

The Exploration of Background and Meaning of Publishing the “Double Reduction Policy”

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Abstract: *The parents must reduce the expensive of education during the three-child policy. Meanwhile, high-quality development of vocational education provides the educate with many job opportunities. Besides, the competition during the area of education is serious and educational institutions have the unreasonable competition. Under the above background, Xi Jinping hosted the 19th meeting of the Commission for Deepening Overall Reform, and examined and adopted “the idea” about easing the burden of excessive homework and off-campus tutoring for students undergoing compulsory education” (referred to as “idea”). The “double reduction policy” included five aspects. Firstly, the quantity of homework must be decreased, and the burden of doing homework must be reduced. Secondly, schools try their best to improve the quality of after-school services, in order to ensure the better study of students at school. Thirdly, the government should adhere to strict governance and comprehensively standardize the conduct of off-campus training. Fourthly, the quality of teaching should be improved vigorously to ensure that students learn well at school. Fifthly, the relevant governance should be strengthened to promote the guarantee capability. The “double reduction policy” provides a political security for easing the burden of excessive homework and off-campus tutoring for students undergoing compulsory education. Meanwhile, it improves the school level. It is beneficial to strength the reform of education in the new era. Besides, it aids to regulate the educational institutions effectively. Last, the three-child policy is workable and vocational education can have the high-quality development.*

Keywords: *The “double reduction policy”, Education, Home and school*

1. Introduction

With the development of politics and economy, people increase the request of education. Existing education Policy is hard to satisfy the request of people. In order to improve the level and balance of education, the Central Committee of the Communist Party of China (CPC) examined and adopted the “idea”. The publishment of “idea” provides schools with the high request. Actually, the policy strengthens the basic role of school during the area of education. Meanwhile, it reduces the parents’ pressure of educating children. Moreover, it puts forward new requests about the improvement and development of educational institutions, so they have many regulations. As a result, they become institutional and normal. Meanwhile, the educatee and the educator are influenced directly by this policy. This policy changes the state of the unclear duty between school and home. During the guide of the “double reduction policy”, strengthening the schools’ education, clearing the schools’ responsibilities and giving the school more responsibilities become the focus in the “double reduction” era. The publishment of “double reduction policy” eases the burden of students and releases the nature of students. Meanwhile, it makes the school and parents harmonious, and reduces the contradiction to a great extent.

2. The Background of the “Double Reduction Policy”

2.1 The Reduction of the Expensive of Education during the Three-child Policy

Firstly, when it comes to the background, the reason of publishing the three-child policy can not be escaped. Because the birth rate is rashly decreased at China, the three-child policy is published. According to the survey, 12 million people were born at 2020, which is the lowest level in the history. According to the report of the seventh National Census, the population is 1.41178 billion. The divorce rate is rising, while the marriage rate is declining, which leads to the problem about the increase of population and influences the social trend at the last decade, the second decade to a great extent. On the

other hand, the birth rate is declining, which means the population aging is strengthening. Under this social background, it is necessary to open “the second-child policy” and “the third-child policy”.

Secondly, the economy of the family should be considered during “the third-child policy”. If the price of house is high and the salary is low, the expensive of education takes up the most. That means the “the third-child policy” cannot be implemented. Then, the pressure of parents and students should be considered. Endless lessons will lead to serious problems. The factor of education leads to three problems: first, parents do not want their children lose at the first line. So, they ask their children to take the tutoring class, which forms the need of market. Once the need of market is rising, the price of the tutoring class will increase, which increases the expensive of parents; second, the duty of school is unclear. The part of tasks should be finished by parents, which increase the burden of parents. Parents who are tired at the whole day also need to correct the homework of children, which obviously increases the burden of parents. This is the factor that the parents reduce the desire of giving birth to a child, some young parents accompany their children to take instructions after class, in order to win the other children. There is no doubt that it increases the pressure of parents and children. Parents do not satisfy to take up their spare time and strengthen the burden of children. Therefore, these things show that students and parents have the more burden and that the problems of education should be solved quickly.

2.2 Many Job Opportunities of the Educatee Offered by the High-quality Development of Vocational Education

The Communist Party of China Central Committee and the State Council have released a set of guidelines on promoting the high-quality development of modern vocational education. Vocational education, which is promoting, is an important part of the national education system and human resource development. The development of modern vocational education is inadequate and unbalanced. Therefore, modern vocational education should have high-quality development.

Parents and schools consider the grades as a criterion to evaluate the students good or not. This idea caters the need of college entrance examination education system, which leads to three problems to a great extent. First, students with high grades have the low capability. Meanwhile, students become the machine that can get good grades, which is caused by the idea that the grade is the most important. Students cultivated by these ways have low abilities in many aspects and are hard to adapt the serious society; second, students with low grades are struck by grades and can not be understood by parents, teachers and classmates. So, students are able to have psychological illness easily, which will lead to the danger of hurting life; third, this idea will lead the situation that students with low grades do not have the opportunity to go to school. Students with low grades want to master one skill to survival in the society. So, this thought means that students with low grades study one skill only to survival in the society. Meanwhile, teachers of vocational and technical colleges are lack. Professional staff who construct the vocational education are scarce. Therefore, the development of vocational education will be restricted, which makes Shortage of social and technical personnel. And the people with the job burnout will rise, which triggers problems at all walks of life. Nowadays, people do no emphasize importance of the vocational technology. People think that only students with low grades study vocational technology. So, people should attach importance to the development of vocational education.

Our country pays attention to the development of vocational education, which can change the parents’ important attitudes towards the vocational and technical colleges and vocational education. Then this action reduces the number of supporters who think that grades are the most important, which improves to implement the “double reduction policy”.

2.3 The Serious Competition during the Area of Education and the Unreasonable Competition between Educational Institutions

“Rat race”, a sociological term, means that the process of the development of the social culture mode is sluggish. Nowadays, “rat race” is popular on the internet, which means people in the same area makes more efforts to contend the limited resource. Revenue effort ratio of the individual is decreasing, which can consider the inflation of efforts.

In order to implement the “double reduction policy”, the problems about rat race in the area of education and non-regulation of educational institutions should be solved. The competitions between parents, students and schools are serious. With the rat race era coming, students take part in the

extracurricular training mostly. However, their grades are not improved. The number of educational institutions must be increased to satisfy the students' need. According to the market price principle, the price of taking extracurricular training will rise absolutely. Under this condition, we do not think whether the extracurricular training can help students to increase grades or not, but the pressure of students is doubled and redoubled. This training takes up students' whole spare time. There is no doubt that the studying burden of students' is increased. Last, students with high grades have low abilities. It is not beneficial to students' physical well-being.

Next, when it comes the rat race era, market plays an important role on education, which leads to the decrease of the public nature of education. Education is the public enterprise. If the education that has to do with national economy and the people's livelihood is controlled by capitalist, the education will decline. Educational institutions are free and unrestrained in the market. On the one hand, they strengthen the burden of students. On the other hand, the imbalance on different subjects happens. Educational institutions exist in two ways: first, the subject training class, which refers to train the basic subjects, such as, Chinese, English, math, etc.; second, interest-oriented class, which refers to the art, vocal music, boxing and so on. Under this condition that grades are the most important, subject training classes become more and more important, while nobody cares the interest-oriented class. Subject training classes are chosen by most parents. Students blindly take part in the subject training classes, which leads to decrease the efficiency of learning. Educational institutions undertake the most duty of education, because parents want to rely on the educational institutions to get higher grades. In the market economy era, educational institutions do not have the reasonable regulations, which will lead to decrease the teacher's enthusiasm. What is more, teachers carry out subject training classes with the aim of making money. So, they do not teach students carefully. Then, education becomes the instrument of capital. It is not beneficial to the progress of social in the aspects of education and talent cultivation.

The publication of "double reduction policy" eases the rat race situation, then strengthens the school education, and decreases the role of educational institutions outside school. Meanwhile, it regulates the educational institutions outside school, and increases the quality of school education. Government controls the education and can cultivate talents.

3. The Contents and Meanings of Publishing "Double Reduction Policy"

3.1 The Contents of "Double Reduction Policy"

The "double reduction policy" included five aspects. Firstly, the quantity of homework must be decreased, and the burden of doing homework must be reduced. Secondly, schools try their best to improve the quality of after-school services, in order to ensure the better study of students at school. Thirdly, the government should adhere to strict governance and comprehensively standardize the conduct of off-campus training. Fourthly, the quality of teaching should be improved vigorously to ensure that students learn well at school. Fifthly, the relevant governance should be strengthened to promote the guarantee capability.

Decreasing the burden on students is relevant to the number of homework seen from the outside. Actually, decreasing the burden on students does not represent the zero of homework. After-school training includes the reiterative training and practical activities and so on, which is an important way to exam the understand and application of knowledge. Therefore, we should explore the contents of decreasing and how to decrease. Clearing the standard of classes and implementing the class plan should ensure the quality of school education, which is the base of "double reduction policy".

Homework is an important part of school education and teaching management and a necessary supplementary part of class teaching activities. Homework that is reasonable, scientific and effective can not only help students review the knowledge but also help teachers to improve the way of teaching. With publishing of "double reduction policy", many school increase the teachers' tutor time after school. Teachers teach students to finish homework. Many schools choose to reduce the number of homework and the time of finishing homework. Some schools improve students' comprehensive abilities by using after-class practice activities and promote social practice activities that are lack at a long time, which can enrich students' school life. Only in this way can we reduce the students' pressure.

Training mess should be seriously punished, which can form a deterrent effect. Subject training institutions should not be capitalization. Non-subject training institutions should have the standard. The

government must examine and approve these non-subject training institutions strictly. The training service behavior should be regulated, and training mechanism and supervision system should be established. Curriculum-based training will also not be allowed on weekends, national holidays or during winter and summer vacations. Normal operation supervision should be strengthened. Financing and fees of training institutions should apply in the training business. unfair competitions should be forbidden. Training institutions do not to employ foreign personnel abroad to Conduct training activities

3.2 The Meaning of “Double Reduction Policy”

Under achieving the Chinese Dream of national rejuvenation, CPCCC published the “double reduction policy”, which is a deployment of important decision.

The “double reduction policy” provides a political security for easing the burden of excessive homework and off-campus tutoring for students undergoing compulsory education. Meanwhile, it improves the school level. Meanwhile, it reduces the students’ pressure of Coursework and make-up lessons, which can release the nature of students. Teachers should help students with their homework, then principal status of school at the educational area will be strengthened. Effective reduction does not mean simple reduction. Instead, the quality of education must be improved, which can ensure to have a good study for students. The low effective and bad things even the negative things should be banned. Instead, students should be provided effective, good and high-quality contents. Therefore, we must know why students have more burden and know where is the source. Then we should find the concrete people and things. Only in this way can we find the real reasons and find the solutions.¹ The burden of parents can be reduced. The duty of schools can be clear. The contradiction between the family and the school can be decreased.

The “double reduction policy” is beneficial to strength the reform of education in the new era. Education services for the high-quality development at the new era, which offers the talent guarantee for achieving second Centenary Goal. The educational concepts are reformed gradually, which offers the precondition that the new educational idea is deeply rooted in people's hearts. Resources are allocated efficiently. Reform of the educational system is strengthened. These solutions can lay a solid foundation for the development of educational business.

The “double reduction policy” aids to regulate the educational institutions effectively. First, approval process should be strict. It bans local authorities from approving any new tutoring institutions for academic course training during the nine years of compulsory education. All existing curriculum-based tutoring institutions will have to register as nonprofit organizations. Second, the regulation should be strict. The training service behavior should be regulated, and training mechanism and supervision system should be established. Curriculum-based training will also not be allowed on weekends, national holidays or during winter and summer vacations, according to the regulation of Law of the People's Republic of China on the Protection of Minors. Third, the control should be strict. The regular screening mechanism should be strict. Education, public security, market supervision and other relevant departments jointly carry out law enforcement inspections. They should check the school-running qualification, teaching plan, school-running behavior, teaching personnel, fees, etc. Fourth, the supervision should be strict. The comprehensive supervision of education between the city and the county (city, district) includes the governance of off-campus training institutions and the work of “double reduction” and its effectiveness, which should be taken as an important content of the special rectification of municipal supervision and supervision. They cannot ignore the interests of the masses. Units and relevant responsible persons whose responsibilities are not fulfilled and whose measures are not in place should be held accountable in accordance with laws and regulations.² The qualifications for the establishment of the training institutions should be regulated, then we should introduce their correct development. To a larger extent, this way reduces the trend of capitalization at the area of education and reduce the scale of the training institutions and regulated the order of the training institutions, which can promote the steady development of education and the high-quality development of school education.

The three-child policy is workable and vocational education can have the high-quality development with publishing the “double reduction policy”. It promotes the implementing of the three-child policy

¹ Yin Fengjun. To cheer for “double reduction policy” [N]. Qinhuangdao Daily,2021-10-12(A02).

² Li Xiuguo. Full implementation of “double reduction policy” to optimize education environment[J].Henan Education (Teacher Education),2021(10):7-8.

and remit the aging. It gives students healthy growth of the outside environment, which promotes the development of students' physical well-being. During the process of implementing the "double reduction policy", the degree should be controlled. Students should be offered a good study environment and should have the personalized development. High-quality development of vocational education should be strengthened. The "double reduction policy" becomes the cornerstone of vocational education and promotes the steady development of vocational education.

4. Conclusion

Under the firm leadership of the Party Central Committee with Comrade Xi Jinping at its core, the "double reduction policy" focuses on building a high-quality education system, strengthens the main position of school education, strengthens the control of training institutions, resolutely resists acts that infringe on the interests of the people and builds a good educational ecology as the goal of collaboration between the family and the school. The aim of the "double reduction policy" work includes two aspects. In the aspects of the school, the level of school education should be improved. Then we should construct the high-quality school education and teaching system and complete the assignment mechanism, reduce the burden of students, construct the scientific and reasonable school task system that should combine the after-school practice and counseling service activities. Then, we should promote the school's guidance and supervision of students. In the aspects of outside school, the rationalization of off-campus training institutions should be improved, which can make the training behavior become full specification according to the law. The chaos of off-campus training institutions should be deleted. Then, the favor of off-campus training institutions can be reduced.

To sum up, the publishment of the "double reduction policy" is to rectify and reform the education, reduce the pressure of parents and students promote the fair and equitable development of education and make the education become a way to cultivate people rather than a means of profit. Meanwhile, it guides the healthy development of the whole education industry gradually and promotes the all-round development of students.

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