

Discussion on the countermeasures of cultivating the core qualities of national feelings in ideological and political teaching in colleges and universities

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Abstract: *In the new era, the task of ideological and political education in colleges and universities is becoming more and more important. As a basic education in colleges and universities, ideological and political education is not only an important part of students' all-round development, but also an important way to cultivate high-quality talents with social responsibility and national responsibility. As an important part of the excellent traditional culture of the Chinese nation, it is an indispensable part of the ideological and political education in colleges and universities. How to cultivate students' core qualities of patriotism in ideological and political teaching is a problem that needs to be considered and explored in ideological and political education in colleges and universities.*

Keywords: *university; ideological and political teaching; home and country feelings; core literacy*

1. Introduction

There are some deficiencies in the cultivation of the core quality of patriotism in ideological and political teaching in colleges and universities. To solve these problems, colleges and universities should take corresponding measures, such as strengthening the feelings core literacy training systematic and continuity, rich feelings teaching content and method, establish diversified teaching evaluation mechanism, and strengthen the construction of teachers team, further improve the ideological education at home feelings of core literacy training level.

2. The concept and meaning of the national feelings

The feeling of family and country is an important part of the excellent traditional culture of the Chinese nation and an important embodiment of the excellent cultural spirit of the Chinese nation. The feelings of family and country include two aspects, namely, the feelings of family and country and patriotism. The feeling of home and country refers to the individual's deep feelings for the environment around the family, family and hometown, which is the embodiment of the individual's emotional sense of belonging. Patriotism refers to the love of the motherland, the identity and pride of the nation, is the embodiment of the sense of national honor and pride. The feelings of family and country have an important influence and significance on the individual's ideological, moral and spiritual aspects. First of all, the feelings of home and country is an important embodiment of personality strength. The feelings of family and country can improve people's self-esteem, self-confidence and self-improvement, and stimulate people's innovation and creativity^[1]. Secondly, patriotism is an important source of moral emotion. The feelings of home and country can improve people's moral concept and moral level, and promote people's moral behavior. Third, the sense of family and country is an important part of our spiritual life. The feelings of family and country can enrich people's spiritual world and improve people's spiritual pursuit and self-cultivation.

3. The relationship between national feelings and ideological and political teaching in colleges and universities

3.1. The feeling of family and country is an important content of ideological and political education in colleges and universities

In modern society, with the development and progress of society, people's sense of responsibility for

the country and society is getting higher and higher, and this sense of responsibility is the core of the feelings of home and country. As the main position of talent training, for colleges and universities, the cultivation of core literacy is a very important content for their ideological and political education. First of all, the feelings of home and country can help students to establish a correct world outlook and outlook on life. In today's social environment, college students are faced with various pressures and challenges, which often lead to their negative emotions and negative thoughts. In the process of ideological and political teaching, the core quality of family and country can guide students to realize their responsibilities and obligations from the perspective of family, school and the whole society, so that students can better understand the background and development trend of their times, so as to form a positive attitude and behavior. Secondly, the feelings of home and country can also further expand the depth and breadth of students' thoughts. By learning the historical and cultural heritage of the motherland, understanding the great achievements of the country and the direction of the future goal, students can have a deeper understanding of the essence and value orientation of socialism with Chinese characteristics. In addition, the national feelings can also stimulate students' patriotism and national pride, and enhance their self-confidence and self-esteem. Finally, the feelings of home and country can also improve the students' political quality and moral cultivation. Only when students have a strong sense of home and country, can they truly serve the country and make contributions to the people.

3.2. The feeling of patriotism is the essential requirement of ideological and political education in colleges and universities

In the contemporary society, with the continuous development and progress of China's economy and society, the ideological and political work of college students has been paid more and more attention. The core of ideological and political work is to guide students in socialist morality, law, discipline and other aspects. Therefore, it is particularly important to integrate the feelings of home and country into the ideological and political work of colleges and universities. Cultivating students in ideological and political education in colleges and universities, the core quality of family and country, can awaken college students' patriotism, guide students to establish correct ideas, and enhance the spirit of patriotism and social responsibility. At the same time, it can also promote students' social integration and development. In short, the feelings of home and country is an important content of ideological and political education in colleges and universities. Cultivating the core qualities of students in ideological and political education in colleges and universities can promote students' all-round development and guide students to make important contributions to the future construction and development of the country.

3.3. The feeling of home and country is the appeal of The Times of ideological and political education in colleges and universities

With the continuous development of the Internet and the global integrated economy, more and more bad cultures on the Internet erode the hearts of students and affect the formation of students' values and outlook on life. Therefore, how to strengthen the correct ideological values and improve college students' cultural confidence consciousness is particularly important. As a spirit of patriotism, the national feelings include the thoughts and feelings of loving the motherland, being loyal to the Party and serving the people. This emotion is not only a moral concept, but also a political attitude and social responsibility. On the basis of the feelings of home and country, students can better understand the history, culture and reality of the country, so as to form the correct world outlook and values. At the same time, by integrating the cultivation of the core quality of national feelings into the ideological and political teaching of colleges and universities, it can not only improve the cultivation of students' ideology, but also regulate the students' and individual behavior, and promote the comprehensive improvement of students' comprehensive quality and ability.

4. The shortcomings of the cultivation of core literacy in ideological and political teaching in colleges and universities

There are some shortcomings in the cultivation of the core qualities of ideological and political teaching in colleges and universities. First of all, the cultivation of the core qualities of the national feelings is not systematic. At present, although some ideological and political teaching contents and activities about the feelings of family and country are available in colleges and universities, these

contents and activities lack systematic and continuous, and cannot form an organic training system, which affects the comprehensive and in-depth development of students' core qualities of national feelings^[2]. Secondly, the teaching content and method are single. In the ideological and political teaching in colleges and universities, the teaching content and method of family and country feelings are relatively simple, lack of diversity and innovation. The teaching content is mainly to introduce the national knowledge of history, geography, culture and other aspects, lack of guidance and cultivation of students' emotion, cognition and behavior; teaching methods are mainly teaching and teaching, lack of interaction and cooperation with students, unable to stimulate students' thinking and participation. Third, the teaching evaluation mechanism is not perfect. In the ideological and political education of colleges and universities, the cultivation of the core qualities of the country lacks an effective evaluation mechanism. The current teaching evaluation is mainly based on the examination results, but lacks the evaluation of the emotional attitude and behavior habits of students' national feelings, which cannot accurately reflect the level and development of students' core feelings. Fourth, the construction of the teaching staff needs to be improved. In the ideological and political education in colleges and universities, the cultivation of the core qualities of family and country feelings needs to be guaranteed by a team of high-quality teachers. However, at present, due to the lack of teacher team construction, there are some problems in the teachers, such as insufficient ideology, lack of teaching experience and teaching ability, which lead to the teaching quality can not be effectively improved.

5. The cultivation principle of the core quality of patriotism in ideological and political teaching in colleges and universities

5.1. The principle of integrating knowledge and action

In the process of cultivating the core quality of home and home feelings, the unity of knowledge and action is one of the important principles. The unity of knowledge and action refers to the process of combining theoretical knowledge with practical experience, guiding practical behavior through learning theoretical knowledge, and verifying the authenticity and effectiveness of theoretical knowledge through practical actions. This combination can help students to better understand and master the relevant theoretical knowledge, but also can improve their practical ability level. In the process of cultivating the core quality of home and home, the principle of unity of knowledge and action is very necessary. On the one hand, only by combining theory and practice can students truly understand and master the relevant ideas and values; on the other hand, only through practice can test their theoretical knowledge is accurate and reliable.

5.2. The principle of teaching students in accordance with their aptitude

Teach students according to their aptitudeThe principle means that teachers should carry out personalized education according to the characteristics and needs of students, so as to better meet the needs and development direction of students. Specifically, for different students, their learning interest, ability level, personality characteristics and other aspects are different. Therefore, teachers need to understand these aspects to develop the corresponding curriculum plans and teaching methods. For example, for students with strong creativity, heuristic teaching can be used to explore problems and propose their own solutions, while their confidence and ability can be improved by encouraging them to actively participate in classroom activities and interact with their classmates. In short, the principle of teaching students in accordance with their aptitude is a flexible and diverse teaching method, which can help teachers understand students more accurately and provide students with better learning experience.

5.3. The principle of gradual progress

Ideological and political teachers in colleges and universitiesWe should follow the principle of step by step, be good at giving guidance, so that students can understand and master the relevant knowledge, and at the same time, improve students' understanding and understanding level of the country and the country, and gradually guide them to form correct ideas and social values, rather than teach all the content to students at once. First of all, teachers should start from the basic knowledge, let the students understand the historical and cultural tradition of the motherland and the development of modern society. Secondly, through vivid examples and real cases to enhance students' understanding of China's national and national emotions. Finally, students are encouraged to actively participate in social

practice activities, such as volunteer services, public welfare undertakings, so as to deepen their patriotic enthusiasm and sense of responsibility. The principle of step by step can not only help students to better master the basic knowledge, but also promote the development of their thinking ability. In this process, teachers can stimulate students' thinking activity and creativity through asking questions, discussions and other ways. At the same time, teachers also need to pay attention to avoid overemphasizing the content or method of a certain aspect, so as not to affect the overall development of students.

6. The countermeasures of cultivating the core quality of patriotism in ideological and political teaching in colleges and universities

6.1. Strengthen the curriculum design of cultivating the core quality of national feelings

The cultivation of the core qualities should be one of the important goals of ideological and political education in colleges and universities, and should be reflected in the curriculum design. First of all, in the teaching objectives of ideological and political courses, the training objectives of the core qualities of family and country feelings are clearly defined and incorporated into the comprehensive quality evaluation system of students, so as to ensure that the core qualities of family and country feelings are comprehensive, systematic and scientific cultivation^[3]. Secondly, in the design of the course content, the educational significance and value of the feelings of home and country should be fully reflected, such as the introduction of the history, geography, culture, politics and other knowledge of the country, combined with typical cases and practical activities, let students feel the power and significance of the feelings of the country. Thirdly, in terms of course organization and arrangement, diversified teaching methods can be adopted, such as flipped classroom teaching, case teaching and interactive teaching, so that students can feel the feelings of home and country in active exploration, communication and discussion, and cooperative learning, and improve their enthusiasm and participation in learning. Finally, in terms of course evaluation and feedback, it is important to strengthen the core literacy evaluation system related to sentiments. In addition to considering test scores, evaluation of students' emotional attitudes and behavioral habits should also be emphasized. This can be achieved through various methods such as reviewing students' diaries, practice reports, and evaluating their participation in activities. Timely feedback to students and parents is crucial to help students recognize their own shortcomings and improve their emotional literacy.

6.2. Pay attention to the evaluation and feedback of the core qualities of patriotism

In ideological and political education in colleges and universities, the cultivation of the core qualities of patriotism needs an effective evaluation and feedback mechanism, so as to understand the level and development of the core qualities of students, and provide timely guidance and feedback for students. Colleges and universities should design a reasonable evaluation system of the core literacy of national feelings, and incorporate the cognition, emotion, behavior and other aspects of national feelings into the evaluation system, so as to comprehensively evaluate students' core literacy level of national feelings. The evaluation system should pay attention to the consideration of emotional factors, and adopt various ways for evaluation, such as questionnaire survey, group discussion, diary records and other ways, so that students' feelings of home and country can get a comprehensive and accurate evaluation. Through the feedback and guidance of the evaluation results, students can better understand their own shortcomings, so as to adjust and improve in time. Teachers can give students targeted guidance and suggestions, and provide corresponding resources and support to help students to better cultivate the core quality of home and country feelings^[4]. In the process of evaluation and feedback of the core qualities of home feelings, the parents' participation and support should be strengthened, so that parents can understand the students' learning situation and the cultivation of the core qualities of home feelings, and enhance the parents' recognition and support for the cultivation of students' home feelings, so as to better promote the development of students' core qualities of home feelings. Finally, it is important to strengthen the information management of evaluation and feedback. This can be achieved by establishing an evaluation and feedback system for the core quality of national sentiments using information technology. This system will allow teachers, students, parents, and other stakeholders to timely understand the level and development of students' core literacy in terms of national sentiments. By implementing this system, the efficiency and accuracy of evaluation and feedback can be improved.

6.3. Improve the quality and ability of teachers

In the ideological and political education in colleges and universities, the cultivation of the core qualities of family and country feelings needs to be guaranteed by a team of high-quality teachers. Therefore, a series of measures need to be taken to strengthen the construction of teachers. Teachers are the leaders of students' core qualities of national feelings, and teachers themselves should have a higher level of national feelings and accomplishment. Therefore, it is necessary to strengthen the cultivation of teachers' feelings of family and country, improve the level of teachers' feelings of family and country, so that teachers can better guide students^[5]. Teachers' teaching ability and accomplishment are the key factors affecting the cultivation of students' core accomplishment. Therefore, it is necessary to strengthen the cultivation of teachers' teaching ability and accomplishment, and improve teachers' classroom control ability, case explanation ability, interactive teaching ability and other aspects, so as to better guide the development of students' core quality of home and country feelings. Teacher team building is one of the key links of ideological and political education in colleges and universities. Therefore, it is necessary to strengthen the construction of teacher team, establish an effective team management mechanism, improve the teachers' communication and cooperation ability and teaching level through the construction of teacher team, and promote the comprehensive development of students' core quality of family and country feelings. Teachers' learning and development is one of the guarantees of teaching quality and students' core quality cultivation. Therefore, it is necessary to strengthen the continuing education and training of teachers, provide targeted training and learning opportunities, so that teachers can understand the latest national policies and development situation, improve the comprehensive quality and teaching ability of teachers, so as to better lead the cultivation of students' core qualities of home and country^[6].

7. Conclusions

In short, the cultivation of the core qualities of home and country in ideological and political teaching needs to be realized by various measures, including strengthening the curriculum design of the core qualities of family and country, rich and colorful teaching methods, paying attention to the evaluation and feedback of the core qualities of home and country, and strengthening the construction of teaching staff. Only through the efforts of various aspects, can we better cultivate students' core quality of home and country, improve the comprehensive quality of students, and make greater contributions to the development of the motherland and the people.

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