

# Study on Ideological and Political Paradigm Curriculum—Taking Medical English Course as an Example

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**Abstract:** Ideological and political course is a comprehensive educational idea which regards "cultivating people by virtue" as the fundamental task of education. Based on nursing specialty in our school as an example. This paper analysis the medical English teaching with the combination of curriculum education in English teaching, and put forward to perfect the medical ethics education course content system, the excavation of the English curriculum ideological elements, and strengthen the moral education function of English courses, and help in cultivating have higher cultural quality, moral character of medical workers. Medical English courses should be in the same direction as ideological and political courses, and ideological and political education should run through the whole course of English teaching, so as to realize whole-course education and all-round education. This study is an effective ideological and political exploration of integrating medical humanities into English teaching, which is conducive to cultivating medical students' humanistic quality and humanistic humane sentiments.

**Keywords:** Medical English, English teaching, Medical ethics education, Curriculum ideological and political

At the 2016 National Conference on Ideological and Political Work in Colleges and Universities, Xi Jinping first proposed the concept of ideological and political courses. He emphasizes the necessity and urgency of ideological and political work in colleges and universities. It is required that teaching should be centered on educating people.

## 1. The status and value of college English courses in the different majors

The educational ideal of cultivating talents in colleges and universities should be adhered to. Ideological and political education should be emphasized throughout the whole teaching process, and ideological and political teaching should be closely combined with discipline teaching. "Morality Education" is the fundamental task of higher education, and the curriculum thought and politics is a strategic measure to implement the fundamental task of "Morality Education". The idea and politics of curriculum is to put the guidance of values in knowledge impartation and ability cultivation.

As an important compulsory course in colleges and universities, college English shoulders the responsibility of infiltrating ideological and political education. Medical English is an ESP course of college English and a module of comprehensive literacy course. It can be used as a hidden education to promote ideological and political teaching of the course. In our school, for example, in addition to general English courses, also for Nursing students to set up the medical humanistic education in the course of English teaching education courses, English for Nursing (medical) English, take concrete actions to implement the national ideological and political work conference spirit, the course education as a long-term primary scientific research task to grasp. It is hoped that through infiltrating teaching, medical students can cultivate their ideals and beliefs and cultivate their medical humanistic quality.

## 2. Ideological and political elements contained or exploitable in this course

In the process of steadily promoting the reform of medical system in China, the relationship between doctors and patients is still relatively tense, and the contradiction between doctors and patients is prominent, which makes the importance of moral education emphasized in the process of cultivating

medical students more suddenly.

According to the statistics of the Ministry of Health, the annual incidence of medical disputes in China's medical institutions has been as high as 98.47%, with more than one million medical disputes occurring in the country each year, and the average number of medical disputes in each medical institution is about 40. Since 2014, there have been a number of violent incidents of malignant injuries to doctors in China, making medical staff, once known as "angels in white", one of the high-risk occupations at present. Under the background of technology and commercialization of medical system, medical practice and medical teaching deviate from humanistic spirit and humanistic ethics and go further and further. The current medical education system focuses on the education of medical skills, and the lack of humanistic education and German education leads to the low quality of some medical staff, lack of cultivation, lack of patience and compassion for patients, and lack of sense of responsibility. Therefore, it is very necessary to infiltrate moral education into the teaching of medical English.

### 3. The basic ideas and scope of pilot objects of the curriculum ideological and political reform

At present, medical English teachers have not been given the responsibility of medical ethics education, so they lack the awareness of medical ethics education subjectively. At the same time, due to the lack of relevant knowledge background, most English teachers are still lacking in the ability of medical ethics education. Therefore, medical English teachers should focus on teaching language knowledge and skills to enrich students' thoughts, cultivate cultural awareness and humanistic feelings. Therefore, it is necessary for medical English teachers to explore ideological and political elements and integrate medical ethics education into English teaching.

*Table 1 Reform ideas frame diagram*

The pilot	Undergraduate class in nursing
Teachers participating in reform	College English teaching and Research section teacher
The teaching material content	Teaching content of Medical English
Teaching link setting	Reconstruct the teaching content (add moral education), explanation, group activities, question and answer, discussion
Collecting research data	Questionnaire survey, online collection

### 4. Important contents and teaching methods of the course

In the teaching of medical English, the teaching system can be set up according to the viewpoint of system theory, and the teaching subject, teaching materials, teaching content and teaching opportunity can be regarded as a whole, so as to form a "point, line and surface" combined ideological and political education system of medical English course and medical ethics.

(1) In the development of teachers' teaching ability, emphasis should be placed on improving students' ability to carry out medical ethics education.

"Curriculum ideological and political" is the new direction of teaching reform in colleges and universities, and the comprehensive quality of teachers is the key to improve the curriculum ideological and political level. Teachers should constantly improve their professional quality and humanistic quality, so as to establish themselves, learn and teach with virtue. Medical English teachers should not only change from the impartors of mechanical knowledge to the participants of learning community; From the implementer of course materials to the developer of ideological and political resources; From a multicultural assimilator to a Chinese storyteller; From inculcate "teacher" to respect good to good "benevolence"; From the moral character of the statute to the character of the isomorphism. At the same time, teachers should also understand medical humanities and medical reform policies, so as to cultivate the awareness and ability of medical ethics education. At the same time, the communication and interaction mechanism between English teachers, ideological and political teachers and professional teachers has been established, and the working mechanism of cooperating in the compilation of English medical ethics textbooks has been actively explored.

(2) In the compilation of teaching materials, expand the combination of medical English and medical ethics

In view of the lack of medical ethics in the current Medical English textbooks, we can improve the teaching materials by supplementing the three dimensions of medical ethics. First, pay attention to the historical inheritance of English and western medical ethics. Many documents of medical ethics originated from the West, such as the Hippocratic Oath "for the benefit of patients", and the view of medical humanity put forward by Galen, a Greek medical scientist. It can be seen that medical ethics is an important part of Western culture and has a natural connection with English. The second is to introduce the medical ethics of traditional Chinese culture, and collect English materials about the deeds, behaviors and medical ethics thoughts of Medical scientists such as Zhang Zhongjing and Sun Simiao. The third is to highlight the contents of medical ethics in modern revolutionary culture and advanced socialist culture, such as the noble medical ethics of Lin Qiaozhi and Wu Mengchao.

(3) In the reconstruction of teaching content highlight the main cultural line

Medical ethics has distinct cultural attributes and should be emphasized in teaching. According to the theory of cultural hierarchy, culture can be divided into three levels: High culture, which reflects literature and art; Popular culture, which reflects interpersonal relationships; and Deep culture, which contains values. High culture and mass culture are both rooted in deep culture, and different levels of culture have interactive relations of mutual influence and mutual promotion. Medical ethics reflects the values of the medical profession and belongs to the deep culture. According to the theory of cultural hierarchy, advanced culture and popular culture contents such as famous medical paintings, doctor-patient films and television works can be introduced into English teaching to arouse students' cultural thinking, so as to improve their acceptance of the deep culture of medical ethics. For example, the film "Philadelphia" calls for doctors to save lives from the perspective of AIDS patients, "Before I Met You" celebrates the deep emotion between doctors and patients, and Rembrandt's "Professor Rupp's Anatomy Class" highlights the spirit of excellence and scientific exploration of 17th century medical students. By introducing cultural clues into English teaching, students' acceptance of medical ethics culture can be strengthened through the expression tension of artistic works.

(4) Focus on the hot topics in the medical field that students are concerned about in the classroom teaching practice

Lippmann, an expert in mass communication, points out in his "Issue setting theory" that mass communication can effectively influence what facts and opinions people pay attention to by providing information and arranging related issues, thus guiding their thoughts and thoughts. In order to attract students' attention to the issue of medical ethics, we should seize the current issues related to medical ethics in medical English teaching, so as to deepen medical ethics education subtly. In the COVID-19 outbreak at the beginning of 2020, the white soldiers fought against the epidemic as "rebels", fully and truly showing the core connotation and huge appeal of medical ethics. Hit in the face of sudden outbreak, the Chinese people's life safety and body health in the first place, as a whole the epidemic prevention and control and medical treatment, prevention and control of the most complete the most strict and thorough measures, an unprecedented large-scale isolation measures, an unprecedented mobilization of the national large-scale medical treatment resources, don't miss an infected person, don't give up each patient, It has stopped widespread spread and changed the dangerous course of the virus's spread. In the back-to-school season after the outbreak of the epidemic, our school took solid prevention and control actions, and provided free nucleic acid tests for all teachers and students to ensure everyone's health and safety. This kind of responsibility touched people's hearts and also inspired everyone's patriotism and love for the school.

Medical English teachers can use this as materials for teaching materials, which can play a positive and effective role in medical ethics education. In addition, focusing on hot spots of doctor-patient relationship and major social events, teaching forms such as group discussion, sitcom performance, English speech and debate are adopted to form a continuous teaching system of medical ethics education, so as to achieve long-term effects of medical ethics education.

## 5. Conclusion

The construction of ideological and political system requires all kinds of English courses including college English and ideological and political theory courses to be the same. Our school takes college English and medical English as the hidden ideological and political courses, through course innovation and reform, to cultivate the medical humanistic quality and medical humanistic feelings of nursing students subtly, so that they can improve their medical ethics in the process of medical English students. Teachers should also take advantage of English classroom to explore the moral elements of the course,

so as to realize the educational function of English course in the process of cultivating medical students.

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