

# Discussion on Dance Teaching Innovation Strategy under Internet Background

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**Abstract:** The "Internet Plus" model is an important manifestation of the new era. The widespread popularity of the network and the application of information technology make the whole era show a new form of development, and also change the operation mode of various industries to a large extent. The field of education also began to conform to this development trend, strengthen innovation in the carrier of education, began to pay attention to the innovation of teaching mode. In the field of education, dance is an important curriculum content. In order to comprehensively improve the overall teaching efficiency, the school needs to focus on strengthening the application of the "Internet Plus" model technology to create a modern dance teaching environment, so that students can gain more professional knowledge and promote the effective improvement of students' dance skills. In view of this, in the context of the "Internet Plus" model, dance teaching opportunities are analyzed, and the specific innovation path is effectively analyzed.

**Keywords:** Internet era; Dance teaching; Innovation path

## 1. Introduction

With the rapid development of social network information technology in China, the Internet plays an increasingly important role in economic and social development. The concept of "Internet Plus" has been gradually implemented from government work reports to vivid practices in all walks of life. The inheritance, development, innovation and communication of dance art are inseparable from the Internet, and it is an irresistible trend to effectively integrate the Internet teaching mode into dance education and teaching.<sup>[1]</sup>The talent training goal of dance specialty in colleges and universities is not to cultivate advanced and sophisticated dance talents, but to meet the "popular" demand of the market and cultivate service-oriented dance talents. Under the background of epidemic prevention and control, it is of great significance to make full use of modern information technology to carry out in-depth reform and innovation of dance teaching mode, which is of great significance to improve the teaching quality of dance education in colleges and universities.

## 2. Advantages of dance teaching in the Internet environment

In the context of the Internet, dance more rich and colorful teaching work, and for the previous work of dance teaching provides a new equipment, new technology, new methods, new methods, the application of this technology is to dance students way of thinking and practice to be changed. The traditional basic courses of dance teaching can not meet the current students' learning needs of dance skills, and the application of Internet technology just makes up for this defect. There are a lot of dance teaching resources and learning materials on the Internet. In the actual teaching process, teachers can use the Internet teaching resources to redesign the dance teaching content and explore and innovate. At the same time, teachers can develop targeted teaching videos according to the characteristics of different students, and students can selectively study and practice according to their own situation, so as to meet the individual needs of different students and enrich the teaching content of dance.

In addition, the application of Internet technology in the process of dance teaching can change the previous teaching mode which is explained only by teachers. In teaching, teachers use the advantages of Internet technology to share excellent and efficient dance learning videos with students. For example, the application of cloud class, small class teaching model, students can watch video, discuss the practice of these skills, the summary, the classroom to the students, independent discovery, lets the student positive about their own views, boldly teacher seriously listen to the student presentation, try to summarize to valuable content, application as a resource to the actual teaching process, And in the

teaching of students to find problems, guide correction, clear learning direction and goals. Through the application of Internet technology, we can innovate the teaching mode, provide a new learning atmosphere for students, re-stimulate the enthusiasm of students to participate in the classroom, and realize the efficient and high-quality development of dance teaching. At the same time, through the application of Internet technology can promote the reform of dance teaching, improve the quality of teaching, training batches of high-quality dance professionals.

Finally, a large number of teaching resources can be collected and sorted through Internet technology. For example, in the actual teaching process teachers courseware, teaching resources, practice content requirements can be uploaded to the repository, students can apply class scattered time to the knowledge content learning, break the previous knowledge, skills, learning predicament is confined to the classroom, students can learn to dance knowledge anytime and anywhere.<sup>[2]</sup>In addition, the application of Internet technology can collect valuable resources from the massive network resources, break the previous teaching work limited to textbooks and experience, provide content support for teachers to carry out teaching work, broaden students' horizons. At the same time, the Internet technology can promote nationwide communication, use the same platform to communicate with each other, learn from each other, and achieve the improvement of the overall dance teaching level in China. In the past teaching content design, teachers need to collect a large number of information, but through the Internet technology only need to input keywords can easily obtain teaching materials, saving the time of teaching content design.

### **3. Present situation of dance teaching**

Currently, the whole dance teaching situation in our country mainly for teaching work still is given priority to with theoretical explanation, posture, demonstration, force-feeding teaching mode is a simple convenient, but in the intangible causes students awareness, innovation consciousness gradually weakening of dance art, to dance, learning quality and aesthetic impact increased.

#### ***3.1 The teaching model needs to be improved***

At present, most dance teaching focuses on the training of students' movements and skills, and teachers play a leading role in teaching. Teachers correct students' movements according to their own understanding of dance movements, which affects students' creative consciousness of dance art. In addition, teachers position themselves as the core in the teaching process, leading to students becoming classroom accessories and passive learners, which has a serious impact on the enthusiasm of students to participate in the classroom. Long-term participation in this form of teaching will lead to students gradually losing interest in learning dance. The development of dance teaching in China started relatively late. Although traditional dance teaching has been continued up to now, it is no longer applicable in the new era. Therefore, teachers need to actively change their own teaching concept and innovate teaching mode.<sup>[3]</sup>

#### ***3.2 Insufficient integration of theoretical learning and dance skills***

Most students majoring in dance are art students, whose cultural foundation is relatively weak and their learning of theoretical knowledge is generally inadequate.<sup>[4]</sup>At the same time, because the teaching work of dance specialty pays more attention to movement practice, and the explanation of theoretical knowledge is often interspersed in practice practice, leading to the lack of students' understanding of dance-related theoretical knowledge. In addition, partly due to the influence of teachers and historical background, too much attention is paid to theoretical explanation, which cannot effectively integrate theoretical learning with dance skills, thus affecting the improvement of teaching quality.

### **4. Analysis of innovative path of dance teaching under the background of the "Internet Plus" model**

#### ***4.1 Integrating rich course resources***

The "Internet Plus" model has a significant feature that it is relatively rich in information resource reserves, contains a relatively wide range of resource types and knowledge content, and has certain

features and advantages of big data. For dance classes, therefore, the process of development and design, as a teacher can effectively develop the network carrier, the dance which contains material as well as relevant teaching resources to conduct a comprehensive integration, so that can ensure the content system of set on the coverage of a more comprehensive, broad, can also in the process of actual teaching, let students have broad knowledge reserves, So that students can form a comprehensive and systematic cognition of the course itself, and support students to establish a good learning thinking. For example, teachers can collect data around different types, characteristics and specific artistic works of dance, so that students can form a broad understanding of the professional field of dance. Or, teachers for dancing in the concrete work to carry out the process of teaching, can under the power of network, the background music culture connotation, as interpreted by the dance art connotation, as well as in the emotional aspects of the specific interpretation of data excavation, so as to ensure that students master before and during the specific knowledge, skills, learning dance rich cultural knowledge, Support students to have a deeper understanding of dance culture.

#### ***4.2 Create an intuitive classroom scene***

With the help of the "Internet Plus" model, teachers should pay attention to the function exploration of multimedia and other teaching carriers, effectively apply it to the creation of classroom situations, and create a very artistic appreciation atmosphere for students. Let the students analyze the artistic connotation through the feeling of the scene, and let the students deepen their understanding and perception of the specific artistic characteristics. For example, in the dance teaching process of "House of Flying Daggers", multimedia can be used to play relevant film and television materials for students, and show the relevant film clips of Zhang Yimou's "House of Flying Daggers" to students, so that students will be interested in learning dance courses under the experience of the scene. At the same time, it is necessary to pay attention to the visual display of dance movement skills in the course of teaching. Through the way of making multimedia courseware, the action skill resources are systematically integrated and presented to students intuitively. With the functions of magnification and repetition of multimedia, students are guided to learn and train specific dance movements independently, so as to ensure that students' dance learning is more normative. In addition, teachers can play the relevant music background with the help of multimedia, rendering the artistic atmosphere of dance, so that students can independently appreciate the artistic conception created by music, and participate in the dance performance training, so as to cultivate students to form a good artistic restraint.

#### ***4.3 Application of flipped classroom teaching mode***

At present, flipped classroom teaching mode is applied in multi-stage teaching. Teachers provide learning materials, mainly videos, and students use network technology to prepare before class. Teachers collect materials through the Internet, design teaching content scientifically, study relevant knowledge with students in teaching, and improve teaching quality and efficiency through teaching modes such as problem guidance and situation creation. Before the application of flipped classroom teaching mode in dance majors, pre-class tasks should be reasonably designed so that students can watch courseware videos and obtain information. For example, before the implementation of practical courses, teachers should summarize the types of movements to be explained and put forward the key points, laying a foundation for the effective development of teaching work. In addition, dance teachers should combine teaching objectives and students' situation to design unique teaching content. The application of flipped classroom in dance teaching needs to ensure that the video time is 10 to 15 minutes, and the video picture should be delicate, beautiful and prominent to attract students. In teaching, teachers should hand over the classroom to students and position themselves as guides and explainers. For example, after playing the dance video, ask the students to talk about their own feelings first, analyze the advantages and disadvantages of the dance in the video, what they learned from the video, and what dance theoretical knowledge is related. Let students think and analyze independently through questions, which can not only improve students' enthusiasm to participate in class, but also enable students to master dance knowledge and skills in thinking.

#### ***4.4 Carry out Internet expansion learning activities***

In the field of education, in order to ensure the dance class teaching more efficient, effective teaching quality, teachers need to on the Internet features in-depth development, on the basis of the specific development learning activities for development and innovation, let students have good

learning experience, at the same time also can let students in the development of dance course in the process of learning the comprehensive cognition, Expand students' knowledge and vision of dance. For example, teachers can use WeChat, weibo and other carrier, to open the public push for students and dance classes and associated cultural resources, learning related information or guide students on zhihu, BBS platform around the dance learning experience and methods of interaction and sharing, improving students overall attainments in the field of dance course.

#### **4.5 Establish the evaluation system of tracking electronic archives**

In the field of dance course, teachers should make systematic innovation in teaching evaluation based on the Internet. To build a tracking evaluation system, record students' comprehensive learning performance in dance courses, and build electronic archives based on information technology, so as to ensure a better understanding of students' information in dance course learning. At the same time, through the regular analysis of electronic files, a comprehensive understanding of the specific performance of students in dance learning, including the rise of ability, and combined with the actual situation to put forward scientific solutions, so as to constantly optimize the dance teaching environment, so that students' dance learning ability can be effectively improved. With the support of the Internet, teachers can strengthen the innovation of guidance methods, record students' comprehensive performance in dance training by video, and then guide and standardize students' specific movements.

#### **4.6 Improve teachers' professional quality in informatization**

The professional level and teaching ability of college teachers directly affect the teaching quality of colleges and universities. In the Internet environment, teachers should keep pace with the development of The Times, improve the level of ideological understanding, and establish network teaching awareness. In the same time, it is also necessary to organize, encourage and support teachers to carry out production and design competitions, fully tap the potential of teachers, develop more teaching resources of higher vocational dance MOOC, and better meet the needs of online teaching.

### **5. Conclusion**

As mentioned above, teachers should attach great importance to the informatization reform of dance courses with the effective implementation of the Internet in the educational environment. We should analysis the opportunities of dancing education under the Internet environment and strengthen the development of the technology of carrier, the curriculum resources, teaching situation, micro class mode and carrier to develop other types of teaching, so as to ensure that students of more formal dance learning environment in the process of practice teaching. If we can do that, we will improve students' comprehensive ability of dance learning.

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