complete football competition system and training system.

2. The Main Problems Existing in the Current Football Competition in My Country

First of all, speaking from the competition system. The main problem is that the system of my country's football competition system is unreasonable, and the unreasonable setting of the system has also caused many problems. Taking the Chinese Super League as an example, the main problems existing in the current Chinese Super League management system are: the main body of management is not divided between government and society, management and office; professional league supervision system is lacking; the management power of the Chinese Super League committee is limited. ...This has led to the fact that Chinese football wants to flex its muscles, but there is no venue to flex its muscles; the dream of breaking out of Asia can only be accomplished in the dream. In addition, the chaotic competition system and the unclear competition mechanism caused the phenomenon of "gambling" is also a major problem in the football competition system in our country. A few days ago, insider trading, black whistle, buying, selling and other phenomena in the football market have become commonplace, and the public is no longer surprised by it. Usually the public regards football as a "noble sport", and the high requirements for hardware and software can only be regarded as part of the reason for this view, and another part of the reason may be related to the problems of the football market. Although competition can lead to progress, there are serious vicious competition problems within football in our country. Secondly, speaking from the training system. The main problem is that the related software and hardware facilities for football training are not complete. For large cities like Beijing, Shanghai, and Shenzhen, there may not be problems such as lack of training venues, inability to purchase sports equipment, and difficulty in introducing training talents. Even if students in these places do not receive football training during class, they still have the conditions to receive training and training in this area on weekends and holidays, as long as the students have interest and needs in this area. However, China's current urban hierarchy is still dominated by small and medium-sized cities such as Changsha, Guizhou, and Kunming, among which remote mountainous and rural populations account for more than half of the country's total population. In these areas, due to economic, transportation, cultural level and other conditions, the relevant departments cannot introduce talents, nor can they pay huge amounts of funds for football training. Even if the local students have a strong interest in football, they can only use the ball as a football to quench their thirst.

3. Construction Path of Chinese Football Competition System and Training System

First of all, speaking from the competition system. The core position is to implement the internal reform of the football system, separate the administration and the management from the office, and realize the two operating modes of the administration and the society. The administration should do a good job in the administration, and the society should do a good job in the society. In this way, the internal mechanism can be made clear, and the fuzzy and chaotic borders can be

removed, so that football players, coaches, etc. have the opportunity to make a big splash. At the same time, relevant government departments should also actively train relevant researchers, discuss and study the successful experience of the world's football powers' competition system, and formulate rules and regulations suitable for Chinese football players and football leagues based on the special circumstances of our country. , To transform the vicious competition in the past into benign competition, so that football can develop into a sport with connotation and realize a virtuous circle. In addition, my country should also actively strengthen its ties with the FIFA and world football powers, actively listen to their opinions, and let them use their experience to "consult" my country's diseases. For bad habits in the football market, such as black whistle, gambling, and dark trading, The government supervision and inspection department should strengthen relevant crackdowns, actively investigate and deal with these problems, and fundamentally contain these problems, so that the existing ones can be eliminated and the signs of elimination should be eliminated. The legal department of the government should also formulate relevant industry rules and laws to fundamentally curb these problems.

3.1 Establish a Competition Qualification System and Competition Reward System

Competition eligibility refers to the eligibility requirements for participating teams to participate in relevant events. On the one hand, the National Campus Football Leading Group can work with relevant departments to formulate strict and unified student-athlete registration, registration management systems, and publicity systems. Online registration and registration can be used to track registration and unified management of young student athletes. Any student who has registered in the youth football registration system can not only participate in games organized by the sports system, but also participate in games organized by the education system. Acknowledge that registration information is shared, and all participating students are strictly required to achieve good academic performance. On the other hand, the national campus football office and the local campus football office should establish a league report mechanism and review mechanism. It is strictly forbidden for campus football to be deployed in cities or designated schools to make fraud in the league, and it is strictly forbidden to violate the fairness of sports competitions such as centralized adjustment of student players in pursuit of ranking. If the phenomenon of sports ethics and sports ethics occurs, if it is discovered and confirmed, the corresponding qualifications will be immediately cancelled, and the criticism will be notified throughout the country or in various regions.

3.2 Fully Tap the Market Potential to Enhance Self-Hematopoietic Function

In the current market economy environment in our country, the operation of any work must be based on market laws and act in accordance with laws. Football competition activities are in the tide of the market economy. You cannot rely solely on government and school funding to carry out games. Concepts should be updated. Under the premise of administrative funding, the market potential of football

competitions should be fully tapped and the support and cooperation of social resources should be obtained. . Form a multi-form, multi-dimensional, multi-level fundraising, continue to enhance the self-hematopoietic function, solve the funding problem of youth campus competitions, to ensure the continuous and steady development of football activities.

Football competition is the only way to train football players to become talents. Since the application and proficiency of many basic technologies can only be achieved through competition, it can also be said that football competition is a necessary means and way to train football players. An important problem facing the current campus football competition in our country is that there are too few competition types and games, the competition system is unstable and incoherent, and the competition organization is not reasonable. As a result, the training level of coaches and youth competition ability are at a lower level. Campus football competition is one of the main content of campus football activities. In order to promote the continuous development of campus football to a higher level, we objectively require us to extensively organize and carry out various internal and external football competitions.

3.3 Improve the Competition Training System

From the training system, the most important thing is to strengthen investment in football sports and introduce football training professionals. It is not only the introduction of world-class coaches for the national football team, but also the introduction of talents to schools in some small and medium-sized cities and remote mountainous areas, so that football fans in these areas can be exposed to football and receive football training. So as to jump out of the elite among these fans, and contribute to the future development of my country's football industry. At the same time, government departments should also formulate a number of plans to support the construction of schools in small and medium-sized cities and remote mountainous areas, public places football venues and related facilities, such as providing regular financial support to remote mountainous areas to maintain the construction of football venues and to develop large cities and remote areas. "Football training hand in hand activities" in mountainous areas, etc. In addition, for regions and departments that currently have the ability to develop a youth training system, develop a youth training plan to make the youth training system clear, reasonable, and fair, and implement a elimination system for the survival of the fittest to allow capable players to enter the national team. So as to bid farewell to the current problem of old football team members failing to meet after retirement.

Finally, my country's football competition system and my country's football training system should strengthen the connection. Put the competition system on the training system, attach the training system to the competition system, and the best way to connect the two closely is to launch more professional leagues. Professional leagues look at the real level of football players, and the shortcomings found in the game need to be strengthened in future training. On the contrary, when training, not only should the basic skills of kicking be trained, but also the skills and methods for

achieving good results in the competition style should be actively studied. From the perspective of world football powers, they hold different football leagues every quarter to test the level of football players. It is still a good choice to test one's level in the competition and competition system, and it is also worth exploring and developing.

4. Conclusion

Based on the current research on the Chinese football competition system and training system, this article analyzes the problems in the current football development process. The main points are the chaotic competition system, the serious dark trading in the football market, and the training system. The lack of conditions is determined by the mutual restriction of the overall industry level of domestic sports and economic development. Based on these deficiencies, the author also proposed corresponding improvement strategies, mainly to strengthen the internal reform of football and create conditions for the youth training system. Only in this way can Chinese football be able to break out of Asia and into the world.

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