

Exploration of Effective Ways for the Spirit of Fighting the “COVID-19” to be Integrated into the Ideological and Political Education of Colleges and Universities Students

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ABSTRACT. *The spiritual wealth displayed by the people of the whole country in the prevention and control of the “COVID-19” is a brand-new symbol in the Chinese spiritual pedigree. It contains rich spiritual connotations and has important ideological and political education value. Incorporating the spirit of fighting the “COVID-19” into the ideological and political education of college students can cultivate colleges and universities students' patriotism, unity, struggle and responsibility. Colleges and universities should take the initiative to integrate the spirit of fighting the “COVID-19” into the curriculum system, campus culture and social practice, and guide the growth of the university to be a pillar of responsibility.*

KEYWORDS: *COVID-19, ideological and political education, path*

1. Introduction

In 2016, the Chinese University Ideological and Political Work Conference emphasized: "To do a good job in the ideological and political work of colleges and universities, we must adapt to the situation, advance with the times, and be new with the situation." This requires that the ideological and political educators of colleges and universities should be good at seizing opportunities [1]. Make full use of the opportunity of the party and the country to successfully handle major events and properly deal with difficult issues, and to develop ideological and political education for colleges and universities students in the light of the situation, so that ideological and political education is more contemporary and targeted. At the end of 2020, the “COVID-19” hit, and it has become a major public health emergency that has the fastest spread, the widest range of infection and the most difficult prevention and control in my country since the founding of New China. In this arduous people's war against the “COVID-19”, the people of the whole country are united and united, which profoundly interprets the great anti-epidemic spirit of the Chinese nation. The

anti-epidemic spirit demonstrated by the "epidemic" of the national people's war is a brand-new symbol in the Chinese spiritual pedigree. It has injected strong impetus into winning the people's war, overall war, and resistance war for epidemic prevention and control, and will surely become an inspiration and inspiration to the people new spiritual support for eternal struggle. As a valuable national spiritual wealth, the anti-epidemic spirit is integrated with the core socialist values. It is a precious ideological and political education resource. Its spiritual connotation contains rich educational value, which is important for strengthening and improving the ideological and political education of colleges and universities students significance. This article believes that integrating the anti-epidemic spirit into the ideological and political education of colleges and universities students is a problem that college ideological and political educators need to think about.

2. The value of ideological and political education in the spirit of fighting the "COVID-19"

2.1 Help cultivate the patriotism of colleges and universities students

Patriotism is a historical category, which presents different connotations and characteristics in different historical periods. In the revolutionary war years, patriotism was embodied in defending the country and courageously facing national disasters; in the period of national construction, patriotism was embodied in striving to be strong and self-reliant; in the earthquake relief, patriotism was embodied in fear of hardship and perseverance; in fighting the epidemic during the period, patriotism was manifested in selfless dedication and selfless dedication. This selfless dedication is based on the hard work of the people across the country to fight the "COVID-19". It carries countless medical workers, scientific and technological workers, PLA soldiers, ordinary volunteers, and the broad masses of people's deep understanding of the country, the party, and socialism. Passionate love, wrote the earth-shattering new era heroic epic, and is also a valuable spiritual treasure to guide the growth of colleges and universities. Xi pointed out: "For Chinese young people in the new era, loving the motherland is the foundation of life and the foundation of talent." To grow into talents, colleges and universities students should consciously establish the family and country feelings of "the rise and fall of the country, everyone is responsible", and uphold the "humble position". I dare not forget to worry about the country," he consciously connects his personal destiny closely with the destiny of the nation and nation, seizes the opportunities of the times, shoulders the responsibilities of the times, and cultivates hard skills, and realizes it in the great journey of realizing the Chinese dream of the great rejuvenation of the Chinese nation own life value.

2.2 Help cultivate the unity of colleges and universities students

Unity is strength, and unity can move forward. For thousands of years, although the Chinese nation has endured hardships, it has been able to stand firm and

continue to overcome difficulties and forge ahead. An extremely important reason lies in the fact that the Chinese people have always united and worked together to gather an indestructible and powerful force. In the special period of the "COVID-19", any individual's power is limited [2]. At the critical stage of epidemic prevention and control, medical workers, scientific and technological workers, and community workers on the front line of the fight against the epidemic united and fought bravely. They just built a great wall of steel with their flesh and blood. From treating patients to curbing infection, from blockade virus traceability monitoring provides a strong guarantee for winning the fight against the epidemic. Behind the front-line army in the fight against the epidemic, there are more than 1.3 billion Chinese people. The people of China are in the same boat, thinking in one heart, and working hard together, fully demonstrating the great unity and invincibility of the Chinese nation. Xi pointed out: "Unity is a powerful force to overcome all difficulties and an important guarantee for uniting people's hearts and achieving great achievements." To achieve the "two centenary" goals, it is especially necessary to gather the majestic strength of all Chinese people in unity and struggle. Young students are the new force in realizing the great rejuvenation of the Chinese nation. They shoulder the hopes of the country and the nation. They should also absorb the majestic strength contained in the spirit of unity, work together, pioneer and innovate, and jointly play a new era of "Unite and Revitalize China".

2.3 Help cultivate the spirit of struggle of colleges and universities students

The Chinese nation is a nation with a great spirit of struggle. The five thousand years of glorious history of China is a great history of struggle. Xi has repeatedly emphasized that "happiness is the result of struggle", "struggle itself is a kind of happiness" and "the new era is the era of strugglers." In the face of this people's war, general war, and resistance war for the prevention and control of the epidemic, more than 90 million Communists and more than 1.3 billion Chinese people uphold the happiness concept of fighting in the new era, and jointly composed a moving and magnificent song. Especially since the outbreak of the epidemic, the majority of medical workers have carried forward the spirit of being particularly able to endure hardships and fighting, and devoted themselves to prevention, control and treatment without hesitation and fear. They are under tremendous mental pressure and risk being infected at any time [3]. Even facing the reality of imperfect hardware facilities and lack of medical protective equipment, he was still able to overcome difficulties and devote himself to treating patients with all his strength, creating one miracle after another. This spirit of facing up to difficulties and advancing courageously not only helps to guide colleges and universities students to form a belief in advocating hard work and paying tribute to role models, and to establish the values of hard work as beauty, but also firm colleges and universities students to support the leadership and support of the Communist Party of China the socialist road and the confidence to support the cause of socialist modernization in turn encourage colleges and universities students to always maintain high morale and stand up to the forefront of the times. Even if the road to dream chasing is full of thorns and stormy waves, they can continue to struggle and move forward.

2.4 Contribute to the development of colleges and universities students' responsible character

Responsibility is a responsibility, but also a spirit. A person cannot stand in the world without responsibility, and a country cannot stand on its own without responsibility. The "COVID-19" is a major public health emergency with the fastest spread, the widest range of infections, and the most difficult prevention and control since the founding of New China. In the face of this epidemic, China did not shrink back and faced difficulties, insisted on scientific prevention and control, and precise policy implementation, setting a model for the world's epidemic prevention work. At the same time, China has resolutely curbed the spread of the virus with great self-sacrifice, and provided assistance to countries and regions where the epidemic is tight, fully demonstrating the responsibility of a responsible and socialist country [4]. The majority of party members and cadres also take the fight against the "epidemic" as the highest order, and assume the mission of "I am a party member, I will go first", "I am a cadre, I will participate", and "If our party members will not rush up at this time, who will rush up", strive to be the vanguard fighting bravely; many colleges and universities students in the epidemic area took the initiative to sign up for volunteer services in the fight against the epidemic, interpreting the responsibilities and responsibilities of young people with practical actions, demonstrating the vigorous power of youth, and handing in a qualified answer. Xi pointed out: "The younger generation has ideals, capabilities, and responsibilities, and the country has a future, and the nation has hope." For colleges and universities students, it is necessary to consciously root the Chinese power and responsibility that were demonstrated during the fight against the epidemic. In my heart, we must not only be determined to serve the motherland and serve the people, but also strive to stand at the height of building a community with a shared future for mankind, pay attention to the problems and challenges faced by all mankind, and actively contribute to the development of human society.

3. Paths for integrating the spirit of fighting the "COVID-19" into the ideological and political education of colleges and universities students

3.1 Integrate the spirit into the curriculum system

Ideological and political theory courses in colleges and universities are "the main channels and core courses for comprehensively implementing the party's educational policy and fulfilling the fundamental tasks of the morality nurturing. It is the soul course for strengthening and improving the ideological and political work of universities and realizing the connotative development of higher education." Colleges and universities should integrate the anti-epidemic spirit into classroom teaching in a targeted manner so that colleges and universities students can deeply understand the connotation and extension of the anti-epidemic spirit. First of all, ideological and political theory teachers should strengthen the research and understanding of the connotation of the anti-epidemic spirit. They should not only

be internalized, understand its essence, and enhance the control and convincing power of teaching the anti-epidemic spirit, but also must be externalized. In line with action, transform what I have learned, thought, and comprehend into concrete actions to enhance the persuasiveness and practicality of the anti-epidemic spirit. Second, we must incorporate the anti-epidemic spirit into the teaching content of ideological and political theory courses. Teachers of ideological and political theory courses should take the initiative to enrich the great practice of the party leading the people across the country in fighting the "COVID-19" into the course teaching through case analysis, character stories and theoretical explanations, so that students can have a deep understanding of the background of the anti-epidemic spirit and a deep understanding of the anti-epidemic spirit [5]. The contemporary significance of the spirit of the epidemic will further comprehend the true meaning of the Chinese system, Chinese power, Chinese governance, and China's contribution, and guide students to establish a correct outlook on the world, life, and values. At the same time, special courses on the anti-epidemic spirit can be set up in the curriculum system, and relevant professional elective courses, general education courses, etc. can be set up for the whole school to choose from. Third, the anti-epidemic spirit should be incorporated into the teaching material system of ideological and political theory courses in colleges and universities. Colleges and universities should organize relevant experts and scholars to compile simple textbooks and other supplementary materials, incorporate the great anti-epidemic practices of the people across the country under the guidance of the new era of socialism with Chinese characteristics into the teaching materials, and focus on digging out advanced models that have emerged in epidemic prevention and control. The heroes and touching deeds fully demonstrate the Chinese people's spirit of uniting and overcoming difficulties together, and finally realize the transformation of "the teaching material system to the teaching system and the knowledge system to the value system". Finally, integrate the anti-epidemic spirit into professional curriculum teaching. Every professional course in colleges and universities has the function of educating people, and all teachers have the responsibility of educating people. Professional course teachers can combine teaching objectives and content, link and embed the anti-epidemic spirit into professional courses, and organically combine knowledge transfer with the morality nurturing. For example, e-commerce courses are taught how e-commerce platforms can provide material supply guarantees for the fight against the epidemic, and the construction process of Vulcan Mountain Hospital and Leishenshan Hospital are explained in engineering management courses. These vivid examples are used to teach colleges and universities students bit by the spread the anti-epidemic spirit.

3.2 Integrate spirit into campus culture

The campus is a key place for the formation of college students' values and an important space for spreading and promoting advanced culture. Creating a good campus cultural atmosphere can play the role of implicit ideological and political education at the spiritual level to the growth of the colleges and universities. Therefore, colleges and universities should integrate the anti-epidemic spirit into

community building, network culture, and campus cultural activities in accordance with the practice of the “COVID-19” prevention and control, so that the character contained in the anti-epidemic spirit becomes the main theme and strongest voice of the campus. First, promote the anti-epidemic spirit in the construction of the community. As a mass student organization, colleges and universities student associations are an important carrier of ideological and political education for colleges and university students. After the epidemic is over, colleges and universities should actively guide colleges and universities students to set up associations such as the "Anti-epidemic Spirit Research Association" and "Anti-epidemic Spirit Propaganda Group". Under the leadership of ideological and political theory teachers, on the one hand, they should promote the exchange of ideas and academics among colleges and universities students. Discuss, based on your own perspective, your own experience, and your own language, form research results and deepen your understanding of the anti-epidemic spirit; on the other hand, it is necessary to encourage college students to participate in voluntary service, anti-epidemic spirit and other voluntary service work to spread health Ideas, sharing thinking and understanding, and strengthening values. Second, promote the anti-epidemic spirit in the online culture. It is necessary to actively grasp the fast-food and fragmented characteristics and laws of college students' reading and receiving information, and actively use new online media to actively occupy the high ground of online propaganda and public opinion. For example, using Weibo, WeChat, video sites, social media, Tiktok, Kwai and other network platforms, as well as new campus media, etc., use text, pictures, emoticons, short videos and other forms of pictures and texts to promote the anti-epidemic spirit. Further inspire the enthusiasm of the colleges and universities students to love the party, the country and socialism, and guide colleges and universities students to strengthen their ambitions and implement actions to serve the country. Finally, promote the anti-epidemic spirit in campus cultural activities. After the epidemic is over, colleges and universities should not only actively carry out activities for advanced people to enter campuses, but also widely invite advanced individuals for epidemic prevention and control, heroes fighting the "epidemic" to enter campuses, and guide students to be heroes in the form of advanced deeds report meetings and symposiums as an example, after graduation, go to the place where the motherland needs it most, and actively organize campus cultural activities such as book clubs, debate competitions, sitcoms, calligraphy and painting exhibitions with the theme of the anti-epidemic spirit, and encourage students to use literary creations, cultural performances and other interpretations. The anti-epidemic spirit, in this way, enables students to get real feelings in the process of participation and cultivates family and country feelings.

3.3 Integrate spirit into social practice

Practice education is an important link in the cultivation of talents in colleges and universities, is the extension and sublimation of classroom education, and is also an important way to strengthen and improve the ideological and political education of colleges and universities students. The anti-epidemic spirit is not only embodied

in theory, but also in concrete practice. After the “COVID-19” is fully lifted, colleges and universities should actively integrate the anti-epidemic spirit into the social practice of colleges and universities students, organize students to enter the social practice classroom, and encourage students to internalize the anti-epidemic spirit through behavioral externalization. First, carry out practical teaching based on ideological and political theory courses [6]. Colleges and universities can combine summer social practice activities, etc., organize students to visit and learn from the "square cabin hospital" anti-epidemic relics such as Wuhan Living Room, Hongshan Gymnasium, Wuhan International Expo Center, etc., touch the signs of epidemic prevention and control, and understand that the majority of medical workers are not afraid a history of arduous and indomitable struggle; you can also go to typical units that provide epidemic prevention and control materials and advanced anti-epidemic collectives to conduct study and research, and feel the encouragement of Chinese power, Chinese spirit, and Chinese efficiency; you can also go to the army, hospitals, and communities, Conduct social surveys in rural areas, enhance the sense of responsibility and responsibility of colleges and universities students in interviews and learning, and enable colleges and universities students to make the right choice to "root the people and contribute to the country". Second, colleges and universities should guide colleges and universities students to give full play to their professional advantages and consciously practice the anti-epidemic spirit. For example, with the help of school-site and school-enterprise cooperation projects, students can be guided to actively participate in the research and development of vaccines, drugs, equipment, etc., and participate in strategic planning projects such as the construction of national emergency management system, public services, people's livelihood protection, legal construction and ecological environment governance. The research and development will lead more outstanding students to find employment in key industries and key fields required by the country, serve the modernization of the national governance system and governance capabilities, and let youth bloom in the places where the party and the people need it most. Finally, colleges and universities should infiltrate the anti-epidemic spirit in the innovation and entrepreneurship education of college students. The connotation of the anti-epidemic spirit is inherently consistent with the cultivation of college students' innovative and entrepreneurial capabilities. The patriotic sentiment, unity, struggle, and responsible character displayed by the anti-epidemic spirit have a good inspiring significance for the cultivation of college students' innovative and entrepreneurial capabilities. It can inspire colleges and universities students to always keep in mind the original intention and mission, so as to strengthen the sense of unity, maintain the passion for innovation, be down-to-earth, work hard, and strive to overcome all difficulties on the road of innovation and entrepreneurship, and create unlimited possibilities for their own lives.

4. Conclusion

The sudden “COVID-19”, the spirit gathered in the process of the people across the country in the joint fight against the “COVID-19”, has rich connotations, which can be summarized as: the patriotic spirit of "struggling and selfless dedication",

"together in the same boat and helping each other to overcome the difficulties. The spirit of solidarity, the spirit of "face up to difficulties, and the courage to move forward", and the spirit of responsibility of "kindness, kindness, and harmony with all nations", these precious spiritual wealth are effective ways for contemporary colleges and universities students to develop ideological and political education, and they will surely become a powerful magic weapon to carry out ideological and political education.

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