

# Research on the Path of Infusing Anti-epidemic Spirit into Ideological and Political Education in Colleges and Universities

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**Abstract:** *The Spirit of anti-epidemic has special significance of the times value, is the Chinese Communist Party and the Chinese People's precious spiritual wealth. The anti-epidemic spirit formed by the Chinese people in the fight against the new crown epidemic is the vivid annotation of the national spirit with patriotism as the core and the spirit of the times with Reform and innovation as the core in the new era. The integration of anti-epidemic spirit into ideological and political education helps to carry out patriotism education, Thanksgiving education and build up national pride and self-confidence. Taking the spirit of fighting against epidemic disease as the cut-in point, the spirit of fighting epidemic disease should be integrated into the ideological and political curriculum system, the model of fighting epidemic disease should be set up, the teaching methods in colleges and universities should be innovated, and the spirit of fighting epidemic disease should be integrated into social practice.*

**Keywords:** *anti-epidemic spirit, ideological and political education in colleges and universities, path research*

## 1. Introduction

People who have no spirit will not stand, and a country will not be strong if there is no spirit. At the end of 2019, in the face of the sudden new crown pneumonia epidemic, the Party Central Committee attached great importance to scientific decision-making, and led the people across the country in a fight against the new crown pneumonia epidemic. National mobilization, participation of all people, joint prevention and control, group prevention and management, and construction Establish the most rigorous prevention and control system and gather an indestructible and powerful force.

Xi Jinping pointed out: "China's fight against the epidemic has fully demonstrated the Chinese spirit, China's strength, and China's responsibility." The anti-epidemic spirit is the spirit of life supreme, nationwide unity, sacrifice of life, respect for science, and shared destiny. It is worth thinking about which way to integrate the spirit of anti-epidemic into the ideological and political education in colleges and universities.

## 2. The connotation of the anti-epidemic spirit

On September 8, 2020, General Secretary Xi Jinping pointed out in an important speech at the National Commendation Conference for Fighting the New Coronary Pneumonia Epidemic: "In this desperate battle against the severe epidemic, the Chinese people and the Chinese nation are dauntless to fight and win. The spirit has created the great anti-epidemic spirit of supremacy of life, unity of the whole country, giving up life and forgetting death, respecting science, and sharing destiny."

Life is supreme and the whole country is of one mind. In the face of the severe situation of the new crown pneumonia epidemic, people of all ethnic groups across the country obey the overall situation. The brother provinces and cities of "one province, one city" assisted the construction of Leishenshan and Huoshenshan hospitals day and night. For the sake of the overall situation and prevent the spread of the epidemic to other provinces and cities, Wuhan has been closed for 76 days. It has a spirit of self-sacrifice and is a heroic city. Excellent medical workers from all over the country took the initiative to ask for a fight at the most dangerous moment, signed the "Life and Death Status", and went retrograde in Wuhan. Respect for science and common destiny. In the early stage of the epidemic, the pathogen was quickly identified, the virus gene sequence was shared with the World Health

Organization and other countries in a timely manner, and the epidemic was notified to the outside world openly and transparently. Thorough prevention and control measures have resolutely curbed the spread of the virus.

### **3. The significance of integrating the anti-epidemic spirit into ideological and political education in colleges and universities**

As a new product of today's society, the anti-epidemic spirit is a vivid interpretation and flexible embodiment of the Chinese spirit. The anti-epidemic spirit is a concrete manifestation of the great spirit of the Chinese Communists' spiritual pedigree. , Respect for the great anti-epidemic spirit of science and shared destiny. The group of college students is the backbone of the youth group, and shoulders the important task of realizing the prosperity of the country, the rejuvenation of the nation, and the happiness of the people. The anti-epidemic spirit, as the spiritual form formed by the Chinese people in the fight against the new crown pneumonia epidemic, is highly compatible with the ideological and political education of colleges and universities. It helps to cultivate college students' patriotism, enhance their sense of social responsibility and confidence in defeating the epidemic.

#### ***3.1 Cultivate the patriotism of college students***

Patriotism is the core content of the fine traditions and national spirit of the Chinese nation. Patriotism has shown different connotations and characteristics in different historical periods of our country. In the revolutionary war years, patriotism is about moving forward bravely and sacrificing themselves for the country. They sacrificed in the revolutionary war at a young age, Liu Hulan, who sacrificed to the enemy's knife, and Huang Jiguang, who blocked the enemy's muzzle; in the period of peace building, patriotism It is the Chinese entrepreneurial spirit of striving to be strong and self-improving, and rolling up the sleeves and working hard. During the fight against the epidemic, patriotism is the great anti-epidemic spirit of life first, the whole country is united, the life is forgotten, the science is respected, and the destiny is shared. For young college students to grow into talents, they should consciously connect their personal destiny with the destiny of the country, and the two are closely related to each other. Only when college students grasp the opportunities of the times, shoulder the responsibilities of the times, and develop excellent skills, can they realize their value in life in the great journey of realizing the great rejuvenation of the Chinese nation.

#### ***3.2 Enhance the confidence of college students in defeating the epidemic***

During the raging period of the new crown pneumonia, the power of any individual is limited, but China's 1.4 billion united together has unlimited power. They are ordinary grassroots workers, they may be medical workers who fight the epidemic on the front line, they may be science and technology workers who are tuned by big data, they may also be community workers who help the masses buy food, as well as a large number of young college students volunteers. People, stick to their posts and work in solidarity, from treating patients to curbing infections, from charging into battle to safeguarding supplies, from blocking the virus to traceability monitoring, to provide a strong guarantee for winning the battle against epidemic prevention and control. Overdraft and selfless work, some ordinary people sacrifice In the workplace, they have become heroes in our mouth. They are also children and parents. Young college students are the main force in realizing the great rejuvenation of the Chinese nation. They shoulder the hope of the country and the nation. College students must work together, innovate, and sing the strongest voice of the times.

#### ***3.3 Cultivate college students' sense of social responsibility***

"If the younger generation has ideals, abilities and responsibilities, the country will have a future, and the nation will have hope." Many young college students volunteered to take part in volunteer services to fight the epidemic. They went into rural streets to check out people, into the community distribution of materials, into the home of the medical staff to help children with their homework, with their own practical action to explain the responsibility and responsibility of young college students, showing the strength of youth, handed in qualified papers. As for young university students, they should consciously take the Chinese strength and responsibility shown during the fight against the epidemic deeply into their hearts. They should not only aspire to serve the motherland and serve the people, but also strive to stand on the height of building a community of shared future for mankind,

paying attention to the problems and challenges common to all mankind and contributing to the development of human society.

#### **4. The effective way for the anti-epidemic spirit to be integrated into the ideological and political education of colleges and universities——Taking the School of Foreign Languages of Chengdu University as an example**

In view of the current situation of the integration of anti-epidemic spirit into ideological and political education in colleges and universities, a total of 520 questionnaires were released in the College of foreign languages of Chengdu University. The number of valid questionnaires was 509, and the efficiency of the questionnaires was 97.88% .

##### ***4.1 Integrate the anti-epidemic spirit into the ideological and political curriculum system***

The course of ideological and political theory in colleges and universities is the core course and the main channel for carrying out the basic task of establishing morality and cultivating people, to make college students deeply understand the connotation and extension of the spirit of fighting against epidemic diseases. In the epidemic phase, with the support of the Internet, college students changed their study style, suspended classes, started online study mode, innovated the teaching method, and finished the teaching task with high quality and quantity. Colleges and universities will be anti-epidemic spirit into the main classroom of ideological and political education (see Figure 2) , mining network resources, anti-epidemic spirit special topics, offline lectures, case analysis and other ways to carry out patriotic education, Thanksgiving education.

##### ***4.2 Broaden the channels of ideological and political education in colleges and universities***

Colleges and universities are important places for the dissemination and promotion of excellent culture. Exerting ideological and political education on the Internet, disseminating the spirit of fighting against the epidemic through the official websites of colleges and universities, the platform of changing classes and official microblogs, and integrating the spirit of fighting against the epidemic into the activities of classes and regiments , through the theme class meeting, theme group day activities to strengthen the ideological transformation and guidance of college students, set up an anti-epidemic model, bearing in mind the spirit of anti-epidemic.

The Affiliated Hospital of our school sent 48 aid-hubei medical team members to Wuhan in two groups on February 2 and February 13, respectively, in the east area of the People's Hospital of Wuhan University and the cancer center of the Wuhan Union Hospital. Forty-eight health care workers, some of whom are also outstanding graduates and alumni of the university, invited the hospital affiliated to the university to give lectures and share talks with the heroes of the Hubei anti-epidemic, and guided the students to follow the example of heroes, where our country needs them most. At the same time, the school held a hand-copied anti-epidemic exhibition, essay competition, in the rich campus cultural activities to carry forward the spirit of anti-epidemic.

##### ***4.3 Integrate the anti-epidemic spirit into social practice***

In the fight against the epidemic, everyone is a participant. In the process of fighting the epidemic, many college student volunteers have also emerged from the School of Foreign Languages. They actively signed up for volunteer services to fight the epidemic, and have come to the front line of the grassroots fight against the epidemic. For example, a classmate of the 19th Thai language class, her main task is to provide community door-to-door service. Whenever a resident enters and exits, she checks, disinfects, measures her temperature, and registers outsiders; she needs to run errands for self-quarantined residents and deliver them to the door. ; It is necessary to ask the residents about their physical conditions and living conditions and register them every day; it is also necessary to remind residents to take care of protection in the form of posting flyers or putting on loudspeakers. A classmate in the English class of Grade 18, she walked into the homes of medical staff to help her children with homework. Through tutoring students, she consolidated and enriched her knowledge, and at the same time reduced the burden on medical workers and contributed her youth to the cause of joint prevention and control. Interpret the responsibilities and responsibilities of young people with practical actions. In the normalization stage of the epidemic, combined with the summer social practice activities of various colleges and classes, students can be organized to visit the anti-epidemic site of the "fangcang hospital"

in Wuhan, and investigate and understand the working environment of the majority of medical workers. This is the history of their youthful struggle.

## 5. Conclusion

For college students, they must consciously take the Chinese power and responsibility that were demonstrated during the fight against the epidemic to be deeply rooted in their hearts. They must not only be determined to serve the motherland and serve the people, but also strive to stand at the height of building a community with a shared future for mankind and pay attention to the common destiny of all mankind. Facing problems and challenges, actively contribute to the development of human society.

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