

# Research on Inspirational Education in the Support Work for College Students in the New Era

Fan Yang

*School of Literature, Yulin University, Yulin, 719000, China*

**Abstract:** *This paper aims to conduct an in-depth study on inspirational education within the support work for college students in the new era. By analyzing how various forms of support work can foster the spirit of inspiration among college students, it explores effective ways to enhance the comprehensive qualities of college students. The study employs a combination of qualitative and quantitative methods, utilizing questionnaires, in-depth interviews, and other means to fully understand the experiences and feelings of college students during the support process.*

**Keywords:** *New Era, College Students, Support Work, Inspirational Education, Comprehensive Quality*

## 1. Introduction

With the continuous development of higher education in China, the economic burden on college students has gradually become a focus of social concern. In the new era, support work for college students in universities is not only about solving material difficulties but also serves as a mechanism for promoting the comprehensive development of students. Inspirational education, as an important part of this, plays a significant role in cultivating a positive and upward-looking spirit among college students. This study aims to provide valuable experiences and suggestions for improving the comprehensive quality of college students by conducting an in-depth research on inspirational education within the support work for college students in the new era.

## 2. Overview of Support Work

### 2.1 Background and Significance of Support Work

Support work, as an important part of the university management system, has a profound background and significant meaning in the new era. Firstly, the continuous development of higher education in China has led to an increasingly large college student population, accompanied by a growing economic burden. Thus, support work emerged to address the difficulties faced by students due to economic reasons, providing them with financial support to ensure their successful completion of studies.

The significance of support work lies not only in solving material issues but more importantly, in promoting correct life and value perspectives through the provision of support opportunities. This motivational direction in support work guides students to develop a positive and upward-looking spirit, inspiring their love for knowledge and the drive to strive for the future. Therefore, the background and significance of support work lie in creating favorable conditions for the comprehensive development of college students and cultivating positive contributors to a harmonious society.

### 2.2 Various Forms of Support Methods

The diversity of support work is reflected in its various forms, including but not limited to scholarships, grants, and work-study programs. Scholarships recognize academic achievements, motivating students to strive for excellence in their studies and cultivating their interest and professional ethics in their disciplines. Grants pay more attention to the individual economic situation of students, providing direct financial aid to help them overcome economic difficulties. Work-study programs, on the other hand, offer financial support while also cultivating students' social practice abilities and professional ethics.<sup>[1]</sup>

These different forms of support complement each other, offering personalized support for students with varying backgrounds and needs. By flexibly applying these support methods, universities can better meet the diverse needs of students, encouraging them to invest more in their studies and social practices, and maximizing their self-worth.

### ***2.3 The Impact of Support Work on College Students' Growth***

Support work not only provides financial support to college students but also plays a positive role in shaping their personalities and promoting their growth. Firstly, support work, through the recognition offered by scholarships, boosts students' confidence and self-esteem, making them more disciplined and diligent in academics. Secondly, economic support through grants alleviates students' life pressures, offering them more time and energy to invest in their studies and self-development.

Moreover, work-study programs encourage students to develop a work ethic and practical abilities, preparing them fully for entering society. In the process of receiving support, students gradually form a positive outlook on life and values, realizing that their efforts and contributions can lead to a better future. Therefore, support work plays a crucial role in promoting the growth of college students, shaping a positive and upward-looking spirit.

By thoroughly researching the background of support work, its various forms, and its impact on the growth of college students, we can gain a more comprehensive understanding of the current situation and role of support work for college students in the new era, providing a solid foundation for further research on motivational education.

## **3. Application of Inspirational Education in Support Work**

### ***3.1 Concept and Characteristics of Inspirational Education***

Inspirational education is a widely applied concept in college support work, aimed at stimulating students' inner positive forces, cultivating their optimistic life attitudes, and the ability to cope with difficulties. The core of this concept lies in guiding students to establish correct life and value perspectives through psychological and behavioral guidance, igniting their passion for the future and awareness of their own potential.

#### ***3.1.1 Individual's Intrinsic Motivation***

Inspirational education emphasizes the intrinsic motivation of individuals. By encouraging self-awareness and self-motivation, it aims to awaken the students' inner drive towards positivity. This motivation stems from the recognition of one's potential and the pursuit of the future, enabling students to maintain a positive mindset when facing difficulties and challenges, and courageously overcome them.

#### ***3.1.2 Individual Goal Setting and Pursuit***

Furthermore, inspirational education focuses on individual goal setting and pursuit. By setting clear academic and career goals, it guides students to maintain a goal-oriented approach in their daily learning and practice. This helps students to engage more motivatedly in their studies and practice, while providing a clear direction for their future development. Clear goal setting encourages students to be more disciplined in their pursuit of dreams, embodying perseverance.<sup>[2]</sup>

#### ***3.1.3 Cultivating Autonomy and Self-discipline***

One of the characteristics of inspirational education is its emphasis on cultivating students' autonomy and self-discipline. Under the guidance of this educational philosophy, students gradually learn to achieve their goals through their own efforts rather than relying on external conditions. Cultivating such autonomy and self-discipline helps students to develop a proactive learning attitude, enhances their academic achievements, and lays a solid foundation for their future careers.

#### ***3.1.4 Emphasizing Psychological Quality Training***

Inspirational education focuses on the training of psychological qualities, including but not limited to emotional management and stress resistance. College students face various challenges and pressures, and inspirational education helps them build positive interpersonal relationships and improve their ability to adapt to stress and solve problems through psychological counseling and training. Training in

psychological qualities not only benefits students' academic performance but also aids them in better handling complex situations in future workplace and social life.

Through these characteristics, inspirational education becomes a powerful guiding mechanism in college support work. It not only addresses students' financial needs but also focuses on stimulating their inner learning motivation and vitality, enabling them to not only acquire knowledge during their college years but also grow into well-rounded individuals with a positive and upward-looking spirit.

### ***3.2 Inspirational Education Models in Support Work***

In support work, inspirational education employs various models aimed at stimulating students' inner drive and cultivating a positive spirit, providing support for their comprehensive growth. Here are some common models of inspirational education in support work:

#### ***3.2.1 The Awarding of Scholarships as a Motivational Model***

The awarding of scholarships is a powerful motivational model with profound effects. By recognizing and rewarding students with excellent academic performances, schools not only encourage these students to pursue excellence but also convey a positive belief to other students. This model supports students materially and psychologically motivates them by boosting their confidence and learning motivation. The competition and selection process for scholarships itself is a form of inspirational education, guiding students to establish a positive competitive consciousness and the motivation for self-improvement.

The implementation of scholarships aims not only to reward academic achievements but also to cultivate students' comprehensive qualities. In the competitive scholarship selection process, students need to demonstrate not only excellent academic performance but also qualities such as leadership ability and team spirit. This comprehensive evaluation not only improves students' overall qualities but also lays a solid foundation for their future career paths.<sup>[3]</sup>

Overall, the awarding of scholarships is a recognition and reward for individuals, as well as shaping the academic atmosphere of the school and guiding the comprehensive development of students. Through this motivational model, schools take solid steps toward nurturing future leaders, contributing positively to student growth and societal progress.

#### ***3.2.2 Guidance and Role Model of the Mentorship System***

The mentorship system, as an important inspirational education model in support work, plays a guiding and exemplary role. By assigning mentors to each supported student, schools provide personalized guidance, with mentors serving as role models to help students establish correct life and career perspectives.

Firstly, the mentorship system offers more in-depth and targeted counseling through personalized guidance. Mentors can provide academic advice, career planning suggestions, and share their success stories based on the individual characteristics and needs of the students. This personalized guidance helps students better understand themselves, set clear development goals, and foster a more positive and upward learning attitude.

Secondly, mentors are not only academic guides but also role models for students. Through the mentor's example, students can more directly experience the essence of success and professional ethics. The exemplary role of mentors includes excellence in academia, attitudes toward work, problem-solving, and interpersonal communication. This immersive learning approach positively promotes the comprehensive development of students.

Overall, the mentorship system in support work provides academic support and influences students' life and career perspectives through guidance and exemplary roles. This relationship not only enhances academic exchanges but also helps students better integrate into academic and professional communities, laying a solid foundation for their future careers. Through the care and guidance of mentors, supported students can confidently face future challenges and achieve their personal development goals.

#### ***3.2.3 Cultivating Responsibility and Enthusiasm through Practical Support Methods like Work-Study Programs***

Practical support methods, such as work-study programs, provide a unique platform for inspirational education, playing an important role in cultivating students' sense of responsibility and

enthusiasm. By participating in actual work, students gradually develop a sense of responsibility towards their tasks while solving work-related problems and facing challenges. This model not only offers financial aid but also hones students' teamwork and problem-solving skills through practical experience.

Firstly, work-study programs allow students to personally experience the rewards of hard work, thereby fostering a sense of responsibility. By taking on certain job responsibilities, students come to understand that effort can lead to tangible achievements, cultivating a serious attitude and responsibility towards work.<sup>[4]</sup>

Secondly, this practical support method also helps to ignite students' enthusiasm. By engaging in actual work, students can gain a deeper understanding of how professional knowledge is applied and discover their interests through practice. This real-world experience not only increases students' enthusiasm for their majors but also provides clearer direction for their future career development.

These inspirational education models intertwine to form a diversified, three-dimensional training system. The encouragement of scholarships, guidance of the mentorship system, and cultivation through practical support methods together constitute a comprehensive support system for support work. Through these methods, support work not only provides financial assistance but also guides and cultivates students on a spiritual level, enabling them to grow more comprehensively and positively during their university years. This integrated training model helps students better face future challenges and lays a solid foundation for the success of their professional careers.

### ***3.3 The Impact of Inspirational Education on College Students' Growth***

The application of inspirational education in support work has a profound impact on the growth of college students, reflected in stimulating a love for knowledge, fostering positive motivation, and emphasizing personal goal setting and achievement.

#### ***3.3.1 Stimulating a Love for Knowledge and Positive Motivation***

Firstly, inspirational education deeply stimulates students' love for knowledge and their positive motivation towards the future through the motivational orientation in support work. Models of inspirational education such as scholarships and mentorship systems, while meeting students' economic needs, also emphasize guiding students to overcome difficulties and cultivate a tenacity that does not fear hardship. In this motivational atmosphere, students gradually form a positive attitude towards learning, boldly engage in academics and practice, and strive for excellence.

#### ***3.3.2 Emphasizing Personal Goal Setting and Achievement***

Secondly, inspirational education encourages students to pay more attention to setting and achieving personal goals. By participating in various support projects, students not only pursue funding but also gain a clearer understanding of their future plans. The competition for scholarships, the role model effect of mentors, and practical support methods all contribute to students setting clear academic and career goals. This setting of personal goals gives students a more definite direction during their university years, fostering a positive life attitude and aspirations for their future development.

#### ***3.3.3 Enhancing Overall Quality***

Overall, the application of inspirational education in support work focuses not only on students' academic progress but also on enhancing individuals' overall qualities. Under the guidance of inspirational education, students not only develop a positive and upward-looking spirit but also form a proactive attitude when facing difficulties. This enhancement of overall quality allows students to achieve more not only academically but also in social practice and interpersonal relations.

Through the influence of inspirational education, what students receive during their university years is not only financial support but also a positive attitude towards life and a hopeful outlook for the future. This impact will lay a solid foundation for their future career development and social participation.

## **4. Strategies to Enhance College Students' Comprehensive Qualities**

### ***4.1 Strategies at the School Level***

#### ***4.1.1 Integration of Curriculum and Inspirational Education***

In the process of enhancing college students' comprehensive qualities, schools optimize the curriculum to integrate inspirational education into the disciplinary system, achieving an organic combination of knowledge transmission and student ideological guidance. The design of specialized inspirational education courses aims to guide students to understand themselves, set life goals, and stimulate their interest in subjects through the transmission of academic knowledge. Meanwhile, the elements of inspirational education are integrated into core courses, such as professional and public courses, allowing students to not only acquire knowledge but also develop a positive spirit, prompting deeper self-awareness in academic exploration. This integration strategy aims to provide students with a more comprehensive disciplinary experience, cultivate positive thinking qualities, and lay a solid foundation for their future academic and career development.<sup>[5]</sup>

#### ***4.1.2 Combining School Spirit Building with Support Work***

Schools emphasize inspirational education in support work through the construction of a positive academic culture, aiming to cultivate an upward-looking academic spirit. Firstly, with a positive academic spirit as the goal, schools craft a campus culture that inspires students' love for knowledge and exploration of life. Through organizing various cultural and sports activities and lectures on spiritual culture, students deeply understand the importance of academic knowledge, thereby cultivating a positive academic spirit. Secondly, schools have established a team of inspirational mentors to provide personalized and systematic guidance for supported students. This team focuses not only on imparting disciplinary knowledge but also on students' personal development, guiding them to achieve higher goals in academics and life. This strategy of combining school spirit building with inspirational mentors, integrating the construction of academic culture and support work, not only enhances academic levels but also promotes students' comprehensive personal development.

Through school spirit building, schools strive to create a strong academic atmosphere, igniting students' profound interest in knowledge. The organization of cultural and sports activities and lectures deepens students' understanding of the importance of academic fields, thereby establishing a positive academic spirit. In such an environment, students gradually form attitudes of independent thinking and proactive exploration in academics, laying a solid foundation for their academic development.

Meanwhile, the establishment of the inspirational mentor team combines personalized guidance with systematic cultivation. Mentors focus not only on imparting professional knowledge but also care about students' personal development. Through deep interactions and guidance with mentors, supported students gain a more comprehensive understanding of their interests and potentials, thereby achieving higher goals in academics and life.

This organic combination of academic culture building and the inspirational mentor team not only achieves success in enhancing academic levels but also significantly improves the process of shaping students' comprehensive personal development. This education strategy, deeply rooted in disciplines and focusing on individual development, adds richer connotations to support work, enabling students to achieve comprehensive growth during their college years.

### ***4.2 Strategies at the Government Level***

#### ***4.2.1 Innovation and Improvement of Support Policies***

The government's key role in support work is reflected in the innovation and improvement of support policies. Firstly, the government can increase investment in financial aids such as scholarships and grants, ensuring that more students in need can benefit. This not only alleviates the economic burden on students but also provides them with more opportunities to focus on their studies. Secondly, the government should establish more flexible and diverse support policies, covering students of different levels, majors, and talents, ensuring that every student can receive appropriate support according to their own characteristics. Such differentiated policies can better meet the needs of various student groups, making the support more precise and comprehensive.<sup>[6]</sup>

#### **4.2.2 Reflection of Inspirational Education in Policies**

The government should fully reflect the concept of inspirational education in support policies. Firstly, it can require universities to include the requirements of inspirational education in their support plans, ensuring that support is not just material but also a guide to students' positive development. By integrating inspirational education into support plans, the government can stimulate students' inner motivation and cultivate their positive and optimistic life attitudes. Secondly, the government can establish special support programs to support schools in carrying out inspirational education projects, providing professional training and resource support. This helps ensure that students can achieve more comprehensive growth during the support process, making progress not only academically but also in personal qualities and career planning.

Through the combination of strategies at both school and government levels, the comprehensive qualities of college students can be effectively enhanced, making the support work more profoundly educational. The government's innovation and improvement in support policies and the full reflection of inspirational education will lay a solid foundation for students' future career development and social participation. This comprehensive training strategy helps to cultivate more well-rounded talents, contributing more excellent individuals to the sustainable development of society.

#### **5. Conclusion**

Through an in-depth study of inspirational education in the support work for college students in the new era, we have discovered that various forms of support work can effectively promote the spirit of inspiration among college students. As an important part of support work, inspirational education plays a positive role in the comprehensive development of college students. In the process of enhancing the comprehensive qualities of college students, both schools and governments can adopt a series of strategies to make support work more conducive to cultivating a positive and upward-looking spirit among students. It is hoped that this study can provide useful insights and references for the support work of college students in universities in the new era.

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