

# Exploration and research of harmony thought in ideological and political education practice in colleges and universities

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**Abstract:** "He he " culture has a long history and is one of the essence of China's excellent traditional culture. Its spirit of harmony without uniformity and harmonious coexistence has been deeply rooted in our national genes. These positive factors in the "he he" culture also have a great enlightening effect on the ideological and political education reform in colleges and universities in China.

**Keywords:** He He; Ideological and political education; Fine traditional culture

The thought of harmony has rich connotation and is the crystallization and derivation of Chinese traditional culture. Harmony is the universal principle of Chinese cultural thought, which runs through the whole process of the development of Chinese cultural thought and captures the cultural thoughts of different schools in different times. The word "He" and "he" first appeared in inscriptions on bones and inscriptions. In Yin and Shang period, the word "he" was a single concept. The Spring and Autumn Period began to combine into the category of harmony.<sup>[1]</sup> And, corresponding also. "Yes, yes." "Harmony" means corresponding harmony of sound. It also refers to the harmony, harmony, coordination, corresponding, proper and so on of many elements and components. The original meaning of "he" is the closure of utensils, which is extended to mean that two things fit together and harmonize with each other. "Harmony" means peace, harmony, harmony and harmony. "Harmony" means combination, unity, unity and cooperation.<sup>[2]</sup>

## 1. The theory of origin

He he,: "Xia Yu can level the soil and water, to the product of the common class also; The covenant and the five religions are to be preserved for the people." The "harmony" here refers to the "five constant teachings" -- father's righteousness, mother's kindness, brother's friendship, younger brother's respect and filial piety -- each fulfilling his own moral code, so that society can be stable and harmonious. Shi Bo's statement on "harmony" is also recorded in the book: "Harmony makes no difference."<sup>[3]</sup> It is the harmony of different things that creates new things. If things are all the same, they will not last. Nothing will grow, and the world will not develop. It can be seen that harmony contains the difference of different things, emphasizes the concept of "harmony without uniformity", expresses the contradictory thought of the unity of opposites, and is an effective way to achieve "harmony", which is an ideal relationship state.

## 2. The connotation of characteristic

As a unique humanistic spirit of Chinese traditional culture, the concept of "harmony" has been highly respected by politicians and favored by thinkers in the past dynasties. Famous scholar-officials such as Wang Yangming and Li Zhi in Ming Dynasty<sup>[4]</sup>; In the late Ming and early Qing dynasties, thinkers such as Wang Fuzhi, Gu Yanwu and Huang Zongxi elaborated and developed the concept of "harmony and harmony", which was gradually mature and complete and rose to the concept of "harmony and harmony" and "great harmony under heaven". In my opinion, it mainly contains the following two aspects.

### ***2.1. Harmony without uniformity: Respect the differences of things***

Chinese harmony culture has a long history. Harmony refers to harmony, peace and harmony. Harmony refers to combination, fusion and cooperation. He and he can be seen in oracle bones and inscriptions. Harmony in <Shang Shu > refers to the handling of conflicts in social and interpersonal relationships. Concord means to conform to or conform to. <Laozi>, the founder of Taoism, said, "All things are negative of Yin while embracing Yang, and all things are vigorous and think of harmony." This means that Tao itself contains Yin and Yang, and the two harmoniously coexist to promote the development of things. In <guan Zi>, both "Harmony" and "harmony" are emphasized. If they are raised in virtue, they will be together. Harmony therefore can learn " , strengthen animal husbandry morality, people will harmony, harmony and reunion, in order to cohesion of ethnic groups, promote the harmonious development of society. Confucius believed that "harmony is the most valuable use of ceremony" and stressed the necessity and importance of harmony in the concept of the state and patriarchal clan ethics, which reflects that "the gentleman is harmonious but different, while the mean man is harmonious but not compatible." Only on the premise of fully respecting the differences between things and people, can people seek common ground while reserving differences and harmoniously unite, which represents the organic unity of the contradictory identity law of "harmony but difference" and objective dialectics and subjective dialectics.

### ***2.2. Harmonious coexistence: emphasize the unity of heaven and earth***

The harmony culture proposed by the ancient sages is based on the simple dialectic thought, which holds that everything in the world is unified in opposition and has differences and differences, and should be respected and inherited by us. "Unity of nature and man", the pursuit of internal and mutual harmony, to achieve the overall function optimization. Mutual absorption and the pursuit of overall and systematic harmony and unity are important trends and basic traditions of Chinese culture, which has enabled the big family of the Chinese nation to overcome countless difficulties and obstacles for thousands of years and achieve "group unity" and harmonious coexistence.

## **3. Practical difficulties**

In the process of ideological and political education of contemporary college students, we are facing the following factors:

### ***3.1. Ignore difference: pursue absolute identity***

The pursuit of equality has always been one of the ideals pursued by many people in the world, and contemporary college students are no exception. Living in the information age, they have a dream ideal and hope to pursue absolute equality and equality: people are equal, the school and society have a fair playing field, and they can have a successful career and make money through their own efforts after graduation.

More than 30 years of reform and opening up, bring great changes to Chinese society, to people's life style, the employment form, the thinking mode also bring great change, the process of reform and opening up quickly led to the Chinese social interest and the diversity of ideas, the diversity of the interests and ideas, more emphasis is between people, the differences between different social groups, There is more emphasis on competition. This difference is often overlooked by contemporary college students. The realistic problems faced by college students at present are reflected in the fact that the competitive environment is not completely fair and there is no difference. The pure sameness and absolute equality pursued by college students is an idealized topic, and there is often a big gap between them and the complex reality. Faced with this situation, college students tend to produce discontented emotions and complaints and other disharmonious situations in the face of their inner contradictions. Is particularly prominent, college students are in the world outlook, the outlook on life values, sets up the confusion in front of the stage, the psychological quality is not stable, the cognition of ideal and faith is often the existence of fuzzy space, and some aspects such as society, school, family influence, on the relationship between the students and adult talent mismanaged, worrying mental health condition of students.

### **3.2. *Forget the whole: self-centered***

The concept of harmony emphasizes that nature, human society and individuals are a unified whole and should live in harmony and co-exist in harmony. Nowadays, college students, as the generation with fewer children, have grown up watching Hollywood blockbusters, eating foreign fast food, listening to European and American pop music and playing online games. Some people because of its excessive growth process by many elder care, material life satisfied greatly, and is affected by the bad atmosphere in society, formed during the period of school, in getting along with others, often prone to self-centered, and forget the integrity, mainly manifested in the following aspects: first of all, make public personality and team cooperation consciousness is poorer. Secondly, over-reliance on the Internet leads to poor actual communication skills. The Internet age is the characteristic of college students' living environment. Many college students seriously "live on the Internet", which greatly reduces their willingness to communicate with others, especially classmates, so that their communication ability can not be improved. Thirdly, individual life is incompatible with group life pattern, poor self-care ability and constraint ability, strong self-awareness, weak sense of cooperation.

## **4. Path analysis**

He he culture advocates "seeking common ground while shelving differences" and "harmony while being different", which undoubtedly leads a new way for our college students' thoughts in today's multicultural society. "China's fine traditional culture should be thoroughly explored and elucidated, featuring the values of The Times such as benevolence, people-orientation, integrity, justice, harmony and unity," Xi said. "China's fine traditional culture should become an important source of cultivating core socialist values." "We want to make harmony idea of Chinese excellent traditional culture education into the university, pay attention to the differences of college students' ideological and political work, strengthen the integrity of the college students' ideological and political work and cultivate college students' group, but fit in with the flock together, strengthen college students' morality and values to guide, to do a good job of the ideological and political education of college students, Make them establish correct world outlook, outlook on life and values.

### **4.1. *Harmony but difference: pay attention to the difference of college students' ideological and political work***

Confucius believed, "harmony without uniformity", that is, do not insist on conformity, do not repeat others. Only by recognizing, tolerating and even respecting differences on the premise of achieving the same goals can conflicts be resolved and co-existence and co-prosperity be achieved. "Harmony without uniformity" is a fine tradition of the Chinese nation, the essence of Chinese culture, and an approach to life respected by the Chinese since ancient times.

In today's colleges and universities, ideological and political education for college students, each student due to the different understanding ability, operation ability, professional expertise, personal efforts and so on, the results are different, this is the case in class, it is even more so out of campus. Therefore, it is required that our colleges and universities should carry out rich and colorful social practice, educational practice and other activities for a long time, so that college students can be directly combined with the society, so that they can enter the society in advance, experience the society, and resolve the serious existence of unrealistic equality in their hearts. Conditional colleges and universities, such as agriculture, forestry, tech, medical school, department, professional, should be college-business cooperation mode of running school, according to the characteristics of different majors, requirements, organize students to the base of practice, social practice, students can not only master the labor skills, increase their income, and, more importantly, through labor practice, To deepen college students' social, understanding of the differences of others, understanding, to get along with others should be the essence of "harmony without uniformity" have a more profound experience, to acknowledge differences between people, from the enterprises, such as learn the management idea and practice bases and from the classroom to the ideas of harmony, value concept, applied to the society, This will enable our college students to adapt to society quickly after graduation. In the future, no matter in what position, what social environment, can accept the concept of harmony and different, and live in harmony with others and the society, can make small achievements, get a good reflection of the employer and the society.

#### ***4.2. Seeking common ground while reserving differences: strengthening the integrity of college students' ideological and political work***

Seeking common ground while reserving differences has guiding significance for the effective development of ideological and political work of college students and strengthening the integrity of ideological and political work of college students. First of all, it can correctly guide students to understand "seeking common ground while reserving differences" from a dialectical point of view. To adhere to the difference and seek common, life is full of dialectics, "seeking common while reserving differences" to teach college students, must be guided by the principle of identity and struggle. On the one hand, when dealing with all kinds of relations, we should achieve the identity and integrity of the collective society. Only in this way can our society achieve true harmony, and only in this way can our study and life be meaningful. On the other hand, everyone should have their own personality, hobbies, especially in front of the big is big, that is, to adhere to the fighting, to adhere to the principle of their solution, must not parrot.

#### ***4.3. Guide the content reform of ideological and political education in colleges and universities with socialist core values***

Core values represent the spiritual pursuit of a country and a nation. The core socialist values refer to "harmony", which is in line with our ancient culture of "harmony". At the same time, in just 24 words, the core socialist values clearly express what kind of country and society we will build, and the requirements for our citizens. This shows that the Realization of the Chinese dream of the great rejuvenation of the Chinese nation is closely related to every citizen of China. Every college student, as a citizen of our country, will go to all walks of life and participate in the construction of our Chinese dream in the future. Therefore, the ideological and political education in colleges and universities should implement socialist core values into the ideological and political education of college students and play a correct guiding role. Therefore, in the process of ideological and political education reform in colleges and universities, we should focus on cultivating students' all-round development, improving each student's character, and making them develop freely and harmoniously in ideological and moral quality. The specific performance is as follows:

First, the content of ideological and political education in colleges and universities should be more timeliness. In today's world, the speed of knowledge update is changing with each passing day. As an active group, college students receive fresh information quickly. Therefore, the content of ideological and political education in our colleges and universities should follow the current trend and add the latest content that can improve the ideological and moral cultivation of college students.

Second, ideological and political education in colleges and universities should be closely related to the reality of students. After all, ideological and political education in colleges and universities is related to every college student, so it is necessary to closely understand the actual ideological status of college students, and give timely and effective answers to their confused questions in study and life.

Thirdly, the cases of ideological and political education in colleges and universities should come from students' real life as far as possible. Compared with the cases on TV, the typical characters around can arouse the interest of college students and are more infectious, thus they can set a good example.

## **5. Conclusion**

The extensive and profound Chinese excellent culture provides the ideological and political education in colleges and universities of our country with the ideological source. As one of the quintessence of excellent traditional culture, "he he" culture has a great enlightening effect on the reform of ideological and political education in contemporary colleges and universities, and at the same time, it has injected the value of The Times into "he he" culture. We believe that the ideological and political education in colleges and universities will have a bright future.

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