

Study on the Cultural Connotation of Table Tennis

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ABSTRACT. *At present, table tennis culture research is still in its infancy. In order to provide theoretical reference for the development and research of table tennis culture, this paper, under the guidance of culturology, sociology, anthropology and sports sociology, makes a deep research on the connotation of table tennis culture by using the method of literature and expert interview, systematically expounding the definition, classification, characteristics and functions of table tennis culture.*

KEYWORDS: *Table tennis culture, sport culture, connotation*

1. Introduction

Table tennis has developed for more than 100 years. At present, table tennis, as a sport, has been widely spread in the world, and has a large number of professional table tennis players, coaches, referees and technical personnel, table tennis fans and table tennis equipment, equipment and other resources. In China, table tennis is known as the "national game", which has evident influence. The spread and development of table tennis inevitably form table tennis culture, which leads the development of table tennis. It can be said that table tennis culture is the source power to ensure the development of table tennis. Therefore, the study of table tennis culture for promoting the sustainable development of table tennis has important theoretical and practical significance, at the same time, the study of table tennis culture is also an important channel to tap the potential and play the role of sports culture.

2. The basic connotation of culture and sports culture

2.1 The basic connotation of culture

Culture is the crystallization of reality and abstraction in the development of human history. There are broad and narrow categories of culture. In a broad sense, it is the combination of material wealth and spiritual wealth created by human beings.

In a narrow sense, it mainly refers to the ideology of human society and the corresponding system and facilities. Culture has the characteristics of continuity, nationality, class and times. With some sociologists and anthropologists discussing the concept of culture in the 19th century, the study of culture began early. Taylor, the first scholar to define culture, held that "culture is a complex whole, including knowledge, belief, art, morality, law, custom and any other ability and habit acquired as a member of society and the sum total of man's efforts to adapt himself to his environment and to improve his way of life." (Written in primitive culture).

Xu Jialu believes that "culture is everywhere, as long as there are people in the place of culture. (What is the crux of the current cultural problem). With the development of human society, experts and scholars have deepened their understanding of culture, and culture has been endowed with new meanings and become an important symbol reflecting the characteristics of a country or a nation.

2.2 The basic connotation of sports culture

Although sports, as a cultural phenomenon, has existed for a long time, "sports culture" as an academic concept was put forward relatively late. Since China's reform and opening up, the academic field has been greatly emancipated, Sociology, anthropology and other disciplines are restored for research, and culture as an important research object of sociology and anthropology, entered the relevant research field. In the early 1980s, China and the United States made a mutual visit to table tennis, ending more than 20 years of estrangement between the two countries in personnel exchanges. Meanwhile, China's competitive sports have developed rapidly under the guidance of the "whole nation system". Sports are widely concerned by people and academic workers, and sports culture, as an academic concept, is widely valued by scholars. At present, the core of the Olympic sports in the global has been developing rapidly, but sports culture research is relatively lagging behind.

At present, scholars have different opinions about what is sports culture. Lu Yuanzhen believed in the book Chinese sports sociology that "sports culture is about the integration of material, system and spiritual culture of human sports. It generally includes sports cognition, sports emotion, sports value, sports ideal, sports morality, sports system and physical conditions of sports. This concept is widely accepted by sports experts and scholars.

3. Table tennis culture

3.1 Meaning of table tennis culture

Table tennis culture is gradually formed and developed with the continuous development of table tennis. The sport of table tennis developed from tennis originated in Britain at the end of the 19th century, and flourished in Europe and Asia at the beginning of the 20th century. Table tennis was introduced into China by

Japan in 1904 and developed gradually. The development of table tennis, as a sport, around the world has laid a solid foundation for the development of table tennis culture.

3.2 The function of table tennis culture

3.2.1 Function of education

Table tennis as a sport, should have the basic function of sports. The educational function of table tennis is mainly embodied in two aspects: physical education and psychological education. As an important part of school physical education, table tennis is widely welcomed by students and teachers, and Ping-pong fever is the real reaction of teachers and students after class. The same scene appears in the vast urban and rural areas, which means that table tennis as a mass project, in China has other sports incomparable mass base. People in the process of table tennis activities in the physical movement skills are constantly improving. At the same time, the body flexibility, coordination, agility and adaptability also have made some progress. At the same time, table tennis culture also has an important function of psychological education that mainly refers to the development of intelligence such as people's perception, memory, thinking, language and intelligence. Of course, the educational function of table tennis culture still needs to be fully explored. In a word, table tennis culture has a good function of physical and mental education.

3.2.2 Entertainment function

The entertainment function of table tennis culture is explained in its characteristics, which will not be described here. However, it needs to be emphasized that currently there are relatively few cultural and entertainment projects for Chinese residents, especially grassroots people, resulting in that the opportunities and types of people's participation in entertainment projects are restricted by various conditions. However, with the improvement of people's living standards, the number of people suffering from various "diseases of wealth" such as hypertension, diabetes and cerebrovascular diseases is on the rise. According to statistics, our country has more than 90 million people suffering from hypertension, and table tennis can be appropriate to alleviate this problem. The development of table tennis culture can enrich people's entertainment life, improve people's quality of life and promote social harmony.

3.2.3 Economic function

With the continuous progress of human society, people's economic concepts and practices are also undergoing profound changes, including the combination of culture and industry, thus deriving a brand-new "cultural industry". In today's society, the development of cultural industry is in full swing, and the economic function of culture is fully exerted in the market economic system. Table tennis culture also has economic functions. The development of table tennis culture and the integration of creative elements can create economic benefits and promote economic development. At the same time, table tennis culture also has the positive effect of improving workers' health and labor productivity.

To sum up, the functions of table tennis culture mainly focus on two aspects: on the one hand, it promotes the all-round development of people. Table tennis culture can improve people's physical quality, cultivate people's subject consciousness, the concept of competition, teamwork and other spirit. To a certain extent, table tennis culture promotes the socialization and modernization of people. The other is to promote social and economic progress. The progress of table tennis culture conforms to the trend of The Times, provides positive spirit for the society, advocates social mainstream values, and meets the needs of social development. With its attractive economic value, table tennis culture has already widely penetrated into the secondary and tertiary industries of the national economy, such as table tennis sporting goods manufacturing operations, table tennis fitness entertainment, table tennis competitions, contributing to important contributions to economic development.

4. Conclusion

As a cultural form ,sports has been widely concerned by the community, and table tennis, as a sport, has been participated in and familiar with by more and more people .With the improvement of people's living standard and the enhancement of their awareness of physical fitness, there are more and more researches on sports culture. It is necessary to study the culture of table tennis to promote the development of table tennis and exploring the connotation of table tennis culture plays an important role in improving people's understanding of table tennis.

Table tennis culture has strong characteristics of benefiting the people and the country. It exists in the world sports culture in the form of material and spirit. Although the table tennis culture is relatively small compared with other types of culture, its function is extensive and huge. The connotation of table tennis culture determines and declares the prospect of table tennis development. It is necessary to strengthen the research and construction of table tennis culture. Of course, any culture is changing and developing, and table tennis culture is no exception. Therefore, we must adhere to the principle of keeping pace with The Times, inheritance and innovation to promote the comprehensive, coordinated and sustainable development of table tennis culture.

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