

# Research progress on influencing factors and countermeasures of postgraduate entrance examination for undergraduate nursing students

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**Abstract:** In recent years, with the continuous development of medical science and the increasingly fierce social competition, the society has put forward higher requirements for talents. Nursing undergraduates who are about to graduate into the society have doubts about whether to choose employment or continuing education for their future planning. Therefore, this study explored the influencing factors of undergraduate nursing students' choice of postgraduate entrance examination, and summarized the influencing factors and countermeasures of undergraduate nursing students' postgraduate entrance examination. The influencing factors mainly include self-realization, knowledge seeking and enterprising, working environment, external environment and life style. Discusses the related countermeasures in view of the present situation of undergraduate nursing students one's deceased father grind, from education management, clinical management, nursing students own three angles puts forward relevant countermeasures, in order to correctly guide nursing students one's deceased father grind cognitive, provides a scientific basis for training high-quality nursing personnel, but also for clinical nursing practice and nursing education managers to provide some enlightenment.

**Keywords:** Undergraduate nursing students; One's deceased father grind; Influencing factors; Countermeasures; Review

## 1. Introduction

As the highest level of education in China, graduate education bears the heavy responsibility of cultivating innovative and applied talents for the motherland. The education of nursing graduate students began in 1992. The market competition of nursing talents is increasingly fierce, and with the change of nursing mode, the society's demand for nursing is increasing day by day, among which the rise of "graduate entrance examination craze" is a result of the development of high-quality education. In recent years, the nursing profession has developed into an independent and complete discipline, which must have its own discipline theorists and practitioners, must have a group of builders with independent thinking and scientific ability, have a clear sense of discipline autonomy. Therefore, nursing postgraduate entrance examination has become the choice of more undergraduate nursing students. This study summarized the influencing factors and countermeasures of postgraduate entrance examination for undergraduate nursing students, so as to provide a more scientific basis for training high-quality nursing talents. Summary of the influence of factors on postgraduate entrance examination for undergraduates is shown as figure 1.

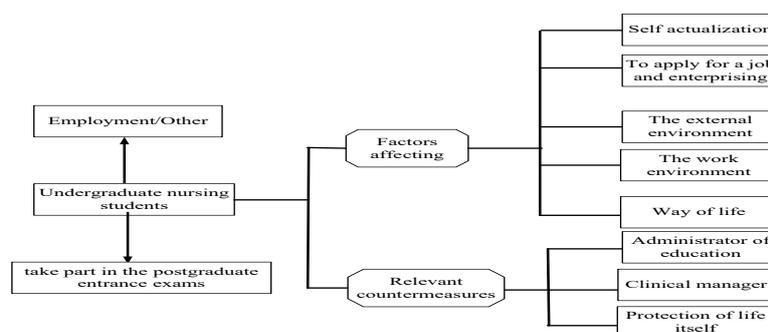


Figure 1: Summary of the influence of factors and relevant countermeasures on postgraduate entrance examination for undergraduates

## **2. Influencing factors of postgraduate entrance examination for undergraduate nursing students**

### ***2.1 Self-actualization factors***

In recent years, the expansion of college enrollment and professional development have made the intention of nursing undergraduates to take postgraduate courses increasingly strong, and the number of nursing undergraduates taking postgraduate courses has increased year by year. Wang Jian etc.[1]In the study pointed out that the number one cause of one's deceased father grind motivation from strong to weak is self-realization factors, including the development and implementation of self ", "don't want to give up any opportunity for self development", "one's deceased father grind can better realize self value" and "one's deceased father grind more exercise a person's character can be" are located in the forefront of the one's deceased father grind motivation. Studies have[2-3] also pointed out that "self-realization" is the most important motivation for nursing students to take the postgraduate examination. This kind of students can rationally view the postgraduate examination and postgraduate study, and expect to have in-depth research and development in specific professional fields and realize their self-value through postgraduate study. This test motivation is positive and positive. It is a healthy behavior for individuals to pursue high level needs of self-realization, and also conforms to the needs of society for high level talents[4].In today's new era of co-existing challenges and opportunities, especially under the special background of the urgent need for medical talents due to the COVID-19 epidemic, nursing students have always kept up with the trend of education of The Times, unwilling to fall behind, and determined to become talents. Therefore, undergraduate nursing students choose the test after graduation, which is undoubtedly the best platform to realize themselves and enrich their ideals.

### ***2.2 Knowledge seeking and enterprising factors***

Research [4,5] shown that more than half of the students in the relevant survey think that "the existing professional knowledge level is not high, narrow range of knowledge" and "the existing educational background is not high enough to meet the needs of the society for high-level talents". This kind of nursing students have a strong thirst for knowledge and hope to further improve their knowledge structure, improve their professional level, and expect to make achievements in the academic field through postgraduate entrance examination. It can be seen that these ambitious young people have extremely strong self-motivation, enterprise and desire for success. They firmly believe that taking the postgraduate entrance examination is their true wish from the heart, and they are rarely influenced by too many environmental factors. In the process of deciding whether to take the postgraduate entrance examination, these young people pay more and more attention to their own situation, look straight at their inner thoughts, and give full play to their self-independent and knowledge-seeking personality. As we all know, the most obvious difference between graduate students and undergraduates lies in students' ability to independently research problems. The essence of graduate education is to cultivate a large number of scientific research talents. Therefore, academic pursuit should be the most reasonable motivation for college students to choose the path of postgraduate entrance examination. At the same time, "seeking knowledge and forging ahead" is also the perfect interpretation of contemporary undergraduate nursing students to "there is a long way to go, and I will pursue up and down".

### ***2.3 Work environment factors***

For a long time, nurses have been regarded as the implementors of "injection and delivery of medicine". The low recognition of nursing in society has also shaken the professional thoughts of undergraduate nursing students. Rogam im. arthroscopic debridement are congruent [6]. In the survey, it was found that "employment pressure" and "do not want to engage in clinical work" accounted for a certain proportion of the reasons for postgraduate entrance examination, and many people want to leave clinical work through postgraduate entrance examination. Zheng Min etc.[7] In the study, it was pointed out that clinical nurses need to face heavy nursing work, frequent night shift, the disturbance of biological clock for a long time, and the imbalance of endocrine, which are all inevitable practical problems of clinical nurses. Xu Xueyan etc.[8] Studies have shown that low welfare treatment is nursing undergraduates think less satisfactory aspects of the work, and on the career development prospects, low recognition of patients to the nurse, the nurse has also carries forward the nightingale spirit, rarely get the respect of the matching, and frequent in recent years, the contradiction between nurses and patients make nurses become passive in clinical work and have no sense of accomplishment. It can be seen that under the comprehensive influence of the pressure of clinical work, the nature and treatment of the job, and the career development prospect, undergraduate nursing students gradually realize that they can

change the situation by improving their educational background. Moreover, with the clinical branch of progressive elaboration, nursing practice growing complexity, clinical on strong analysis and problem solving, scientific research and innovation ability of the increasing demand of nursing talents, higher education of nursing undergraduates to recognize the advantage and importance of nursing graduate students in employment, and inspire the dreams of the one's deceased father grind of determination and graduate student life.

#### **2.4 External environmental factors**

Complex external environment such as "group effect" and "herd mentality" is also one of the influencing factors for some students to take the postgraduate entrance examination. research [4] shows that some students do not have the intention to take the postgraduate entrance exam, but they are prepared to take the postgraduate entrance exam due to the influence of classmates around them and the high requirements of employers for academic qualifications[9], this part of the students think that "postgraduate entrance examination is the trend of The Times, do not want to fall behind", but the lack of their own original opinions and motivation, which will affect their preparation state and psychology, it is difficult to play the best preparation effect. It can be seen that the "herd mentality" has stimulated the determination of some students to take the postgraduate entrance examination.[10]However, we should also remember to follow blindly and treat the entrance exam rationally.

Family also has a certain impact on undergraduate nursing students' choice of postgraduate entrance examination. On the one hand, many parents have high expectations for their children, hoping that their children can achieve excellent results in school and break through themselves to further pursue graduate or doctoral studies. On the other hand, some parents, influenced by traditional ideas, believe that nursing is not the best option for their children due to the particularity of the nursing profession, and encourage them to change their future career direction through postgraduate entrance examination.

"Employment pressure" and "peer competition" are also undoubtedly the practical factors that undergraduate nurses must face. Some college students take the entrance exam in order to "escape the current employment pressure and find a more ideal job". With the continuous expansion of the enrollment scale of colleges and universities, college students have become normal and are no longer the favored ones. In recent years, the basic situation of the employment of college graduates is the saturation of undergraduate students and the shortage of graduate students. In the popularization of higher education at the same time, there are countless competitors for the same post, under the influence of double pressure, studying for graduate students can not only temporarily relieve the pressure of employment, but also improve their ability, for the future to find an ideal job to increase the chip.

#### **2.5 Lifestyle factors**

Du Lin [11] and other studies have found that the pursuit of better living conditions is high among the "factors that promote postgraduate entrance examination". The lifestyle factors of postgraduate entrance examination are mainly manifested in three aspects: "not meeting the existing living environment", "not liking the existing life style", and "want to review the campus life"[4].Second, there is research[1]Investigation to know past raw lifestyle on factors affecting one's deceased father grind scores higher than that of fresh graduates, this year's growth period under the campus environment of simple life, is not under pressure from life, or by the pressure is relatively small, and the past life is out of the campus environment, integrate social life, to the real work has a more profound experience and comprehension, especially is nursing professional students, In the eighth month of the junior internship in the rotation of departments have enjoyed the hard work of nursing clinical work, which prompted them to change the status quo, have been involved in the ranks of postgraduate entrance examination.

### **3. Undergraduate nursing students postgraduate entrance examination related countermeasures**

#### **3.1 From the perspective of educational administrators**

Research[12] shows whether or not to choose one's deceased father grind, embrace hope schools in many aspects to provide about one's deceased father grind services, service demand, in turn, is "hope some relevant courses", "want to be able to set up a special one's deceased father grind the classroom all night", "hope equipped with mentors and arrange appropriate bedroom", "hope schools can offer one's deceased father grind related lectures, This suggests that schools can provide students with quality

services related to the postgraduate entrance examination through various adjustments and improvements. First, it should promote students' cognition of postgraduate entrance examination by means of entrance education, popularization of postgraduate entrance examination knowledge, holding postgraduate entrance examination sharing meetings and lectures, publicity and mobilization, and make personalized postgraduate entrance examination planning for students. At the same time, schools should also pay attention to providing students with guarantee conditions for postgraduate entrance examination. For example, in the hardware guarantee, they can provide students with special classrooms for review, establish the postgraduate entrance examination reward system, and implement the conditional exemption from attending classes system. Secondly, schools should actively provide a hotline for students to solve their problems. Based on the organization of an experienced counseling team, schools can provide students with professional psychological counseling in addition to guiding students to review their specialized courses and assist students in voluntary application filling, etc., so as to jointly assist students in their postgraduate entrance examination in all aspects.

Besides doing their own teaching work well, teachers can also expand the education related to postgraduate entrance examination in the classroom [13]. Teachers can guide students to consolidate their professional ideas, strengthen their cognitive education for postgraduate students, and encourage and stimulate students' enterprising spirit and enthusiasm and confidence for postgraduate entrance examination through multiple means and channels. Through the re-examination of many colleges and universities, it can be understood that many examinees reflected that the teaching content of scientific research training of undergraduate teachers is less, and some nursing professional knowledge and skills are not updated fast enough, which is not in accordance with clinical practice. This suggests that in undergraduate nursing teaching, teachers can appropriately improve the teaching structure and enrich the undergraduate teaching content. In addition to updating and teaching nursing students' professional knowledge and skills, teachers should also carry out certain courses and training for the purpose of improving students' scientific research interest and ability.

The relevant departments should take nursing undergraduate teaching as the basis, actively explore the natural connection between nursing undergraduate education and postgraduate education, clarify the dynamics of undergraduate nursing students' postgraduate entrance examination, stimulate the enthusiasm of undergraduate nursing students, eliminate the negative factors, build a good platform for students' further study in the policy aspect, and take the road of multi-level development[14]. The Ministry of Education, the Ministry of Health and other national institutions should fully support the development of master of nursing education in manpower and material resources, strengthen the construction of professional courses and teaching staff, so that the nursing graduate education will be regularized, comprehensive and newly developed, and gradually integrate with the international standards[8].

### ***3.2 Clinical manager perspective***

Nursing students need to experience clinical practice rotation in their junior year. Many undergraduate nursing students are distressed by practical factors such as busy work, irregular work schedule, responsibility and pressure in clinical nursing, and consider postgraduate study as a better way to get out of clinical nursing [15]. Studies have[16] results showed that nursing students thought that the ideal job for master nursing students was college nursing teachers, hospital nursing administrators, and finally clinical nursing workers in hospitals. This shows that with the graduate degree unceasing enhancement, the nursing teaching, management, research and other industries of intention will be increased, and the most basic nursing work, clinical nursing work is easy to be ignored, if a majority of one's deceased father grind is holding such self motivation to study for a graduate student, so this will be the long-term development of nursing profession in the future and talent reserves. Therefore, hospital nursing managers should actively promote the positive image of nursing staff, improve the nursing work environment, and improve welfare benefits [4] to fundamentally improve the status quo of clinical work of nurses and reduce their negative emotions. In addition, nursing managers should appropriately increase the number of clinical nurses. While reducing their work burden, they can also send clinical nurses to more advanced cities for further study in different periods, so that they can have the opportunity to contact with personnel with high education level, such as master of nursing [17]. On the basis of ensuring the quality of clinical practice learning, various measures and methods should be developed to provide support and help for nursing students' postgraduate entrance examination behavior. At the same time, attention should be paid to the overall arrangement of time and rationalization of assessment system, so as to realize the three aspects of clinical practice, employment and postgraduate entrance examination [10]. In order to avoid the negative factors such as unsatisfactory nursing work environment, nursing undergraduates choose to

take the postgraduate entrance examination.

### 3.3 Perspective of nursing students

For undergraduate nursing students themselves, there are two kinds of intention to take the postgraduate entrance examination and not taking the postgraduate entrance examination. Students who have no intention to take the postgraduate entrance exam, whether they choose to devote themselves to social work or others, need to make a good career plan. For nursing students who intend to take the postgraduate entrance examination, they should understand the relevant knowledge of the postgraduate entrance examination and find out the routine of the postgraduate entrance examination actively [13], strengthen the training of information acquisition ability. In the spirit, the goal of perseverance is undoubtedly the most powerful motivation, followed by a relatively strong learning ability, peaceful state of mind, sufficient self-confidence[12]. But there are studies that show [18] as a stressful event, postgraduate entrance examination will inevitably produce certain psychological pressure on the examinees, such as personal negative emotions, interpersonal communication troubles, review time tension, etc., to correctly understand the pressure, clear their own positioning, reasonable regulation, learn to balance. At the same time, the postgraduate entrance examination is a double test of mental and physical, and the training of physical quality should be strengthened while reviewing reasonably [19] suggested that students make exercise plan and eat a reasonable diet [20]. In addition, this year's nursing students in preparation for the exam also participated in the internship in the hospital, Wang Xinyi [21] found the problem of the conflict between internship and postgraduate entrance examination was pointed out. Nursing interns generally believed that postgraduate entrance examination and internship were a pair of irreconcilable contradictions, and Li Ping [22] according to the research of Li Ping, the conflict between the postgraduate entrance examination and the internship seriously affects the quality of the internship, and there is often a situation of losing one and losing the other. Therefore, we should learn to combine clinical practice with internship, and arrange internship plan reasonably. WuWei [12] also shows that we should link theory with practice and turn knowledge into ability during internship.

## 4. Conclusion

Nowadays, the level of nursing education in various countries has become an important symbol to measure the level of nursing development. The level of modern hospital management depends on the level of nursing to a large extent. Therefore, it is necessary to develop and research the nursing discipline itself, and further apply and promote the research results. Both clinical medicine fine professional development puts forward higher requirements on care, or the outside world a variety of complicated factors influence on nursing students, its have prompted the nursing students should acquire the knowledge and skills of more extensive deep, fully excavating powerful factor and inspire one's deceased father grind of nursing students, motivate students to strive to achieve their ideal, for the revitalization of the nursing career has far-reaching significance.

Above all, to explore factors influencing nursing students one's deceased father grind and summarizes the related countermeasures, the author of care one's deceased father grind have more in-depth understanding, in the career planning for the future of nursing students choose one's deceased father grind this laid a theoretical foundation for at the same time, also for educators to correctly guide nursing students one's deceased father grind the cognitive and training high-quality nursing personnel to provide a scientific basis. We should make joint efforts to implement scientific and efficient countermeasures according to the influencing factors, so as to contribute to the cause of nursing postgraduate entrance examination.

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