

On the work strategies of college counselors in safety education of college students' practice

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Abstract: College student internship is an important link for college students to step into the work post after graduation. College students often suffer from traffic, accommodation, network, social and other aspects of security risks due to their lack of social life experience. Therefore, college counselors need to continuously instill the concept and action of safety education to college students through online and offline forms, so as to solve the problems of insufficient legal awareness, psychological vulnerability and low ideological and political level of college students. In the process of safety education in practice, it is necessary not only to innovate educational ideas and teaching methods, but also to strengthen dynamic evaluation, so as to ensure the efficient development of safety education.

Keywords: College students; Internship safety; College counselors; Safety education

1. Introduction

College counselors is responsible for students' party construction, ideological and political, the major persons-in-charge of the daily life, learning activities, throughout the college students graduated from the school to the whole university career. Therefore, college counselors need to integrate safety education into their work from the time they enter the school. Through continuous education, students' safety awareness can be established, so that they can abide by the law, have a healthy psychology, have a certain ideological and political level, effectively distinguish the hidden dangers of safety, and ensure that their own interests are not violated.

2. The significance of safety education for college students

As senior intellectuals in the new era, college students are the future pillars of the country and society. Improving the safety education of college students' practice can not only ensure the smooth progress of production work of internship units, but also protect the personal safety of college students, which keeps them away from dangerous equipment and risk links, and avoid accidental injuries. In recent years, with the expansion of college enrollment, there are nearly ten million college students entering the society every year. Such a large number of employment team has formed a huge pressure on national social management, especially security management, public security management, public opinion management and so on. During the period of school, if college students receive safety education in practice, they will have enough ideological preparation in advance, learn the ability to identify security risks, and master certain security avoidance measures, so as to ensure that most college students stay away from security risks. In this way, college students protect the personal and property safety, and every family is less a worry, which is of great value to social stability and national prosperity.

3. Basic contents of safety education for college students

To sum up, the basic content of safety education for college students mainly includes three aspects: law and regulation education, mental health education and ideological and political education

3.1. Education on laws and regulations

Modern college students generally lack legal consciousness, so that they often lack formal and legal protection ability to defend their own interests. Because of the lack of legal knowledge, they often fall

into some troubles or traps. For example, the tragedy caused by campus loans often happens, which is caused by incorrect consumption awareness and lack of legal awareness. College students are bound to enter enterprises after graduation, and forming employment relations and labor contract relations with enterprises is the premise and basis of work. In order to protect the interests of college students, college counselors need to educate them about laws and regulations. For example, Labor Law, Contract Law, General Principles of Civil Law, Constitution, Criminal Law, intellectual Property Law, etc. These laws can improve college students' legal knowledge and self-protection ability according to the law. In addition, the school should cultivate the ability of college students to read the employer's norms, codes of conduct, employment contracts and other texts, so as to find problems between the lines and raise questions in time to ensure that their rights and interests are not infringed, or in their own rights and interests are infringed, they can grasp strong evidence to defend themselves.

3.2. Mental health education

Under the background of the new era, college students often live in a comfortable family environment, and have not even experienced great setbacks and misfortune, so that most of the college students can often work and study in prosperity, but in adversity environment, general psychological fragile. Such fragile psychology often makes them unable to face difficulties independently and always expect to get help from others when difficulties come, especially from their parents. Due to the lack of psychological maturity, college students have no awareness of security risks, and knowingly commit many behaviors. Therefore, it is imperative to integrate mental health education into college students' safety education, and colleges and universities need to constantly innovate mental health education methods. Especially in the process of college students' practice, counselors should correctly recognize the psychological health of college students before, during and after the practice because of various factors. For example, when enterprises are dissatisfied with their work performance and propose to terminate labor relations, college students will be hit psychologically; In the process of the internship because of bad colleague relationship and affect his mood; Being affected by the pressure of survival leads to psychological distortion and other problems. This requires college counselors to integrate mental health education and safety education and improve the safety awareness and mental health level of college students by innovative means.

3.3. Ideological and political education

Ideological and political level affects students' political identity, national feelings, cultural accomplishment, moral level and other aspects. If college students themselves have problems in these aspects, it will make individuals become risk factors, which will bring huge hidden dangers to employers and the society. Therefore, ideological and political education is not only responsible for college students, but also responsible for enterprises and society. In view of the influx of a large number of college students into the society every year, bringing greater pressure on social security management, so the ideological and political education of college students during the school is a top priority. Under the concept of curriculum ideological and political construction of the Ministry of Education, ideological and political education can also be integrated with curriculum ideological and political construction to achieve dynamic ideological and political education. It can also carry out ideological and political education through party building activities, so that fine thoughts and revolutionary traditions can enter the hearts of college students and exert a positive influence on them unconsciously. As the principal person in charge of student party construction, college counselors are duty-bound in their work and responsibilities.

4. Strategies of safety education for college counselors in practice

Under the background of the new era, the strategies of college counselors to do a good job in safety education for college students can be carried out from three aspects: innovating educational ideas, optimizing educational methods and strengthening educational evaluation.

4.1. Innovate educational concepts

The idea of innovative education is mainly reflected in: whole student safety education, whole process safety education and all-round safety education. First, whole student safety education. In the practice of safety education, we need to actively unite the practice units to achieve safety education. College counselors are responsible for students' laws and regulations, mental health, ideological and political

education, while employers and internship units are responsible for production safety education, post safety education and other aspects. Both have a clear division of labor and are closely linked to eliminate security risks as far as possible. Second, the whole process of safety education. College counselors carry out safety education when college students enter the university, and carry out safety education with appropriate combination of the staged practice of college students, in order to ensure that safety awareness is instilled into the mind of college students and improve their ability to distinguish risk sources. College counselors should consider student internship in the process of network security of traffic safety, learning, entertainment, social interaction, social security and living environment of safety, but also for the formation of necessary safety education content, to be flexible and interesting ways to attract students attention and learning, let security concept accepted by college students widely. In addition, the innovation of education concept also aims to meet the characteristics of The Times and realize the combination of online and offline. Resources such as MOOC safety education, safety management study of community internship, and safety education books of library are integrated into the innovation, so that college students can obtain comprehensive safety education.

4.2. Optimize education methods

The optimization of education mode mainly includes two aspects: situational education and practical learning.

First, situational education. Situational education mainly aims to improve the correlation between safety education and objective situation through working situation and life situation, so as to improve the learning experience level of college students and ensure the internalization of safety knowledge and safety skills. On the one hand, the working situation of professional positions can be recorded in the working situation to identify the sources of safety risks. Or demonstrate the working process of relevant posts to ensure that college students are familiar with the working process and can effectively identify the legal hidden dangers. On the other hand, the life situation is mainly to establish social interaction (social activities), network fraud, pyramid selling temptation and other situations, through the scenario simulation or video demonstration of students, let students realize the security risks, so as to learn to deal with security risks.

Second, practice learning. Practical learning is mainly about traffic safety, electricity safety, gas safety and so on. The most important is to improve the ability of college students to deal with common security risks and accidents. For example, how to save oneself, others and others after gas poisoning, teach students how to use electricity properly, and find out the hidden danger of power supply, and correct treatment plan in case of fire.

4.3. Strengthen educational evaluation

Safety education needs education evaluation, otherwise it is difficult to improve the level of safety education dynamically. It is necessary to construct evaluation system, including evaluation index, evaluation standard and scoring standard. Evaluation indicators not only include first-level indicators, that is, whether the teaching objectives are clear, whether the teaching methods are novel and effective, and whether the teaching results achieve expectations, but also need second-level indicators, for example, whether the teaching objectives are clear or not, including clear objectives and unclear objectives. The evaluation standard reflects the importance of safety education and makes clear the significance of cultivating college students' safety awareness. Because it does not highlight the importance of safety education, it does not promote the formation of college students' safety awareness. These two correspond to fractions.

5. Conclusions

For college students, college counselors are the closest relationship during their college life. College counselors are both teachers and friends of college students. Therefore, to carry out safety education in practice by college counselors can improve work efficiency and complete work tasks efficiently. In order to do this important job, college counselors must understand the psychological state of college students, so as to achieve targeted education. In the practice safety education, college counselors must grasp the legal education, ideological education, psychological education to carry out necessary innovative teaching, let students know all kinds of safety risks in the corresponding situation. In order to build up the safety consciousness of students, it is necessary for college counselors to uphold the thought of

"educating students with three qualities" and achieve the safety education of the whole staff, the whole process and the whole aspect.

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