

Investigation and Analysis on the present situation of Learning and training of Sports Special students under the Sports system of Jiangxi College entrance examination

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ABSTRACT. *According to the selection standard of physical education students entering higher education in our country in the new era, the new orientation of the talent training program in colleges and universities, find the contradiction between the study and training of senior high school students, analyze the problems existing in culture study and after-school training of senior high school students, put forward the corresponding countermeasures to solve the problems, maximize the chance of success of senior high school students, lay down the potential of self-learning development of senior high school students in the later period, and provide the full theoretical basis and corresponding countermeasures.*

KEYWORDS: *Sports student, Study, train, Current situation investigation.*

1. Analysis on the system of recruitment and examination for Sports specialties in Jiangxi Province

At this stage, there are three ways for Jiangxi sports specialty students to enter colleges and universities to receive higher education: (1) Through long-term training in the sports training team to become a high-level sports specialty students into colleges and universities. (2) In the national traditional sports or sports training level is high, through the physical education single enrollment to enter the university. (3) After taking part in extracurricular sports training, taking part in sports college entrance examination, then taking part in cultural college entrance examination, comprehensive sports college entrance examination and cultural college entrance examination. The first two models require very high sports quality for sports specialty students, and generally speaking, they will continue to be trained as college athletes after entering colleges and universities. In this paper, the third mode is the main mode. Carry on the investigation and analysis.

At present, the physical education enrollment examination in Jiangxi Province is a new scheme implemented in 2000, which is based on the opinions on further deepening the Reform of the enrollment examination system in Colleges and Universities, combined with the actual situation of the province and the actual educational situation. In the examination content, the 32 standard five fixed examination items are adopted, which are three physical qualities: 100m running, 800m running, standing long jump, and two ball skills: basketball half-time round-trip layup, football shot around the pole. In terms of scoring criteria, taking into account the gender differences between men and women in speed, strength, endurance, sensitivity, flexibility and other innate differences between men and women, set up for men and women Different scoring criteria have been set. In recent years, the method of phasing out manual evaluation and the comprehensive use of electronic records have greatly increased the objectivity and fairness of examination results.

From the end of March to the middle of April each year, candidates come to Nanchang in batches for additional sports examination. After the additional examination, they return to the original school for cultural study and take part in the college entrance examination. After the announcement of sports and cultural achievements, fill in individual volunteers according to the enrollment standards of all kinds of colleges and universities.

2. Analysis on the basic situation of Sports Special students' training

(1) Analysis of the sources of sports specialties. Through the investigation of the teachers and students in Yichun Middle School, it is found that the physical education specialty students in Yichun Middle School are mainly composed of the students in the sports specialty class of Yichun Middle School and some students in the cultural class who want to go to university through the physical examination. The students in the sports specialty class generally have extracurricular physical training or often participate in school before high school, the experience of municipal sports meeting, the sports ability is outstanding and has their own good at the special project, this part of the student general cultural achievement has the obvious deficiency, by the head teacher and the training teacher jointly manages. Other students are distributed in various cultural classes, and these students are divided into each other during class hours. In their own class, use their spare time to find physical education teachers team training. The students of this kind of training team generally have good cultural results, but also have a strong interest in sports; or the interest in sports is not strong, but the cultural results can not reach their own satisfactory undergraduate universities, so they hope to pass the sports college entrance examination and cultural college entrance examination smoothly through a period of hard training and good cultural skills, and the students who apply for the ideal university account for a large proportion.

In order to understand the training motivation of senior high school physical education specialty students in Yichun middle school, a questionnaire was randomly sent out to the students with physical education specialty in different grades of

Yichun middle school. After the questionnaire was collected, the data were collated and analyzed, and then the statistical table of the training motivation of Yichun middle school senior high school sports specialty students was made.

Table 1: statistics on the motivation of senior high school physical education specialty students in Yichun Middle School to participate in training

Training motivation	The teacher suggested	Voluntary decision	It was already in the gym class.	Other
People	23	31	68	16
Percentage	16.7%	22.5%	49.3%	11.6%

As can be seen from table 1, of the 138 senior high school physical education specialty students in Yichun Middle School, 23, or 16.7%, participated in physical training because of the advice of their teachers; because of the average cultural performance, 31, or 22.5%, voluntarily decided to pass the physical education examination; 68, or 49.3%, wanted to be admitted to university through training; Another 16 people choose to take part in the training for other reasons. Their motivation includes the introduction of students, and it is difficult to bear the cost of practicing other specialties.

3. An Analysis of the basic situation of Cultural Learning of Sports Specialty students

(1) investigation and analysis of cultural learning time. From the point of view of time arrangement, training and learning can coexist well, but from the actual situation, students' body and mind are prone to fatigue after heavy load training, so it takes a certain amount of time to adjust the physical and mental state to learning, which means that the cultural learning efficiency of the next training is very low. Therefore, sports specialty students really devote less time to study every day than in the curriculum. After the sports college entrance examination is over, there is still about a month and a half to go before the cultural college entrance examination. During this period, sports specialty students no longer have training tasks and can devote themselves to learning and sprint.

(2) Analysis of the influencing factors of cultural achievement. Cultural achievement is influenced by students' previous cultural basis, personal learning methods, learning attitude, daily training and other factors. Through the distribution of questionnaires to Yichun middle school physical education specialty students, the students think that the influencing factors on their own cultural performance (more choices).

Table 2: statistics on influencing factors of Cultural Achievement of Sports Special students

Influencing factor	Select number of people
The difference of the original cultural base	54
Training takes up study time	73
It is difficult to concentrate	46

The situation of partial department is serious	87
There is no way to learn	78
Skipping classes, tired of learning, etc	34

Through Table 2, we can see that Yichun Middle School physical education specialty students choose the influencing factors of their own cultural achievement, that the original cultural foundation is poor, the training occupies the study time, and the number of students whose attention is difficult to concentrate leads to poor learning. 199 students think that their partial study situation is serious, there are no good learning methods and the emotional behavior of skipping classes leads to poor overall performance. Objectively speaking, the main reasons for the low cultural performance of physical education specialty students in Yichun Middle School are that the training caused by the contradiction of learning and training occupies part of their learning time, and the subjective reasons are that the students' original cultural foundation is weak, and their own special subject situation is serious, and so on. Factors.

the motivation of learning culture class. In order to understand the cultural motivation of physical education specialty students in Yichun Middle School, different grades of physical education specialty students were randomly sent out questionnaires. In terms of learning motivation, each student may have more than one purpose of learning, so this part of the questionnaire is more selective.

Table 3: learning motivation of physical Education Special students in Yichun Middle School

	Academic motivation	Select number of people
	To improve cultural literacy.	43
Active learning	Love the teacher's teaching style	57
	Have a strong interest in a subject	65
	In response to the requirements of the school	72
passive learning	In response to parents' demands,	95
	In order to cope with the pressure of college entrance examination	138

In the investigation of learning motivation in culture class, learning motivation is simply divided into active learning motivation and passive learning motivation. 165 students can be seen to choose active learning, which indicates that students have little initiative in learning. The 305 students who choose to study passively can be seen that most of the students learn passively because of external factors.

(4) the degree of attention and management analysis of the school. The school attaches great importance to the sports specialty students and the management of the sports specialty students, which has a great influence on the cultural study and training performance of the sports specialty students, and the annual transition rate of the sports specialty students will counteract the importance of the school leaders. The transition rate of the whole school in Yichun Middle School is relatively light in Yichun Middle School. Therefore, the school does not pay special attention to the cultivation of sports specialty students. The school supports the sports specialty students, but more needs the efforts of the school physical education teachers and the special students themselves.

4. The Enlightenment of the present situation of the Learning and training of Sports Special students under the Sports system of Jiangxi College entrance examination

(1) at present, the sports specialty students in Yichun Middle School are mainly composed of sports students in the sports specialty class, as well as some students in the cultural class who want to pass the physical education examination university. The way of further study is to take part in the cultural college entrance examination after passing the physical education college entrance examination in Jiangxi Province, and to fill in the college entrance examination volunteer after combining the sports score and the cultural achievement. In the training arrangement, the pertinence of the project is not enough, and there is a lack of psychological training. The learning atmosphere of the sports specialty class is general, and the teachers of the culture class are obviously struggling in teaching.

(2) according to the different characteristics of the students, the training teacher should cooperate with the cultural teacher and put forward the corresponding training requirements and learning requirements. Learning can consider setting up cultural guidance classes for some students who meet the standards of physical education, and contribute to students' cultural learning in the final sprint stage. Students themselves should recognize the relationship between learning and training and properly handle the relationship between learning and training.

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