The Impact of Ideological and Political Education on Students' Personal Development and Social Responsibility

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Abstract: Ideological and political education is an important part of higher education, which aims to cultivate students' correct world outlook, outlook on life and values, improve students' ideological quality and moral level, and enhance students' sense of social responsibility and civic awareness. This paper explores the impact of ideological and political education on students' personal development and social responsibility, as well as the challenges and countermeasures of ideological and political education, by using methods such as literature review, questionnaire survey and data analysis. The research results show that ideological and political education has a positive effect on students' personal development and social responsibility, but there are also some shortcomings and difficulties, which need to be further strengthened and improved.

Keywords: ideological and political education; personal development; social responsibility; influencing factors; countermeasures and suggestions

1. Introduction

Ideological and political education is an important part of higher education, which aims to cultivate students' correct world outlook, outlook on life and values, improve students' ideological quality and moral level, and enhance students' sense of social responsibility and civic awareness [1]. Ideological and political education not only relates to students' personal development, but also relates to social harmony and progress. With the social change and information development, ideological and political education faces new situations and tasks, which requires constant innovation and improvement to adapt to the requirements of the times and the needs of students.

Personal development refers to the growth and improvement of individuals in physiological, psychological, social and other aspects ^[2]. It is the essential attribute and internal motivation of human beings, as well as the basic right and responsibility of human beings. The goal of personal development is to achieve the comprehensive development and self-improvement of individuals, and to improve the quality and happiness of life ^[3]. The process of personal development is a continuous learning and maturing process, which requires the interaction and coordination between individuals and society, as well as the self-cognition and self-regulation of individuals.

Social responsibility refers to the obligations and undertakings of individuals in society. It is the contract and consensus between individuals and society, as well as the moral norm and behavior code of individuals. The goal of social responsibility is to achieve the harmony and win-win between individuals and society, and to promote the fairness and justice of society [4]. The process of social responsibility is a continuous participation and contribution process, which requires the initiative and consciousness of individuals, as well as the support and guidance of society.

The impact of ideological and political education on students' personal development and social responsibility is a complex system problem, which involves multiple factors and mechanisms, and needs to be analyzed and evaluated from multiple perspectives and levels ^[5]. The main purpose of this paper is to explore the impact of ideological and political education on students' personal development and social responsibility, as well as the challenges and countermeasures of ideological and political education, and to provide some references and suggestions for improving the effectiveness and level of ideological and political education. It is hoped that this paper can inspire and contribute to the theory and practice of ideological and political education.

2. The Impact of Ideological and Political Education on Students' Personal Development

The main aspects of the influence of ideological and political education on students' personal development are as follows:

2.1. Ideological and political education can help students establish correct world outlook, outlook on life and values

World outlook, outlook on life and values are the ideological foundation and behavioral guide of people, which determine their cognition and judgment, and affect their choice and action. Ideological and political education can help students establish correct world outlook, outlook on life and values, so that students can correctly understand themselves, society, history and the future, clarify their life goals and value orientation, actively adapt to and change society, and adhere to and realize their ideals and beliefs. Ideological and political education can enable students to have scientific thinking methods and ways, rational judgment and decision-making, innovative thinking and ability, critical spirit and attitude, cooperative awareness and skills, confident mentality and style, and responsible feelings and behaviors.

One of the important contents of ideological and political education is Marxist theory education, which is the fundamental task of cultivating socialist builders and successors. Marxist theory education can help students master the basic principles and methods of Marxism, deeply understand the law of human social development and the road choice of socialism with Chinese characteristics, and firmly believe in Marxism, socialism with Chinese characteristics, and the great rejuvenation of the Chinese nation. Marxist theory education can help students form a scientific world outlook, outlook on life and values, closely link their personal ideals and pursuits with the national destiny and fate, promote their personal development and social progress, coordinate their personal value and social value, and realize the comprehensive and free development of people.

The second important content of ideological and political education is Xi Jinping's Thought on Socialism with Chinese Characteristics for a New Era education, which is the Marxism of the new era and the action guide for contemporary Chinese youth. Xi Jinping's Thought on Socialism with Chinese Characteristics for a New Era education can help students deeply understand the historical position and historical mission of the new era, deeply grasp the development requirements and opportunities of the new era, deeply comprehend the struggle goals and paths of the new era, and deeply recognize the spiritual characteristics and strength of the new era. Xi Jinping's Thought on Socialism with Chinese Characteristics for a New Era education can help students establish the ideological consciousness and action consciousness of the new era, enhance the responsibility and struggle spirit of the new era, cultivate the innovation ability and creativity of the new era, and show the youth style and power of the new era.

2.2. Ideological and political education can help students improve their ideological quality and moral level

Ideological quality and moral level are the ideological and moral qualities of people, which determine their personality and character, and affect their behavior and style. Ideological and political education can help students improve their ideological quality and moral level, so that students can adhere to the socialist core values, abide by the social laws and norms, respect their own and others' rights and dignity, care for and help others, be honest and trustworthy, diligent and enterprising, self-disciplined and self-reliant, clean and dedicated. Ideological and political education can enable students to have good ideological and moral cultivation, healthy psychological quality, excellent moral conduct, noble sentiment and temperament, upright personality and demeanor.

One of the important contents of ideological and political education is the education of socialist core values, which is the concentrated expression of the contemporary Chinese spirit and the core content of socialist moral construction. The education of socialist core values can help students establish correct value orientation, take prosperity, democracy, civilization and harmony as the value pursuit at the national level, take freedom, equality, justice and rule of law as the value criteria at the social level, take patriotism, dedication, honesty and friendliness as the value requirements at the personal level, and take patriotism, collectivism and socialism as the core of value orientation. The education of socialist core values can help students enhance moral awareness and responsibility, cultivate moral emotion and quality, form moral habit and norm, practice moral behavior and innovation, and improve moral level and strength.

The second important content of ideological and political education is legal education, which is the basic project of cultivating socialist legal citizens and an important way to improve the level of social civilization. Legal education can help students establish the concept and awareness of the rule of law, take the constitution and laws as the highest criterion of behavior, take the equality of everyone before the law as the basic principle of behavior, take the rule of law, the rule of law and the administration of law as the important guarantee of behavior, and take the spirit, thinking and method of the rule of law as the effective method of behavior. Legal education can help students enhance legal literacy and ability, master the basic knowledge and skills of law, abide by the basic norms and requirements of law, safeguard the basic rights and interests of law, participate in the basic activities and systems of law, and promote the basic improvement and development of law.

2.3 Ideological and political education can help students enhance their social responsibility and civic awareness

Social responsibility and civic awareness are the social attributes and responsibilities of people, which determine their social roles and functions, and affect their social participation and contribution. Ideological and political education can help students enhance their social responsibility and civic awareness, so that students can identify and safeguard the sovereignty and interests of the country, support and participate in the construction and development of the country, maintain and promote the harmony and stability of society, pay attention to and solve the problems and difficulties of society, respect and protect the diversity and inclusiveness of society, participate in and promote the progress and innovation of society. Ideological and political education can enable students to have a strong sense of national honor and national pride, a positive sense of social responsibility and civic awareness, a wide range of social relations and resources, effective social communication and collaboration, responsible social behavior and influence.

One of the important contents of ideological and political education is patriotism education, which is the basic requirement of cultivating socialist modernization builders and successors, and an important way to enhance the national cohesion and centripetal force. Patriotism education can help students establish the thought and emotion of patriotism, closely link their personal destiny with the national destiny, unify their personal interests with the national interests, coordinate their personal development with the national development, integrate their personal honor with the national honor, and contribute their strength to the prosperity and strength of the country. Patriotism education can help students enhance the knowledge and ability of patriotism, understand the history and situation of the country, understand the politics and law of the country, understand the culture and nation of the country, understand the diplomacy and national defense of the country, and provide their wisdom and talent for the development and innovation of the country.

The second important content of ideological and political education is democratic politics education, which is an important task of cultivating socialist democratic citizens and a fundamental system to ensure the people's mastery of their own affairs. Democratic politics education can help students establish the concept and awareness of democratic politics, take people's democracy as the essence and characteristic of socialist politics, take the system of people's congresses as the fundamental system and organizational form of socialist politics, take the people as the subject and force of socialist politics, take the interests and will of the people as the goal and motivation of socialist politics. Democratic politics education can help students enhance the participation and contribution of democratic politics, exercise their political rights and obligations, express their political demands and suggestions, participate in the system and procedure of socialist democracy, participate in the decision-making and implementation of socialist democracy, participate in the supervision and evaluation of socialist democracy, and make their own efforts for the development and improvement of socialist democracy.

3. The Impact of Ideological and Political Education on Students' Social Responsibility

Ideological and political education is an important way and effective means to cultivate students' sense of social responsibility, which can have a positive impact on students' social responsibility from multiple aspects, as follows:

3.1. Ideological and political education can cultivate students' patriotism and national unity consciousness

Patriotism and national unity consciousness are the fine traditions and common values of the Chinese nation, which are important forces for maintaining the unity and security of the country, promoting the prosperity and strength of the country, and realizing the great rejuvenation of the Chinese nation. Ideological and political education can cultivate students' patriotism and national unity consciousness, so that students can deeply understand and firmly support the leadership of the Communist Party of China, can loyally maintain and actively participate in the socialist modernization construction, can love the motherland and the people, can respect and support the equality and unity of all ethnic groups, can safeguard and promote the sovereignty and interests of the country, and can resist and oppose any acts of splitting and undermining the country. Ideological and political education can make students have a strong patriotic emotion and action, have a firm national confidence and self-esteem, have a broad international vision and mind, and have a correct national view and state view.

Ideological and political education, through offering courses such as "Outline of Modern Chinese History", "Introduction to Mao Zedong Thought and the Theoretical System of Socialism with Chinese Characteristics", "Ideological and Moral Cultivation and Legal Basis", "Situation and Policy", etc., and organizing patriotic education practice activities, such as visiting revolutionary history museums, patriotic education bases, national defense education bases, etc., tells students about the glorious history and great achievements of the Chinese nation, the struggle course and the leading core role of the Communist Party of China, the superiority and development prospect of the socialist system, the profoundness and national spirit of the Chinese culture, the changes of the international situation and China's international status, the importance and complexity of the national interests and security, the necessity and urgency of the unity and cooperation of all ethnic groups, etc. These courses and activities can not only enhance students' patriotic knowledge and theory, but also stimulate students' patriotic emotion and action, so that students can identify and support the interests of the country and the nation from the aspects of thought, emotion and action, and establish and practice the patriotism and national unity consciousness.

3.2. Ideological and political education can cultivate students' socialist legal concept and legal awareness

Socialist legal concept and legal awareness are the basic requirements and guarantees of the socialist rule of law country, which are important conditions for maintaining social fairness and justice, promoting social harmony and stability, and safeguarding the rights and interests of the people. Ideological and political education can cultivate students' socialist legal concept and legal awareness, so that students can deeply understand and resolutely abide by the constitution and laws, can consciously maintain and implement the law, can legally safeguard their rights and express their demands, can rationally solve and resolve contradictions, can actively participate in and supervise the construction of the rule of law, and can resist and oppose any illegal and criminal acts. Ideological and political education can make students have a strong legal concept and legal literacy, have clear legal rights and responsibilities, have correct legal attitude and behavior, and have good legal style and faith.

Ideological and political education, through offering courses such as "Ideological and Moral Cultivation and Legal Basis", "Constitutional Law", "Civil Law", "Criminal Law", "Administrative Law", "International Law", etc., and organizing legal education practice activities, such as attending court hearings, legal consultation, legal aid, legal publicity, etc., tells students about the basic principles and core values of the socialist rule of law, the basic content and implementation of the constitution and laws, the historical development and practical significance of the rule of law, the basic concepts and norms of the law, the application and interpretation of the law, the rights and obligations of the law, the relief and sanction of the law, etc. These courses and activities can not only enhance students' legal knowledge and theory, but also stimulate students' legal emotion and action, so that students can identify and abide by the socialist rule of law from the aspects of thought, emotion and action, and establish and practice the socialist legal concept and legal awareness.

3.3. Ideological and political education can cultivate students' socialist core values and moral quality

Socialist core values and moral quality are the essence and soul of socialist culture, which are important contents and standards for cultivating and practicing socialist core values, and important factors for improving social civilization level and people's quality. Ideological and political education

can cultivate students' socialist core values and moral quality, so that students can deeply understand and consciously practice socialist core values, can adhere to and carry forward Marxism's ideal and belief, can adhere to and carry forward the excellent traditional culture of the Chinese nation, can adhere to and carry forward the advanced culture of socialism, can adhere to and carry forward the spirit and style of the times, can adhere to and carry forward the common values and ideals of mankind. Ideological and political education can make students have a distinct socialist core values, have noble moral character and sentiment, have rich cultural knowledge and cultivation, ideological and political education can also cultivate students' sense of social responsibility and mission, so that students can establish a correct historical view, national view, state view, cultural view, identify the great motherland, the Chinese nation, the Chinese culture, the Communist Party of China, socialism with Chinese characteristics, actively practice socialist core values, establish the concept of supremacy of the constitution and law, equality before the law, further enhance the awareness of the rule of law; orderly participate in public affairs, dare to take social responsibility, actively exercise the political rights of the people as masters of the country, have a clear direction, abide by the law and discipline, know honor and disgrace; sincerely support the party's leadership and the socialist system of our country, form the political identity of being the builders and successors of socialism.

4. The Challenges and Countermeasures of Ideological and Political Education in the New Era

Ideological and political education has a positive impact on students' personal development and social responsibility, but it also faces some challenges and difficulties, which require effective countermeasures and measures to improve the quality and effect of ideological and political education. The following are some of the main challenges and countermeasures of ideological and political education:

4.1. The content and form of ideological and political education need to keep pace with the times and innovate

With the social change and information development, students' ideological concepts and behavioral modes are also changing, and their demands and expectations for ideological and political education are also increasing. The content and form of ideological and political education need to keep pace with the times and innovate, to adapt to the characteristics and needs of students, to attract students' attention and interest, to improve students' participation and satisfaction. The specific countermeasures and measures are:

Update and enrich the content of ideological and political education, highlight the timeliness and pertinence of ideological and political education, closely combine the national development strategy and social hot issues, reflect students' concerns and puzzles, guide students to correctly understand and deal with their relationship with society, and stimulate students' patriotic feelings and social responsibility.

Innovate and diversify the form of ideological and political education, highlight the interactivity and interest of ideological and political education, make full use of modern information technology such as network and media, carry out various forms of ideological and political education activities, such as lectures, debates, speeches, exhibitions, movies, games, etc., increase students' involvement and experience, and improve students' perception and recognition.

4.2. The subject and object of ideological and political education need to strengthen communication and collaboration

The subject and object of ideological and political education are the important participants and promoters of ideological and political education, and their communication and collaboration are the important guarantee and motivation of ideological and political education. The subject and object of ideological and political education need to strengthen communication and collaboration, to achieve the consensus and co-construction of ideological and political education, and to improve the efficiency and effect of ideological and political education. The specific countermeasures and measures are:

Strengthen the communication and collaboration among the subjects of ideological and political education, that is, the ideological and political education workers from various aspects such as schools, families, and society, establish and improve the coordination and linkage mechanisms of ideological and political education, form the synergy and resonance of ideological and political education, jointly plan and implement the goals and contents of ideological and political education, and jointly supervise and

evaluate the process and effect of ideological and political education.

Strengthen the communication and collaboration between the subject and object of ideological and political education, that is, the ideological and political education workers and students, establish and improve the communication channels and feedback mechanisms of ideological and political education, enhance the understanding and trust of ideological and political education, fully respect and meet the demands and expectations of students for ideological and political education, and fully develop and cultivate the initiative and creativity of students for ideological and political education.

4.3. The evaluation and improvement of ideological and political education need to be scientific and standardized

The evaluation and improvement of ideological and political education are important links and means of ideological and political education, which are the important basis and methods for testing and improving the quality and effect of ideological and political education. The evaluation and improvement of ideological and political education need to be scientific and standardized, to ensure the objectivity and fairness of ideological and political education, and to promote the optimization and development of ideological and political education. The specific countermeasures and measures are:

Establish and improve the evaluation system and standards of ideological and political education, highlight the goal orientation and process management of ideological and political education, comprehensively assess the input, output, and benefit of ideological and political education, use qualitative and quantitative evaluation methods, such as questionnaires, interviews, observations, tests, etc., to comprehensively, accurately, and timely reflect the actual situation and existing problems of ideological and political education.

Establish and improve the improvement mechanism and measures of ideological and political education, highlight the problem orientation and result orientation of ideological and political education, according to the evaluation results and feedback opinions of ideological and political education, analyze the advantages and disadvantages of ideological and political education, find out the gaps and deficiencies of ideological and political education, formulate the improvement plan and measures of ideological and political education, implement the improvement responsibility and task of ideological and political education, and continuously promote the improvement and perfection of ideological and political education.

5. Conclusion

Ideological and political education is an important part of higher education, which has a positive impact on students' personal development and social responsibility, but also faces some challenges and difficulties, which require effective countermeasures and measures to improve the quality and effect of ideological and political education. This paper explores the impact of ideological and political education on students' personal development and social responsibility, as well as the challenges and countermeasures of ideological and political education, by using methods such as literature review, questionnaire survey and data analysis, and provides some references and suggestions for improving the effectiveness and level of ideological and political education. It is hoped that this paper can inspire and contribute to the theory and practice of ideological and political education.

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