

Investigation on the current situation of children sports dance training in Jinxian County of Nanchang City

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ABSTRACT. *This article through the literature material method, interview method, questionnaire survey method, data statistics, etc for the cities and counties in children's sports dance training organization of teachers, students, parents and other investigation, the results showed that the sports dance teachers are concentrated in this age 17 to 25 years old, in charge of fixed number of year is shorter, athletic experience rich owed; Degree is low, mainly high school and college. Student's gender imbalance, to participate in sports dance fewer boys in this sport, this phenomenon not only bring certain difficulty to the sports dance teaching and training, but also affect the improvement of technical level. Many parents will only exercise the sport as a child, to shape the form and cultivate interest in a sports activity, don't choose sports dance to become a child later career, with such learning motivation will directly affect the level of children sports dance movement. Know Nanchang jinxian children sports dance training present situation, the paper analyzes main factors influencing Nanchang jinxian children sports dance training present situation, and put forward reasonable Suggestions according to the problems and countermeasures.*

KEYWORDS: *Jinxian County of Nanchang; Children; Sports dance; Present situation*

1. Preface

In recent years, with the extensive development of sports dance in China, some scholars engaged in sports theory research have actively carried out research on sports dance related theories. The research scope covers all aspects of sports dance, including teaching theory and methods, basic technical theory, origin and organization introduction, market development, industry theory, development status, cultural connotation, function and value, etc. From the perspective of the research field of the majority of dancesport researchers in China, most of them focus on the study of dancesport's teaching theory and methods, basic technical theory, training and competition, and the development of colleges and universities. From the perspective of the studied population, Chinese dancesype researchers lay more stress on the research of adult direction, while there are few studies on children's

danceshype direction, and the research results are scarce. Therefore, it is necessary to further expand and enrich the field of sports dance research to study the direction of sports dance for children. Based on the investigation and study of the status quo of children's sports dance training in jinxian county, nanchang city, this paper analyzes the influencing factors and proposes the development countermeasures of children's sports dance in jinxian county, nanchang city, providing some theoretical basis for promoting the development of children's sports dance in jinxian county, nanchang city.

2. Research object and research method

2.1 Research object

Students, parents and teachers of four sports dance training institutions, such as pinfeng dance school, beijia dance, xuedu dance training center and hongwuqun dance training center, were studied.

2.2 Research method

(1) Documentation method

Literature research mainly refers to before conducting field investigation, through in the library and hownet, VIP and other academic website search for related information and reading, found that the existing literature mainly for a region to carry out the situation of children's Latin dance teaching research, such as "the city of xi'an urban children's Latin dance training present situation and countermeasure research, the development trend of the present situation of children's Latin dance in shandong province to carry out the investigation and research, etc. Although it is not directly related to the research topic of this paper, reading and learning these literatures can provide a certain theoretical basis and research preparation for this paper to some extent.

(2) Expert interview method

Through the visit to the children's Latin dance teaching experts and experienced teachers, they on the problems existing in the Latin dance and Latin dance teaching has a new understanding and analysis, and listen to their views and Suggestions, to the design of questionnaire and perfect has a lot of help, provides the reliable basis for this study.

(3) Questionnaire survey

The questionnaire was distributed and recovered through the platform of children Latin dance training institution and the results were statistically analyzed. In the process of designing the questionnaire, the age of the respondents was taken into account. Parents were required to complete the questionnaire together with the younger subjects, while the rest were completed by the respondents themselves.

According to the content and purpose of the research, and consulting the Suggestions of the thesis supervisor, the questionnaire for students and parents was designed. 1000 questionnaires were distributed to students, 780 were recovered, and 780 were effective, with an effective rate of 78%. 1000 parent questionnaires were distributed, 780 were recovered, 780 were effective, and the effective rate was 78%.

(4) Data statistics

SPSS statistical software 16.0 was used to classify, statistic and sort out the collected questionnaire and data.

3. Research results and analysis

This paper studies four sports dance training institutions for children, including pinfeng dance school, beijia dance school, xuedu dance training center and hongwuqun dance training center. These training institutions cultivate children's interest in sports dance by means of teaching, so that children can master sports dance techniques and improve their physical and mental health, so as to promote the healthy development of children's sports dance in jinxian county, nanchang.

3.1 Status of children dancesport teachers

Teachers are the premise of teaching activities. The number, gender, age, educational background and quality of dance teachers directly affect the teaching quality and teaching level of children's dance training institutions. At present, there is a serious shortage of sports dance teachers in jinxian county, nanchang, which cannot meet the learning needs of students. In order to improve the teaching quality and promote the development of sports dance for children in jinxian county, nanchang. All training institutions should strengthen the construction of children's sports dance teachers, requiring teachers to be very familiar with their own teaching content, diligent in exploration, and constantly innovate.

3.2 Status of children dancesport students

Dancesport is a sport completed by men and women, which requires that the sex ratio of dancesport learners should be 1:1. Danceshop practitioners know that the gender imbalance has been a problem throughout the development of danceshop. Nanchang children sports dance students is no exception. The basic situation of children's dancesport students is the most intuitive information of the development of children's dancesport movement. This paper investigates and analyzes the gender, age, reasons for liking dancesport and training objectives of children's dancesport students.

3.3 Sports dance teaching for children

Through the survey of nanchang jinxian children's dance sport organization, think that the main factor of restricting the nanchang cities and counties in children's sports dance is the teachers' teaching level, all the restricting factors of the list first, as a teacher, especially children's sports dance teachers should not only master a lot of sports dance professional knowledge and skilled sports dance techniques, more will be flexible application of various teaching method to stimulate students' interest in learning, rapidly and exactly apply reasonable teaching methods make students master the professional technology and theory of knowledge. Sports dance teaching material is an important basis for teachers and students in the teaching process of sports dance for professional children. But from the results of the survey we see, the current nanchang cities and counties in children's sports dance teaching content "assorted", each training institution has its own content, some choose teaching contents according to the experience of the teachers and the special skill, not according to the actual situation of students, while in terms of teaching material have sprung up in recent years many of the sports dance in terms of the theory of monographs, but children's sports dance teaching, the content is too professional, adult and practicality is not strong. Due to the above reasons, the teaching level of teachers in jinxian county, nanchang city is low, the content of sports dance teaching for children is not scientific and systematic, and sports dance textbooks are scarce.

3.4 Conditions of training venues and facilities of dancesport institutions

As the most important material basis for dancesport training institutions, venues and facilities are the places and tools that can provide students with dance training, and also the basic conditions to ensure the normal development of dancesport work.

4. Parents are willing to invest in dancesport

If parents are willing to invest in sports dance, we can understand the market prospect of developing sports dance training institutions. According to the needs of students, we can better develop sports dance development programs and plans for children.

5. Conclusions and recommendations

There are few full-time teachers of children's sports dance in jinxian county, nanchang. All sports dance teachers are from 17 to 25 years old, with short teaching years and insufficient teaching experience. Low educational background, to secondary school and college most; Technical level is not high, the opportunity to participate in training learning is few; the imbalance of male and female teachers is not conducive to the comprehensive development of children's sports dance. There is a lack of a perfect and systematic system of sports dance post training.

In jinxian county, nanchang, the proportion of male and female students learning sports dance is out of proportion, and the number of male students participating in sports dance is less. This phenomenon not only brings certain difficulties to sports dance teaching and training, but also affects the improvement of technical level. In the age group of students, the number is mainly from 7 to 12 years old, which is mainly caused by the influence of parents, learning, society and other factors.

The teaching content and training of children's sports dance tend to be adult. In the teaching of children's sports dance, students pay more attention to the learning of self-composed movements and combination routines, and the focus of the teaching content is not targeted at children themselves. Lack of a certain degree of standardization, need to further improve the scientific, logical, systematic.

Children sports dance performance, the number of competition, the competition scale is small. There are few competitions above the city level, and performances are mostly local.

Children's sports dance schools and training institutions have imperfect facilities and need more investment. There is no unified teaching materials and syllabus.

The main factors influencing the development of sports dance for children in jinxian county, nanchang city are the level of teachers, the source of funds, the attitude of the leaders of various organizations and the school owners, as well as the teaching content and venue facilities.

We should attach importance to the comprehensive educational function of Latin dance teaching for children. Compared with the traditional teaching, the teaching of children's Latin dance should not only stimulate students' interest in Latin dance and make them consciously and voluntarily learn, but also achieve the comprehensive educational purpose through the teaching of Latin dance.

Only through the perfection, innovation and breakthrough in teaching can the generation of adverse reactions be improved. The teaching of Latin dance for children should constantly innovate and reform teaching ideas, teaching contents and teaching methods to improve students' comprehensive ability.

6. Advice

We should pay attention to the training of children's sports dance teachers' teaching ability, strengthen the construction of teachers and improve the teaching quality. Strengthen the training of teachers in jinxian county, nanchang city, conduct regular training to improve the level of knowledge of teachers.

Increase publicity efforts, enhance the concept and awareness of sports dance, balance the imbalance of the gender ratio, stimulate children to participate in sports dance enthusiasm.

Make reasonable teaching plan and content, optimize teaching design and improve teaching methods. Strengthen the research on the teaching content of sports dance curriculum, and formulate and compile sports dance curriculum and teaching

theory system that accord with children's physical and mental health development as soon as possible.

We should increase capital investment, scientifically plan the forms of running schools for sports dance training institutions, reduce the economic pressure on training institutions and parents, and gradually improve the teaching environment such as venue facilities. The relevant departments must formulate the examination and approval system for running a school and make specific stipulations on the conditions for running a school. In addition, more communication should be conducted between relevant departments to increase investment in the development of children's sports dance, such as the improvement of venue facilities.

To formulate a scientific and systematic competition system, strengthen the management and supervision of the competition, organize competitions at different levels and levels, and make all the competitions connected with each other, so as to create more learning and exchange platforms for students.

Attach importance to the personalized education concept of "people-oriented". According to the differences of children Latin dance foundation, different teaching design and assessment design are carried out for each group, so that different students can get professional progress and improvement. Such a design can not only arouse the enthusiasm of students, but also participate in the classroom in the interaction with teachers and students of similar level, such as cooperation, competition, and so on, so as to achieve the ultimate goal of "lifelong education" and "quality education".

The innovation of teaching content is the most challenging and the most important thing is to enable young Latin dancers to have a comprehensive understanding of themselves, so as to form a healthy self-recognition system and an active lifestyle through learning Latin dance.

We should pay attention to the changes of students' psychological and physiological conditions so as to constantly improve and develop the teaching model. On this basis, we can improve the comprehensive ability of Latin dancers in children more pertinently and reduce the occurrence of adverse reactions in competitions.

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