

Optimization of youth ideological and political education path from the perspective of labor education

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Abstract: *Labor is one of the important means for human survival and development, and it is also a reliable way for them to hone their will and strengthen their beliefs. For the development of contemporary young people, labor education can improve their world outlook and promote their healthy physical and mental growth. In this context, the path of ideological and political education has changed, and teachers must summarize the problems to be solved on the premise of clarifying the relationship between the two. From the perspectives of system construction, teacher construction, media publicity, and form innovation, labor education and youth ideological and political education are integrated to realize the talent training plan.*

Keywords: *the perspective of labor education; youth ideological and political education; path analysis*

1. Introduction

The main content of ideological and political education is that educators teach correct ideological theories and values to students. It can not only educate and guide university students, but also effectively motivate them. The spirit of labour in the new era is a concrete and imaginative spiritual expression of the socialist core values in different bits. The spirit of labour plays a value-guiding role for students in colleges and universities. Therefore, ideological and political education in colleges and universities should continue to inherit the excellent cultural traditions of the Chinese nation since ancient times, especially to promote the spirit of labour and the value of labour therein.

2. The Relationship between Labor Education and Youth Ideological and Political Education

For the growth and development of contemporary youth, there is an independent and complementary relationship between labor education and ideological and political education. First of all, in the modern society that advocates quality education, labor education is one of the teaching contents in each period. It has rich connotations and diverse forms, but it is difficult to exert its value if labor education is independent of the entire education system. In a certain sense, ideological and political education is a kind of ideological guidance for participating in the practical activities of labor education, helping them to form a correct outlook on life, world outlook and values while working, and to achieve a harmonious unity of the two. Secondly, labor education can play a role in strengthening the overall educational effect, making ideological and political concepts more attractive. From the perspective of labor education, ideological and political theory and practice can be perfectly integrated, so that young students can bear hardships and stand hard work and struggle hard in the process of personal experience. And on the basis of understanding, he truly loves labor, and realizes comprehensive development with the spirit of diligence, courage and self-improvement [1].

At the same time, there are obvious differences between labor education and ideological and political education. On the one hand, labor education has a broader meaning, covering ideology, morality, values, psychological development, ideological and political content and other aspects. In contrast, ideological and political education is more targeted, mainly to guide young people to establish correct three views ideologically, and the value of ideological education is greater than the practical effect. At the same time, from the perspective of purpose and planning, ideological and political education focuses on students' thinking and feelings, while labor education mainly encourages students to do it by themselves, temper their will and develop good living habits in practice. In the process of implementing the two educations

at the same time, we must do a good job of integration under the premise of respecting differences, be responsible for the future of young students, and ensure their physical and mental health.

Labour education is an important element of the socialist education system with Chinese characteristics. The inclusion of labour education in the personnel training programmes of vocational colleges and ordinary higher education institutions clearly shows that labour education has the same importance as moral education, intellectual education, physical education and aesthetic education, and focusing on effectively carrying out labour education is a realistic requirement for colleges and universities to implement the fundamental task of establishing moral education. To carry out labour education, we should follow the law of students' growth and development. Development and the laws of education and teaching. We should be good at teaching according to the new situation, the local situation, and the material. The guiding ideology and importance of labour education. The guiding ideology and significance of labour education coincide to a certain extent with the nature and tasks of ideological and political education in universities. To a certain extent, the guiding ideology and significance of labour education coincide with the nature and tasks of ideological and political education in universities. The integration of the two is conducive to the realisation of the functions of labour education and the consolidation of ideological and political education. The integration of the two is conducive to realising the functions of labour education and consolidating the value-led role of ideological education.

3. Problems Faced by Ideological and Political Education from the Perspective of Labor Education

First of all, from the perspective of curriculum setting, ideological and political education has special courses, while labor education has the problem of fragmentation and marginalization, which is often a subsidiary of a course. Even if the curriculum includes labor education content, it still presents empty content and superficial form. In youth education, the content of labor education is hidden in a large number of ideological and political courses, but teachers often focus on "speaking" and fail to exert their full value.

This can be further explained by the fact that the teaching content highlights a single line of theory and structure that cannot be effectively matched to the requirements. Teaching content is the cornerstone of teaching practice. The key point of teaching high school Civics is to guide students to use the knowledge and methods of the subject to solve real problems in life practice, which has its own theoretical logic structure, while labour education has its own content logic body of labour knowledge, labour ability and Marxist labour values. However, in the current teaching practice, most teachers still do not grasp the right moment to integrate labour education into ideological and political education. If this problem is not solved in time, the integration of labor education and ideological and political education will lose its meaning [2].

From the perspective of curriculum practice, labor practice in youth education is single in form, boring in content, and often fails to highlight the theme of "labor". The teaching methods used to integrate labour education into senior secondary Civics classes should be varied, such as issue-based teaching methods, project-based learning methods and activity-based experience methods. In practice, by strengthening students' inquisitiveness and experience, and by following the students' main role, we can effectively improve the effectiveness of the classroom and help students to master the necessary labour knowledge, acquire corresponding labour skills and form correct labour values through these methods under the guidance of teachers. However, from the current practice, the teaching methods of Civic Studies teachers are still the single lecture method or the problem teaching method, which is a single mode of teaching method application and weakens the practical experience process of students. In the process of integrating it with ideological education, the form is more limited, and it is generally used to shoot stories, visit memorial halls, etc., and it is difficult to achieve the ideal educational effect. However, some labor practices with internships as the main form lack the penetration of ideological and political concepts, and the analysis of the importance of labor attitudes and labor habits is not in place. Finally, there is a problem of uneven quality of labor guidance teachers in college education, failing to provide a guarantee for the efficient implementation of various tasks, and the final educational results are naturally unsatisfactory.

4. Analysis of Youth Ideological and Political Paths from the Perspective of Labor Education

4.1 System Construction: Enrich the Course Content and Add Practical Links

The "Opinions on Comprehensively Strengthening Labor Education in Universities, Middle Schools

and Primary Schools in the New Era" clearly pointed out that labor education courses should be set up and labor education should be included in the talent training plan. Therefore, while ideological education for young students must be consciously set up special courses for labor education. The theme of "labor" organizes multiple activities to give full play to the value of ideological and political courses, so that students can realize their own ideological and political awareness in the process of formal learning and achieve comprehensive growth. In terms of curriculum setting, teachers must adhere to the principles of formalization, affinity and pertinence, stipulate corresponding labor teaching hours, and match corresponding credits. On the premise of grasping the role of the main classroom of ideology and politics, it should be integrated into it, and the ideological guidance of young students should be strengthened, so that they can clearly understand the importance of labor. And actively participate in the practical activities set up by teachers, so as to sublimate their own spiritual character, develop good living habits, and finally achieve comprehensive growth [3].

In the setting of the practice link, teachers should choose a form that is easy for them to set up activities and assign tasks on the premise of clarifying the cognitive characteristics, living habits, and hobbies of young students. At the same time, it must be as close as possible to their actual life, so that everyone can feel the beauty of labor and the difficulty of labor with full devotion, so as to exert their subjective initiative. In the teaching practice, we should pay attention to the exploration of different ways to cultivate talents, such as project teaching, case teaching and context teaching, and constantly enrich the classroom form, carrying out seminars, lectures and debates, so that students can form a correct concept of labour in the teaching practice; we can also use some outstanding figures and deeds to inspire students' striving spirit; finally, we should make full use of modern teaching means, using computer information technology to build an online teaching platform, and using communication tools such as microblogging and weibo to solve students' problems in practice in a timely manner. Finally, we should make full use of modern teaching methods, use computer information technology, build a network teaching platform, and use communication tools such as Weibo and WeChat to strengthen communication between teachers and students and solve students' problems in practice activities in a timely manner; we should also cultivate students' ability to learn independently, guide them to master the correct concepts and methods of labour, and actively explore new learning modes. While receiving education, we can change our thinking, change our attitude, and achieve personal growth.

4.2 Teacher Construction: Improve the Team of Teachers and Ensure the Effect of Education

At the same time, the professional construction of teachers is also an important condition for the effective opening of ideological and political courses under the situation of labor education. In fact, in essence, teachers of any subject have the responsibility to guide young students' labor values and help them achieve the development of labor literacy. Therefore, the professional quality and stability presented by the team as a whole will definitely affect the effect of labor education. Then, when the school allocates teachers, it must develop the potential of all teachers and set up professional training courses, so as to change the attitude of all teachers towards labor education, so that they can cooperate with each other tacitly and form a linkage effect. Based on this, the effect of labor education can be maximized, and the learning and growth of young students can be guaranteed.

The work of ideological and political education is an important teaching activity, which should be grasped in classroom teaching, campus activities and student practice. Emphasis is placed on the establishment of a scientific system of knowledge and theory, starting with the reform of curriculum and teaching methods, combining the actual development, dividing the levels according to the cultivation of talents, constantly innovating the form of classroom learning, teachers should teach by example and play an exemplary role, and attaching importance to the penetration of labour education in the ideological and political education of colleges and universities.

4.3 Media Publicity: Excavate Typical Cases and Expand the Scope of Teaching

With the rapid development of information technology, teachers who want to enhance the ideological and political effects of labor education courses need to give full play to the power of new media and use network technology to find more comprehensive and diverse educational auxiliary materials. And through the high-speed public opinion dissemination power of new media to expand the scope of labor education, so that students can feel the power of labor in various platforms, and can gain something from independent thinking [4]. Teachers and schools can increase their promotion of labor education on new media platforms such as WeChat public accounts, Douyin accounts, and Weibo. Let the students deepen their understanding of the meaning of labor in the process of enjoying the short video, and fundamentally

correct their labor ideas. In the selection of typical cases, teachers must conduct a detailed analysis of the outlook on life, world outlook, and values they disseminate to ensure that they guide students to form correct ideas while implementing labor education. And the vividness and life of the case are also effectively controlled, so as to exert its infinite value and ensure the overall effect of labor education.

Ideological and political education should play the role of educational guidance and spiritual leadership. The model workers and models of the times models as special professors to enter the campus and the Civic Studies classroom to give lectures and reports on topics related to labour education, telling the stories behind the spirit of labour. The stories behind the spirit of labour are told. The programme draws on advanced figures and exemplary figures, especially those around students and the campus. In particular, we will promote, publicise and disseminate the examples of typical people who have emerged around the students and the campus. To publicise, promote and disseminate their good work. Reinforce the role of role models. The programme is designed to promote the role of role models and to create a cultural atmosphere that celebrates the workforce. A variety of the programme offers a wide range of labour education activities, including speech competitions, debates, drama The school also organises a variety of activities to showcase the positive energy of the workforce through speech competitions, debates, drama performances and art exhibitions. The school will also promote the formation of correct labour values. To promote the formation of correct labour values and the all-round development of students. The programme is designed to promote the formation of correct labour values and the all-round development of students.

4.4 Form Innovation: Innovative Practice Projects, Implicitly Infiltrating Culture

The development of ideological and political education from the perspective of labor education is bound to have a variety of forms. It cannot only be bound by the explanation of theoretical knowledge. Teachers must activate their own sense of innovation and scientifically and effectively use various teaching carriers in real life. It not only naturally completes educational tasks in life, but also enhances students' awareness of life and production and labor more naturally and deeply. The changing forms of prayer can infiltrate the role of labor culture invisibly, allowing students to actively participate in it on the basis of understanding, so as to realize the development of their own morality. Teachers can emphasize the meaning of labor in teachers and dormitory cleaning activities, such as garbage sorting to protect the environment, solidarity and mutual assistance to enhance the cleaning effect, etc. It also guides them to pay attention to details, so that young students are willing to start from the little things in life, start from small daily things, take up their labor responsibilities, and develop good living habits. Finally, with the help of efficient practical labor education, we can promote the all-round development of young students in morality, intelligence, physique, beauty and labor. At the same time, different forms of production activities are also reliable carriers of labor education and ideological and political education. Students seize the opportunity to integrate theory into practice and see the relationship between effort and gain.

In today's society, the Internet has brought a rare opportunity for the development of ideological and political education. It provides advanced means, rich content and novel ways for ideological and political education, creating good conditions for the innovation and development of ideological and political education. Internet self-media has entered students' learning life with a rapid pace. New media such as WeChat, Weibo, Racer and Jitterbug have become social and recreational tools for college students in the new era, and the ideology attached to them has a subtle influence on the shaping of college students' values. Therefore, we should pay attention to the unique role played by labour education in the ideological and political education of young people. We should make full use of the new advantages of integrating labour education into online ideological education, refine the vivid ideological materials in labour education, and actively do a good job in online ideological education. While mastering labor skills, we will develop a work character of hard work, self-improvement, courage and strength, and realize further growth on the basis of summarizing the difficulty of labor.

4.5 Activity Normality: Organize Conscious Activities and Build an Evaluation System

In order to maximize the labor consciousness of contemporary young students, teachers must make labor education show the characteristics of normal life, not limited to the scene of knowledge teaching in class. When seeing the bad phenomenon of respecting labor and despising labor, we must seize the opportunity and encourage students to express their understanding and feelings about the relevant situation. On this basis, the correct labor concept will naturally penetrate. Through the guidance of daily ideological and political education, strengthening their cognition of the correct concept of labor can also

further highlight the importance of labor education, allowing them to practice consciously, and eventually become the organizer, designer and participant of labor education [5]. At the same time, we should also establish an evaluation system for young students' labor literacy, formulate unified evaluation standards, and set up a targeted reward and punishment mechanism, which plays a very good incentive role. Based on this, in order to correct students' ideological concepts, labor education evaluation is summarized as part of the overall assessment of students, thereby activating the enthusiasm of students to participate in labor activities. Gradually let labor run through the whole process of students' study and life, realize the goal of cultivating young students' labor spirit, and let them grow into new young people who meet the development needs of the times.

The relationship between the process of student learning and the outcome of learning is effectively balanced in the implementation of assessment. In teaching practice, an important aspect of leading students from cognition to recognition to practice is the control of the relationship between process and outcome in the implementation of assessment. During the learning process, students themselves, between students and each other, and between teachers and students, are engaged in an intensive process of discernment, in which teachers lead students to unravel phenomena and see the essence, to use their knowledge and methods in the subject of Civic Studies to look at real-life issues, to identify with and practise core socialist values, and to achieve literacy goals.

5. Conclusion

To sum up, in the modern society where people's material living standards are improving and social values are constantly diversified, there are certain problems in the labor values and labor spirit presented by young students in their daily lives. And because the daily bad habits do not clarify the concept of "labor is the primary means of human survival and development", it is necessary to further confirm the importance of labor education while carrying out the reform of the education system. Ingeniously integrate it with ideological and political education to activate students' labor consciousness invisibly, so that they are willing to take the initiative to establish the concept of cherishing the fruits of their labor and others' labor, and contribute to the construction of a healthy and harmonious society.

Education is a long-term systemic project that cannot be achieved overnight. It can't be achieved overnight and requires long-term efforts. Labour education has always been an important part of China's promotion of "moral, intellectual, physical, aesthetic and labour" education, and its educational function radiates in many aspects, among which labour education promoting individual ideological and political education is an important value of labour education. In the teaching practice, we should start from the actual construction and development, combine the current social development demand for talents, make a comprehensive understanding of China's current ideological and political education work in practice, on this basis, recognise the importance of labour education, and take measures in various aspects, actively explore the optimisation of youth ideological and political education path from the perspective of labour education. As an important force in the construction of socialism in China, ideological and political education plays an important role in helping them to establish the right three views and have the right ideological and political consciousness. It is therefore necessary to strengthen the ideological and political education function of labour education for youth in the new era and to promote the all-round development of youth.

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