

A Study on Lin Daiyu's Character Image from the Perspective of Satya Iceberg—Take Lin Daiyu's Early Experience in a Dream of Red Mansions as an Example

Yizhuo Yang^{1,a,*}

¹School of Music and Dance, Zhengzhou University of Science and Technology, Zhengzhou, China

^ay8888882023@126.com

*Corresponding author

Abstract: The iceberg theory created by American family education psychologist Vonja (Virginia Satir), which refers to a person's "self" is like an iceberg, we can see only a few part of the actions on the surface. Analyze Lin Daiyu in a Dream of Red Mansions with the help of iceberg theory. A Dream of Red Mansions is based on the rise and fall of the four major families in the feudal society. The characters in the book are highly personalized. Among them, Lin Daiyu is a very controversial figure, she is sentimental, naturally withdrawn, opposed to feudalism, the pursuit of free love. Through our research, we find that Lin Daiyu is a person who expects to get love, desires to be accepted, and at the same time has a strong sense of self-awareness and pursues freedom. With the help of the iceberg theory of Lin Daiyu, the charm of the characters will be felt more deeply.

Keywords: Satya theory; Iceberg theory; Lin Daiyu; Female self-consciousness; Early experience

1. Preface

This article mainly discusses the influence of Satya on family education. Based on the Virginia-Satiya. This paper from the behavior, coping, feelings, viewpoint, expectation, desire, self-seven aspects of Lin daiyu in the life of this course research to further analysis of "satya iceberg theory" to explore the development of family education and influence, well through case analysis to explore the application of satya iceberg theory in family education. Deepen your understanding of the course. According to the research method, you can see a new field and see your true self.

The Dream of Red Mansions was created in the feudal period of Chinese society by Cao Xueqin in the Qing Dynasty. In the book to the Jia Baoyu and Lin Daiyu love and marriage tragedy as the center, write the rise and fall of the four major families. It reveals the end of the dark hierarchy of feudal rule, men and women, children and many other conflicts. It profoundly reflects the characteristics of the prosperity and decline of the feudal society. Expressed the author's new hazy imagination. In the book, the heroine, Lin Daiyu, is the crown of the twelve women in Jinling. She lived for many years, naturally proud, sentimental, not good, disdain all kinds of sophisticated way of people. She was well-read and knowledgeable, and was a supporter of the feudal ethics and the pursuit of free love. Lin Daiyu's so contradictory and charming character, her behavior and the way to deal with problems are all the problems we need to think about.

With the progress of literature development, the exchanges between various disciplines and literary works collide with each other, and have a close connection. Psychological theory has also been further expanded and widely recognized in its field. Psychological theory has gradually been integrated into the analysis and interpretation of literary works, becoming the frontier field of literary research^[1]. To view the classic characters in literary works from the perspective of psychological theory is not only helpful to understand the psychological activities and changes of the characters, but also to understand the author's ability of humanistic psychological perception and the authenticity and creativity of psychological description from a new perspective^[2].

2. A satya iceberg theory

In this paper, Vicinia Satya (Virginia Satir), the founder of Satya therapy, was used to explore and summarize the theoretical rules according to his own clinical practical experience. Her theory of the iceberg is actually a vivid metaphor that the individual "self" is like an iceberg rising from the bottom of the sea, and thus naturally divides two parts above and below sea level.^[3] The psychological treatment method created by Satya is the exploration of icebergs, which allows us to see the inner feelings, opinions, expectations, desires, and vitality of an individual's life. Each person has his or her own iceberg, and by exploring their icebergs, you can understand the individual and reveal the reasons and true meaning behind their actions.

3. Lin Daiyu floating on the 'iceberg'

According to years of experience, Satya divides the iceberg theory into behavioral levels and coping mode levels. The behavior hierarchy includes the story content and the behavior. It is the top layer of the iceberg. Psychology represented by Satya believes that to understand a person's behavior and emotions, one must first understand the relationship pattern in the person's family. There are complex interest disputes in the mansion, all kinds of darkness and evil and grand view garden such 'sentimental' utopia, the hero of this article Lin Daiyu its behavior performance also live with the glory of the mansion has a great relationship. Psychology believes that human character is shaped especially by early experiences. Whether Lin Daiyu's last lonely and proud personality is related to her early family experience, what factors are there in, and how these factors affect her behavior and coping style. These are the questions we need to think about. Let's explore the charm of the characters step by step.

The Lin Daiyu that was born in qingstream family is the daughter of Jia Min of Rongguo mansion and Lin of Yangzhou patrol salt, she is clever and delicate very rich aura, parents look as treasure. Rich family conditions also enabled her to receive a good education, these factors without exception made her form a very high self-esteem. At the age of five, he went to school, his mother died early at six to seven years old, sent to his mother at the age of ten, often living in Jia Fu, his father died at the age of eleven. After that, Daiyu was like a kite with a broken line and had nowhere to support it. The changes in the external environment made her form a sensitive and suspicious character.

In the third book; Daiyu often heard her mother say that Jia Fu is different from other families. Therefore, step by step careful, always care about, refused to easily say a word, one more step, for fear of being laughed at. The seventh time; Zhou Rui's home to Daiyu, three spring and Sister Feng to send palace flowers, finally sent to Daiyu, Daiyu asked is the sisters have or only their own, in the sometimes sneer, 'I know, others don't pick the rest of me. However, everyone has multiple faces. Lin Daiyu is not only sensitive and suspicious. Forty-eighth time; Xiangling Yu Daiyu taught her to write poetry, Daiyu did not like Baochai confined to the rules and refused, also did not refuse because Xiangling is a person, but let Xiangling to worship her as a teacher, encourage Xiangling to learn poetry, teach Xiangling to learn the essentials of poetry. Twenty-second time; Baochai's birthday party, Xiangyun said that Dai Yu looks like an actor, Baoyu is afraid of Daiyu angry and busy to Xiangyun, Daiyu thought Baoyu did not understand her very angry. In fact, Daiyu cannot afford to play this kind of joke, she was sad because others do not know it, Baoyu also felt that he is a small sex person.

Lin Daiyu's all kinds of behaviors are full of contradictions, when Cao Gong is creating such a character, did not write her as a simple boudoir woman, she still carries the pure purity of the poet through the ages, with the author to romanticism, to the beautiful life, infinite passion and love.^[4] The education she has received since childhood makes her kind, frank and pure, sincere, disdain to be sophisticated, and full of spiritual power. Her childhood experience also made her sensitive, suspicious, inferior, and worried. It is precisely because of this that the role of Lin Daiyu is full of color and vivid image, which makes the readers clearly feel the charm of Cao Gong's characters.

4. The secret under the iceberg

The iceberg forms a huge and complex internal system from bottom to top, as the interior of an individual iceberg, providing a continuous and imperceptible power for the outside [5]. Above the iceberg is only a small part, and people's behavior and attitudes are just the tip of the iceberg. The levels of coping styles under the iceberg include feelings, opinions, expectations, desires, and selves. This part is hidden under the iceberg, contains huge energy, is difficult to detect, is the real motivation

for people to do and behave.

4.1 Unless feelings, opinions

Lin Daiyu has no brothers and sisters, brother died early, mother died, after coming to Jia Fu, not a few years father also died.

The great change of the court affected the formation of Lin Daiyu's character seriously. It makes Daiyu become sensitive and fragile and sentimental. When entered Jia Fu, Lin Daiyu's heart was full of uneasy. Without her parents around, it was not easy for her to go to her relatives alone. What's more, it is the Jia Fu that rules very much, such a situation makes Lin Daiyu feel very uneasy to the future life. Such as the sixty-second time in the book said: "in the grand view garden divided different people to manage different affairs, Lin Daiyu said; 'This is good, our family is too expensive, although I care, but for you a calculation, out more into less, now if not frugal, will not hand. Baoyu smiled and said, 'Even if the back hand is not connected, we are not indispensable. Lin Daiyu used 'must send' two words, she realized that, do not reduce, Jia Fu is really finished. And she fell in love with Jia Baoyu, Jia Fu heir of the future, not the slightest worry. In the book, Lin Daiyu made [buried flower Yin] 'next year although the flower hair can be pecked, but not honest people to Liang empty nest also pour'. Next year, when the flowers bloom, the birds can peck the flowers. How can we expect that the owner is long gone, the old nest has fallen, and only the beams is empty. Lin Daiyu's poem actually expresses her concern about herself and Jia Baoyu's future. From yearning to loss, from loss to despair. Feeling is the most real experience deep in a person's heart, which is inspired by the current events. From the above sentences, we can see that Lin Daiyu's feelings are worried and uneasy, which is based on the reaction of what happened in childhood. Jia's corruption in the mansion makes Lin Daiyu feel uneasy. It turns out that Lin Daiyu felt right.

4.2 Look forward to love

The expectation under the iceberg is divided into your expectations for others, your expectations for yourself, and others' expectations for yourself. Daiyu's expectation is mainly reflected in the expectation of others. In addition to the decline of family and misfortune, her sentimentality is mainly caused by the emotional entanglement between her and Baoyu. The love is a pair made in heaven, two people agree with ^[5]. But this 'wood and stone before the alliance' is not blessed by the majority of the people of Jia Fu. As the Lin Daiyu of a lady, was born in the family of Qing noble that everyone envies at that time, her heart is affected by the environment since childhood. Have infinite love to Jia Baoyu she cannot export, there are many questions she cannot export. She expects Jia Baoyu to love her, too. In the eighth place of the book: "Also listen to you. I usually say all when the wind, she said you follow?" Twenty-eighth time: Lin Daiyu mood low said: "I have not so great blessing experience, than not treasure girl, what gold what jade, we are just the people of vegetation!" Insecure Lin Daiyu, can only take words to test Jia Baoyu, to stimulate Jia Baoyu, in order to prove that Baoyu loves her. As Bao and Dai, she said when they dug each other, I am for my heart, is for this heart, so although there is full of words but cannot say it. Finally, always with "mean" words to expect Baoyu love.

4.3 The desire in loneliness

Desire is shared by human beings. Everyone wants to be loved, accepted, belong, safe, valuable, etc. Lin Daiyu has always been defined as a guest in Jia Fu, and she is eager to be accepted and be loved. Lin Daiyu's sense of dependency, runs through her life. Lin Daiyu once told Xue Baochai, "How do you compare yourself with me? You have a mother and a brother. There is also land for sale here, and the family still has houses and land. You're just a relative. Just leave. I have nothing, food and clothing, every tree and grass, all like their girls, that villain is not too much?" In the twenty-sixth time of the book, Lin Daiyu asked Jia Baoyu to play, but Qingwen did not open the door, but Baochai was in the yard. Daiyu was so sad that she thought, "Although my uncle's family, like my own home, is a guest. Now parents dead, helpless, now his family, if really angry, also feel boring." Although Lin Daiyu is also rich and fed, but to her own definition is the guest side. This kind of sadness and pressure, so that she cannot find a home in the Jia Fu. The feeling of drift, the powerlessness of fate, let Lin Daiyu more sick and sad.

4.4 True self

The ego is at the bottom of the iceberg theory and also in the highest state of life. It is the embodiment of vitality, spirit and spirituality. Lin Daiyu was ahead of that time, with a strong sense of female self-subject. In that era when a woman had no talent and no virtue, she showed her talents and led the lead, and many men were not as knowledgeable as her. It is a reflection of her spirituality. Lin Daiyu is high and clean heart, in the flower Yin "quality this clean to clean, stronger than the dirty mire ditch" expressed the affirmation of their own good quality, hope not to be polluted by the secular, clean born, clean death. In the face of everyone's eyes "not enterprising" Baoyu, never take secular conditions to ask, she allowed Jia Baoyu to do their own. Lin Daiyu is still brave, she strives to pursue free love. In the feudal society, many women relied on men to live, and they married well as the ultimate goal. In love, Daiyu does not want to put herself in a low-class position, and she hopes to pursue the true free and pure love together with Baoyu. At that time when her parents 'orders and matchmakers, she and Baoyu really loved each other and was Baoyu's alliance against feudal ideas.

Lin Daiyu's early family changes caused her sensitive, suspicious, proud character, at the same time good education also makes her knowledgeable, noble heart. These factors form her "weird" behavior and give her the sense of pursuing free love. Lin Daiyu, who is a charming and lovely girl, a kind and sincere friend, a gentle and meticulous lover, but also a lofty and proud poet [7]. That is unworldly contamination, the most true oneself.

5. Conclusion

On the basis of satya theory, this paper studies the iceberg theory about personal experience and family of origin. This theory shows that a person is associated with her family of origin and personal experience, and this connection may affect her life. A person is constantly connected to her experience, and the root cause of our unhappiness may be the lack of childhood expectations. Promote the construction and development of iceberg theory.

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