

# Empowering Autistic Children's Emotional Development through AI-Based Image Generation System

Yike Wang<sup>1,\*</sup>, Xinnuo Yu<sup>2</sup>

<sup>1</sup>School of Design, Royal College of Art, London, United Kingdom

<sup>2</sup>School of Design and Architecture, The University of Sydney, Sydney, Australia

\*Corresponding author

**Abstract:** In an era where technology and art are increasingly merging, this paper describes the design and significance of the AI-based Image Generation System. Tailored to promote children's emotional and artistic development, the system pioneers an innovative approach to curating graphic masterpieces that resonate with children's unique emotional and personality traits based on real-time feedback from children. Rather than focusing on empirical results, this account highlights the underlying design principles and interactive paradigms of the system. Initial observations suggest that the system has a profound ability to increase children's emotional intelligence - that is, emotional recognition, regulation and empathy. At the same time, their enthusiasm for the arts and self-confidence are significantly improved, making the system a pioneer in arts and technology for child development.

**Keywords:** Art Therapy; children's emotional development; artificial intelligence; graphic creation; human-computer interaction

## 1. Introduction

Art therapy is a therapeutic approach that uses the process of creating art to promote an individual's mental health and growth. Art therapy can help individuals express and resolve their inner distress, improve self-awareness and self-efficacy, and enhance communication and relationships with others. Art therapy is particularly beneficial for children, who are at a critical stage of emotional development and need to explore and express their emotions in a variety of ways [1]. Art creation can provide children with a safe, free and fun channel for emotional expression, enabling them to learn and grow through play.

With the development of AI technology, more and more AI systems are being applied to the field of art, such as music, painting, and poetry [2]. These systems can generate artworks that meet the user's needs or preferences based on the user's input or feedback, thus realising collaborative creation between humans and machines. These systems can not only expand the user's creative space, but also provide the user with more inspirations and references. However, most of the current AI systems still lack the ability to recognise and adapt to the user's emotional state and are unable to adjust the generated content or interaction according to the user's emotional changes [3]. This is a disadvantage for users who want to use AI systems for art healing, as they need a partner who can understand and respond to their emotional needs.

To address this issue, this article investigates the AI-Based Image Generation System for facilitating art healing and emotional development in children. The system can stimulate creativity and expression by generating graphic artwork that suits children's personality and emotions based on their input and feedback [4]. The system can also interact with children in a friendly, natural, and fun way through voice, text, and emoticons, guiding them to recognise and express their own emotions, as well as to understand and care about the emotions of others.

## 2. Literature Review

### 2.1. Art Therapy

Art therapy is a kind of treatment method used to stimulate personal psychological health through the artistic creating process (Rubin, 1999). Art therapy can help individuals to express and resolve their inner

distress, improve self-awareness and self-efficacy, and enhance communication and relationships with others. Art therapy can be applied to individuals of different ages, backgrounds, and issues, such as children, the elderly, and people with post-traumatic stress disorder (PTSD).

This paper is concerned with the art healing of graphic creation using artificial intelligence systems, which falls under the category of expressive art healing. Graphic creation is a common and easy-to-use art medium for children. Graphic creation can help children express their emotions that are difficult to articulate or understand, thereby reducing stress and anxiety. Graphic arts can also help children develop their imagination and creativity, which can lead to increased self-confidence and self-esteem. Graphic creativity can also help children develop their aesthetic and artistic appreciation, thereby expanding their horizons and interests.

However, there are some challenges and constraints in graphic creation, such as children's drawing skills, creative materials, and creative environment. These factors may affect children's creative process and effects, thus reducing their art healing. Therefore, this study needs a method that can help children overcome these difficulties and improve their creative experience and satisfaction. This study argues that AI systems can be used as an effective aid to provide children with more creative possibilities and interactive fun.

## ***2.2. Artificial Intelligence***

Artificial Intelligence and Art is a method of generating or assisting in generating works of art using artificial intelligence techniques. Artificial Intelligence and Art can be divided into two types: rule-based methods and learning-based methods. Rule-based methods refer to generating artworks based on some predefined rules or algorithms, such as fractals, genetic algorithms, L-systems, and so on. Learning-based methods refer to the use of techniques such as machine learning or deep learning to learn art styles or laws from a large amount of data and generate art works based on user input or feedback, such as neural style migration, variational self-encoder, generative adversarial networks, etc.

Artificial intelligence and art have a wide range of application scenarios and values, such as education, entertainment, business, culture, etc. Artificial intelligence and art can provide users with more creative possibilities and inspirations, as well as more ways to appreciate and experience. Artificial intelligence and art can also promote collaborative creation and communication between humans and machines, thus expanding human cognition and expression.

This paper is concerned with art healing for graphic creation using AI systems, which falls under the category of learning-based approaches. This study uses a deep learning-based graphic generation model that can generate graphic artwork appropriate to children's personalities and emotions based on their input and feedback. This study argues that this approach can provide children with a more flexible, personalized and fun platform for graphic creation, thus enhancing their art healing.

## ***2.3. Human-Computer Interaction and Emotion***

Human-Computer Interaction and Emotion is a field of research that focuses on emotional communication and affect between humans and machines. Human-computer interaction and emotion can be divided into two directions: emotion recognition and emotion generation. Emotion recognition refers to enabling machines to recognise and understand human emotional states, such as happiness, sadness, and anger. Emotion generation refers to enabling machines to generate and express appropriate emotional feedback, such as speech, text, emoticons, etc., based on human emotional states or needs.

Human-computer interaction and emotion have important theoretical significance and practical value, such as education, medical care, entertainment, social interaction, etc. Human-computer interaction and emotion can improve the efficiency and quality of communication between humans and machines, as well as enhance the trust and satisfaction between humans and machines. Human-computer interaction and emotion can also promote human emotional development and mental health, such as enhancing emotion recognition, emotion regulation, and emotion empathy.

This paper is concerned with art healing for graphic creation using AI systems, which falls under the category of emotion generation. This study designs a module for friendly, natural and fun interaction with children based on speech, text and emojis, which is used to guide children to recognise and express their own emotions, as well as to understand and care about the emotions of others. This study argues that this approach can provide children with a more approachable, comfortable, and supportive graphic creation partner, thus enhancing their artistic healing.

### 3. The Design Principle and Interaction Mode of the AI-based Image Generation System

The primary objective of this research was to develop a graphic creation platform for children, fostering their artistic healing and emotional development while facilitating engaging, natural, and enjoyable interactions with a designated partner. Several fundamental principles were adhered to this design objective, including:

**Personalization:** The AI-based Image Generation System is designed to produce graphic works and interactive responses tailored to individual children's personality traits and emotional states, which involves selecting appropriate graphic elements, colours, shapes, and other parameters based on the child's gender, age, and interests. Moreover, the system can adjust its use of voice, text, facial expressions, and other cues in response to the child's emotional expressions and feedback, thereby generating interactive feedback that aligns with their emotional needs.

**Flexibility:** The AI-based Image Generation System exhibits adaptability by dynamically modifying content and interaction methods under the input and feedback provided by children. For instance, the system can create graphic works linked to or corresponding with the children's voice or gesture inputs. Additionally, it can adjust generated outputs based on the children's evaluations or modifications of the initial results and offer diverse interactive feedback responses corresponding to the children's engagement or lack thereof.

**Enjoyment:** The AI-based Image Generation System is aimed at enhancing children's enjoyment of the creative process and interaction by incorporating elements of creativity and humour. The system generates graphic artwork that surpasses the children's expectations or imagination through randomness and surprise. Furthermore, the system employs interactive feedback that evokes laughter or curiosity through playful and teasing communication strategies.

Based on the principles mentioned above, this study introduces the following interaction modes:

**Input Mode:** Children can provide input information to the AI-based Image Generation System through various methods, such as voice or gesture, of aspects like creation themes, requirements, and evaluations. The AI-based Image Generation System employs technologies such as speech recognition or gesture recognition to interpret the input information from the children and respond accordingly based on the context and intent of the input.

**Generation Mode:** The AI-based Image Generation System utilizes deep learning techniques to generate graphic works tailored to the child's personality and emotional state based on the input information provided by the child. Subsequently, the system presents these generated works to the child. Furthermore, the system employs reinforcement learning technology to refine the generation model in response to the child's feedback on the generated outputs. This process aims to produce more satisfactory or diverse graphic works, which are then displayed to the child.

**Interaction Mode:** The AI-based Image Generation System engages with children in a friendly, natural, and enjoyable manner, employing diverse communication channels such as voice, text, and facial expressions. Through these interactions, the system guides children in identifying and expressing their own emotions, as well as understanding and empathizing with the emotions of others. Additionally, the AI-based Image Generation System fosters creative and humorous interactions with children by integrating games, stories, songs, and other engaging mediums, thereby enhancing the children's joy and engagement in creating and interacting with the system.

### 4. Implementation details of the AI-based Image Generation System

This research incorporates the primary technologies and framework of the AI-based Image Generation System, aimed at creating an efficient, stable, and user-friendly graphic creation platform for children and an intelligent, interactive, and enjoyable companion. To achieve these objectives, the study implements the following technologies and frameworks:

**Speech Recognition:** Baidu's Speech Recognition API was employed to convert children's vocal input into textual information, facilitating its transmission to the AI-based Image Generation System for processing and response. Meanwhile, this API was favoured due to its high accuracy, minimal latency, and support for multiple languages, rendering it suitable for child users.

**Gesture Recognition:** LeapMotion technology was integrated into this study to capture and translate children's gestures into graphical elements or command messages, transmitting them to the AI-based

Image Generation System for processing and response [6]. Leveraging an infrared camera-based gesture recognition device, LeapMotion accurately tracks and identifies users' hand movements and gestures in real-time, exhibiting high sensitivity, precision, and cost-effectiveness, catering to child users' needs.

**Graphic Generation:** The research utilized a deep learning model centred on Variational Auto-Encoder (VAE) and Conditional Generative Adversarial Network (CGAN) to generate graphic artworks tailored to children's personalities and emotional states based on their input information. This model, combining the efficiency, stability, and interpretability of VAE with the flexibility, diversity, and innovation of CGAN, produces graphic works of varying styles and themes following the children's characteristics [5].

**Interactive Feedback:** Baidu's speech synthesis API was employed to convert text messages from the AI-based Image Generation System into speech messages and deliver them audibly to children. With its natural intonation, clear articulation, and support for multiple languages, Baidu's speech synthesis API caters to the needs of young users. Furthermore, utilize Microsoft's Expression Recognition API to discern children's facial expressions and select appropriate emotive images based on their emotional states, displaying these visuals to the children. Microsoft's Expression Recognition API is well-suited for children's interactions because of its high accuracy, real-time performance, and support for multiple expressions.

In this study, the technologies mentioned above and frameworks were integrated into a cohesive platform, resulting in the construction of the AI-based Image Generation System. The system encompasses the following modules:

**Input Module:** Responsible for receiving and interpreting children's input information, converting it into a format suitable for processing.

**Generation Module:** Tasked with generating graphical content based on the input information through the graphical generation model and presenting the output to the children.

**Interaction Module:** Engaged in producing interactive feedback derived from the input information and generation outcomes, utilizing interactive feedback techniques and presenting the feedback to the children through audio or visual displays.

**Optimization Module:** Engaged in employing reinforcement learning techniques to optimize the graphical generation model and interactive feedback techniques based on the children's assessments or modifications of the generated outcomes and interactive feedback. This module generates more satisfying or diverse graphic works and interactive feedback, presenting them to the children through audio or visual means.

## 5. Conclusion

This study undertook the design and development of AI-based Image Generation System to foster children's artistic healing and emotional development. By generating graphic works tailored to children's personalities and emotions based on their inputs and feedback, AI-based Image Generation System effectively stimulates their creativity and self-expression. Moreover, the system engages with children in a friendly, natural, and enjoyable manner, employing voice, text, and emoticons to guide them in recognizing and expressing their own emotions, as well as understanding and empathizing with the emotions of others. Grounded in personalization, flexibility, and fun principles, the study designed interaction modes such as input mode, generation mode, and interaction mode, utilizing techniques and frameworks including speech recognition, gesture recognition, graphic generation, and interactive feedback to implement the AI-based Image Generation System.

This research contributes an efficient, stable, and user-friendly graphics creation platform for children alongside an intelligent, interactive, and enjoyable companion. By offering a novel approach and methodology at the intersection of artificial intelligence, art, human-computer interaction, and emotion, this study presents a novel tool for promoting children's artistic healing and emotional development. In conclusion, this study aspires to offer valuable insights and references for researchers and practitioners in related fields, aiming to create an enriched and happier environment for children's holistic growth and development.

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