

The Cause of Formation and Prevention of Impulse Crime of Contemporary College Students

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ABSTRACT. *In recent years, the impulse crime of college students has gradually become a common, the highest incidence of an emotional crime. Therefore, the research on the problem of impulse crime of college students is of great practical significance to prevent and reduce the emotional crime. This paper starts with the basic concept of impulse crime of college students, analyzes its causes and basic characteristics, and discusses the corresponding countermeasures.*

KEYWORDS: *Impulse crime, Characteristics, Prevention*

1. Introduction

Most of the contemporary college students are born in the 1990s and 2000s. They grow up in a peaceful and smooth environment and enter the university to study with others envious glances. They were supposed to be the most educated, the most qualified, the most promising group. However, in recent years, the crime rate of college students has increased, especially the rate of impulse crime has increased year by year, and now become a social problem that can not be ignored. What is it the reason that makes these darlings lose their minds and go on to commit crimes in such an extreme way? It is necessary to study the impulse crime of college students and find out its characteristics and causes, so as to be able to suit the case and put forward the corresponding solutions.

2. The Concept and Characteristics of Impulse Crime of College Students

Passion is a kind of emotional state that erupts very strongly and loses self-control in a short time. It can be divided into positive emotion and negative emotion. Positive Passion can stimulate the potential in the body, and even create a miracle. Impulse crime is the role of negative passion, it occurs in the psychological quality of immature young people. Passion is often triggered by a biological or social stimulus to the individual, such as rage, mania, despair and so on. When the person is in a state of insanity, it is difficult to control their emotions and behavior. And therefore can not foresee the consequences of their own behavior, can not correctly evaluate their own behavior.

According to the current situation of the impulse crime committed by college students in our country, it has the following characteristics: (1) from the angle of criminal motive, it is sudden. Most of the actors were suddenly and intensely stimulated by the outside world. They were in a state of passion. In addition, the college students were in a young and vigorous stage. They were too young and Lack of analytical skills. (2) it is contextualized from the surroundings. Passion is a kind of high emotional state, when the concrete situation stimulates, the actor will be excited and excited, and then produce the external motive force of the aggressive behavior. When the actor is in a special environment, a sudden blow or frustration, resulting in excessive excitement, and then criminal acts. (3) From the Criminal Psychology, impulse crime is emotional. Most of the college students who commit impulse crimes are easily excited and have poor self-control. Under the control of emotions such as jealousy, revenge and hatred, their behavior obeys their inner emotions, from discontent to excitement to intolerance, leads to outbursts of madness. (4) In view of the consequences of the crime, it has serious characteristics. After being stimulated, the perpetrators are often reckless, using more brutal means to commit vicious crimes, causing great losses to people's lives and property security.

3. The Analysis of the Causes of College Students Impulse Crime

3.1 The Individual Cause of College Students Impulse Crime

3.1.1 There Are Psychological Defects in College Students

The impulse crime is caused by the rapid change of outside activities and social conditions, and the individual passion is beyond the scope of individual psychological activities. Normal human behavior usually has a certain motivation, in the act, can also foresee the consequences of their actions. However, some college students, because of their narrow-minded and poor ability to distinguish right from wrong, prefer to analyze the reasons of failure, and unconsciously and excessively exaggerate the failure and the pain of failure. When their needs are not met, they can become greedy, lazy, cruel, uncompassionate, uncaring, irresponsible, and lead to serious psychological imbalances that can lead to a loss of direction in many things, to make unpredictable choices. Most of the students who are prone to impulse crime are characterized by extreme introversion or unsound personality, and individual personality defects, such as Rudeness and suspicion, obstinacy and so on. As a result of this kind of flaw psychology existence, the behavior person long-term represses in the heart discontented language resentment, actually does not have an effective way to vent, once has the outside certain factor stimulation, will recklessly produce the crime impulse, thus implements the crime. Some people act because they are more sensitive and have low self-esteem. A careless word or trivial matter from others may arouse their suspicion, anxiety and tension. The accumulation of such negative emotions will cause the perpetrator to commit a impulse crime. And college students are generally more interested in the behavior itself than the motivation, and often make decisions based on personal feelings and subjective factors, said Youth, a professor of psychology at the University of California, San Diego. Because of their aggressive behavior and aggressive behavior, they often suffer from serious tension, psychological pressure, and psychological distress or very intense emotional conflict, unpleasant feelings experience to relax their own requirements, pay attention to the current, regardless of the consequences of releasing their unpleasant emotions, resulting in disputes, arguments, fights, fights and other negative behavior, even lead to attack, conquest, suppression and other behavior-oriented, so impulse crime in this situation will occurs.

3.1.2 College is a Competitive Place

In college, The main pressure of students comes from study. The pressure of scholarship competition, English level examination, computer grade examination, and the pressure of professional qualification examination make college students busy and busy. Moreover, the emphasis on self-management, self-learning, unlike middle school teachers in the next to urge. At the same time, due to the difference of learning requirements between Middle School and university, some students are not adapted to the environment of University self-study and lack of self-management ability .Some students with poor self-control are often at a loss, and are often overwhelmed by such pressure. From a psychological point of view, moderate pressure can make people better play their potential, But if they go beyond the limit of their own ability, they will form great mental pressure. If this pressure is not well addressed, it can go to extremes and trigger impulse crimes. According to a survey on the mental health of college students conducted by the China Social Survey, 75 percent of college students believe that the main source of stress is social employment, and 50 percent of college students are confused about their future development after graduation There are no goals; 41.7 percent of college students say they are not thinking too much right now; only 8.3 percent have clear goals and are confident about their future.

3.1.3 Adolescent Relationship Problems

College students are mostly in adolescence, the opposite sex to maintain curiosity and vision. Due to the strict supervision of parents and the great pressure of entering higher education, the hazy love between men and women is temporarily suppressed. After College, the desire for love has a full opportunity to release. Many college students regard love as a required course in college, and even can't wait to try the forbidden fruit. However, due to the lag of the adolescent education in our country, parents generally do not talk about their children's emotional problems, and schools also hold the attitude of neither supporting nor opposing them, resulting in the lack of emotional education for college students. Many students are still blank about it. Some female college students also believe that hugging and kissing with boys will lead to pregnancy. Due to lack of sufficient emotional knowledge and experience, once encountered emotional frustration, it is easy to have a negative mood, which leads to impulse crime.

3.1.4 Economic Pressure on Poor Families

With the reform of the tuition system in colleges and universities, the tuition fees have risen suddenly, which leads to the economic pressure on many poor students. Many poor families go into debt to support their college students. The family's poverty, the economic pressure may urge the university student to strive for strength, struggles diligently, strives for the early rise to the top. However, if the pressure is too heavy on the contrary, will let them lament the injustice of life and social inequality. Many poor students have to work-study, or go out to do part-time, all day for the livelihood of the rush. And many poor students are more sensitive, self-abased, they are eager to get the affirmation and respect of others. A careless word, an unintentional action between classmates will let them produce suspicion and dissatisfaction, once an emergency occurs, it's highly likely to trigger their pent-up negative emotions, which can lead to impulse crime.

3.2 External Causes of College Students ' Impulse Crime

3.2.1 Lack of School-Related Education and Management

In today's university campus, the relationship between teachers and students is relatively weak, less interaction between teachers and students. There are two main reasons for this. One is that the proportion of teachers and students in colleges and universities is generally out of balance. The other is that the current education management system leads to the teachers' stress on scientific research and neglect of teaching. They don't care about education. Teachers are usually on the completion of their own teaching tasks, little communicate with students privately. According to the current educational evaluation system in China, college teachers have to undertake various tasks such as scientific research and social service in addition to teaching, and the proportion of scientific research and social service in teachers' performance evaluation is more and more serious, which is directly related to the professional title and economic income of college teachers. As a result, many college teachers devote their time and energy to scientific research and teaching, which makes it more difficult for them to take time to communicate with students. At the same time, although almost all universities have set up the course of ideological and moral cultivation and legal basis, but generally pay less attention to it, only as a public course to be completed in a procedural way, and do not devote enough energy to the moral and the spirit of the rule of law into the hearts of college students.

3.2.2 The Influence of the Family Environment

Parents are their children's first teachers, and their actions and words have a far-reaching impact on their children. Many college students are now only one child in their families, the doting parents make them from an early age to develop a selfish, egotistical character. It's easy to go to extremes in case of something unpleasant. The child who grows up in a family atmosphere full of love and laughter shows that his mind is open and optimistic. He must be a person who knows self-love and knows how to love others. Children who grow up in a harmonious and friendly family environment will have a positive attitude and self-regulation ability. On the other hand, if a family lacks a loving atmosphere, for example, couples often quarrel, often quarrel over trivial matters, show no filial respect to the elderly, and tense neighborhood relations, etc. it will do endless harm to children. Children who grow up in such a family, were easy to form a self-centered psychology, frustration ability is weak, easy to go to extremes. Some children who grow up in special families, such as single parent or problem families, may become isolated, extreme and indifferent due to the long-term lack of family love and care. Difficult to get along with people, if there is some kind of stimulation, may trigger a impulse crime. Moreover, parents are eager for their children's success. They only care about their studies and neglect the cultivation of their children's moral character, which results in their moral deficiency and is very disadvantageous to their growth.

3.2.3 The Edification of Bad Culture in Society

Today's mass media, is full of violence culture, pornography culture, society also promote the concept of money first. Some moral deficiency, Poor self-control of the university students will be vulnerable to these unhealthy atmosphere, don't know what to do every day. At the same time, some foreign dross of cultural , such as money-oriented , hedonism and ultra-individualism , have occupied the market in the absence of traditional excellent culture, and have shaken the thinking of many students in the ivory tower who seek truth and progress. It caused their values to misplace, and caused the confusion of thoughts and values. In particular, college students are free from the bondage of their parents and teachers when they go to college. Some college students indulged in playing games and watching movies in their dormitories. In these worlds of violence and sex, their empty minds are so satisfied that they become distracted, irritable, and, when stimulated in the real world, they prone to anger and reckless behavior. Some cases show that if these acts of violence are not promptly stopped and punished, they will in turn reinforce the perpetrator's psychological violence.

4. Prevention of Impulse Crime of College Students

4.1 Strengthening Ideological and Moral Cultivation and Shaping Good Character

The college students who are easy to commit impulse crime are generally narrow-minded, unstable, and afraid of gain and loss. Famous American clinical psychologist Ellis believes that it is not the event itself that directly causes emotional reaction, but people's understanding and attitude to the event. So we have to improve cultural quality and cultivate good personality. We can start from the cultivation of a wide range of interests and hobbies, to participate in collective activities and social activities, set up a lofty ideal and correct outlook on life, improve the ability to cope with psychological changes. Cultivate the willpower of college students. Enhance the ability of self-regulation and self-education. Improve the practical ability of college students' psychological accomplishment. Effectively reduce the impact of unexpected events on college students. Prevent the phenomenon of losing control of college students' willpower. So that in the emergence of unexpected events college students can self-restraint, self-regulation, self-control, treat it sensibly, resolve contradictions and conflicts smoothly.

4.2 Strengthen the Education Function of Family, Build a Good Family Atmosphere

A great deal of experience has shown that children who grow up in democratic and harmonious families are most likely to be mild-mannered and courteous. While children who grow up in an environment of tyranny and violence tend to have distorted personalities and are more susceptible to the stimulation and influence of bad social culture, resulting in loss of judgment and self-control, leading them astray. Therefore, parents must always pay attention to their words and deeds, to maintain a positive attitude towards life. Family members live in harmony with each other and treat each other with courtesy and decorum. This can create a warm and harmonious atmosphere for the growth of children. Parents should consciously improve their ideological and cultural level and moral quality to set an example for their children.

On the other hand, parents should try their best to adjust and improve the relationship between husband and wife, and keep the stability of the family. So that in a harmonious and warm environment, children gradually develop a correct view of love, marriage and family.

4.3 School Should Strengthen the Moral Education, Strengthen the Psychological Guidance Mechanism

In view of the current situation of college students' lack of moral and ideal, colleges and universities should attach importance to the cultivation of college students' ideological and moral education. Help them establish a correct outlook on life and the world, and enhance their sense of social responsibility. We should strengthen the education of patriotism and revolutionary tradition, advocate the life style of diligence and frugality, and make it become the behavior standard that the teenagers abide by consciously. Strengthen the political and ideological education work, reversing the prejudice of underachievers is bad students. Setting up study mutual aid group to help and educate students with learning difficulties. Let students feel the warmth of the collective, the happy of the life, so that they can love life, love the work after graduation. In view of the current situation that ideological education is boring, we should make great efforts to innovate educational methods and change the boring appearance of ideological education. Change the boring appearance of ideological education. To reform the teaching idea of ideological, political and philosophical courses, to integrate abstract and boring philosophical principles into easy-to-understand philosophical stories. To improve the ability of college students to distinguish correct ideas. Guide college students how to understand the right ideas in books, guide them to set up the correct values and outlook on life in school.

4.4 Attach Importance to Legal Education and Enhance the Concept of the Law

To strengthen the propaganda and education of the law, to improve the legal literacy of college students, so that they can learn to use the law to judge right and wrong and to use the law to safeguard their legitimate rights and interests. In particular, colleges and universities should carry out legal education in the whole stage of Higher Education for college students. While carrying on the regular legal knowledge education, should strengthen the effect of law popularization through various forms of targeted education to make students more

willing to accept. Colleges and universities can carry out various activities to popularize the law, such as organizing students to visit prisons, introducing court hearings to campuses, conducting mock courts, and inviting relevant personnel from the legal sector to schools to carry out legal education, to infect the college students with the true and touching facts, to educate the college students with the negative teaching material of the Psycho, so that the college students can know, understand and obey the law, and make the law become their own code of conduct.

4.5 Strengthen the Social Security Mechanism and Eliminate the Bad Cultural Influence

The social security work should be carried out from various aspects. We can start from the following points: First, to ensure that poor college students have access to education. At present, many poor college students have the problems of paying fees and being under great economic pressure. If this problem can not be solved well, it will easily lead to negative oppositions of college students and cause social hidden trouble. Therefore, the state must increase the intensity and intensity of the grant-in-aid, and set up a variety of grants. Don't let any college students drop out of school because of poverty. Schools should also do a good job in the approval and disbursement of grants. For those students who can not get financial aid, should open green channels for them in time, allow them to enroll first and then pay fees, and implement humanized management. Secondly, smooth the employment channels to solve the employment problems of college students. Nowadays, college students are faced with unprecedented employment pressure, and "unemployment on graduation" has become their true portrayal. Many college students feel that the way ahead is not clear, especially the employment units of discrimination and hidden rules of the phenomenon is to make their employment road worse. This makes in the employment path of the university students self-abandonment, produce resentment, hostility to society psychology. Therefore, the state should provide a fair employment opportunity for college students, put an end to the phenomenon of relationship-oriented employment, and ensure the smooth employment of college students. Guide the whole society to change the concept of employment, through publicity to establish the image of outstanding professionals in various industries and their road to success. Guide fresh graduates to correctly and objectively evaluate self-expectation, first employment and then job-hunting.

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