

Research on Qiu Jin's sports thought

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Abstract: Qiu Jin is one of the important leaders of the modern Chinese women's sports industry. It is a revolutionary man with high morale, full of feminine poets, and a sportsman who has a lot of sports skills. She put forward the military martial arts sports thought, to promote the combination of school sports and military training, pointed out that the modern Chinese sports and military training combination of quality; female three from the four German feudal concept was broken, against women wrapped around the foot; to promote women's movement, Break the restrictions on women's participation in the movement, enrich the content of modern Chinese women's sports, and establish a spirit of fear of sacrifice, tenacious struggle. Her sports ideology and related sports research to improve the development of sports thought has great reference value, the future development of sports has a great role in guiding the promotion of modern Chinese women's sports played a huge role.

Key words: women's sports; foot-binding; Qiu Jin

1. INTRODUCTION

Qiu Jin (1875-1907), native of Xiamen, Fujian, home generations prominent, formerly known as leap Jin, word Xuanqing. Wen Wu Shuangquan, known as "Jianhu woman" "talented woman," said her character strong and unyielding, from a small temper character stubborn, marriage has brought her unfortunate and sad, making Qiu Jin resolutely to the women's movement, Become the great pioneer of the modern Chinese women's revolutionaries and women's liberation movements. As a result of his relationship with her husband is not harmonious, 1904 went abroad to study in Japan, returned to China in 1905 to participate in the recovery, the same year in July to return to Japan, participated in the local alliance, to join the revolutionary cause, in 1906 in the Xunxi female school as lecturer, secret Fostering revolutionary forces, for Qiu Jin short life, later gave two directions of evaluation. In Sun Yat-sen view, she is a heroine, national hero, for the cause of the revolution made a great contribution. It is with Tao Xilin, Tao Chengzhang collectively "three martyrs", but some people think that Qiu Jin rebellious rebellious heart quite heavy, like wearing a male dress, riding a sword, with male names, for herd, showing with contemporary women Completely different characteristics, very different. The evaluation of these two directions are affected by different periods of social atmosphere, according to

the current progress of the development of the feminist movement, but can only say that today's different past, only the predecessors of the pay and sacrifice, is worthy of our mind and reflection of. The academic community's recognition of Qiu Jin also contributed to her contribution to the feminist movement and the revolutionary movement. She put her own young life into the oven of the nation and women's liberation. She is not only an outstanding revolutionary, but also the history of modern sports to promote the development of women's sports pioneer. She was the academic community commented on the great revolutionary cause and the women's movement pioneer; as a bourgeois female revolutionist, she was a good poet. At the end of the Qing Dynasty, although the Western concept of the introduction of China, but the overall social atmosphere is still conservative, especially the status of women in the face of the ever-changing material science progress is even more inadequate. We can from Qiu Jin to promote the women's liberation movement to explore her physical essence of sports.

2. THE ORIGIN OF QIU JIN 'S SPORTS THOUGHT

Qiu Jin was born in a scholarly family, but also the Qing Dynasty officials under the family, so that she can have access to education opportunities, due to talented and intelligent, 7-year-old refused to wrap, on the grounds that the father and brother are not wrapped, , So she can go to men as normal walking, abolition of foot-binding abuse, but also a pair of women had their feet, so that they have the ability to free exercise, Qiu Jin women's participation in the most concerned about the matter, but also the origin of her sports thought one. Strong Chinese people cannot endure the humiliation of the agreement, uprising, indomitable, Qiu Jin hate betrayal of the Qing government invaded the country, Qiu Jin in the "warned my compatriots" mentioned: "Japan and Russia for the resources of China's northeast , The ongoing battle, conflict, the history of the Russo-Japanese War, occurred in Qiu Jin school, Qiu Jin distant foreign country, see and see in Japan deeply impacted her original thinking, Qiu Jin witnessed The Japanese sent their loved ones on the battlefield scene. Qiu Jin both envy those who sent their soldiers to the enthusiasm of the soldiers, the kind of heart from the heart of the concerted effort Qiu Jin angry and ashamed, she was angry people of numbness And foolish, desperate is their own people despise the

weakness of our own soldiers Qiu Jin is a strong national sense of the national warrior, she is a stubborn heart, but also a very contradictory person, her worries a strong sense of foreign aggression, hatred of foreign invaders, the nation's survival and development has been campaigned she said: "European and American, surging compelling, full of thieves traitors, the quest to pay, I Besieged on all sides, north and south military power, operating in full bondage hand, Yu Zhi Han kill me. "" The race was not guaranteed, with the death of the individual, as a massive retaliation to snow Han sink death. "Concern for the fate of the feelings between her deeply rooted in the heart. Kangliang Wei Qiu Jin in by the new breed of influence to join League, anti-war concept of deeper and deeper understanding of Japan to be thorough, and the body in the prevalence of militarism Of Japan, so that her revolutionary philosophy more firm, which is the formation of Qiu Jin sports thought one of the origins.

THE CONTENT OF QIU JIN 'S SPORTS THOUGHT

(1). Advocate force thought of sports militarization
Qiu Jin to accept the revolutionary thinking Sports militarization thought has an important influence, China has been a foreign enemy ravaged reality, but also her military militarization form of military ideological basis, from Qiu Jin's poems and carols can know her women do not let eyebrows to restore the Han in the past, under a great determination, including their lives, advocate full, against the war of aggression. From the poems written by Qiu Jin, but also can feel her blood boiling, a strong patriotic feelings, such as: "compatriots bitter" in "I will certainly divine division, sweeping the fog see blue sky, hand-held white edge to find the people thief, Is the saints, "these works of poetry, found that she really has a different personality with ordinary women, in the context of the historical environment, called the masculine trend, but, as an ordinary women movement, Qiu Jin that The revolutionary movement of the country as a whole, everyone should be responsible, should not be different because of gender differences, not to mention, is still very conservative concept of the late Qing Dynasty, as the female Qiu Jin has such patriotic feelings, Like a great warrior of the same sports ideas. Qiu Jin played the name of the course of physical education and the purpose is to secretly train a group of revolutionaries in Jiangsu and Zhejiang region, as a leader and members of the Association of the liberation of teachers, training backbone of the revolutionary talent. In 1904 April, Qiu Jin went to Japan to study, study abroad, inadvertently met the service department, and the relationship is very close, the service department is invited by the Qing government, and she is also the Imperial College lectures Wife, department of the Ministry of Health was entrusted to serve as one of

the important leaders to deal with women's problems, the Department of Women's communication is very wide, very popular among the ladies in the upper class, so invited to create a woman "forum" in order to communicate exchange of women Learn appropriate, Qiu Jin introduced through a friend, also joined the forum, often with the Ministry of clothing to discuss the issue of women's rights, the Department had said wearing men's clothing is not a good way to solve the problem, Qiu Jin because of the envy of men, free and unfettered, so In the shape of imitation of men wearing, in fact, this is the performance of inferiority, Qiu Jin also does not deny, but did not give up their obsession. Qiu Jin in the Castle Normal class learned a lot of knowledge, often "practice shooting technology, but also learn to create explosives, often wearing Japanese kimono, carrying the Japanese knife." [6] She studied knife and shooting, ready to actively into the revolutionary cause. Qiu Jin in his teens, like sports, often with the brothers together learn martial arts. In Japan during study, wrote in the letter to the brothers: "sister recently in school, the body is very hard, learning gymnastics, can make the body robust." [7] can be seen, Qiu Jin is very important to their own physical and physical quality of the maintenance and improvement. Chase Normal School is one of the earliest schools in our country's first normal school gymnastics special course. The school attaches great importance to the comprehensive development of the moral and intellectuals of the students, emphasizes the practice of combining hands and works, and makes up for the shortage of other skills, all the spare time, have cultivated the national army of spiritual work discipline and in ancient China's private teaching art, the Western military model, respected "martial arts" thought of military life. [8] the late Qing Dynasty, and did not formally appear "sports" the word, "gymnastics" was in school, the general language of sports teaching, divided into ordinary gymnastics and military gymnastics two categories; and Chase Normal School curriculum teaching content more biased style gymnastics, Ms. Qiu Jin since childhood contact with a variety of martial arts, but also in Japan to study, but also personally experience the warrior type of martial arts gymnastics, to participate in the revolutionary cause, strongly praised the use of force to defeat the Manchu government Of the concept, therefore, is responsible for presiding over the task of Chase Normal School, the military thinking is very recognized, the main teaching content to the main type of military sports. Chase Normal School of physical education courses include: flyover, slip wood, iron bars, Trojans, swing, iron ring, long jump and so on. [9] In terms of teaching and learning, it emphasizes the content and form of national traditional sports and actively promotes the introduction of advanced sports ideas from abroad. Because the revolutionary party to

assassinate means, riots, training revolutionary soldiers, in addition to the need to have the martial arts spirit, the use of military equipment, fighting skills, have strict requirements. Therefore, in Qiu Jin to follow the Chase Normal School and Sports Club period, attaches great importance to shooting, gymnastics equipment and military gymnastics, in order to train the armed uprising revolutionaries, the soldiers demanding, personally to the soldiers to do, in order to better Master the ability to kill the enemy, but also often teach students field live fire shooting and riding skills, to prevent actual combat may encounter unexpected situations. After the Revolution of 1911, in 1912 the establishment of Zhejiang Sports School, the purpose is to commemorate the spirit of Xu Xilin and Qiu Jin, its teaching content is still emphasis on military gymnastics. Can be seen, the implementation of the school, that is, to give the brakes, over time, "gymnastics" and "military exercises" concept into one, and this is no obvious boundaries, so that the military militarization of the military thought deeply rooted. Yao Tinghua pointed out: Xu Xilin and Qiu Jin revolutionary advocated Shaoxing Sports Association, promoted the establishment of the Zhejiang Provincial Sports Association, has a direct role in promoting the 1906 Hangzhou Sports Club, Lishui City Sports Association, established in 1911, Zhejiang Sports Club, According to their founder purpose, have a similar place, is to promote the spirit of martial arts, attention to military sports. Tao Chengzhang in his "Qiu Jin Biography" described: "Jin repeatedly from Hangzhou and Shanghai, sports military two sessions, the name of the military academy, Xin move party, and Chase school as its center." [10] Qiu Jin extensive contact with the government and the gentry, and their relationship is very friendly, when the Chase school with the help of students "to the township sponsor training me" purpose, training revolutionary cadres. Therefore, Chase is a revolutionary warrior secret contact point, is also the most famous modern Chinese sports school. Therefore, although Qiu Jin only a short span of thirty years of life, but her martial arts sports thought left us a profound impact and inspiration, especially the training of military personnel thinking is very important; Qiu Jin's sports thought Although most of the revolutionary spirit, sports militarization of the great tendency, but the sports awareness in modern China's propaganda, there is a positive inspiration.

(2). Against women foot-binding and advocate women's sports

It is one of the main contributions of Qiu Jin to feminist movement. Qiu Jin family enlightened, since childhood has not been affectionate, though so, Qiu Jin is sympathetic to everyone, take the lead for the foot-binding woman to fight the injustice, found that the foot-binding is because the male discrimination against women, this discrimination makes Qiu Jin

more Angry. Men worry that women have the knowledge, after learning, will be bullied and ridiculed, on the other hand the woman is unable to resist, and even that can be lazy, slaughtered, like the bottom of the community of slave society. Qiu Jin childhood learning brother is not foot binding, she firmly believe that human life and equality, women's rights are not given by men, is born, has nothing to do with gender, and foot-on serious damage to the foot organization and bone growth and development, which Is very unfair to women, for men, also did not get the so-called great benefits. Qiu Jin 16 years old, and cousin learning fist, fencing, horse riding, high jump, long jump and other skills. [11] 17 years old and brother and sister together to read the private school, climbing, poem, 20 years old, was known as a small talented woman, is a civil and female, 22 years old after marriage, their marriage has been dissatisfied, especially 29 years old, often with the husband Wang Zifang conflict, so, Qiu Jin study abroad, which began to understand the women's movement. Qiu Jin lobbying lectures, the liberation of women's compatriots thinking, convinced that women and men can independently self-support themselves, rather than relying on men, as their only hope, but should not obey the male, obedience, Equal to one of the performance; called on all female compatriots, into the school, through their own skills to learn, to feed themselves. She exposed the injury and the serious consequences of the foot-binding. Therefore, she called "put Yu Yu in addition to a thousand drug, enthusiastic to arouse the Hundred Flowers." [12] She believes that: everyone is born equal, should not be different because of gender differences, people also belong to animals, should have their own freedom, not everything must be bound, can be handled according to their own wishes, If the intention of the day after the restrictions, so that a pair of healthy feet cannot be flexible walking, became disabled, not only contrary to God, and not in line with humanity. This is not a humane idea, it is from men and women are closely related, and women can only fate, listen to men, dare not resist, over time, was used as a habit, no foot-binding women are regarded as alternative, abusive and discrimination, this unhealthy social concept, so that women unable to resist, and even that the smaller the more popular foot wrapped, there will be a "three-inch lotus" argument. After a long period of bad mood, foot-binding habits for men, and did not get any benefits, the foot is a person's most basic sports organs, whether walking or doing housework, go out to school or work, healthy and flexible feet is the most important of the most basic. If due to congenital or other reasons cannot be selected, resulting in incomplete foot, excusable, but the people in the background of society because of silly ignorance, and deliberately caused the disability of the feet, enough to see women's social status is humble. As early as

during the stay in Japan, Qiu Jin realized the importance of physical education, in August 1905, she wrote in his brother in Tokyo, the letter said: "sister near school, the body is very hard, learning gymnastics, can make the body Vigorous. "She believes that exercise gymnastics, can make women have a strong physique, while honing will, more robust. She advocated women independent, non-study and learning cannot, non-gregarious. Education, science and technology, economic independence is Qiu Jin that women need to master the liberation of the ability, Qiu Jin advocated to learn from the Japanese women. She pointed out: "Everyone is in a way to enjoy the body, can help parents, the next can help teach their children, so that men and women who do not eat, their country cannot strong?" Qiu Jin advocate women themselves to liberate and asked to give women the same rights as men, proposed to abolish the foot-binding to promote women's sports, although there is no direct implementation of sports, but this move opened the first door to overthrow the women's sports. She believes that the nature of sports is to make people have a strong body, which is the real woman to break the traditional shackles of the first step.

3. THE CONTEMPORARY VALUE OF QIU JIN 'S SPORTS THOUGHT

Women's sports developed particularly rapidly during the Republic of China. Women's school sports, athletic sports and mass sports development of the sound and color, and for the new China's sports laid the foundation for the comprehensive development. Women's sports are an indispensable part of social life, reflecting the process of changing women's consciousness. Qiu Jin's strong advocacy of sports as a force to guide the awakening of female consciousness and accelerate the transfer of women's sports spirit. Republic of women through the contact of sports, inner subconscious is also gradually strengthened. In this process, Qiu Jin from the initial self-consciousness for the development of self-consciousness to individuals and national, national fate combined with the sense of social responsibility, enrich the social significance of modern women's sports, Qiu Jin constantly advocate the liberation and beyond the self, Which promoted the consciousness of "healthy beauty", the consciousness of equality between men and women, the consciousness of independence, the consciousness of social responsibility and the consciousness of cooperation and competition, which laid the foundation for the healthy development of modern sports thought. However, the real realization of women's liberation is also derived from the women themselves, and they need their own tireless efforts. Qiu Jin from the sports thought can be summed up as follows: First, actively practicing a strong body. This is the prerequisite for the realization of women's liberation. Second, dare to resist the fallacy of the feudal forces to do, to break

the traditional ideas, to wake up the majority of women break free spirit of yoke, to achieve the independence of personality and spiritual liberation. This is not only the liberation of women's spiritual level, but also for the liberation of women to provide the internal motivation. Qiu Jin 's concept of sports thought has played a great role in cultivating sports professionals and promoting sports culture. It is a great wealth of modern women's sports research.

4. CONCLUSION

Qiu Jin in just three decades of life, breaking the traditional concept of the shackles of women, fully demonstrated the tough character of women, based on the historical status. She respected the spirit of martial arts and actively cultivates the revolutionary and the sports talent for the modern sports has made important contributions, thus making it "the first female hero in China." Qiu Jin personality tough, masculine trend, so whether it is appearance or behavior, as well as her participation in women's magazine to explain the work, have filled a feminist style, which is the most effective and most effective is foot binding The Elaborated the value of Xingxiao school, the foot-binding, revealing the significance of modern women's sports. At the same time, Qiu Jin also realized that only through the revolution to overthrow the Qing government, women can really get liberation. In order to better participate in the revolutionary cause, have a strong physique, Qiu Jin gymnastics is equivalent to military training, but also under the government decrees allowed, so cultivate a large number of revolutionaries and people of insight, and modern sports training as an important means The power of the revolution cannot only improve the physical strength of the revolutionary women but also improve the military skills. For the sports itself, Qiu Jin's sports thought is It is a great reference value, Qiu Jin focused on the revolutionary spirit of martial arts, committed to national liberation and women's liberation, the history of modern sports in China made an important contribution, Qiu Jin is the enlightenment of sports ideas, her revolutionary practice on Promote the development of modern sports and sports practice has a profound impact.

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