# The Artistic Value of Body Language in Chorus Conducting

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ABSTRACT. Body language is used by every person to express, and each person shows different body movements, and the meaning of expression is also different. Not everyone needs to use body language when expressing, but the use of certain body movements can make one's content richer, and at the same time make other people more clearly understand the content and emotion they expressed. Body movements can be seen everywhere in daily life, especially the conductor of the chorus who is often seen on the TV screen. By analyzing the function of body language in chorus command, this paper discusses the artistic value of body language in chorus command.

**KEYWORDS:** Body language; Chorus conducting; Artistic value

#### 1. Introduction

Introduction: The performance of chorus mainly embodies the collective spirit of the group. In addition, it fully shows the professionalism of each performer. In the eyes of the layman, choral conductor has little effect on the performance of the whole team, and it seems that anyone who is placed in the position of choral conductor can command. In fact, this is not the case. Chorus conductor plays a very important role in the performance of the whole team. Chorus conductor is the key helmsman to grasp the whole singing rhythm in the whole performance process, and each performer expresses the cadence emotion according to the body movements of chorus conductor. Therefore, body language is very important in chorus performance.

## 2. The Function of Body Language

## 2.1 Grasp the Overall Rhythm

Chorus conductor is the core position in collective chorus performance, not everyone can command the team in this position. A qualified choral conductor needs to be strictly selected. After selection such as body coordination, rhythm sensitivity, etc., they still need to undergo many training exercises to strengthen the rhythm sensitivity of the conductor. As the saying goes, practice makes perfect, the conductor is not just a leader, but represents the soul of a group. For the conductor, the assessment of body language is more strict. Therefore, whether the body movements are expressed in a standard and powerful way plays a key role in the chorus.

For example, when the instruments such as the violin and zither are mixed, they all change the speed and smoothness of performance and the long rhythm of performance by watching the body language waved by the conductor. One of the body movements expresses multiple levels of meaning. Just like a simple "left hand down slowly" action can be understood as two form. First, it signals that some players (violins or cellos) should slow down; Second, it signals that some instruments should play in an atmosphere of sound rather than silence at this time. There is also "the whirlpool up swing of the baton in the right hand" which means that the playing sound should be progressed layer by layer, slowly improving the playing sound and speeding up the playing rhythm. Therefore, the body language of the conductor in the chorus is extremely important. It can be said that the body language of the conductor grasps the rhythm of the whole singing, which is the lifeblood of the performance of a chorus and an indispensable part of the chorus performance.

## 2.2 Appease the Player's Nervousness

In the face of large and small concerts, no matter how many times the performers have played, there will be some slight uneasiness, because each time they meet different audiences, different playing venues and playing in

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different areas will have a lot of small influence. Therefore, the body language of the chorus conductor can relieve the performer's tension. It is not only the body language of the chorus conductor that plays an irreplaceable role in large-scale concerts, but also the individual singing or small-scale chorus. For example, kindergarten children perform singing and dancing programs. In the whole performance, the leading dance teachers of each class draw from the beginning to the end to remind the children of the specific details of the next action. Although it's just a reminder, without the demonstration of the body language of the leading dance teacher, the whole performance will not show the whole performance perfectly.

## 3. The Artistic Value of Body Language

## 3.1 Body Language Improves the Coordination of Performance Art

In the process of chorus performance, the conductor shows the sadness, pain, sadness, joy, fear, panic, horror and other emotions expressed in the music vividly through the sensitivity to music rhythm, mastery, facial expression and body movements. In this process, the conductor needs to make full use of the eyes, eyebrows and facial expressions of the body to express the music ideas and cultural values to be expressed by music. The coordination of facial expressions and body movements improves the value connotation of music chorus performance, and the sonorous and powerful performance of chorus conductor can make the audience feel that chorus has the charm of viewing. For the public, it is not only the music art that they come to the concert to enjoy, but also the charm and spirit of each performer. The so-called participation in concerts is to experience the feelings that others can't, to be present and to feel the atmosphere of the scene. Recently, a video of a pianist teaching children how to play the piano has attracted a lot of attention. In the video, Langlang's exaggerated keystrokes are impressive. At the beginning of listening, you just feel that it takes a lot of force to play, but after careful taste, you will feel the different emotions when playing that tune. Therefore, body language can be used in any performance situation, and two different ways of expressing emotion can be obviously felt in comparing performance with and without body language. It's not bad to perform without any body movements, but it doesn't reflect the value of performing art. The audience feels that it's just a poem or a tune, which doesn't reflect other meanings. In the performance of a chorus, the body language of the conductor represents the presentation of a soul. The soul here contains two meanings; first, it refers to the charismatic soul of the conductor of the chorus; second, it refers to the collective soul of all performers, which is interesting and charming. By observing the body language of the conductor and comprehending the meaning of the body language, all performers can play a piece perfectly. All players cooperate with the conductor tacitly, and lead the audience to experience the beauty of music. With the rise of the music boom, a large number of individual concerts are emerging, as well as the classical chorus and the classical music score. Through the analysis of all kinds of concerts, we can regard the essence of concerts as the analysis of the classical characteristics of music, the characteristics of seeking truth from facts, and the classical lyrics. From the point of view of music, we can see that the form of music is integrated with rationality, scientificity and sincerity, while the feature of formalization is characterized by concreteness, distinct prominence, individual form and real social situation; The classic feature is the most important meaning of enjoyment. "Enjoyment" and "classic" are not exactly the same, but for the essence of "enjoyment", what it expresses is the essence of good music. For the conductor of chorus, the main thing is to use body language to express and perform the body movements in chorus performance. The standard to test the level of a chorus team depends not only on the level of each member of the chorus team in terms of music professionalism, music foundation and writing skills, but also on the training of the conductor's body language.

## 3.2 Improve Art Awareness

With the continuous improvement of the current national economic value, music art provides entertainment for the masses. In the process of performing, only through the conductor's various body language can the singing music be displayed incisively and vividly. The body language of the conductor of the troupe helps the concert to end perfectly, and also enables the audience to experience the artistic implication, so as to promote the real display of the singing effect and improve the appreciation taste of the audience under the audience. From the concrete, sincere and classic characteristics of music, this paper makes a substantial analysis. In the process of chorus performance, the choral conductor uses different body language forms to complete the display of chorus performance content. The specific body language includes face performance and head movement. The professional quality of a chorus team should not only consider the professional quality of each performer in the chorus, but also comprehensively investigate the command ability and body coordination ability of the conductor. This is because the body language of the conductor plays a decisive role in the singing results.

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## 4. Conclusion

The body language of chorus conductor perfectly explains the deep meaning of poetry and music score. Its important position in the chorus process is also crucial. In fact, in the process of performance, the conductor encourages the players through the expression of body language, which is also a tranquilizer for the players. Under this premise, the chorus conductor can make the body more flexible and coordinated by multi-dimensional training in the daily training process. Through the training of gesture, face and body, constantly increase their body language actions to ensure a stronger musical charm in the concert.

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