

A Preliminary Study on the Work Mode of Counselors in the Context of the COVID-19 Pandemic

Bingchen Ma

University of Sanya, Sanya, Hainan, China

Abstract: *In the context of the COVID-19 pandemic, counselors need to make full use of the knowledge of epidemic prevention and control according to the ideological dynamics of students, give full play to the role of new online media platforms, strengthen ideological education and guidance for students, improve the quality of students' thinking, stimulate their inner motivation for learning, improve their sense of responsibility, and make their own contributions to the prevention and control of the pandemic. However, from the perspective of the actual work, at present, the work of counselors faces certain challenges, affecting the work. Therefore, this paper mainly discusses the work of counselors in the context of the COVID-19 pandemic, and puts forward reasonable opinions and suggestions to provide reference and help for ideological and political work.*

Keywords: *COVID-19 Pandemic, Counselors, Work, Analysis*

The sudden COVID-19 pandemic has had a serious impact on many countries and regions in the world. In response to the challenges faced by the counselors' work at the current stage, we should constantly enrich the current working methods of ideological and political education, clarify the work standards, and give full play to the ideological guiding role of counselors during the epidemic. Specific suggestions include doing a good job in the education of loving the party and loving the country, establishing an ideological and political education and guidance platform that meets the national requirements, and strengthening the education of students' sense of responsibility. Counselors must strictly abide by the state's deployment and requirements, formulate work implementation plans during the period of COVID-19 pandemic prevention and control, strengthen the guidance of ideological and political education, establish a "big classroom" for pandemic prevention and control, ensure the healthy, orderly and stable progress of pandemic prevention and control, and lay a good foundation for students to resume classes. However, in actual work, due to the influence of technology, methods, content, teachers, etc., there are many problems in the student management work and ideological and political education work of counselors, which affect the effect of the work to a large extent. This paper mainly discusses how to do a good job of counselors in the context of the COVID-19 pandemic from different perspectives.

1. Doing well in the Education of Loving the Party and Loving the Country

Counselors should organize students to study General Secretary Xi Jinping's expositions on epidemic prevention and control through various means, in-depth study of heroes and touching deeds in the battle against the pandemic, and actively guide students to watch news, closely follow the hot news, and raise their awareness of loving the party and loving the country. In the process of fighting against the pandemic, the medical staff who fought on the front line disregarded their personal safety and rushed to Hubei, reflecting their deep patriotism. They fought day and night and used their professional skills to save batch after batch of infected patients. They are the most beautiful retrogrades. During the epidemic, many people have been sticking to their posts, silently contributing their strength, and making due contributions to overcoming the pandemic. The sudden pandemic broke our original rhythm of life. Inspired by patriotism, we deeply feel the warmth of the big socialist family. In the next part, this paper discusses how counselors can do a good job in the education of students' love for the Party and the country. First, counselors should enhance students' national and national consciousness, continuously cultivate their sense of historical mission, and improve their inner national cohesion. College students are the pillars of the country's future development. Counselors should strengthen the guidance of students through epidemic prevention and control, so that students can truly transform their patriotism into their actions, and lay a good foundation for serving the country and society in the future. Second, counselors should enhance students' cultural self-confidence. "Every man is responsible for the

rise and fall of the country". During the pandemic, China has withstood a severe test. The people of the whole country were united, and finally withstood various pressures, brought the epidemic under control, and was praised by foreign countries. This is inseparable from cultural confidence and national self-confidence. Therefore, counselors should cultivate students' cultural self-confidence and national self-confidence, and continue to inherit excellent traditional culture, so as to obtain strong spiritual power. Counselors should be good at "telling stories" and telling "good stories". They should share the deeds and touching people in the process of fighting against the pandemic with their students. They must guide students to adhere to the party's leadership, adhere to the implementation of pandemic prevention requirements of the society and the school, and adhere to the implementation of various pandemic prevention measures. They must do their own job following the standards of "no omission, no concealment, and no mistakes", and make due contributions to the pandemic prevention work.

2. Building a Platform for Online Ideological Guidance

Internet platforms have become one of the important media for students to understand the world, especially during the pandemic. From the trends of the world pandemic to the pandemic prevention measures of the school, all information will be captured by students. Students can only do a better job of pandemic prevention if they understand the pandemic prevention work first. During the fight against the pandemic, counselors should give full play to the role of online platforms. In the process of promoting ideological and political education, they must establish a matrix of online platforms such as WeChat public accounts, WeChat and QQ groups, enrich educational channels, and improve the pertinence and effectiveness of their work. For example, counselors can publish online articles related to the fight against the pandemic, and continue to accumulate clicks. They can also use the school's website to set up a column of "pandemic" work, and do a good job in the publicity of pandemic prevention knowledge. Counselors should keep track of students' health status, make daily temperature reports, and communicate the latest updates and rules of the school in a timely manner. In order to reduce the adverse impact of the pandemic on the current class management, counselors can use the management platform to promote the informatization of class management, extensively collect the management data of each class during the pandemic, and do a good job of feedback. In addition, they should establish a "portrait" of student behavior on this basis, truly realize the integration of ideological and political education and class management, and improve the efficiency of class management. College students should shoulder the responsibility of young people in the new era, combine their actual situation, and use their professional knowledge to devote themselves to pandemic prevention and control. For example, they must do a good job in publicity, registration, standing guard, disinfection and other volunteer work, and make their own contributions during the fight against the pandemic. The pandemic is ruthless, but people have love. Counselors should continuously improve the existing education platform according to the current situation of online students during the current epidemic, so as to create good conditions for future online education.

3. Adhering to the Educational Concept of Fostering Virtue Through Education

General Secretary Xi emphasized: "The ideological and political theory course is the key course to implement the fundamental task of fostering virtue through education". Since the outbreak of the epidemic, the CPC Central Committee has led the people of the whole country to fight the epidemic, forming a situation of anti-epidemic work with comprehensive deployment, mobilization and participation of the whole people, which provides valuable materials for the work of counselors. While fighting against the pandemic with students, counselors must constantly sum up experience, summarize practical teaching content for pandemic prevention and control, and provide students with good social courses. The COVID-19 pandemic is an important carrier of the appeal and influence of the current school ideological and political education. Since the outbreak of the pandemic, party members and cadres have led people from all walks of life to fight against the epidemic, making silent dedication and fighting the disease. In the process, a large number of touching stories emerged. These have become important materials for counselors' ideological guidance, injecting new impetus and strong beliefs into college teaching. As witnesses and practitioners of the national fight against the pandemic, contemporary college students can fully feel the same frequency and resonance in the process of fighting side by side with the country and society, which can cultivate students' national pride. Colleges and universities need to enrich the connotation of current ideological and political education, actively explore new ways of educating people, and actively carry out ideological and political education. In the fight against the epidemic and other major events, it is necessary to play the guiding role of positive

value, fully recognize the problems existing in epidemic prevention and control, seek truth from facts, take a firm stand, and give full play to the leading role of ideological and political education. In the process of carrying out ideological and political education, colleges and universities must firmly seize the opportunity of fighting against the pandemic, adhere to the principle of teaching students in accordance with their aptitude and the principle of relevance, and provide students with educational interpretation and guidance.

4. Continuously Improving the Theoretical Level of Ideological and Political Education of Counselors

During the fight against the COVID-19 pandemic, counselors should improve their theoretical knowledge, carefully study the speech of General Secretary Xi Jinping at the symposium of teachers of ideological and political theory courses in schools, and promote the reform and innovation of the course of ideological and political theory. They should take the opportunity of fighting the pandemic to continuously promote the current ideological and political practice, realize the reform of teaching informatization, strengthen the communication between teachers and students, and enrich the current forms of ideological guidance, so as to help students gain an in-depth understanding of the current political hot spots about the pandemic, and do a good job of online ideological guidance. As the main front of ideological guidance, colleges and universities should rely on existing resources to establish a team of high-quality counselors to promote the effectiveness of ideological guidance, so as to make the ideological guidance more grounded, so that every student can understand it, thus helping them lay a good foundation for entering the society in the future. In addition, counselors must actively respond to the call of "suspending classes without stopping learning". They must adhere to the principle of "unifying theory and practice", make the content of the lectures meaningful and interesting, and use scientific theories to cultivate people, so as to continuously expand students' horizons, cultivate their Chinese spirit and humanistic care. Therefore, in student management during the pandemic, counselors cannot be limited to traditional content of ideological guidance. Instead, they should dig deep into the inner spirit of fighting against the pandemic, and constantly integrate them into the daily life of students to play an important guiding role, so as to continuously cultivate more outstanding talents for the society and promote the progress and development of the society.

5. Doing Well in Psychological Counseling for Students

Counselors need to use modern live streaming technology, actively organize various forms of psychological counseling activities, do well in the prevention and control of COVID-19, and actively guide students to take protective measures. During their stay at home, students should make use of online platforms to continuously learn about mental health. Counselors should focus on students who are psychologically vulnerable, have poor family conditions, and are under quarantine, and provide them with psychological counseling, so as to minimize their psychological pressure, constantly eliminate their inner fears and improve their psychological endurance. Counselors should focus on the psychological state of students from "key epidemic areas", provide comfort and guidance, and help solve various problems encountered by such students in their lives, establish "one-to-one" assistance plans, and make emergency response plans. Psychological help and support requires long-term follow-up and feedback, which cannot be achieved overnight, but needs to be cared for with heart. Under the premise of obtaining the consent of the school, counselors can establish psychological support and heat lines for students during the epidemic, or conduct online psychological counseling for students through online platforms to meet the different needs of students. In addition, counselors can establish a network platform between parents and the school according to their own actual conditions to provide professional guidance for students in their study and life during the pandemic. In this way, they can make students learn and use the Internet correctly, not be overly addicted to the Internet, stay away from harmful Internet information, improve their Internet quality, and not create or spread rumors, so as to establish a good environment of online culture, and set good examples for the students. In order to avoid huge psychological pressure on students, counselors should make different psychological counseling plans for students of different grades, and provide students with professional psychological guidance and help.

To sum up, the work of counselors during the COVID-19 pandemic is an unprecedented challenge and a daunting task for every counselor. While raising awareness, they should constantly tease out solutions. In order to do well in ideological guidance in the context of the COVID-19 pandemic,

counselors should formulate a sound teaching system according to the difficulties and problems in the actual process of work, and constantly develop new models of counselor work. They should adhere to the educational concept of fostering virtue through education, use the pandemic as a carrier, and play the guiding role of the counselor's work, so that students can adapt to the current teaching method more quickly.

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