

# Research on the Identity of College Students' Socialist Core Values Based on the Perspective of Peer Counseling

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**Abstract:** Today's "post-90s" and "post-00s" have become important witnesses, participants and contributors to the realization of the Chinese dream of the great rejuvenation of the Chinese nation, strengthening the identification of contemporary college students' socialist core values, and promoting the construction of The Socialism with Chinese Characteristics has far-reaching significance. Peer tutoring based on the positive educational influence among peers has strong cohesion to the majority of students, and can subtly influence students' values and other characteristics, and deepen the recognition of college students' core socialist values. This research is carried out from four aspects: strengthening the construction of the peer tutoring team, enriching the content of the peer tutoring work, doing a good job in the staged work of the peer tutoring, and innovating the work mode of the peer tutoring. A new path for the education of the core values of socialism.

**Keywords:** Peer tutoring, college students, core socialist values, sense of identity

## 1. Introduction

College students in the new era are the main force in realizing the great rejuvenation of the Chinese nation, are the builders and successors of the cause of socialism with Chinese characteristics. "The value orientation of youth determines the value orientation of the entire society in the future"<sup>[1]</sup>, help college students set up the correct values for the development of the country, national prosperity, social stability is of great significance. In his report to the 19th National Congress of the Communist Party of China, Xi Jinping pointed out that the core values of socialism are the concentrated expression of the contemporary Chinese spirit and embody the common value pursuit of all the people. It also emphasized that the core socialist values should be integrated into all aspects of social development and transformed into people's emotional identity and behavior habits. "<sup>[2]</sup> Today's "post-90s" and "post-00s" have become important witnesses, participants, and contributors to the realization of the Chinese dream of the great rejuvenation of the Chinese nation. We need to do a good job in cultivating their values and help the youth work diligently, cultivating morality, discerning, and earnestly, "leading the majority of teachers and students to be firm believers, active propagators, and model practitioners of the core socialist values"<sup>[3]</sup>. Therefore, it is necessary to strengthen students' awareness of the core socialist values. The sense of identity with values has far-reaching significance for building a socialist society with Chinese characteristics.

The university stage is a critical period for the cultivation of a person's core socialist values. Between classmates, due to the similar age, similar education level, and the common campus living environment, they will have more common language and easy communication. Through peer tutoring, some outstanding students can be discovered among students, and they can play an exemplary role, and communicate with students at close range for tutoring, so as to establish a good relationship of trust, which is conducive to the dissemination, formation and strengthening of core values<sup>[4]</sup>. Its essence is internalized in the heart and externalized in the line.

## 2. The connotation and characteristics of counseling

"Peer tutoring" is also known as peer education, peer education, etc. It refers to people who have the same background or have a common language for some reason. They share information, ideas, behavioral skills, etc. to achieve this. An educational approach to educational goals<sup>[5, 6]</sup>. Peer counseling has played an important role in counseling in academic, ideological, psychological, life and other aspects. Among

them, some scholars have proposed that peer education of college students is conducive to enhancing the acceptability of moral education, group identification of moral values, beautifying the moral education environment in colleges and universities, strengthening professional development education, and optimizing moral education work teams. It is an effective way to conduct moral education in colleges and universities. Method (Zuo Kaixuan, Shan Ya, 2001) <sup>[7]</sup>. Therefore, it is a very effective educational approach and method to strengthen college students' identification with socialist core values through peer tutoring.

Peer counseling is similar to the "mutual aid" in traditional ideological and political education work, but there are essential differences between the two <sup>[8]</sup>. First, "mutual help" mostly occurs between familiar individuals, while "peer counseling" is more reflected in two relatively unfamiliar peers. Second, "mutual aid" is a two-way mutual aid behavior, and "Peer counseling tends to be one-way care and support, that is, one person helps another. Third, "mutual aid" mostly does not need external intervention, consciously join in the help work. With the help of external forces, after a series of selections, the personnel who meet the requirements will be trained before starting the work. Fourth, "mutual assistance" can be carried out in a timely manner, mostly face-to-face counseling and assistance, while "peer counseling" requires cooperation with the victim. Tutoring students can only be carried out at an agreed time in advance, and the way of carrying out is flexible. It can be carried out by means of new media such as the Internet, lectures and other methods. It can be seen that peer tutoring has an important educational function in deepening the recognition of college students' socialist core values.

### **3. The role of peer tutoring in college students' sense of identity with socialist core values**

General Secretary Xi Jinping pointed out at the symposium of teachers of ideological and political theory courses in schools that the adolescent stage is the "joint booting period" of life, and it is most in need of careful guidance and cultivation <sup>[9]</sup>. To cultivate students' sense of identity with the core socialist values, not only through ideological and political theory courses, campus culture construction, etc., but also through the advantages of peer tutoring. Taking peer counseling as an important starting point for the cultivation of core values identity, mastering various "small problems" that students are concerned about in the education of socialist core values, and refining, implementing and solving them, and educating and guiding them in a subtle way.

#### ***3.1 Attach importance to the role of peer counseling, and systematically carry out the work of socialist core values identity***

At present, in my country's ideological and political education, classroom education is the dominant method. However, through classroom knowledge transfer and other methods, because of its high theoretical indoctrination and oral preaching, the teaching effect is not obvious <sup>[10]</sup>. In addition, the time and space of college teachers to carry out education is limited, so it is impossible to gain insight into the problems existing in students and solve them effectively <sup>[4]</sup>. Peer tutoring is the communication and tutoring between college students. They are of similar age, have similar life experiences and growth environments, share common interests and growth characteristics, and they are close in space and communicate frequently. These characteristics make it easier for students to open their hearts to each other, confide their hearts, and carry out in-depth discussions. Exchange and communication, and thus resonate, which has a profound impact on the life goals, ideals and beliefs, moral sentiments, political identity, growth all have a profound impact. Therefore, peer tutoring is conducive to the education of core values identity in the college system.

#### ***3.2 Relying on peer tutoring to promote the establishment and formation of socialist core values***

The famous American psychologist Albert Bandura put forward the theory of social learning in 1971. He found that human beings not only engage in participatory learning through their own activities, but also engage in alternative learning through observing the behavior and results of others. Therefore, students will subtly change their own thoughts and behaviors in the process of communication through observation and imitation. Not only that, classmates are also very concerned about whether peer group members agree with, appreciate, and affirm their value evaluation criteria. When they establish value goals, the opinions given by peer counselors gradually occupy an important position <sup>[10, 11]</sup>. It can be seen that relying on the form of peer tutoring, giving full play to the role of peer role models among students, plays an important role in the formation of their values and the formation of behavior habits. At the same time, through a series of behaviors such as observation, learning and imitation of peers, students always

feel that the socialist core values are very close to us, and they surround themselves with individuals, which well promotes the establishment and formation of students' core values.

### ***3.3 Give full play to the effectiveness of peer counseling and fully reflect the connotation of the socialist core values***

The report of the 18th National Congress of the Communist Party of China clearly put forward the core socialist values with the main content of "three advocacy", namely "advocating prosperity, democracy, civilization, and harmony; advocating freedom, equality, justice, and the rule of law; advocating patriotism, dedication, integrity, and friendliness. ". These 24 words highly condense the essence of the socialist core value system. And peer counseling is a very good reflection of the profound connotation of "friendliness". Peer tutoring shows a kind of tutoring that is spontaneously generated by students and does not ask for any financial return, and is carried out to the surrounding student groups in terms of thinking and behavior. At the same time, the form of peer tutoring can also enable students to give full play to their own strengths, better develop themselves, improve themselves, and realize self-worth. It can be seen that giving full play to the effectiveness of peer counseling can fully reflect the connotation of socialist core values<sup>[10, 12]</sup>.

## **4. The application of peer tutoring in the education of college students' socialist core values identity education**

General Secretary Xi Jinping pointed out at the commemoration of the 100th anniversary of the May 4th Movement: No matter the past, present or future, Chinese youth will always be the vanguard of the great rejuvenation of the Chinese nation! He also emphasized that the youth are the most active and dynamic force in the whole society, the hope of the country lies in the youth, and the future of the nation lies in the youth.<sup>[13]</sup> Deepening the recognition of the core values of socialism among college students in the new era is conducive to improving the practice ability of contemporary college students in the process of promoting the value, and becoming the real builders and successors of the Chinese dream of realizing the great rejuvenation of the Chinese nation. Tao Shaojing (2016) proposed that college students' identification with socialist core values develops progressively along cognitive identification-emotional identification-rational identification-behavioral identification.<sup>[14]</sup> This research will gradually deepen the recognition of the socialist core values of college students in the four aspects of team building, work content, work stage, and work mode through peer counseling, starting from the law of individual value acceptance, and ensuring the cultivation effect of core socialist values.

### ***4.1 Strengthen the construction of peer counseling team and improve the overall work level***

The level of the peer tutoring team will directly affect the recognition of the socialist core values of college students. Therefore, it is necessary to build an excellent peer tutoring team with strong political, professional and positive style.

#### ***4.1.1 Strengthen publicity and attract outstanding personnel.***

At present, major colleges and universities attach great importance to the cultivation of socialist core values. In order to better implement the socialist core values on students, we should first excavate and cultivate typical models, so as to establish an excellent model team, strengthen the dissemination of core values through peer counseling, and create a good campus culture. Ambience. In order to achieve this effect, it is necessary to strengthen publicity. Through the lectures of ideological and political theory teachers, posters, theme class meetings, lecture counseling, new media reports, etc., we should strengthen the publicity of recruiting peer counseling teams, so as to attract students through these methods. Excellent students sign up independently, and teachers and students actively recommend, so as to improve the quality of the peer tutoring team.

#### ***4.1.2 Strict selection and clear job responsibilities.***

The formation of an excellent peer counseling team requires strict selection work. The selection process is mainly carried out from individual application - counselor review - college review - defense interview and other links. Usually in the application or recommendation of students, those who are politically firm, excellent in character and study, have a strong sense of responsibility and mission, good language communication and expression skills, and strong organizational management skills are selected to serve as peer counselors, among which there are more senior students who serve as student leaders.

On the basis of selecting personnel, the job responsibilities of peer counselors should be clarified. In order to keep abreast of students' ideological dynamics, peer counselors can be divided into four levels: school level - college level - class - dormitory, and each is selected from different groups. For example, the school-level peer counselor team can be selected from the school's outstanding party members, outstanding student pacesetters, national scholarship winners and other students. In addition, the author's school will also select the touching characters, touching the touching self-improvement figures. These are all very good selection of peer tutors. The college-level peer counselor team can be selected from outstanding student cadres, scholarship winners, outstanding party members, and excellent quality pacesetters. Reserve power. The team of peer counselors in the class is mainly for the selection within the class collective, among which the class cadres should be role models, and the dormitory should select better students from each dormitory to serve. In this way, peer counselors at different levels have different goals and roles, which can better strengthen students' sense of identity with the core socialist values.

#### ***4.1.3 Strengthen training and improve the effect of education.***

In order to improve the effect of peer education, colleges and universities should create a training platform for peer tutoring backbones and conduct regular training<sup>[10]</sup>. In the training, it should be noted that the training should have both theoretical guidance and practical case analysis. The training content should include the main content of the socialist core values, accurate interpretation, analysis of classic cases, the communication and counseling skills of peer counselors, the ideological, psychological and behavioral characteristics of college students, and the management regulations of college students. The training methods should also be rich and varied, which can be carried out through new media such as lectures, reports, symposiums, case studies, one-to-one communication (face-to-face, letters, telephone calls, etc.), role models and demonstrations, outreach training, and WeChat public accounts. Through a series of training, improve the overall quality of peer counselors and optimize the educational effect.

#### ***4.1.4 Pay attention to guidance and ensure the timeliness of work.***

Since the members of the peer tutoring team are composed of students, they are still lacking in professional quality, theoretical level, work experience, etc. Therefore, professional instructors should be provided in the entire tutoring process, so that problems arising in the tutoring process can be solved. Provide timely guidance and solutions, and at the same time supervise and evaluate their work to ensure the timeliness of work.

### ***4.2 Enriching the content of peer tutoring work and comprehensively strengthening student tutoring***

The content of peer tutoring work should be carried out in an orderly manner according to the understanding of the core values of socialism by college students. The core values into students' daily learning life, combined with the students second classroom activities module, can carry out ideological education and behavior, academic science and technology and innovation entrepreneurship, style art and physical and mental development, social practice and volunteer service and other daily life theme guidance. It provides comprehensive and powerful support for college students in the new era in terms of their identification with the core socialist values. The content is as follows:

#### ***4.2.1 Personal level***

The purpose of peer tutoring activities is to train and shape people while helping and caring for them. In the identification of the core values of peer tutoring students, the cultivation at the individual level should be the focus of our work. In the specific implementation, it is necessary to carry out peer tutoring work in a targeted manner according to the characteristics of different grades.

For freshmen, they have just stepped into the school gate, and they have not enough adaptability to campus life and professional study. Therefore, our focus is to make freshmen adapt to the rhythm of college life psychologically and life as soon as possible. Give full play to the role of the assistant to the head teacher, assist the counselors and head teachers, and carry out socialist core values education activities based on the concerns of freshmen, so as to clarify doubts and doubts for freshmen, so that freshmen can adapt to university life psychologically as soon as possible. Through activities such as freshman entrance education, excellent student exchange meetings, political learning activities, professional learning methods, etc., combined with outdoor quality development, visiting red revolutionary bases, and various special activities. At the same time, we need to do a good job in the training of class student cadres, establish a good class style, and cultivate students' socialist core values from the freshmen.

Sophomore and junior students, after a period of study and life in school, have adapted to campus

life, and more problems they face are the expansion of their own knowledge, ability training, and quality improvement<sup>[15]</sup>. An important period for personality development and value formation. Therefore, the peer education of students at this stage should focus on ability development. Through rich party group activities, quality development activities, etc., continuously cultivate their correct world outlook, outlook on life, and values, and actively practice socialist core values on the basis of recognition. For example, the author's college has carried out the "Flowers in May" red song chorus activity, "Ideological and Political Lessons" I Talk, "Love My China" Speech Contest, Tsing Ma Project, Green Wave Forum, Lighthouse Forum, "Practice Core Values" A series of high-quality activities such as "Building Youth Dreams Together" Dormitory Cultural Festival, lead students' ideological growth and cultivate students' socialist core values.

For senior students, they are mainly faced with the problem of career and life planning. Therefore, in terms of career planning education, we should gather excellent peer resources inside and outside the school and actively guide them to establish a correct career outlook. Among the peer elite counseling groups established by our school, there are many outstanding students who have graduated from our school. They will often go back to school to provide employment counseling to their younger brothers and sisters, so as to help students successfully complete their studies and be able to work in the future. In the post, the requirements for "patriotism, dedication, integrity, and friendliness" are truly practiced.

#### ***4.2.2 Social level***

Peer tutoring is not only to help students identify with ideas, but also to guide students to practice the core socialist values in behavior. We must guide college students to establish a sense of social practice, give full play to professional knowledge, practice volunteer activities, promote the spirit of service, and help college students in the new era understand national conditions and social conditions and serve the society. For example, in the college where the author is located, the peer tutoring team has established the Qingkui Volunteer Service Team, which regularly goes to special education schools to carry out volunteer service activities, organizes students to give love, and brings them gifts, knowledge and joy. In addition, during the winter and summer vacations, students are organized to carry out social practice activities in the three rural areas, summer temporary employment training activities, professional internships and other activities. Including the author college of a program under which officials social practice "watch" team "and" on the road " team. The action interprets the demeanor of contemporary college students, who constantly hone and improve themselves in the practice of socialist core values. Not only that, through practical activities, students can enhance their sense of moral responsibility and the concept of equal rule of law, and consciously practice the concept of "freedom, equality, justice, and rule of law".

#### ***4.2.3 National level***

Peer tutoring not only guides students to gradually recognize and practice the core values of society at the personal and social levels, but also guides students to the national level, that is, "prosperity, democracy, civilization, and harmony" cognition and understanding. A person's growth and talent requires the support of the social environment, which is inseparable from the "prosperity, democracy, civilization, and harmony" of the motherland. Peer tutoring members should guide students to deeply realize this, and make students deeply love the motherland. Only when the motherland is prosperous can the people have a happy life. Therefore, it is necessary to cultivate students' rational patriotism and establish the ideal and belief of serving the motherland. We must guide students to correctly understand the development trend of the world and China, correctly understand Chinese characteristics and international comparisons, and pass on correct ideas and guidance to students in response to current political events. For example, the author's college has held the essay contest "Realizing a Powerful Country in Transportation", watched films such as "Amazing, My Country" and "Wolf Warriors", and visited the 40th Anniversary Photography Exhibition of Reform and Opening-up to enhance students' national pride and strengthen college students. Perceive and experience the prosperity and great progress of the country, so as to deepen the identification with the core socialist values at the national level.

### ***4.3 Do a good job of peer counseling in stages, and gradually deepen the recognition of values***

As mentioned above, the identification of college students with socialist core values needs to go through four stages: cognitive identification, emotional identification, rational identification, and behavioral identification. This is a gradual process of continuous sublimation. When conducting peer tutoring specifically, we need to focus on the staged development of work according to the four stages of students' understanding of core values.

#### ***4.3.1 Use the function of group counseling to promote students' cognitive identity***

The so-called cognitive identity is mainly to allow college students to fully and accurately understand the rich connotation of the socialist core values<sup>[14]</sup>. Peer tutoring can provide comprehensive publicity and education to students through special lectures, symposiums, online learning, party organization life meetings, case analysis, excellent deeds reports, exhibition board publicity, and group special activities. At present, with the help of the "Learning to strengthen the country" APP software and "Youth Great Learning" online theme group class study, etc., students have enriched their learning methods, fully fragmented time, helped students build a foundation of belief, supplemented the "spiritual calcium", and also let Students can better understand the basic content and theory of socialist core values.

#### ***4.3.2 Give full play to the advantages of individual counseling to sublimate students' emotional identity***

In order to better solve the actual problems of students, peer counselors can provide individual counseling with students. There are various forms, such as emails, text messages, phone calls, online conversations, face-to-face interviews and other forms of targeted and in-depth communication. Peer counselors can also combine personal experience and in-depth experience, and give full play to the role of role models to influence and infect students<sup>[4]</sup>, so that they can personally experience the role and significance of the socialist core values, and then change students' thinking, change their own behavior, and better promote students' emotional identification with core values.

#### ***4.3.3 Carry out problem-oriented counseling to improve students' rational identity***

Rational identification means that college students analyze, process and process the information of socialist core values, and conduct value evaluation and selection on the basis of reasoning and judgment<sup>[14]</sup>. In peer tutoring, it is not just to instill theoretical knowledge unilaterally, but to guide students to think deeply based on current empirical hot issues, and to improve students' ability to distinguish right from wrong and analyze problems in analysis, discussion, and communication. For example, the Hong Kong incident in South Korea, the Sino-US trade war, etc., these issues can guide students to discuss and analyze, rational thinking, value judgment and selection ability. Peer tutoring should adhere to the principle of combining ideological problems with solving practical problems, guide students to correctly view their own problems and interests, and help them solve practical problems. For the appeals that students want to express, they can use emails, online messages, etc. to speak to the peer counseling team, so as to enhance theoretical identification in solving students' problems. In this way, college students can be encouraged to take the socialist core values as the standard, often self-reflect, look at problems rationally, and constantly change and adjust their own words and deeds.

#### ***4.3.4 Build a platform for practical education and strengthen students' behavioral identity***

In peer tutoring, we must actively create and build a social practice platform for students. By participating in social research, volunteering and other activities, students can deeply understand the society and establish national feelings. At the same time, in the activities, it can also cultivate students' awareness of friendliness, dedication, integrity, responsibility, etc., and stimulate the subjectivity and creativity of college students in practical activities, so that students can continue to deepen the subjectivity of socialist core values. On this basis, internalize in the heart and externalize in the line.

### ***4.4 Innovate the work mode of peer counseling and create a good environment and atmosphere***

#### ***4.4.1 Seize the position of online ideological and political education and expand the peer tutoring model of socialist core values***

Building a propaganda position, seizing the right to speak, and adopting the communication methods favored by college students after the "90s" and "00s" are effective ways to broaden the peer tutoring model of socialist core values. Extend peer counseling to the "micro-platform", convey the socialist core values of high theoretical and generalization to the students in a way that students like to hear and see, and give full play to the role of peer counselors. The information content of the "micro-platform" should be time-sensitive, introduce various learning and life issues that students are interested in for discussion and guidance, and answer their doubts in a timely manner. Not only that, by strengthening the construction of peer tutoring positions, ideological and political workers can timely understand the ideological dynamics of college students, so that ideological and political workers can timely improve educational content, methods, strategies, etc., thereby improving the educational effect of classroom core values<sup>[4]</sup>.

#### **4.4.2 Construct a "three-in-one" education form and create a three-dimensional socialist core value cultivation model.**

Through the construction of a "trinity" education model of ideological and political theory courses, professional courses, and peer tutoring, a joint force of education is formed, which integrates into multiple dimensions of students' study and life, and ensures the effectiveness of core values education. This requires accelerating the reform of ideological and political courses in colleges and universities, and while effectively playing its main role, it also realizes the multi-dimensional function of peer tutoring, and creates a three-dimensional socialist core value cultivation model. For example, by establishing an online and offline education platform, doing a good job in the collaborative education of the first classroom and the second classroom, and combining group counseling with individual assistance, we can create a three-dimensional core value peer counseling model, so as to penetrate into the minds of students and form a healthy. The effect of education and counseling that things are silent and the wind turns into rain.

### **5. Summary**

The core socialist values are the soul of my country's socialist system, and the focus and foothold for cultivating newcomers in the era of national rejuvenation. From the perspective of peer tutoring, this paper carries out the identification education of college students' socialist core values, from four aspects: strengthening the construction of peer tutoring team, enriching the content of peer tutoring work, doing well in stage work of peer tutoring, and innovating the work mode of peer tutoring. specific work. In the future education work of guiding students to cultivate and practice core values, colleges and universities should give full play to the power of peer tutoring, which is of great significance for deepening the recognition of college students' core socialist values in the new era and for building a socialist society with Chinese characteristics.

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